

# Consultant and services directory 2021

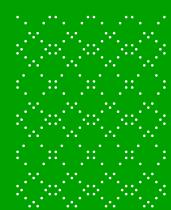
**Nuffield Health Tees Hospital** 



Working with you, for your patients.







# We're building a healthier nation Working with you, for your patients Connected healthcare for your patients, at every stage of their treatment journey. Working with you, for your professional development Professional training tailored to the needs of your practice. Working with you, for your community Expert-led, evidence-based charitable community programmes available locally to support your patients. **Dedicated GP Liaison Manager Nuffield Health Tees Hospital** Ruth Mickle Junction Road, Norton, 07733 325562 Stockton-on-Tees TS20 1PX ruth.mickle@nuffieldhealth.com nuffieldhealth.com/hospitals/tees nuffield.referrals@nhs.net

# Contents

- **04** | How to refer your patients
- **06** | Key facilities
- **08** | Consultant directory
- **16** | Consultation guide prices
- **20** | Associated services:
- **20** | Health assessments
- **21** | Physiotherapy
- 23 | Diagnostic imaging services
- 23 | Pathology
- 23 | Hospital sterile services unit
- **24** | Flagship Programmes



# How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

#### Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

#### Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly 'choose and book' (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

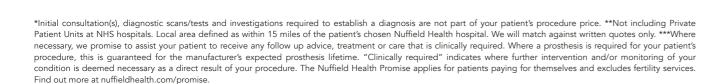
Call **08000 155020** Fax **08004 715058** Email chooseandbook@nuffieldhealth.com

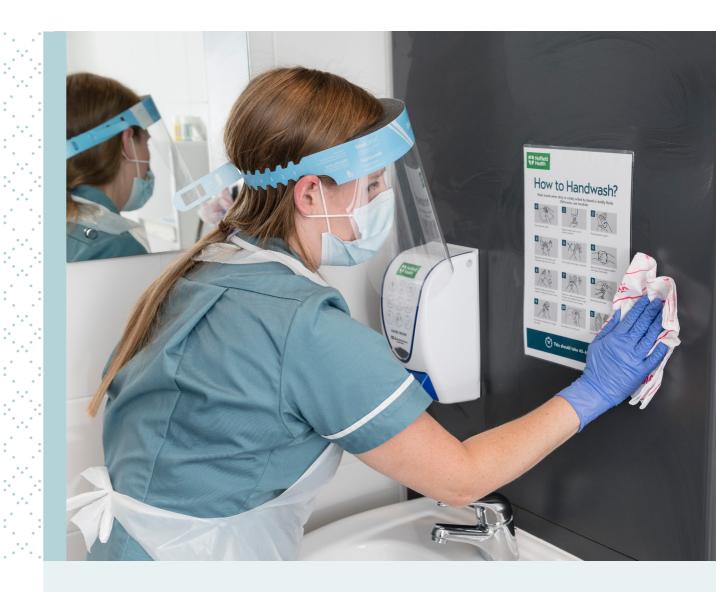
#### Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That's reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- The confirmed price is all your patient will ever pay\*
- If they find a better price for the same procedure package, we'll match it\*\*
- There are no time limits on aftercare\*\*\*

There is also the option of an interest-free loan.





### Patient safety is our number one priority

We want to reassure you and your patients that we've put in place safety measures to make our hospital COVID-19 secure. We're offering telephone and online consultations, as well as face-to-face appointments, so whether your patients' appointment is from home or in person, they'll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.





# Key facilities at Tees Hospital

#### **Medical cover**

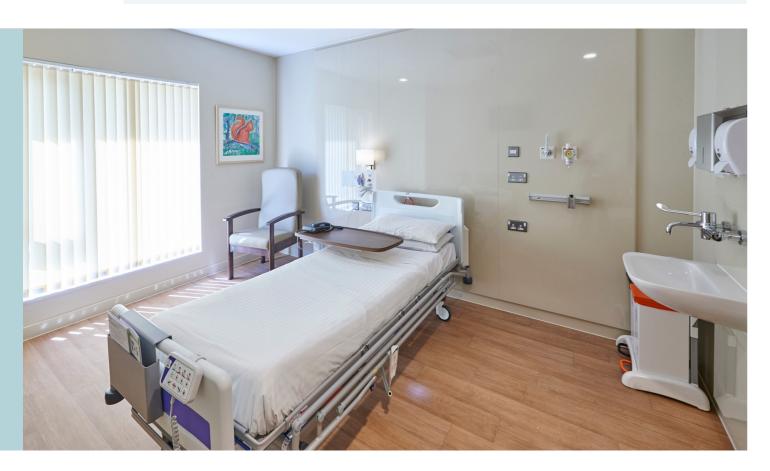
24hr resident medical officer.

