

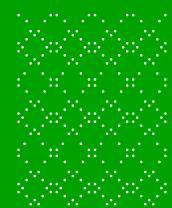
Consultant and services directory 2021/22

Nuffield Health York Hospital



Working with you, for your patients.





We're building a healthier nation Working with you, for your patients Connected healthcare for your patients, at every stage of their treatment journey. Working with you, for your professional development Professional training tailored to the needs of your practice. Working with you, for your community Expert-led, evidence-based charitable community programmes available locally to support your patients. **Dedicated GP Liaison Manager Nuffield Health York Hospital** Jane Wilson Haxby Road, York YO31 8TA jane.wilson@nuffieldhealth.com nuffieldhealth.com/hospitals/york 07970 447900

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How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly 'choose and book' (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020** Fax **08004 715058** Email chooseandbook@nuffieldhealth.com

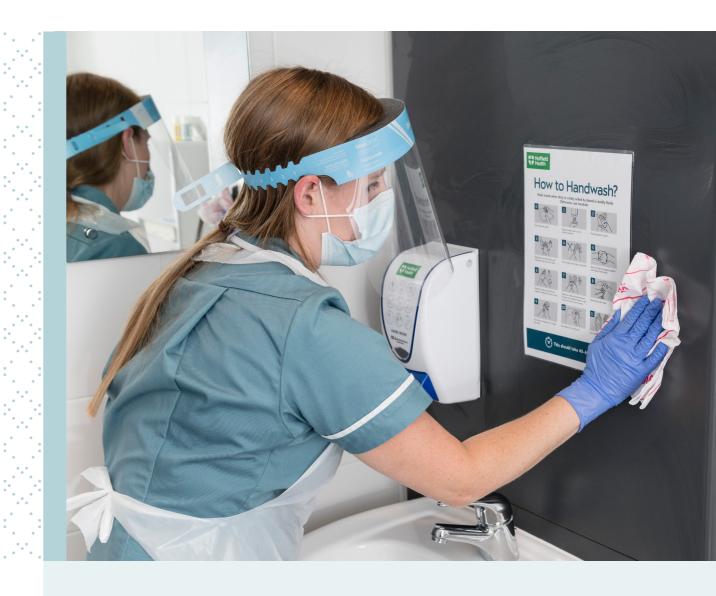
Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That's reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- The confirmed price is all your patient will ever pay*
- If they find a better price for the same procedure package, we'll match it**
- There are no time limits on aftercare.***

There is also the option of an interest-free loan.

*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient's procedure price. **Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient's chosen Nuffield Health hospital. We will match against written quotes only. ***Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient's procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. "Clinically required" indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise



Patient safety is our number one priority

We want to reassure you and your patients that we've put in place safety measures to make our hospital COVID-19 secure. We're offering telephone and online consultations, as well as face-to-face appointments, so whether your patients' appointment is from home or in person, they'll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.





Key facilities at Nuffield Health York Hospital

Medical cover

24hr resident medical officer.

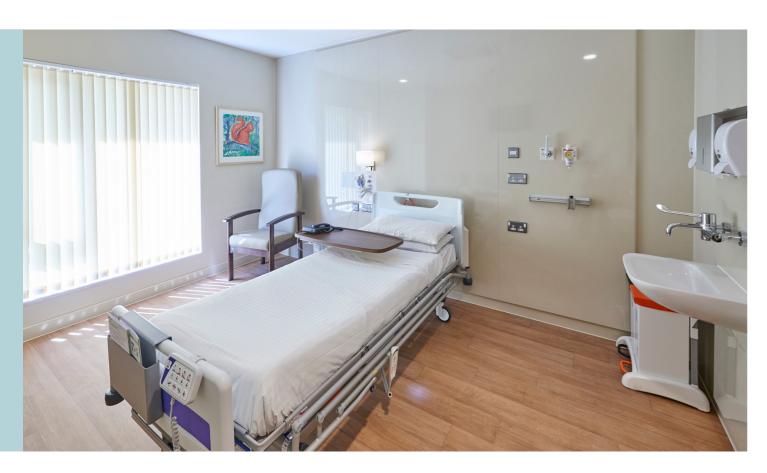
Patient accommodation

41 residential patient rooms with en-suite facilities, nurse call system, direct dial telephone, TV and radio.

