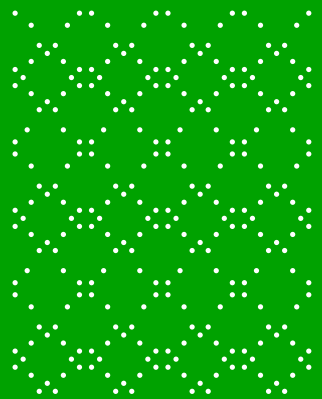


Consultant and services directory 2021/22

Nuffield Health Tunbridge Wells Hospital



Working with you, for your patients.



We're building a healthier nation

Working with you, for your patients

Connected healthcare for your patients, at every stage of their treatment journey.

Working with you, for your professional development

Professional training tailored to the needs of your practice.

Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.

Dedicated GP Liaison Officer
Emma Harman
emma.harman@nuffieldhealth.com
01892 531111 ext 2302

Helpdesk
01892 888199
tu_custenq@nuffieldhealth.com

Nuffield Health Tunbridge Wells Hospital
Kingswood Road, Tunbridge Wells,
Kent TN2 4UL

nuffieldhealth.com/hospitals/tunbridge-wells

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How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly ‘choose and book’ (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020**
Fax **08004 715058**
Email chooseandbook@nuffieldhealth.com

Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That’s reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ♦ The confirmed price is all your patient will ever pay*
- ♦ If they find a better price for the same procedure package, we’ll match it**
- ♦ There are no time limits on aftercare.***

There is also the option of an interest-free loan.

*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient’s procedure price. **Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient’s chosen Nuffield Health hospital. We will match against written quotes only. ***Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient’s procedure, this is guaranteed for the manufacturer’s expected prosthesis lifetime. “Clinically required” indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise.



Patient safety is our number one priority

We want to reassure you and your patients that we’ve put in place safety measures to make our hospital COVID-19 secure. We’re offering telephone and online consultations, as well as face-to-face appointments, so whether your patients’ appointment is from home or in person, they’ll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.



Key facilities at Nuffield Health Tunbridge Wells Hospital

Medical cover

24hr resident medical officer.

Patient accommodation

34 residential patient rooms with en-suite facilities, including nurse call system, direct dial telephone, free Wi-Fi, TV and radio. Dedicated six bed Children and Young Persons Unit.

Theatre and support services

Three operating theatres including:

- ◆ Two major theatres with laminar flow system
- ◆ One digital theatre, including a fully equipped endoscopy suite.



Outpatient services

Including:

- ◆ 14 consulting rooms
- ◆ Health screening
- ◆ Physiotherapy
- ◆ Pharmacy
- ◆ Audiologists
- ◆ Nurse-led pre-assessment
- ◆ Diagnostics
- ◆ Allergy clinic
- ◆ Gynaecology suite
- ◆ Oncology
- ◆ Paediatrics.



Consultant and services directory

NHS base – abbreviations

BART	Barts Hospital
CUH	Croydon University Hospital
DGS	Dartford & Gravesham NHS Trust
ESH	East Sussex NHS Trust
GST	Guys and St Thomas’ NHS Foundation Trust
KCH	Kings College Hospital
LGT	Lewisham and Greenwich NHS Trust
MFT	Medway Foundation Trust
MTW	Maidstone and Tunbridge Wells NHS Trust
QVH	Queen Victoria Hospital
WSH	Western Sussex Hospital



Visit nuffieldhealth.com/consultants
to view our consultants’ profiles.

The details for each consultant show their name, specialist area, contact details and NHS hospital.

Consultant Name	Sub-speciality	Telephone	NHS Base
Allergy Medicine			
Somasundaram, Dr K	Paediatric allergy.	01892 888199	MTW
Kulkarni, Dr G	Paediatric allergy.	01892 888199	DGS
Trigg, Dr C	Food allergy and hayfever.	01892 888199	
Anaesthetics (Pain Management)			
Griffiths, Dr R	Anaesthetics and pain management.	01892 614600	MTW
Jones, Dr MCH	Acupuncture.	01892 888199	
Ludgrove, Dr T	Anaesthetics and pain management.	01892 541346	MTW
Audiology			
Jindal, Dr J	Audiology.	01892 888199	
Bariatrics			
Dixit, Mr A	Weight loss.	01892 888199	WSH
Hamouda, Mr A	Bariatric surgery.	01892 888199	MTW
Siddiqui, Mr M	Weight loss and bariatric surgery.	01892 888199	LGT
Cardiology			
Harrington, Dr D	Heart failure and interventional cardiology.	01892 888199	MTW
Lawson, Dr C	General cardiology.	01892 888199	MTW
Dermatology			
Cunningham, Dr M	Adult & paediatric dermatology.	01892 888199	BART
McFadden, Dr JP	Occupational dermatology.	01892 888199	GST
O'Neill, Ms J	Skin cancer surgery.	01892 888199	QVH
Tharakaram, Dr S	Adult and paediatric dermatology, skin cancers, surgical dermatology, phototherapy and photodynamic therapy.	01892 888199	MTW
Dietician			
Hamza-Goodacre, Ms A	Nutritionist.	01892 888199	
Low, Ms J	Bariatrics.	01892 888199	
Shalaby, Mrs S	Dietetics.	01892 888199	
Williams, Ms J	Dietitian.	01892 888199	

