

Coming in as an in-patient



If you are visiting us for an in-patient procedure, you'll be staying in hospital one or more nights. At Nuffield Health we ensure your stay with us will be in a spotlessly clean hospital environment.

Our personal approach

Before, during and after your stay with us, you'll experience our personal approach to care. We will let you know what to bring and what to expect, make sure you're fit enough for surgery, and well enough to go home as soon as possible after the procedure.

Your room

We've also thought of all the smaller things that add up to make a big difference. Your private room will be comfortable, clean and bright, and most rooms have an en-suite shower. There will be plenty of space to hang up your clothes in your personal wardrobe and a TV at the end of your bed, so you don't miss your favourite programmes. In the bathroom you'll find deluxe spa shampoo and conditioner.

Food & drink

Our food and drink menu, carefully prepared by our on-site catering teams, is a far cry from the usual hospital food. You can even order refreshments for your visitors, who will be free to visit at times that suit you.

Before you come

Before you come to hospital, there may be certain preparations you need to make, for example not eating or drinking for four to six hours before a general anaesthetic. We'll make sure you are fully informed and ready for surgery during the pre-admission process, so that it all goes as smoothly as possible.

If you have any questions at all before the day of your admission, or feel slightly ill, please speak to us as soon as you can. Call 0845 602 9262 to be put through to your nearest Nuffield Health hospital.