Theatre and support services

Three operating theatres including:

- One theatre for surgical procedures/ endoscopy
- Two major theatres with Howorth Exflow™ system.





Outpatient services

Including:

- 13 consulting rooms
- Audiology booth
- Diagnostic imaging
- Nurse-led pre-assessment
- Ophthalmology suite
- Pharmacy
- Physiotherapy
- State-of-the-art MRI suite.

Visit our website **nuffieldhealth.com/healthcare-professionals** for more information.



Consultant and services directory

NHS base – abbreviations

HDH	Harrogate District Hospital
HRI	Hull Royal Infirmary
нүн	Hull and East Yorkshire Hospital
LGI	Leeds General Infirmary
NTH	North Tees Hospital
SCH	Seacroft Hospital
SH	Scarborough Hospital
YH	York Hospital



The details for each consultant show their name, specialist area, contact details and NHS hospital.

Armstrong, P Pain clinic, back pain, neuropathic pain, neuromodulation and pain management and neuromodulation and pain management and neuromodulation in bladder instability.	Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Armstrong, P neuromodulation and pain management and neuromodulation in baldedir instability. Pain clinic, back pain, sciatica, neck pain, radicular pain, thoracic pain, 51 joint pain, coccyx pain, disc prolapse, degenerative disk conditions, facet joint arthritis, spondylojks, pain management injections, fazel joint problems, prior the pain and sudiclogy services. Audiology Charlwood, N Mr Hearing and audiclogy services. O1904 715111 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 357504 1100 01904 3	Anaesthetics (Pai	n Management)			
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fibrillation, supraventricular tachycardia, atrial flutter, syncope, collapse, heart failure, valve disease, chest pain, shortness of breath, heart block, pacemakers, defibrillators, cardioversion and echocardiography. Pye, M Dr Interventional cardiology, cardiac dysrhythmias, echocardiography and hypertension. Child Psychiatry Assess and treats children and adolescents up to 18 years of age for depression, anxiety, eating disorders, Aphronae, OCD, early psychosis, Tourette's syndrome, behavioural problems, family work and psychodynamic psychotherapy. Dermatology Acne, hair problems, nail problems, wart removal, verrucas, eczema, rashes, psoriasis, skin surgery/ treatment for basal cell carcinomas, squamous cell carcinoma, melanoma, other lumps and bumps including cysts and lippomas, mole surveillance/mole checking, allergy including patch testing, prick testing, skin conditions surrounding stomas and inflammatory bowel disease. Referrals of all ages welcome.	Gupta, S Dr		01904 715111	01904 357504	YH
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Assess and treats children and adolescents up to 18 years of age for depression, anxiety, eating disorders, ADHD, autism spectrum disorders, Asperger's Syndrome, OCD, early psychosis, Tourette's syndrome, behavioural problems, family work and psychodynamic psychotherapy. Acne, hair problems, nail problems, wart removal, verrucas, eczema, rashes, psoriasis, skin surgery/ treatment for basal cell carcinomas, squamous cell carcinoma, melanoma, other lumps and bumps including cysts and lipomas, mole surveillance/mole checking, allergy including patch testing, prick testing, skin conditions surrounding stomas and inflammatory bowel disease. Referrals of all ages welcome. Assess and treats children and adolescents up to 18 yearing disorders, ADHD, autism spectrum disorders, ADHD, autis	Pye, M Dr		01904 715111	01904 357504	YH
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verrucas, eczema, rashes, psoriasis, skin surgery/ treatment for basal cell carcinomas, squamous cell carcinoma, melanoma, other lumps and bumps including cysts and lipomas, mole surveillance/mole checking, allergy including patch testing, prick testing, skin conditions surrounding stomas and inflammatory bowel disease. Referrals of all ages welcome. VH 01904 715111 01904 357504 YH	Dermatology				
Malik, W Dr General dermatology and skin cancer. 01904 715111 01904 357504 YH	Lyon, C Dr	verrucas, eczema, rashes, psoriasis, skin surgery/ treatment for basal cell carcinomas, squamous cell carcinoma, melanoma, other lumps and bumps including cysts and lipomas, mole surveillance/mole checking, allergy including patch testing, prick testing, skin conditions surrounding stomas and inflammatory bowel	01904 715111	01904 357504	YH
	Malik, W Dr	General dermatology and skin cancer.	01904 715111	01904 357504	YH