Consultant Name	Sub-speciality	Telephone	NHS Base
Ear, Nose and Throat (ENT)			
Cheang, Miss PP	Rhinology, paediatric tonsillectomy and sinus.	01892 888199	MTW
Hamann, Mr J	Rhinology, thyroid, endoscopic sinus surgery and snoring.	01892 552926	MTW
Maskell, Mr S	Mastoid procedures and balance disorders.	01892 888199	MTW
Shotton, Mr JC	Head and neck injury.	01892 888199	MTW
Gastroenterology			
Blaker, Dr P	Gastroenterology.	01892 526126	MTW
Hanumantharaya, Dr D	Gastroenterology.	01892 552923	MTW
Harris, Dr A	Gastroenterology.	0203 875 9989	MTW
Maiden, Dr L	Gastroenterology and gastrointestinal surgery.	01892 888199	MTW
General Medicine			
Agarwal, Dr G	Diabetes and endocrinology.	01892 526126	MTW
Barnes, Dr DJ	Diabetes and endocrinology.	01892 526126	MTW
Clark, Mr T	Stroke medicine and geriatric medicine.	01892 888199	KCH
Reynolds, Dr PJ	Geriatrics.	01892 888199	MTW
Ryan, Dr P	Nuclear medicine.	07821 125382	MFT
General Surgery			
Abdul Aal, Mr Y	Upper GI surgery.	01892 888199	MTW
Akolekar, Ms D	Breast surgery and oncoplastic surgery.	01892 888199	MTW
Bailey, Mr CMH	Colorectal and laparoscopic surgery.	01892 546925	MTW
Boyle, Mr N	Hernias, gallstone disease and gastro-oesophageal reflux.	01892 888199	MTW
Chalmers, Ms R	Breast surgery and oncoplastic surgery.	01892 530305	MTW
Dani, Mr M	Oncoplastic and breast surgeon.	01892 888199	MTW
Devalia, Mr H	Breast and oncoplastic surgery.	01892 888199	MTW
Dixit, Mr A	General surgery, laparoscopic surgery and bariatric surgery.	01892 888199	WSH
El-Dhuwaib, Mr Y	Colorectal and general surgery.	01982 888199	ESHT
Hamouda, Mr A	Laparoscopic surgery, upper GI surgery and bariatric surgery.	01892 888199	MTW
Kelly, Mr M	Upper GI and laparoscopic surgery.	01892 888199	GST

Consultant Name	Sub-speciality	Telephone	NHS Base
General Surgery – continued			
Lawes, Mr D	Colorectal and laparoscopic surgery.	01892 530305	MTW
Siddiqui, Mr M	General surgery colorectal surgery and bariatric surgery.	01892 888199	LGT
Wright, Mr C	Colorectal and general surgeon.	01892 888199	MTW
Gynaecology			
Attard Montalto, Mr S	Gynaecological oncology.	01892 888199	MTW
Chappatte, Mr OA	Endometriosis and laparoscopic surgery.	01892 888199	MTW
Connell, Mr R	Prolapse, female incontinence and laparoscopic surgery.	01892 888199	MTW
Flint, Miss S	Gynaecological ultrasound and fetal medicine.	01892 552945	MTW
Mavridou, Miss D	Gynaecology and fertility.	01892 888199	MTW
Papadopoulos, Mr A	Gynaecological oncology.	01892 888199	MTW
Pundir, Ms J	Reproductive medicine, polycystic ovaries and menopause.	01892 552945	GST
Slack, Mr A	Uro-gynaecology and laparoscopic surgery.	01892 552945	MTW
Haematology			
Banerjee, Dr L	Haematology.	01892 888199	MTW
Gale, Dr R	Haematology.	01892 888199	MTW
Newman, Dr J	Haematology.	01892 888199	ESH
Neurology			
Saldanha, Dr GJF	Headache and peripheral nerve disease.	01892 546246	MTW
Neurosurgery			
Grahovac, Mr G	Neuro-oncology, neurosurgery, pain management, spinal and neck surgery and spinal disorders.	01892 888199	KCH
Tolias, Mr C	Cervical and lumbar spine, brachalgia, sciatica and pain management.	01892 888199	KCH
Vergani, Mr F	Neuro-oncology, neurosurgery and spinal and neck disorders.	01892 888199	KCH
Oncology			
Banerjee, Dr L	Haemato-oncology.	01892 888199	MTW
Burcombe, Mr R	Medical oncology.	01892 888199	MTW
Gale, Dr R	Haemato-oncology.	01892 888199	MTW
Hill, Dr M	Medical oncology.	01892 888199	MTW



