

# Swimming Pool Timetable

Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3
6:30	Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Closed			Closed					
7:00	Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Closed			Closed					
7:30	Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Closed			Closed					
8:00	Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim					
8:30	Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim					
9:00	Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Water Babies 8:15 - 10:45			Water Babies 8:15 - 11:45					
9:30	Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Aqua 9:30-10:15			Aqua 9:30-10:15					
10:00	Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Lane Swim			Aqua 9:30-10:15			Aqua 9:30-10:15					
10:30	Aqua 10:40-11:25			Water Babies 9:00 - 11:00			Aqua 10:40-11:25			Water Babies 10:30-13:30			Aqua 10:40-11:25			Water Babies 10:30-13:30			Aqua 10:40-11:25			Aqua 10:40-11:25					
11:00	Aqua 10:40-11:25			Water Babies 9:00 - 11:00			Aqua 10:40-11:25			Water Babies 10:30-13:30			Aqua 10:40-11:25			Water Babies 10:30-13:30			Aqua 10:40-11:25			Aqua 10:40-11:25					
11:30	Aqua 10:40-11:25			Water Babies 9:00 - 11:00			Aqua 10:40-11:25			Water Babies 10:30-13:30			Aqua 10:40-11:25			Water Babies 10:30-13:30			Aqua 10:40-11:25			Aqua 10:40-11:25					
12:00	Aqua 10:40-11:25			Water Babies 9:00 - 11:00			Aqua 10:40-11:25			Water Babies 10:30-13:30			Aqua 10:40-11:25			Water Babies 10:30-13:30			Aqua 10:40-11:25			Aqua 10:40-11:25					
12:30	Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30					
13:00	Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30					
13:30	Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30					
14:00	Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30					
14:30	Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30					
15:00	Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30			Aqua- 12:30-13:15			Aqua 12:45-13:30					
15:30	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
16:00	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
16:30	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
17:00	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
17:30	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
18:00	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
18:30	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
19:00	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
19:30	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
20:00	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
20:30	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
21:00	Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30			Group Swim lesson 15:30-18:30			Family Swim 14:00-17:30					
21:30	Closed			Closed			Closed			Closed			Closed			Closed			Closed			Closed					

Our ratio is 1 adult (member only) to 2 children under 8 years old. Over 8s can perform an NStars swim test to swim unaccompanied

**Please note** 121 swim lessons may take place in one lane outside of these times. We ensure at all times we have at least one lane available for lane swimming

Due to demand of our weekend family swim, we may on occasion open up a second lane to allow for more usage