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Dermatology				
Stainforth, J Dr	General dermatologist able to deal with all skin conditions in adults and children. Areas of expertise: skin cancer, lesions and vulval dermatoses. No allergy or leg ulcer referrals accepted.	01904 715111	01904 357504	YH
Williams, C Dr	General dermatology and skin cancer.	01904 715111	01904 357504	YH
Endocrinology an	nd Diabetes			
Jennings, P Dr	General endocrinology and thyroid.	01904 715111	01904 357504	YH
Ear, Nose and Th	roat (ENT)			
Agada, F Mr	Head and neck, thyroid, parathyroid, general ENT and nasal symptoms.	01904 715111	01904 357504	ΥH
Coatesworth, A Mr	Head and neck oncology, thyroid and otology.	01904 715111	01904 357504	YH
Mace, A Mr	Head and neck, thyroid, parathyroid, general ENT and nasal symptoms, dizziness, general problems related to ear, nose and throat, ear related diseases and infections, hearing loss, tinnitus, balance disorders and noise-induced hearing loss.	01904 715111	01904 357504	YH
Phillips, S Mr	Voice and larynx, sinus surgery and rhinoplasty.	01904 715111	01904 357504	
Reilly, PG Mr	Ear surgery, children's hearing loss, dizziness and balance and facial aesthetic treatments.	01904 715111	01904 357504	YH
Gastroenterology	y			
Kant, P Dr	All aspects of gastroenterology, oesophageal disease, reflux disease, dysmotility, Barrett's oesophagus, helicobacter pylori, gastric ulcers, coeliac disease, IBS, ulcerative colitis and Crohn's disease.	01904 715111	01904 357504	YH
Robins, G Dr	All aspects of gastroenterology, coeliac specialist, gastroscopy, enteroscopy, flexible sigmoidoscopy and colonoscopy (including therapeutics).	01904 715111	01904 357504	YH
Smale, S Dr	Gastroenterology, general internal medicine and general medicine.	01904 715111	01904 357504	YH
Turvill, J Dr	All gastrointestinal tract.	01904 715111	01904 357504	YH
General Medicine	•			
Sallis, I Mr	Trichology.	01904 715111	01904 357504	

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
General Surgery				
Chintapatla, S Mr	Colorectal and incontinence.	01904 715111	01904 357504	YH
Chitsabesan, P Mr	Colorectal and general surgical including coloproctology service, advanced laparoscopic colorectal procedures, abdominal malignancy and low rectal cancers, rectal polyps, hernia, anal fissure, colonoscopy, haemorrhoids, rectal prolapse and upper gastrointestinal endoscopy.	01904 715111	01904 357504	YH
Giles, M Mr	Upper GI disease, pancreatic, biliary disease, bariatrics, gallbladders, hiatus hernia, abdominal wall hernia, inguinal hernia, gastric band and colonoscopy.	01904 715111	01904 357504	YH
Munot, K Mr	Oncoplastic and reconstructive breast surgery.	01904 715111	01904 357504	YH
Wong, W Mr	Upper GI disease, pancreatic, biliary disease, bariatrics, gallbladders, hiatus hernia, abdominal wall hernia, inguinal hernia and gastric band.	01904 715111	01904 357504	YH
Woodcock, N Mr	Colorectal, hernia repair and inflammatory bowel disease.	01904 715111	01904 357504	YH
Gynaecology				
Dean, N Miss	Obstetrics and gynaecology.	01904 715111	01904 357504	YH
Hayden, C Mrs	Reproductive medicine and fertility only.	01904 715111	01904 357504	SCH
Sanaullah, F Miss	Endometriosis, advanced laparoscopic and hysteroscopic surgery and colposcopy.	01904 715111	01904 357504	YH
Wokoma, T Dr	Menopausal specialist, sexual health, contraception, women's health and periods.	01904 715111	01904 357504	HYH
Maxillofacial				
Patel, K Mr	Skin cancer.	01904 715111	01904 357504	
Taylor, J Mr	Maxillofacial, head and neck cancer, facial skin cancer, facial deformity and salivary gland surgery.	01904 715111	01904 357504	
Whitfield, P H Mr	Oral and maxillofacial, head and neck cancer, facial deformity (including facial aesthetics) and salivary gland surgery.	01904 715111	01904 357504	
Medical Oncolog	зу			
Bottomley, D Dr	Prostate cancer and lung cancer.	01904 726918	01904 357504	СН
Neurology				
Datta, S Dr	General neurology and specialising in epilepsy.	01904 715111	01904 357504	YH
lveson, E Dr	Stroke medicine, management of post stroke and TIA, neurological rehabilitation, geriatric medicine, elderly care, medicinal prescribing, complex physical and cognitive disabilities.	01904 715111	01904 357504	ΥH
	cognitive disubilities.			