#### Patient accommodation

30 residential patient rooms with en-suite facilities, nurse call system, direct dial telephone, Wi-Fi, TV and radio.

#### Theatre and support services

- 3 operating theatres
- 2 dedicated ophthalmic rooms.





#### **Outpatient services**

#### Including:

- 7 consulting rooms
- Award-winning catering service
- Spacious reception and outpatient areas
- Diagnostic imaging
- MRI

- CT
- Mammography
- Pharmacy
- Physiotherapy and rehabilitation
- 93 free car parking spaces, 2 disabled.

Visit our website **nuffieldhealth.com/healthcare-professionals** for more information.



# Consultant and services directory

#### NHS base - abbreviations

ВА	Bishop Auckland
CDDFT	County Durham and Darlington Foundation Trust
DM	Darlington Memorial
FH	Friarage Hospital
HG	Hartlepool General
JCUH	James Cook University Hopsital
NT	University Hosptial of North Tees
SRH	Sunderland Royal Hospital
UHND	University Hospital of North Durham
YTH	York Teaching Hospital



The details for each consultant show their name, specialist area, contact details and NHS hospital.

Consultant Name	Sub Speciality	Telephone	NHS Base
Dermatology			
Seukeran, D Dr	Dermatology.	01642 714561	JCUH
Vatve, M Dr	Dermatology.	07918 556751	UHND
Ear, Nose and Thi	roat (ENT)		
Banerjee, A Mr	General ENT, ear diseases, endoscopic sinus surgery and ear wax clearance by micro-suction technique.	07522 644724	JCUH
Lowe, D Mr	ENT, balloon-assisted sinus surgery, rhinology, cosmetic (septo) rhinoplasty and pinnaplasty, breathe-Implant, tonsillectomy, ear wax clearance by micro-suction technique.	01325 288119	JCUH
Gastroenterology	,		
Douglass, A Dr	Gastroenterology, endoscopy and colonoscopy.	01642 367448	JCUH
Greenaway, J Dr	Gastroenterology, endoscopy and colonoscopy.	01642 282416	JCUH
Rutter, MD Prof	Gastroenterology, endoscopy and colonoscopy.	0191 3000636	NT
Silcock, JG Dr	Gastroenterology, endoscopy and colonoscopy.	07811 263463	UHND
General Surgery			
Agarwal, AK Mr	Colorectal surgery, general laparoscopic and endoscopic surgery.	01642 383136	NT
El-Saify, W Mr	General surgery, breast surgery, endocrine surgery and thyroid.	01642 367448	JCUH
Gill, TS Mr	Colorectal surgery, general surgery and laparoscopic surgery.	01642 383136	NT
Hennessy, C Mr	Breast, general surgery and laparoscopic surgery.	01642 624710	NT
Jain, Y, Mr	Breast, general surgery and laparoscopic surgery.	01642 367448	NT
Kurup, V Mr	Breast, endocrine and thyroid.	01642 624710	NT
Shanmugam, V Mr	General surgery, laparoscopic surgery and colorectal surgery.	01642 367448	NT
General Surgery	and Upper Gastrointestinal		
Viswanath, YKS, Prof	Upper gastrointestinal and laparoscopic surgery, general surgery, endoscopy, all hernias (inguinal, femoral and incisional), sportsman's or footballer's groin, gallstone (cholecystectomy), reflux disease, hiatus hernia (anti-reflux and hiatal hernia surgery), and endoscopic anti-reflux therapy (STRETTA – non-ablative radio frequency application).	01642 367448	JCUH



