

# Deep tissue and sports massage

## Fitness Centre

Located on level 18

30min  
£40

| 45min £60

| 1hr £70



# Your message therapist:



## Lukas Gondkovsky

- Diploma in Sports Massage Therapy Level 3 and 4
- Deep Tissue and Sports Specific massage.
- Posture correction and relaxation



0787 216 3433

[Lukas.Gondkovsky@gmail.com](mailto:Lukas.Gondkovsky@gmail.com)



To book an appointment, please contact the therapist directly or call our reception on 020 7986 5221.

### Cancellations:

A minimum of 24 hours notice of cancellation is required or the full fee may be charged.

### Payments:

Massage payments should be made directly to the therapist. Cash, card and bank transfer are accepted.

Fitness Centre membership is not required to book an appointment.