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Neurophysiology				
Pal, V Dr	Nerve conduction study, electromyography (emg), carpal tunnel syndrome (CTS), ulnar nerve lesion/problem, peripheral neuropathy, radiculopathy, motor neurone disease and myasthenia gravis.	07568 542996	01904 357504	YH
Neuropsychology	,			
Fleming, P Dr	Clinical neuropsychology.	07511 630911	01904 357504	YH
Toseland, D Ms	Clinical neuropsychology, psychometric assessment, assessment of cognition and behaviour.	07511 630911	01904 357504	YH
Neurosurgery				
Deniz, K Mr	Neurovascular surgery (cranial and spinal), cerebral aneurysms, AVM, cavernoma, dural AV fistulas, skull base surgery (acoustic neuroma/vestibular schwannoma, all skull base pathologies), microvascular decompression for trigeminal neuralgia and hemifacial spasm and lumbar spinal injections for pain management.	01904 715111	01904 357504	LGI
Spink, G Mr	Head and neck surgery, back pain, balloon kyphoplasty, herniated disc, interspinous process distraction system (X-Stop device), laminectomy, lumbar discectomy, microdiscectomy, spinal decompression, spinal fusion, spondylitis and lumbar spinal injections for pain management.	01904 715111	01904 357504	YH HRI
Ophthalmology –	*Consultant is a member of the Consultant Eye Surgeon Par	tnership (CESP)		
*El-Hindy, Mr	Oculoplastic, lacrimal, orbital, eyelid lumps/cysts, red/sore eyes, blepharitis and general ophthalmology.	01904 715020	01904 357504	YH
*Ellingham, R Mr	Ocular surface, cornea, cataract and general ophthalmology.	01904 715020	01904 357504	YH
*Fearnley, T Mr	Oculoplastic, lacrimal, orbital, eyelid lumps/cysts, red/sore eyes, blepharitis and general ophthalmology.	01904 715020	01904 357504	YH
*Gale, R Mr	Medical retinal diseases, diabetic eye disease, neuro-ophthalmology, systemic conditions and general ophthalmology.	01904 715020	01904 357504	YH
*Liput, J Mrs	Glaucoma, cataract and general ophthalmology.	01904 715020	01904 357504	YH
*Mitrut, I Ms	Vitreo-retinal, diabetic eye disease, cataract and general ophthalmology.	01904 715020	01904 357504	YH
*Moosa, M Mrs	Paediatrics, adult strabismus, ocular motility, cataract and general ophthalmology.	01904 715020	01904 357504	YH
*Taylor, R Mr	Paediatrics, adult strabismus, ocular motility, cataract and general ophthalmology.	01904 715020	01904 357504	YH
*Topping, N Miss	Medical retinal diseases, diabetic eye disease, cataract and general ophthalmology.	01904 715020	01904 357504	YH