Consultant Name	Sub Speciality	Telephone	NHS Base
Gynaecology			
Khatri, P Dr	Endoscopy, menstrual problems, pelvic pain, polycystic ovaries and general gynaecology.	07933 239554	JCUH
Mostafa, H Mr	General gynaecology and infertility advice.	01429 522855	HG
Roy, SN Mr	Laparoscopic surgery, hysteroscopic surgery, gynaecological surgery and reversal of sterilisation.	01429 522 489	HG
Puthuraya, S Mr	General gynaecology.	01642 367404	NT
Wild, S Mr	Menstrual disorders, pelvic pain, laparoscopic surgery, hysteroscopic surgery, gynaecological surgery and reversal of sterilisation.	01642 367 404	NT
Ophthalmology a	nd Orthoptics		
Dubbaka, R Mr	Cataract surgery.	01642 854058	CDDFT
Gibson, AR Mr	General ophthalmology, oculoplastic surgery, blepharoplasty, lacrimal problems, medical reports and DCR.	01642 854025	JCUH
Mansoor, Q Mr	Cataract surgery, glaucoma, general ophthalmology, medical retina, AMD and diabetic eye problems.	01642 367448	JCUH
Manvikar, S Mr	Cataract surgery.	01642 367439	JCUH
Patel, T Mr	Cataract and anterior segment disease.	01642 367448	JCUH
Quarashi, N Miss	Orthoptics.	01642 854998	JCUH
Thomas, S Mr	Cataract, medical retina, surgical retina uveitis and AMD.	01325 374467	DMH
Wong, Y Mr	Oculoplastic surgery.	01642 854058	JCUH
Orthopaedics – U	pper Limb		
Ajekigbe, L Mr	Hand and wrist surgery.	07833 651001	NT
Holland, P Mr	Shoulder and elbow surgery.	07528 162306	NT
Jeavons, R Mr	Shoulder and elbow surgery.	07976 752526	NT
Liow, R Mr	Shoulder surgery.	01609 764838	NT
Middleton, AL Mr	Hand, upper limb and peripheral nerve surgery.	07967 504545	NT
Miranda, SM Mr	Hand, upper limb and peripheral nerve surgery.	01740 644573	JCUH
Nanda, R Mr	Shoulder and elbow surgery.	01642 367404	NT
Rangan, A Prof	Shoulder and elbow surgery.	07582 450655	JCUH

Consultant Name	Sub Speciality	Telephone	NHS Base
Orthopaedics – L	ower Limb		
Adedapo, A Mr	Foot, ankle and knee surgery.	07962 812729	JCUH
Al-Maiyah, M Mr	Foot and ankle surgery.	01642 367404	JCUH FH
Brewster, N Mr	Hip and knee replacement surgery.	07848 849823 07341 384155	NT
Cooke, NJ Mr	Hip and knee replacements, knee arthroscopy, hip and knee revisions, foot and ankle surgery.	07793 752163	NT
Hui, ACW Mr	Knee and hip surgery, arthroscopy surgery, PCL, ACL, and MPFL reconstruction.	01642 367404	
Jafri, A Mr	Total hip and knee replacement, knee arthroscopy, forefoot surgery and carpal tunnel release.	01642 367448	NT
Limaye, RV Mr	Knee, foot and ankle surgery.	07930 820557	NT
Logishetty, R Mr	Hip and knee replacement surgery.	01642 367404	NT
Nargol, AVF Mr	Hip and knee replacement and revision of metal-on-metal surgery.	07793 752163	NT
Ramappa, M Mr	Hip and knee replacement surgery.	01642 367404	NT
Ramisetty, N Mr	Sports hip and knee surgery, hip and knee arthroscopy, knee replacement, ligament reconstruction and hip impingement surgery.	01642 367448	NT
Van Niekerk, LJA Mr	Ligament reconstruction and repair of the knee and ankle, ACL rupture, patella dislocation, meniscus tear, articular cartilage repair and reconstruction (including transplantation), sports injuries, tendon and soft tissue injuries of the lower limb and posterior cruciate ligament reconstruction.	07973 545424	NT
Orthopaedics – S	pine		
Fagan, D Mr	Spinal surgery.	07539 330360	
Kalyan, RV Mr	Spinal surgery.	07734 003400	
Physiotherapy – C	Clinic opening times are by arrangement only, please call 01642 367408 for	r further informati	on.
Ager, K Miss	Physiotherapy, spinal physio, yoga and acupuncture.		
Appleby, L Mrs	Physiotherapy, acupuncture, strength and conditioning.		
Coyle, A Mrs	Inpatient and outpatient physiotherapy and ergonomics.		
Moreland, K Ms	Inpatient physiotherapy.		
Reynolds, V Mrs	Physiotherapy, spinal physio, acupuncture, ergonomics, women's and men's health.		
Rigby, G Mr	Physiotherapy hand, wrist and elbow specialist.		



