



Swimming schedule

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
06:30-10:00	Lane Swimming	06:30-12:00	Lane Swimming	06:30-10:00	Lane Swimming	06:30-09:15	Lane Swimming	06:30-10:00	Lane Swimming	08:00-09:00	Lane Swimming	08:00-10:00	Lane Swimming
10:00-12:00	Family Splash -Slow lane	12:00-12:45	Aqua Whole Pool	10:00-12:00	Family Splash -Slow lane	09:15-10:00	Aqua Whole Pool	10:00-12:00	Family Splash -Slow lane	09:00-09:45	Aqua Whole Pool	10:00-12:00	Junior Swim School -Slow lane
12:00-12:45	Lane Swimming	12:45-15:00	Lane Swimming	12:15-13:00	Aqua Whole Pool	10:00-12:00	Water Babies -Fast Lane	12:00-12:45	Aqua Whole Pool	09:45-11:00	Lane Swimming	12:00-16:00	Family Splash -Slow lane
12:45-13:30	Aqua Whole Pool	15:00-18:00	Junior Swim School -Slow lane	13:00-15:00	Lane Swimming	12:00-15:00	Lane Swimming	12:45-15:00	Lane Swimming	11:00-12:30	Junior Swim School Whole Pool	16:00-19:40	Lane Swimming
13:30-15:00	Lane Swimming	18:00-18:45	Lane Swimming	15:00-18:00	Junior Swim School -Slow lane	15:00-18:00	Junior Swim School -Slow lane	15:00-18:00	Junior Swim School -Slow lane	12:30-13:00	Junior Swim School & Family Splash- slow lane		
15:00-18:00	Junior Swim School -Slow lane	18:45-19:30	Aqua Whole Pool	18:15-19:00	Aqua Whole Pool	18:15-18:45	SwimFit -Fast Lane	18:00-18:45	Aqua Whole Pool	13:00-16:00	Family Splash- slow lane		
18:00-18:15	Lane Swimming	19:30-21:40	Lane Swimming	19:00-21:40	Lane Swimming	18:45-21:40	Lane Swimming	18:45-21:40	Lane Swimming	16:00-19:40	Lane Swimming		
18:15-18:45	SwimFit -Fast Lane												
18:45-21:40	Lane Swimming												



Pool opening times:
 Monday to Friday 6:30am to 9:40pm
 Saturday and Sunday 8am to 7:40pm

Bank holidays vary call 01924376111



Aqua classes



SwimFit



Swim school/family swim



Normal swim