Consultant Name	Sub-speciality	Telephone	NHS Base
Oncology – continued			
Jyothirmayi, Dr R	Medical oncology.	01892 888199	MTW
Leech, Dr R	Consultant anaesthetist and specialist in long term vascular access.	07850 591168	MTW
Newman, Dr J	Haemato-oncology.	01892 888199	MTW
Sevitt, Dr T	Clinical oncology.	01892 888199	MTW
Ophthalmology			
Ansari, Prof E	Glaucoma and cataract surgery including light adjustable lens implant and implanted contact lenses (ICL).	01892 888199	MTW
Elalfy, Mr M	Cornea and cataract surgery, refractive and ocular surface disorders.	01892 888199	QVH
Khandwala, Ms M	Cataract surgery, oculoplastic surgery and lacrimal disorders.	01622 238324	MTW
Oral and Maxillofacial Surgery			
Coombes, Mr D	Oral surgery and maxillofacial surgery.	01892 888199	
Orthopaedics			
Ahmed, Mr S	Hip replacement, hip arthroscopy, lower limb arthroplasty and trauma.	01892 888199	MTW
Ayodele, Mrs R	Foot and ankle surgery.	01892 888199	MTW
Benson, Mr R	Shoulder and upper limb surgery.	01892 888199	MTW
Bowman, Mr N	Knee surgery.	01892 546111	MTW
Dartnell, Ms J	DDH and cerebral palsy.	01892 888199	MTW
Freeman, Mr R	Foot and ankle surgery.	01892 888199	MTW
Gibb, Mr P	Knee surgery.	01892 546111	MTW
Jahnich, Mr H	Arthroscopic, shoulder, elbow and hand surgery.	01892 888199	MTW
Jain, Mr R	Hip surgery.	01892 888199	MTW
Katchburian, Mr M	Upper and lower limb surgery and paediatric surgery.	01892 888199	MTW
Nicholl, Mr J	Upper limb and hand surgery.	01892 552923	MTW
Rafiq, Mr I	Spinal surgery.	07961 923787	MFT
Ritchie, Mr JFS	Foot and ankle surgery.	01892 888199	MTW
Rose, Mr D	Shoulder and elbow service.	01892 552908	MTW
Slater, Mr N	Spinal surgery.	01892 888199	MTW

Consultant Name	Sub-speciality	Telephone	NHS Base
Orthopaedics – continued			
Selmon, Mr G	Specialist spinal service.	01892 888199	ESH
Shariff, Mr S	Foot and ankle surgery.	01892 888199	MTW
Velayudham, Mr SK	Hip replacement, hip resurfacing and pelvic fractures.	01892 537040	MTW
Young, Mr J	Knee surgery.	01892 552908	MTW
Paediatrics			
Ayodele, Mrs R	Orthopaedics and cerebral palsy.	01892 888199	MTW
Bhaduri, Dr B	Upper and lower gut endoscopy.	01892 888199	MTW
Cheang, Ms PP	Ear, nose and throat.	01892 888199	MTW
Dartnell, Ms J	Orthopaedics.	01892 888199	MTW
Elalfy, Mr M	Ophthalmology.	01892 888199	QVH
Hamann, Mr J	Ear, nose and throat.	01892 552926	MTW
Katchburian, Mr M	Orthopaedic surgery.	01892 888199	MTW
Khandwala, Ms M	Ophthalmology.	01622 238324	MTW
Maskell, Mr S	Ear, nose and throat.	01892 888199	MTW
Gowda, Dr R	GI and endoscopy paediatrics.	01892 888199	MTW
Gupta, Dr R	Epilepsy.	01892 888199	MTW
Kulkarni, Dr G	General paediatrics, allergy and neurology.	01892 888199	DGT
Shotton, Mr JC	Ear, nose and throat.	01892 888199	MTW
Somasundaram, Dr K	General paediatrics and allergy.	01892 888199	MTW
Pathology			
Honakeri, Dr S	Histopathology.	01892 888199	QVH
Liebmann, Dr R	Consultant histopathologist.	01892 888199	QVH
Lolin, Dr Y	Chemical pathology and metabolic medicine.	01892 888199	ESH
Munthali, Mr L	Consultant histopathologist, special interest in skin including soft tissue, head and neck, gastrointestinal, lymphoma, pathology and cytology.	01892 888199	QVH
Rushton, Mr G	Gynaecology pathology.	01892 888199	MTW
Thomas, Dr M	Consultant histopathologist and special interest in gastrointestinal pathology.	01622 227462	MTW