Consultant Name	Sub Speciality	Telephone	NHS Base
Plastic and Cosme	etic Surgery		
Dunkin, CSJ Mr	Plastic and cosmetic surgery, breast (reduction, augmentation, uplift and reconstruction), gynaecomastia, liposuction and abdominoplasty, surgery following weight loss, rhinoplasty, pinnaplasty, face and neck lift, blepharoplasty, otoplasty, labia reduction, facial palsy surgery, skin lesions and hand surgery.	01642 367448	
Jain, Y Mr	Breast surgery (augmentation, reduction, uplift and reconstruction).	01642 367448	NT
Jones, A Mr	Plastic and cosmetic surgery including breast (reduction, augmentation, uplift and reconstruction), rhinoplasty, pinnaplasty, fat transfer, body contouring and surgery following weight loss.	01642 367439	JCUH
Kim, J Mr	Plastic and cosmetic surgery including breast surgery and skin lesions.	01642 367448	JCUH
Kurup, V Mr	Breast surgery (augmentation, reduction, uplift and reconstruction).	01642 367448	NT
Radiology			
Batra, A Dr	Thyroid clinic, ultrasound, MRI and radiology.	01642 367410	
Curzon, I Dr	Ultrasound, MRI and radiology.	01642 367410	
Dean, J Dr	Ultrasound, MRI and radiology.	01642 367410	
Padmanabhan, R Dr	Ultrasound, MRI and radiology.	01642 367410	
Raju, P Dr	Ultrasound, MRI and radiology.	01642 367410	
Saleem, M A Dr	Breast, gastrointestinal and thoracic.	01642 367410	
Thompson, W Dr	Ultrasound, MRI and radiology.	01642 367410	
Trewhella, M Dr	Ultrasound, MRI and radiology.	01642 367410	
Rheumatology			
Bridges, MJ Dr	Rheumatology, rheumatoid arthritis, osteoarthritis, osteoporosis, fibromyalgia and soft tissue complaints.	07557 764308	DM
Urology			
Bayles, A Mr	General urology.	07710 438812	NT
Chadwick, D Mr	Prostate cancer, andrology and general urology.	01642 854712	JCUH
Gowda, B Mr	General urology.	01609 762011	JCUH
Jesuraj, M Mr	General urology, uro-dynamics and prostate cancer.	01642 367439	NT
Rizvi, S Mr	General urology and female urinary incontinence.	01642 367404	FH
Sakthivel, A Mr	HoLEP procedure. General urology and female urinary incontinence.	01642 367448	JCUH
West, AF Mr	HoLEP procedure. Renal stones, general urology, male LUTS, penile and scrotal surgery and Urolift®.	01609 762147	JCUH

Consultant Name	Sub Speciality	Telephone	NHS Base
Vascular Surgery			
Baroni, M Mr	Varicose veins and peripheral vascular disease.	01642 367448	YTH
Brooks, S Mr	Varicose veins and peripheral vascular disease.	01642 367448	YTH
Cavanagh, S Mr	Varicose veins and peripheral vascular disease.	07984 612346	YTH
Nichol, IE Mr	Varicose veins and peripheral vascular disease.	07745 228473	JCUH





