# Nuffield Health Fitness & Wellbeing Centre, Warwick

#### **Address**

Nuffield Health Fitness & Wellbeing Centre Macbeth Approach Gallagher Business Park Warwick CV34 6AD

Telephone: 01926 314 142 www.nuffieldhealth.com

Parking, including disabled parking, is available at the facility.

#### Directions by car

#### From the North and West

Take junction 14 from the M40 onto the A452.

At the first roundabout take the second exit to Leamington.

Take the third exit at the next roundabout into Heathcote Lane.

Turn third exit right into Macbeth Approach.

#### Directions from the South

Take junction 13 from the M40 onto the A452.

See the directions for North and West.

### Directions from the South East

Take junction 17 from the M1 onto the M45 towards Coventry.

After 8 miles the M45 turns into the A45.

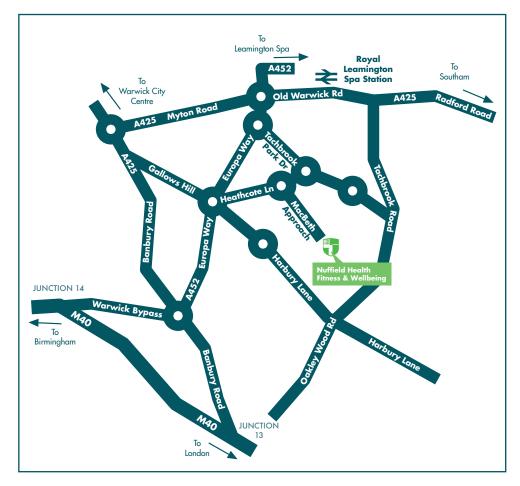
After a further 8 miles you get to a roundabout, follow signs for the A46 (M40).

After 8 miles you get to junction 15 of the M40.

Turn second left onto the motorway heading South.

Take junction 14 from the M40 onto the A452.

See the directions for North and West.



#### **Our Facilities**

#### **Shower Facilities**

Shower facilities and towels are available.

#### **Test Results**

You will usually be able to get your blood test results by the end of your assessment.

#### **Mammograms**

Mammograms are not available within this facility. If you have booked a mammogram, then the Central Bookings Team will have confirmed the location and appointment date with you. Please call them on 08452 30 20 40 if you need to confirm these details.

#### Other health club services

Your health assessment is being delivered from our Health Clinic located within our Fitness & Wellbeing Centre. We'd like to offer you a free health club pass so that you can enjoy the facilities while you're here. You can workout in our fully equipped gym, try an exercise class, enjoy a swim or relax in the steam room. We just ask that you avoid strenuous exercise before your health assessment, as it may affect some of the test results.

- Health Events & Seminars
- Wellbeing Advisors
- Complimentary Towels
- Personal Training
- 20m Swimming Pool

- Kids Swimming Pool
- Fully Equipped Gym
- Fitness Classes
- On-site Health Clinic
- Hair Salon

- Relaxation Spa
- Café with Play Area
- Sauna, Steam & Spa
- Crèche

## Enjoy one day free at a Nuffield Health Fitness & Wellbeing Centre of your choice, on us.\*

Name:	
Reception to complete	
Initials: Source: Health assessment referral	Valid until: Campaign: Free pass

<sup>\*</sup> This offer is only applicable to non-chargeable facilities. ID will need to be provided for use of this invitation. Only one invitation per person. Valid up to 4 weeks after your health assessment. Terms and conditions apply.