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Orthopaedics - *0	Consultant is a member of the North Yorkshire Orthopaedics	Specialists (NYOS)		
Andrews, M Mr	Hip and knee surgeon – direct anterior approach hip surgery, primary and revision hip and knee replacement surgery and hip and knee replacement for young people.	01904 715111	01904 357504	SH
Auplish, S Mr	Upper limb specialising in elbow, wrist, hand and shoulder surgery.	01904 715111	01904 357504	YH
*Boyle, S Mr	Upper limb including shoulder, elbow and carpal tunnel.	01904 715111	01904 357504	YH
*Britton, E Mr	Hips and knees.	01904 715111	01904 357504	YH
*Budgen, A Mr	Foot and ankle disorders, sports injuries, minimally invasive surgery, ankle replacement, arthroscopy bunion surgery, plantar fasciitis, Achilles tendinopathy and shockwave therapy.	01904 715111	01904 357504	ΥH
Campbell, P Mr	Hip and knee replacements, lower back pain and knee arthroscopy.	01904 715111	01904 357504	YH
*Carrington, N Mr	Hips and knees.	01904 715111	01904 357504	YH
Cash, D Mr	Primary knee arthroplasty, revision knee arthroplasty, primary hip arthroplasty, revision hip arthroplasty, knee arthroscopy including meniscectomy and chondroplasty, suspected degenerative joint disease and second opinions on painful and non-functioning arthroplasties.	01904 715111	01905 357504	SH
Cooke, N Mr	Primary and revision hip and knee replacement surgery and metal-on-metal hip specialist.	01904 715111	01904 357504	NTH
Faraj, A Mr	Specialising in total hip and ankle replacement. Arthroscopic ankle surgery, hind, mid and forefoot deformity correction and treatment for foot and ankle trauma.	01904 715111	01904 357504	SH
*Gibbon, A Mr	Knee surgery.	01904 715111	01904 357504	YH
*Hunt, N Mr	Knee surgery, including sports knee surgery, arthritis and knee replacements.	01904 715111	01904 357504	YH
Jowett, C Mr	Foot and ankle.	01905 715111	01904 357504	YH
Mannan, K Mr	All lower limb.	01904 715111	01904 357504	SH
*Maury, A Mr	Hips and knees.	01904 715111	01904 357504	YH
Pai, S Mr	Hips and knees.	01904 715111	01904 357504	YH
Stavropolous, S Mr	Upper limb specialising in elbow, hand and wrist. All hand fractures, distal radioulnar joint arthritis, wrist arthroscopy, ulnar nerve release, elbow dislocation, stiff elbow, elbow arthritis, radial head injuries, golfers elbow, tennis elbow, keyhole surgery in the elbow and sports and overuse injuries.	01904 715 111	01904 357504	SH
*Stanley, J Mr	Foot and ankle.	01904 715111	01904 357504	YH
*Williams, H, Mr	Arthroscopic surgery of shoulder and elbow, arthroplasty surgery for arthritis of shoulder and elbow.	01904 715111	01904 357504	YH



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Paediatrics				
Rahman, M Dr	General paediatrics. Specialises in growth, endocrinology and diabetes. Outpatients only.	01904 715111	01904 357504	HDH
Physiotherapy – P	hysiotherapy clinic opening times are by arrangement. Pleaso	e call 01904 715226 fo	or further information.	
Allerton, J Mrs	Senior physiotherapist and musculoskeletal physiotherapist. Clinical Pilates, spinal conditions, post-operative rehabilitation and joint and soft tissue conditions.			
Buswell, W Mrs	Post-operative recovery – inpatients.			
Campbell, E Mr	Senior physiotherapist and musculoskeletal physiotherapist. Sports injuries, post-operative rehabilitation, special interest in cycling and running injuries, joint and soft tissue conditions.			
Cole, L Miss	Senior physiotherapist and musculoskeletal physiotherapist. Post-operative care (inpatient), post-operative rehabilitation, sports injuries, spinal disorders, joint and soft tissue conditions, functional muscle screening and clinical Pilates.	See above.		
Fisher, N Mr	MSK sports injuries.			
Lawrence, A Mrs	Senior physiotherapist and musculoskeletal physiotherapist. Acupuncture, sports injuries, postoperative rehabilitation, spinal conditions, paediatrics, joint and soft tissue conditions and clinical Pilates.			
Leach, L Mrs	Senior physiotherapist and musculoskeletal physiotherapist. Hand and upper limb specialist, clinical Pilates, post-operative care (inpatients), post-operative rehabilitation, joint and soft tissue conditions.			
Moore, A Mr	Physiotherapy Manager. Lower limb specialist hip/groin and knee, post-operative rehabilitation, sports injuries, upper limb-shoulders, spinal disorders and joint and soft tissue conditions.			
Rafferty, H Mrs	Senior physiotherapist and musculoskeletal physiotherapist. Women's health, joint acupuncture, post-operative rehabilitation, inpatient post-operative and recovery and joint and soft tissue conditions.			
Raw, J Mrs	Senior physiotherapist. Specialist in neurological disorders (MS, PD, MND, CVA etc) and respiratory. Parkinson's disease warrior instructor.			
Plastic and Cosm	etic Surgery			
Adamthwaite, J Mr	Cosmetic surgery of the breasts, face and body, non-surgical cosmetic treatments including botox and dermal fillers, body contouring surgery after weight loss, skin cancer and breast reconstruction.	01904 715111	01904 357504	ΥH
Dunkin, C Mr	Cosmetic surgery including breast and facial surgery.	01904 715111	01904 357504	NTH
Fenn, C Mr	Cosmetic surgery, skin cancer, including breast and facial surgery.	01904 715111	01904 357504	LGI