# 2021 guide prices for patients paying for their care\*



#### Consultation fees (guide prices)\*

Dermatology	£150	Orthopaedics		Diagnostics pri	cing**	Mammogram***	
ENT	£150	Orthopaedics lower	£180	MRI scan	£350	Mammogram –	
Gastroenterology	£150	Orthopaedics upper	£175	СТ	£516	bilateral	£236
General surgery	£120	Orthopaedics spinal	£150	X-ray (joints)	£210		
Gynaecology	£150	Plastic surgery	£120	Ultrasound	£300		
Ophthalmology	£150	Rheumatology	£150				
		Urology	£145				
		Vascular (veins)	£275				
		Cardiology	£160				

\*All prices stated are guide starting from prices correct as of January 2021 and are subject to change. \*\*Diagnostics referrals must be accompanied by a GP signature with exception of mammogram if self referring. \*\*\*Screening mammogram self-referral criteria – aged 40+, no mammo in last 12 months, non symptomatic.

£3755

### Treatment guide prices (starting **from**)

Please note the list below indicates the guide prices for common procedures. Call **01642 367439** for treatments not on this list.

Co	lorectal	

Haemorrhoidectomy +/- sigmoidoscopy

£3185
£3295
£3985
£2425
£2285
£1910
£1790
£1725
£1645
from <b>£6565</b>
£2570

#### ENT

Adenotonsillectomy	£3275
Tonsillectomy	£3050
Myringoplasty	£4395
Myringotomy (grommets)	£2310
Tympanoplasty	£4675
F.E.S.S.	£4225
Septoplasty	£3705
Polypectomy	£2965
Sinus surgery (balloon technique)	£4790
Laryngoscopy	£2815

#### Hernia

Abdominal open	£3455
Abdominal laparoscopic	£4055
Fundoplication	from <b>£6910</b>
Fundoplication (hiatus hernia repair)	£6045
Groin – unilateral laparoscopic	£3615
Groin – unilateral open	£2900
Groin – bilateral open	£4400

#### **Thyroid**

Total/near total thyroidectomy	£5625
Partial thyroidectomy	£5585
Parathyroidectomy	£6620
Fine needle aspiration of thyroid gland	£1020

#### Gynaecology

Total abdominal hysterectomy	£7850
Vaginal hysterectomy	£7440
Anterior and posterior repair	£7015
Posterior repair only	£5380
Laparoscopy diagnostic	£3685
Laparoscopy and therapeutic procedure	£4545
Hysteroscopy	£2695
Smear test	from <b>£365</b>
Laparoscopic sterilisation	£2745
Reversal of female sterilisation	£4800

#### **Plastic surgery**

Shave biopsy of lesion of skin (O/P)	£600-£1000
Shave biopsy of skin or subcutaneous tissue (O/P)	£600-£1000
Primary excision of malignant lesion – head and neck (D/C)	£1850
Primary excision of malignant lesion – trunk and limbs (D/C)	£1800

#### Ophthalmology

Cataract standard lens (per eye)	from <b>£2675</b>
Cataract specialist lens (per eye)	from <b>£3480</b>
Vitrectomy	£3195
Correction of ectropian (lower eyelid turns outwards)	£2275
Correction of entropian (lower eyelid turns inwards)	£2275
Excision of lesion of eyelid (eyelid cyst)	£1175

#### **Orthopaedics**

Total hip replacement	£10,074
Hip arthroscopy	£5915
Total knee replacement	£10,074
Knee arthroscopy	£2870
Carpal tunnel release	£2170
Simple bunionectomy (no fixation) – unilatera	<b>£2135</b>
Spinal injections except Medial Branch Block	from <b>£1590</b>
Facet joint injection/ Medial Branch Block injection	from <b>£1595</b>
Rhyzolisis injections for nerve pain (1-3 joints	£3945
Rhyzolises injections for nerve pain (4-6 joint	s) <b>£4720</b>
Spinal surgery (decompression)	£8895

#### Urology

Cystoscopy +/- biopsy - LA	£1685
Cystoscopy +/- biopsy - GA	£1765
TURP +/– cystoscopy	£6900
Circumcision – GA	£1775
Circumcision – LA	£1685
Vasectomy – GA	£1060
Vasectomy – LA	£990
Holep	£6290
Urolift	£6010

#### Vascular

Varicose vein stripping – unilateral	£3165
Varicose vein stripping – bilateral	£4395
Varicose vein stripping – unilateral – recurrent	£4625
Varicose vein stripping – bilateral – recurrent	£5110
Radiofrequency ablation – unilateral – LA	£2725
Radiofrequency ablation – bilateral – GA	£4710
Local excision/stab phlebectomies – LA	£2050
Local excision/stab phlebectomies – GA	£2210
Micro-injection sclerotherapy (O/P procedure)	£815



Visit our website **nuffieldhealth.com/healthcare-professionals** for more information.









