

Swimming Pool Timetable

Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				
	Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3		Lane 1	Lane 2	Lane 3	
06:30	Lane Swim			06:30	Lane Swim			06:30	Lane Swim			06:30	Lane Swim			06:30	Lane Swim			06:30	Closed			06:30	Closed			
07:00				07:00				07:00				07:00				07:00				07:00				07:00				
07:30				07:30				07:30				07:30				07:30				07:30				07:30				
08:00				08:00				08:00				08:00				08:00				08:00	Lane Swim			08:00	Lane Swim			
08:30				08:30				08:30				08:30				08:30				08:30	Water Babies 8:15 - 10:45			08:30	Water Babies 8:15 - 11:45			
09:00				09:00	Water Babies 9:00 - 11:00			09:00				09:00				09:00				09:00				09:00				
09:30				09:30				09:30	Aqua Zumba 9:30-10:15			09:30	Aqua 9:30-10:15			09:30	Aqua 9:30-10:15			09:30				09:30				
10:00				10:00				10:00				10:00				10:00				10:00			10:00					
10:30	Aqua 10:40-11:25			10:30				10:30	Aqua 10:40-11:25			10:30	Water Babies 10:30-13:30			10:30				10:30	Aqua 11:15-12:00			10:30				
11:00				11:00				11:00				11:00					11:00						11:00			11:00		
11:30				11:30				11:30				11:30					11:30	Aqua 11:45-12:30					11:30			11:30		
12:00				12:00				12:00				12:00				12:00				12:00				12:00				
12:30	Aqua- 12:30-13:15			12:30	Aqua 12:45-13:30			12:30				12:30				12:30				12:30				12:30				
13:00				13:00				13:00				13:00				13:00				13:00				13:00				
13:30				13:30				13:30				13:30				13:30				13:30				13:30				
14:00			Family Swim 14:00-17:30	14:00	Private 1-2-1 lessons		Family Swim 14:00-17:30	14:00	Private 1-2-1 lessons		Family Swim 14:00-17:30	14:00				14:00				14:00				14:00			Family Swim 14:00- 17:30	
14:30				14:30				14:30				14:30				14:30				14:30				14:30				
15:00				15:00				15:00				15:00				15:00	Private 1-2-1 lessons			15:00	Group Swim lesson 15:00-18:00				15:00			
15:30	Group Swim lesson 15:30-19:00			15:30			15:30				15:30				15:30					15:30					15:30			
16:00				16:00			16:00				16:00				16:00					16:00					16:00			
16:30				16:30			16:30				16:30				16:30				16:30				16:30					
17:00				17:00				17:00	Group Swim lesson 16:00-18:00			17:00				17:00				17:00				17:00				
17:30				17:30	Group Swim lesson 16:00-18:00		Group Swim lesson 17:30-19:00	17:30				17:30				17:30				17:30				17:30				
18:00				18:00						18:00				18:00				18:00				18:00				18:00		
18:30				18:30					18:30				18:30				18:30	Aqua 18:30-19:15			18:30				18:30			
19:00				19:00				19:00				19:00				19:00				19:00				19:00				
19:30				19:30				19:30				19:30				19:30				19:30	Closed			19:30	Closed			
20:00				20:00				20:00				20:00				20:00				20:00				20:00				
20:30				20:30				20:30				20:30				20:30				20:30				20:30				
21:00				21:00				21:00				21:00				21:00				21:00				21:00				
21:30	Closed			21:30	Closed			21:30	Closed			21:30	Closed			21:30	Closed			21:30				21:30				

Our ratio is 1 adult (member only) to 2 children under 8 years old. Over 8s can perform an NStars swim test to swim unaccompanied

Please note 121 swim lessons may take place in one lane outside of these times. We ensure at all times we have at least one lane available for lane swimming

Due to demand of our weekend family swim, we may on occasion open up a second lane to allow for more usage