Choosing your PATH package

We offer 7 PATH packages, giving you the freedom to choose between a variety of health assessments all focussing on lifestyle and medical factors. You can personalise most packages by choosing specialist health modules, allowing you to focus on areas of health that matter most to you.

Use the table below to compare each package. You can see which, and how many, tests and modules each package includes.

Packages	Finger prick blood analysis	Full blood analysis	Physical measurements	Physiologist module (30 mins)	Doctor modules (30 Mins)	2 follow up coaching calls	Total duration of assessment	Price
Life 2	V	-	V	-	-	V	30 mins	£149
Life 3	V	-	V	1 module	-	V	60 mins	£249
Life 4	-	~	V	1 module	-	V	60 mins	£299
Pro 1	-	✓	V	-	1 modules	~	60 mins	£399
Pro 2	-	~	V	-	2 modules	~	90 mins	£499
Pro 3	-	~	V	1 modules	2 modules	~	120 mins	£599
Pro 4	-	✓	V	2 modules	2 modules	V	150 mins	£729