Consultant Name	Sub-speciality	Telephone	NHS Base
Physiotherapy			
Pell, Ms M	Musculoskeletal therapist, peripheral joints, spinal, sports injuries, upper limb rehabilitation, post-operative rehabilitation, headaches, acupuncture and Pilates.	01892 552928	
Roberto, Mr FS	Musculoskeletal therapist, peripheral joints, spinal, sports injuries, upper limb rehabilitation, post-operative rehabilitation and headaches.	01892 552928	
Plastics and Cosmetic Surgery			
Banwell, Mr PE	Skin cancer, cosmetic breast and body surgery.	01892 888199	
Coombes, Mr D	Facial plastic surgery.	01892 888199	
Dani, Mr M	Breast surgery.	01892 888199	MTW
Devalia, Mr H	Breast surgery.	01892 888199	MTW
Nakhdjevani, Mr A	Cosmetic plastic surgery.	01892 888199	QVH
Nugent, Ms N	Cosmetic and plastic surgery.	01892 888199	QVH
Pacifico, Mr MD	Face and trunk aesthetic cosmetic surgery.	01892 888199	
Teo, Mr TC	Upper and lower limb trauma and aesthetic cosmetic surgery.	01892 888199	QVH
Psychiatry			
Clarke, Dr NA	Psychiatry of old age, depression, anxiety, dementia, brain injury and drug treatments.	01892 888199	
McLaren, Dr P	Psychiatry of old age, depression, anxiety, dementia, brain injury, drug treatments, affective and eating disorders and alcohol misuse.	01892 888199	
Russell, Dr L	PTSD, obsessive compulsive disorder, eating disorders and ADHD.	01892 888199	
Winbow, Dr A	Affective and eating disorders, alcohol misuse and chronic fatigue syndrome.	01892 888199	
Radiology			
Baker, Dr D	ENT and musculoskeletal.	01892 552916	MTW
Chhaya, Dr N	Breast and musculoskeletal imaging.	01892 552916	MTW
Conry, Dr B	Paediatric and nuclear medicine, osteoporosis, ENT and prostate imaging.	01892 552916	MTW
Gough-Palmer, Dr A	ENT, liver and GI imaging.	01892 552916	MTW
Ignotus, Dr P	Intervention imaging.	01892 552916	MTW

Consultant Name	Sub-speciality	Telephone	NHS Base
Radiology – continued			
Kirwan, Dr S	TVS, breast and upper GI, lower GI and colorectal imaging.	01892 552916	MTW
Porte, Dr F	GI Imaging, CT, GI and general radiology.	01892 552916	MTW
Shaw, Dr A	Intervention and upper GI imaging.	01892 552916	MTW
Tuner, Dr L	Gynaecology and paediatric imaging.	01892 552916	MTW
Wakeham, Dr N	Breast and musculoskeletal, gynaecology and MRI.	01892 552916	MTW
Wetton, Dr C	Vascular, musculoskeletal and TVS imaging.	01892 552916	MTW
Reproductive Medicine			
Mavrido, Miss D	Fertility and gynaecology.	01892 888199	MTW
Pundir, Ms J	Fertility and menopause.	01892 888199	BART
Respiratory Medicine			
Loke, Dr TK	COPD, obstructive sleep apnoea and lung cancer.	01892 888199	MTW
Webster, Dr S	Asthma and COPD.	01892 888199	MTW
Rheumatology			
Batley, Dr M	Lupas, early inflammatory arthritis, gout and complex rheumatology.	01892 888199	MTW
Mahmud, Dr T	Osteoporosis.	01892 888199	KCH
Ryan, Dr P	Nuclear medicine.	01892 888199	KCH
Saha, Dr A	Inflammatory joint disease.	01892 888199	MFT
Urology			
Ahmed, Mr S	Urological surgery and kidney stones.	01892 888199	MTW
Donohue, Mr J	Urological cancer.	01892 888199	MTW
Garnett, Mr S	Urological surgery.	01892 888199	ESHT
Yamamoto, Mr H	Prostate and bladder cancer.	01892 888199	MTW
Vascular Surgery			
Tyrrell, Mr M	Vascular surgery and duplex scan.	01892 545461	MTW
Biasi, Mr L	Vascular surgery and diabetic foot care.	01892 545461	GST