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Plastic and Cosm	etic Surgery – continued			
Macleod, T Mr	Cosmetic surgery, skin cancer and below the neck area only.	01904 715111	01904 357504	ΥH
Plastic and Cosm	etic Surgery – Breast Surgery			
Munot, K Mr	Oncoplastic cosmetic breast surgery.	01904 71511	01904 357504	YH
Psychiatry				
Bradbury, S Dr	General psychiatry, including depression, anxiety and psychosis.	07092 248471	01904 357504	ΥH
Clinical Psycholog	ЭУ			
Reid, M Prof	Treatment of adults and children for mental health problems such as anxiety and depression. Specialises in eating disorders.	07789 015021	01904 357504	
Rheumatology				
Green, M Dr	Osteoporosis, inflammatory arthritis, rheumatoid arthritis and disease-induced osteoporosis.	01904 715111	01904 357504	ΥH
Speech Therapy				
Lowson, L Ms	Speech and language therapy for adults.	01904 715111	01904 357504	
Urology				
Blake-James, B Mr	Prostate disease including prostate cancer and BPH, laparoscopic surgery, bladder disorders including cancer, kidney disorders including cancer, impotence and infertility, vasectomy, testicular and scrotal disorders.	01904 715111	01904 357504	ΥH
Hilmy, M Mr	Urogynaecology/female urology, andrology/erectile dysfunction and paediatric urology – consultations and operations for children at YDH.	01904 715111	01904 357504	ΥH
Wilson, R Mr	Prostate disease including prostate cancer and BPH, laparoscopic surgery, bladder disorders including cancer, kidney disorders including cancer, impotency and infertility, vasectomy, testicular and scrotal disorders.	01904 715111	01904 357504	ΥH
Vascular				
Baroni, M	Vascular and varicose veins.	01904 715111	01904 357504	YH
Brooks, S Mr	Vascular, hyperhidrosis, laser surgery for varicose veins and hernia repair.	01904 715111	01904 357504	YH
Cavanagh, S Mr	Vascular and varicose veins.	01904 715111	01904 357504	ΥH











At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

Working with you, for your patients.







Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- Results given straight away
- Personalised report with test results and next steps
- Quick and easy referrals (if needed)
- Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

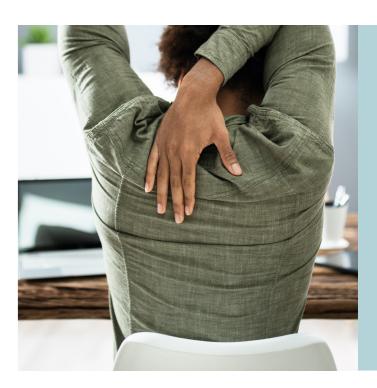
An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

nuffieldhealth.com/mental-health-support

Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy



Patients accessing any of our services also benefit from a 30-day free gym pass.









Associated services cont.