At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award winning healthcare services.

Working with you, for your patients.





# Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



#### Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- Results given straight away
- Personalised report with test results and next steps
- Quick and easy referrals (if needed)
- Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

#### **Emotional wellbeing**

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

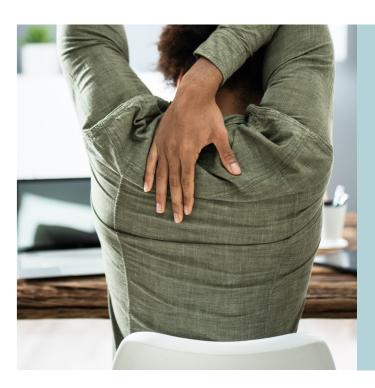
An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

nuffieldhealth.com/mental-health-support

#### Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy



Patients accessing any of our services also benefit from a 30-day free gym pass.











# Associated services cont.

#### **Diagnostic imaging services**

We have comprehensive imaging capabilities including:

- MRI
- CT
- X-ray
- Ultrasound
- Mammography.

nuffieldhealth.com/healthcareprofessionals/diagnostic-and-specialistservices

#### **Pathology**

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcareprofessionals/services/pathology

#### Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

nuffieldhealth.com/healthcare-professionals/services/hssu

### Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- Covering topics tailored to your needs
- Free to attend
- Delivered online
- Flexible formats that work around you.

nuffieldhealth.com/healthcare-professionals/events-for-gps

#### CONTENTS

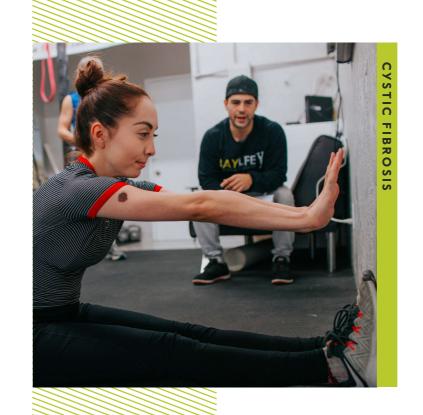
# Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



#### **STAMINA Research**

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.



#### **Cystic Fibrosis Programme**

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

### Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.



#### **Meet Our Experts events**

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on **nuffieldhealth.com** to learn more.



To refer your patients visit

nuffield health. com/health care-professionals/patient-referrals

Visit our website **nuffieldhealth.com/healthcare-professionals** for more information.

24 25



# We are the UK's largest healthcare charity\*

We are the UK's largest healthcare charity. For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

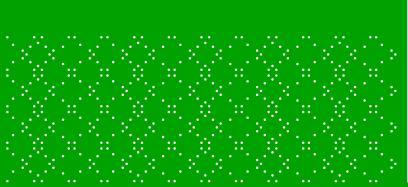
In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

#### nuffieldhealth.com/covidrehab

As ever, in good times and bad, we're committed to our vision of building a healthier nation.



#### How to find us





#### Key department contacts

**Bariatrics** 

Call **0845 6034346** 

**Cosmetic surgery** 

Call 01642 367439

Hospital director

Call **01642 367400** 

Inpatient bookings

Call **01642 367405** 

**Clinical Head of Department** 

Call **01642 367412** 

Matron

Call **01642 367402** 

**Outpatient referrals** 

Call **01642 367404** 

**Pathology** 

Call **01642 367444** 

Physiotherapy

Call **01642 367408** 

**GP Liaison** 

Call **07733 325562** 

Email ruth.mickle@nuffieldhealth.com

**Pricing enquiries** 

Call 0300 1311423 (Option 1)

Email tees.enquiries2@nuffieldhealth.com

Radiology

Call **01642 367410** 

Reception

Call **01642 360100** 

Theatre manager

Call **01642 367438** 



