

Nuffield Health Fitness & Wellbeing Centre, Stoke Poges

Address

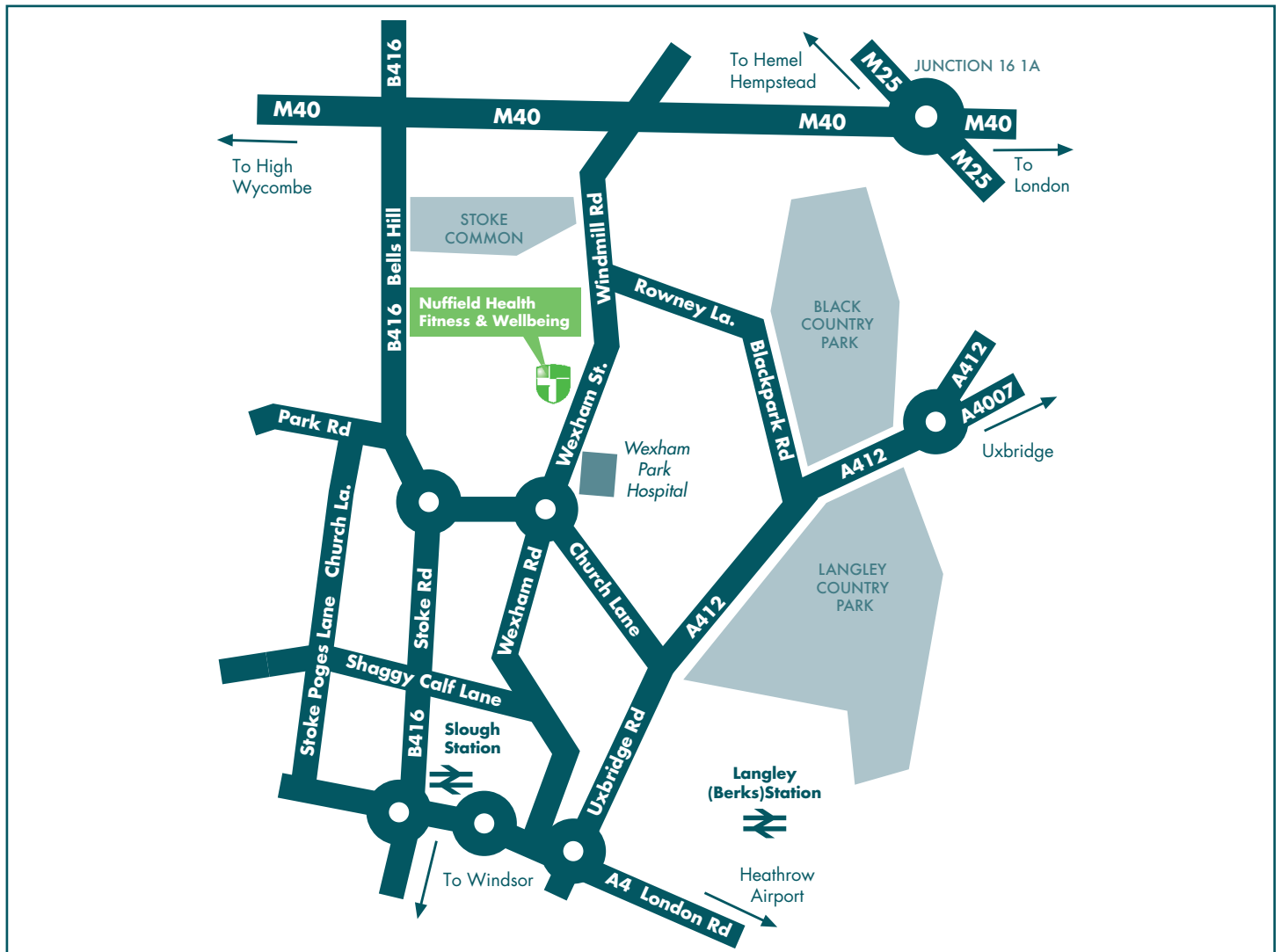
Nuffield Health
Fitness and Wellbeing Centre
Stoke Poges
Wexham Street
Stoke Poges
South Buckinghamshire
SL3 6NB

Telephone: 01753 664 307
www.nuffieldhealth.com

Parking, including disabled parking, is available at the front and rear of the Centre.

Directions by car

The Nuffield Health Fitness & Wellbeing Centre is approximately a 10 minute drive from junction 1a of the M40 motorway and junction 5 of the M4, and is easily accessible from the towns of Beaconsfield, Gerrards Cross and Amersham.



Our Facilities

Shower Facilities

Shower facilities and towels are available.

Test Results

You will usually be able to get your blood test results by the end of your assessment.

Mammograms

Mammograms are not available at this site however we have an arrangement with the Radiography department at the Thames Valley Spire Hospital which is located within 200m of the centre where this test can be performed.

Other health club services

Your health assessment is being delivered from our Health Clinic located within our Fitness & Wellbeing Centre. We'd like to offer you a free health club pass so that you can enjoy the facilities while you're here. You can workout in our fully equipped gym, try an exercise class, enjoy a swim or relax in the steam room. We just ask that you avoid strenuous exercise before your health assessment, as it may affect some of the test results.

- Health Events & Seminars
- Wellbeing Advisors
- Complimentary Towels
- Personal Training
- 20m Swimming Pool
- Fully Equipped Gym
- Personal Training
- Fitness Classes
- Relaxation Spas
- Sauna, Steam & Spa
- Crèche Facilities
- Day Nursery
- Cafe Area
- Power Plate®

Enjoy one day free at a Nuffield Health Fitness & Wellbeing Centre of your choice, on us.*

Name:

Reception to complete

Initials:

Valid until:

Source: Health assessment referral

Campaign: Free pass

* This offer is only applicable to non-chargeable facilities. ID will need to be provided for use of this invitation. Only one invitation per person. Valid up to 4 weeks after your health assessment. Terms and conditions apply.