Diagnostic imaging services

We have comprehensive imaging capabilities including:

- MRI
- CT
- X-ray
- Ultrasound
- Mammography
- DXA.

nuffieldhealth.com/healthcareprofessionals/diagnostic-and-specialistservices

Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcareprofessionals/services/pathology

Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

nuffieldhealth.com/healthcare-professionals/services/hssu

Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

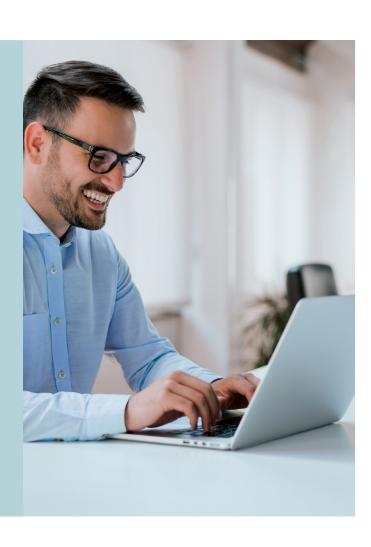
- Covering topics tailored to your needs
- Free to attend
- Delivered online
- Flexible formats that work around you.

nuffieldhealth.com/healthcare-professionals/events-for-gps



Free online education for all healthcare professionals

Access our educational materials whenever and wherever it suits you. Monthly webinars and podcasts delivered by leading clinicians and presenters.



Who can attend?

Our education program is open for all healthcare professionals to attend. The program is designed around current trends and topics related to the primary care setting. Our programme can be tailored to the needs of your practice:

- Primary care GP's
- Pharmacists/dispensers
- General practice speciality training
- Registrars
- (GPStR)
- Nurse practitioners
- Unscheduled care clinicians (USCC)
- Nurse prescribers
- HC community teams
- Student nurses
- RGN nurse.



CPD certificate

After the event we will send out your CPD certificate, please make sure we have your correct contact details.

How to book

To register and book your chosen event visit nuffieldhealth.com/healthcare-professionals/events-for-gps

For further information contact GP Liaison Manager Jane Wilson on 07970 447 900 or email jane.wilson@nuffieldhealth.com

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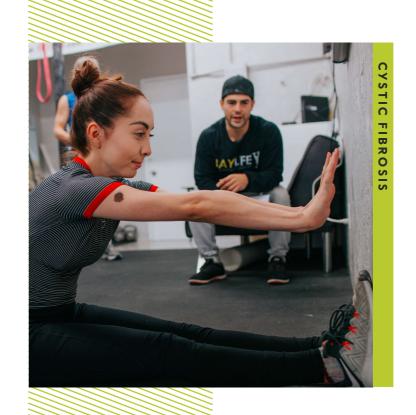
Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.



Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

Schools Wellbeing Activity Programme (SWAP)

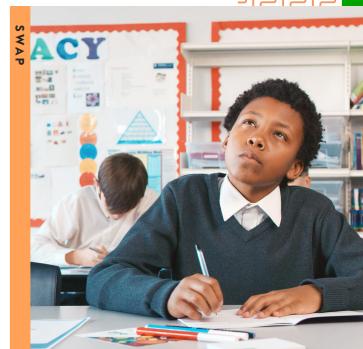
A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.



Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on **nuffieldhealth.com** to learn more.



To refer your patients visit

nuffieldhealth.com/healthcare-professionals/patient-referrals

Visit our website **nuffieldhealth.com/healthcare-professionals** for more information.

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We are the UK's largest healthcare charity*

We are the UK's largest healthcare charity. For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

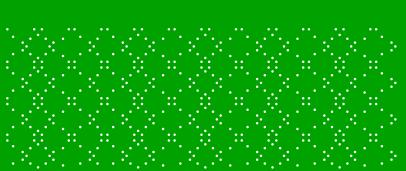
In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

nuffieldhealth.com/covidrehab

As ever, in good times and bad, we're committed to our vision of building a healthier nation.



How to find us





Key department contacts

Sales and services manager
Call 01904 715095
richard.vanson@nuffieldhealth.com

Customer services
Call 0300 1311425
york.enquiries@nuffieldhealth.com

GP Liaison Manager – Jane WilsonCall **07970 447900**jane.wilson@nuffieldhealth.com

Hospital director
Call 01904 715001
andrew.blackburn@nuffieldhealth.com

Inpatient referrals
Call 01904 715222 | Fax 01904 357504
yo_bookings-1@nuffieldhealth.com

Matron
Call 01904 715002
sally.pank@nuffieldhealth.com

Outpatient referrals
Call 01904 715111 | Fax 01904 357504
outbookings.york@nuffieldhealth.com

Physiotherapy
Call 01904 715226
adrian.moore@nuffieldhealth.com

Radiology
Call 01904 715100 | Fax 01904 715285
york.radiology@nuffieldhealth.com

