



There are a number of surgical options available at Nuffield Health Newcastle Hospital:

GASTRIC BALLOON

The gastric balloon is an incision free procedure which is performed under local anaesthetic endoscopically. It is a simple, safe-as-possible and minimally invasive bariatric procedure.

GASTRIC BAND

Gastric banding is a highly effective weight loss surgical procedure that limits how much food can be eaten. Also known as lap banding, the operation helps overweight people achieve substantial and long-term weight loss.

GASTRIC BYPASS

Gastric bypass is another weight loss surgery procedure whereby the stomach is stapled to form a small stomach pouch. This means that less food can be eaten and so fewer calories and nutrients are absorbed.

GASTRIC SLEEVE

Gastric sleeve is a restrictive procedure. The stomach is stapled vertically from top to bottom leaving a sleeve shaped stomach (approximately a quarter of its original size). This results in less food consumption and ultimately weight loss.

A New You, a new life

Weight Loss Surgery available at Nuffield Health Newcastle Hospital

Nuffield Health Newcastle Hospital specialise in Weight Loss Surgery and have a dedicated team available providing a unique and tailored service to each individual patient.

At Nuffield Health we understand that losing weight can be a battle, but there's a lot to gain. You may want to get out and about again, wear the clothes you want or simply enjoy an active family life.

So if you've tried losing weight in other ways, but have found it difficult to succeed, weight loss surgery could be an option for you.

Weight Loss Surgery is a medical procedure that cuts down the amount of food you can eat by reducing the size of your stomach, or bypassing part of your stomach.

When considering Weight Loss Surgery it is recommended that you book a consultation with one of the hospitals highly experienced Weight Loss Surgeons, Mr S Woodcock or Mr K Seymour. During your consultation, your consultant will discuss at length your options and take a full medical history.

Included in the consultation package are all pre-op pathology tests and a consultation with both the dietician and psychologist.

The weight loss team apply a holistic approach to weight loss surgery, offering a range of services tailored to their patients. The key to their success is that they take the time to understand their patient's problems, their motivation to lose weight and their long term goals after the weight loss surgery.

Nuffield Health Open Event

Considering an operation is a big decision. It often feels like a giant step. But it's a step that could lead to a better quality of life for you and your family.

Why not visit the hospital at our upcoming Open Event and meet with Mr Woodcock who will deliver a presentation and answer any questions you may have.

Date: Wednesday 10th June
Location: Nuffield Health Newcastle Hospital, Clayton Road, Jesmond, NE2 1JP
Consultant: Mr S Woodcock

The event is free to attend and will take place in the privacy of our hospital conference room.

If you have any queries in relation to the information in this article or would like to book your place on our upcoming Open Event, contact the hospital Customer Service team on **02843 798189** or **Newcastle.enquiries@nuffieldhealth.com**

The Nuffield Health Promise

Our prices are totally transparent, inclusive of all costs and guaranteed. That means no hidden surprises.

We promise to meet any comparable price.*

Our relationship with you doesn't end when you walk out of our hospitals – there are no time limits on your aftercare.**

* Not including private patients units at NHS hospitals. Local area defined as within 15 miles of the Nuffield Health hospital. We will match against written quotes only. Promise is valid for patients paying for themselves.

** Where possible, we promise to assist you to receive any follow up advice, treatment or care that is clinically required from your Consultant for as long as you may require it. If a prosthesis is used as part of their treatment this is guaranteed for the manufacturer's official lifetime of that prosthesis. "Clinically required" indicates where further intervention and/or monitoring of a patient's condition is deemed necessary as a direct result of surgical intervention.