## **Company divisions**

## Wellbeing

We have a one stop integrated wellbeing offering for all customers, extending physical locations to give national coverage, creating product innovations in clinical and fitness areas.

We offer <u>excellent gym</u> and <u>pool facilities</u>, we offer free events, <u>relaxation therapy</u>, <u>private doctors</u>, <u>personal trainers</u>, <u>physiotherapists</u>, <u>nutritionists</u> and <u>physiologists</u>, along with personalised fitness programmes and health assessments.

Keeping your employees fit and healthy is crucial. As well as managing ill health, a corporate wellbeing programme improves productivity and cuts absenteeism, delivering a competitive advantage. It can also make you an employer of choice.

The charity?s long-term vision is to create a unique not-for-profit health and wellbeing system that challenges the existing NHS and for-profit models.

## **Private hospitals**

We undertake minimally invasive surgery using advanced technology, including <u>laser treatments</u>, ophthalmology, men's and women's health, <u>weight loss surgery</u>, <u>advanced diagnostics</u>, <u>cosmetic and plastic surgery</u>, <u>treatments for bones</u>, muscles and joints, and <u>general surgery</u>. For our full range, see the <u>A-Z</u>.

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