How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

Working with you, for your patients.



Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



Recovery Plus

When you refer a patient to us their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when clinically appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

nuffieldhealth.com/recoveryplus

Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy

Patients accessing any of our services also benefit from a 30-day free gym pass.

Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

nuffieldhealth.com/mental-health-support





Associated services cont.

Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ MRI
- ◆ CT
- ◆ X-ray
- ◆ Ultrasound
- ◆ Mammography
- ◆ DXA.

nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services

Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcare-professionals/services/pathology

Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

nuffieldhealth.com/healthcare-professionals/services/hssu

Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Free to attend
- ◆ Delivered online
- ◆ Flexible formats that work around you.

nuffieldhealth.com/healthcare-professionals/events-for-gps



Associated services cont.

Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 113 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 200 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

247.nuffieldhealth.com

To find your local fitness and wellbeing centre, visit nuffieldhealth.com/fitness



Nuffield Health Tunbridge Wells Fitness & Wellbeing centre

Knights Park Leisure Park, Knights Park, Tunbridge Wells TN2 3UW
01892 774000 nuffieldhealth.com/gyms/tunbridge-wells

40% FITNESS AND WELLBEING CENTRE DISCOUNT

We are offering a **40% discount to all NHS staff** including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

nuffieldhealth.com/NHS



Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



COVID-19 REHABILITATION

COVID-19 Rehabilitation Programme

Our newly launched unique programme has been developed in collaboration with NHS Trusts.

Following a suspected or confirmed COVID-19 diagnosis, patients can refer themselves onto the programme which offers a unique blend of physical and emotional support. The 12-week plan is led by clinical specialists, and is tailored to an individual's rehabilitation needs.

nuffieldhealth.com/covidrehab



Visit our website nuffieldhealth.com/healthcare-professionals for more information.



STAMINA

STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.

Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life.



JOINT PAIN



CYSTIC FIBROSIS

Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.

Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on nuffieldhealth.com to learn more.

To refer your patients visit nuffieldhealth.com/healthcare-professionals/patient-referrals

We are the UK's largest healthcare charity*

We are the UK's largest healthcare charity. For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

nuffieldhealth.com/covidrehab

As ever, in good times and bad, we're committed to our vision of building a healthier nation.

Nuffield Health facilities in the area



Key department contacts

Bariatrics

Call **01892 888199**

tu_custenq@nuffieldhealth.com

Customer services

Call **01892 888199**

tu_custenq@nuffieldhealth.com

Health assessments

Call **0330 3114899**

nuffieldhealthassessments@nuffieldhealth.com

Outpatient bookings

Call **01892 552919** ext 2006

tunbridge.outpatientbookings@nuffieldhealth.com

Outpatient referrals

Call **01892 888199**

tu_custenq@nuffieldhealth.com

Physiotherapy

Call **01892 552928**

tunbridgewells.physio@nuffieldhealth.com

Reception

Call **01892 531111**

tu_custenq@nuffieldhealth.com

Cosmetic surgery

Call **01892 888199**

tu_custenq@nuffieldhealth.com

Hospital director (PA)

Call **01892 552922**

Inpatient referrals

Call **01892 888199**

tu_custenq@nuffieldhealth.com

Pathology

Call **01892 535409**

tunbridgepathologyoffice@nuffieldhealth.com

Radiology

Call **01892 552916**

tunbridgewells.radiology@nuffieldhealth.com



Nuffield Health Tunbridge Wells Hospital

Kingswood Road, Tunbridge Wells, Kent TN2 4UL



Call **01892 888199**