

Our Facilities

Shower Facilities

Shower facilities and towels are available.

Test Results

You will usually be able to get your blood test results by the end of your assessment.

Mammograms

Mammograms are not available at this site however we have an arrangement with a local Radiography department at the BMI Nottingham Hospital (15 minutes away) or at The Nuffield Health Hospital Derbyshire (45 mins away, Mondays only).

Other health club services

Your health assessment is being delivered from our Health Clinic located within our Fitness & Wellbeing Centre. We'd like to offer you a free health club pass so that you can enjoy the facilities while you're here. You can workout in our fully equipped gym, try an exercise class, enjoy a swim or relax in the steam room. We just ask that you avoid strenuous exercise before your health assessment, as it may affect some of the test results.

- Health Events & Seminars
- Wellbeing Advisors
- Complimentary Towels
- Personal Training
- Adults Only
- On-Site GP & Health Assessment Clinic
- On-Site Physiotherapy Clinic
- Fully Equipped Gym
- Free Power Plate®
- Weekly Fitness Classes
- Swimming Pool
- Sauna & Steam Room
- Ice Room
- Relaxation Treatments
- Café
- Physiologists
- Nutritionists

Client Feedback

If you are unhappy with any aspect of our service please let the Integrated Clinical Services Manager know and they will immediately try and solve the issue. If you are not happy with their response you can escalate it to the Group Customer Services Manager. If at any stage during the complaints process you are unhappy with the way Nuffield Health has dealt with your complaint, you may write to the Care Quality Commission (CQC), National Correspondence, Citygate, Gallowgate, Newcastle upon Tyne, NE1 4PA. Telephone: 03000 616161 Email: enquiries@cqc.org.uk Web: cqc.org.uk. The CQC will not reinvestigate your complaint, but they may review and determine whether the complaint has been managed appropriately by Nuffield Health.

Enjoy one day free at a Nuffield Health Fitness & Wellbeing Centre of your choice, on us.*

Name:

Reception to complete

Initials:

Valid until:

Source: Health assessment referral

Campaign: Free pass

* This offer is only applicable to non-chargeable facilities. ID will need to be provided for use of this invitation. Only one invitation per person. Valid up to 4 weeks after your health assessment. Terms and conditions apply.