

Nuffield Health Fitness & Wellbeing Centre, Bristol

Address

Nuffield Health Fitness & Wellbeing Centre
Pavillion
Queens Road
Clifton
Bristol
BS8 1QS

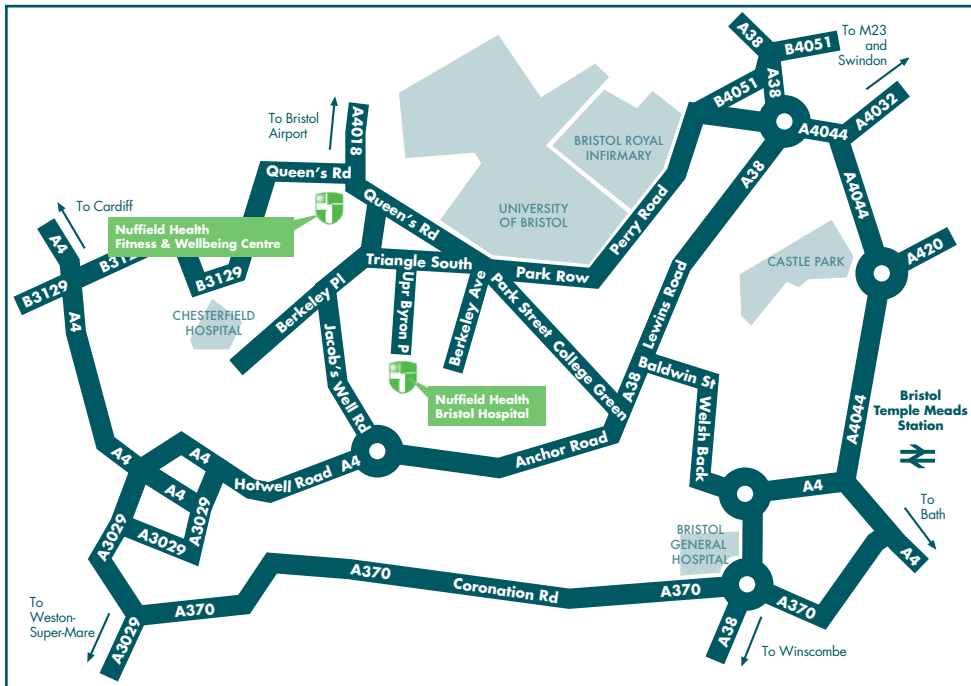
Telephone: 01179 252 538
www.nuffieldhealth.com

There is no parking available at the facility. Allow extra time for parking at near by car park (NCP).

Directions by car

From the M4 East:

Join the M32 to Bristol City Centre, bear right at the traffic lights at the end of the motorway, take the centre lane and the second exit at the next roundabout.



Passing the bus station on the left and the Bristol Royal Infirmary on the right, follow the signposts to Clifton.

Pass straight on through two traffic light junctions.

With the University "Wills Tower" on the right hand side, keep to the left hand lane, straight on at the lights, then take third left into Byron Place, and follow signs to the Westend NCP car park.

* The Fitness and Wellbeing Centre is situated on the corner of Queens Rd, and Triangle West.

The health suite is on the 1st floor, and the physio dept on the 2nd floor.

From the M4 West:

Exit at Junction 22, join the M5 southbound and exit at Junction 19.

Follow the M5 South route directions below.

From the M5 South:

Exit at Junction 19, join the A369 to Bristol and follow the signposts to Bristol.

Take the left turn at the traffic lights signposted Clifton and Suspension Bridge and cross over the bridge.

Take the third exit at the mini roundabout and follow this road across two pedestrian crossings and down the hill to junction with Jacob's Wells Road.

Turn Left, into right hand lane and keeping to the right follow the one way system around The Triangle.

Turn right at the next two traffic lights, then take the third left into Byron Place, and follow signs to the Westend NCP car park.

Follow the directions from the M4 east *

From the M5 North:

Exit at Junction 17, join the A4018 to Bristol and follow the signposts to City Centre.

At the junction of Whiteladies Road with Queens Road, join the one-way system keeping to the right lane.

Pass straight on at traffic lights (past Habitat and shops) on left hand side and bear right at next traffic lights, then take third left into Byron Place, and follow signs to the Westend NCP car park.

Follow the directions from the M4 east *

No under 18s are permitted in the Health Assessment Clinic area.



Nuffield Health

Our Facilities

Shower Facilities

Shower facilities and towels are available.

Mammograms

Mammograms are not available within this facility.

Test Results

You will usually be able to get your blood test results by the end of your assessment.

Other health club services

Your health assessment is being delivered from our Health Clinic located within our Fitness & Wellbeing Centre. We'd like to offer you a free health club pass so that you can enjoy the facilities while you're here. You can workout in our fully equipped gym, try an exercise class, enjoy a swim or relax in the steam room. We just ask that you avoid strenuous exercise before your health assessment, as it may affect some of the test results.

- Awarded Best Health Club in the UK
- Health Events & Seminars
- Wellbeing Advisors
- Personal Training
- Health Clinic with Physiologists & GP
- Range of fully comprehensive Health Assessments
- Complimentary Towels
- Accredited Nuffield Physiotherapists
- Swimming Pool
- Fully Equipped Gym
- Fitness Classes
- Cycle Classes
- 36 Spin Bikes
- Sauna & Steam Room

Enjoy one day free at a Nuffield Health Fitness & Wellbeing Centre of your choice, on us.*

Name:

Reception to complete

Initials:

Valid until:

Source: Health assessment referral

Campaign: Free pass

* This offer is only applicable to non-chargeable facilities. ID will need to be provided for use of this invitation. Only one invitation per person. Valid up to 4 weeks after your health assessment. Terms and conditions apply.