

Swimming Timetable

Wandsworth Southside

7th January – 2nd April 2023

Monday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 6.30-10.00	ADULT SWIM 6.30-10.00	ADULT SWIM 6.30-12.00 12.30- 15.30
AQUA AEROBICS 10.00-11.00		
ADULT SWIM 11.00-14.30	ADULT SWIM 11.00-21.30	SWIM LESSONS 15.30-19.30
FAMILY SWIM 14.30-17.00		
SWIM LESSONS 17:00-18.30		
ADULT SWIM 18.30-21.30		ADULT SWIM 19.30-21.30

Wednesday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 6.30-14.30	ADULT SWIM 6.30-21.30	ADULT SWIM 6.30-09.30 12.00-15.30
FAMILY SWIM 14.30-17.00		SWIM LESSONS 09.30-12.00 15.30-18.30
SWIM LESSONS 17.00-18.30		ADULT SWIM 18.30-21.30
ADULT SWIM 18.00-21.30		

Tuesday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 6.30-12.00 13.00-14.30	ADULT SWIM 6.30-12.00 13.00-21.30	ADULT SWIM 6.30-09.30 12.00 -13.00 13.30-16.00
FAMILY SWIM 14.30-17.00		SWIM LESSONS 10.00-11.00 16.00-19.00
AQUA AEROBICS 12.00-13.00	AQUA AEROBICS 12.00-13.00	
SWIM LESSONS 17.00-18.00		
ADULT SWIM 18.00-21.30		

Thursday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 6.30-14.30	ADULT SWIM 6.30-21.30	ADULT SWIM 6.30-10.00 12.00-16.00
FAMILY SWIM 14.30-17.00		SWIM LESSONS 10.00-12.00 16.00-19.30
SWIM LESSONS 17.00-18.30		ADULT SWIM 19.30-21.30
ADULT SWIM 18.30-21.30		

Friday		
FAST LANE	MEDIUM LANE	SLOW LANE
ADULT SWIM 6.30-10.00 12.00-16.00 18.00-21.30	ADULT SWIM 6.30-21.30	ADULT SWIM 6.30-09.45 11.15-15.30 19.00-21.30
FAMILY SWIM 10.00-12.00		SWIM LESSONS 09.45-11.15 15.30-18.30
SWIM LESSONS 16.00-18.00		

Swimming Timetable

Wandsworth Southside

7th January – 2nd April 2023

Saturday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 8.00-11.30	ADULT SWIM 8.00-11.30	ADULT SWIM 8.00-09.15
		SWIM LESSONS 09.15-10.45
FAMILY SWIM 11.30-13.00		SWIM LESSONS 11.00-16.30
ADULT SWIM 13.00-14.30	ADULT SWIM 13.00-14.30	
FAMILY SWIM 14.30-16.00		
ADULT SWIM 16.00-19.30	ADULT SWIM 16.00-19.30	ADULT SWIM 16.30-19.30

Sunday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 8.00-11.00	ADULT SWIM 8.00-11.00	ADULT SWIM 08.00-09:30
FAMILY SWIM 11.00-13.30		SWIM LESSONS 09.30-16.30
ADULT SWIM 13.30-19.30	ADULT SWIM 13.30-19.30	ADULT SWIM 17.00-19.30

- Please note there may be ad hoc one on one swimming lessons taking place on some occasions.