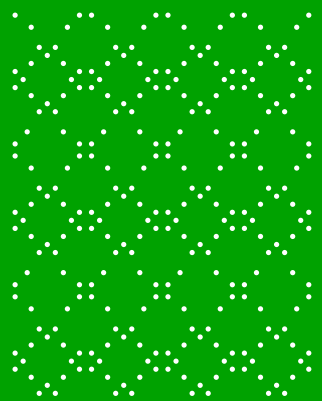


# Consultant and services directory 2021/22

Nuffield Health Taunton Hospital



Working with you, for your patients.





# We're building a healthier nation

## Working with you, for your patients

Connected healthcare for your patients, at every stage of their treatment journey.

## Working with you, for your professional development

Professional training tailored to the needs of your practice.

## Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.

### Nuffield Health Taunton Hospital

Staplegrove Elm, Taunton, Somerset TA2 6AN

Access to the hospital is via Showell Park TA2 6BY

[nuffieldhealth.com/hospitals/taunton](https://nuffieldhealth.com/hospitals/taunton)

## Contents

- 04 | How to refer your patients
- 06 | Key facilities
- 08 | Consultant directory
- 20 | Associated services:
  - 20 | Recovery Plus
  - 21 | Health assessments
  - 21 | Physiotherapy
  - 21 | Emotional wellbeing
  - 23 | Diagnostic imaging services
  - 23 | Pathology
  - 23 | Hospital sterile services unit
  - 23 | GP events
  - 24 | Local fitness and wellbeing centres
- 26 | Flagship programmes
- 28 | About us



# How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

## Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

## Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly 'choose and book' ([www.nhs.uk/referrals](http://www.nhs.uk/referrals)). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020**

Fax **08004 715058**

Email [chooseandbook@nuffieldhealth.com](mailto:chooseandbook@nuffieldhealth.com)

## Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That's reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ♦ The confirmed price is all your patient will ever pay\*
- ♦ If they find a better price for the same procedure package, we'll match it\*\*
- ♦ There are no time limits on aftercare.\*\*\*

There is also the option of an interest-free loan.

\*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient's procedure price. \*\*Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient's chosen Nuffield Health hospital. We will match against written quotes only. \*\*\*Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient's procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. "Clinically required" indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at [nuffieldhealth.com/promise](http://nuffieldhealth.com/promise).



## Patient safety is our number one priority

We want to reassure you and your patients that we've put in place safety measures to make our hospital COVID-19 secure. We're offering telephone and online consultations, as well as face-to-face appointments, so whether your patients' appointment is from home or in person, they'll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.





# Key facilities at Nuffield Health Taunton Hospital

## Medical cover

24hr resident medical officer.

## Patient accommodation

41 patient beds with en-suite facilities.

## Theatre and support services

- ◆ Three main operating theatres, two with laminar flow and one endoscopy suite.
- ◆ Aesthetic suite for minor cosmetic, varicose veins, dermatology, ophthalmology and dental procedures.



## Outpatient services

Including:

- ◆ Nine consulting rooms
- ◆ Ophthalmic suite
- ◆ Hearing aid audiologist
- ◆ Laser suite
- ◆ Physiotherapy
- ◆ Pharmacy
- ◆ Onsite radiology
- ◆ Pathology.





# Consultant and services directory

## NHS base – abbreviations

RD&E	Royal Devon and Exeter NHS Trust
SFT	Somerset NHS Foundation Trust
WGH	Weston General Hospital



Visit [nuffieldhealth.com/consultants](https://nuffieldhealth.com/consultants) to view our consultants' profiles.

The details for each consultant show their name, specialist area, contact details and NHS hospital.

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Bariatric Surgery				
Mahon, D Mr	Weight loss surgery – intra-gastric balloon, laparoscopic gastric band, sleeve gastrectomy and gastric bypass surgery.	01823 215714	01823 277064	SFT
Noble, H Mr				SFT
Welbourn, R Mr				SFT
Breast Surgery				
Gill, J Mr	Breast surgery, oncoplastic breast surgery, breast reconstruction and cosmetic breast surgery.	01823 250611	01823 261316	SFT
Cardiology				
Beacock, D Dr	Coronary intervention and cardiac MRI.	01823 250611	01823 261316	SFT
Burchell T Dr	Coronary artery disease, complex stenting procedures including CTO (complete total occlusion), general cardiology, palpitations, atrial fibrillation (AF), unexplained loss of consciousness, hypertension, heart failure, valve disease and cardiac rhythm disturbance.	01823 250611	01823 261316	SFT
Dayer, M Dr	Sports cardiology, heart failure and cardiomyopathies, inherited cardiac conditions, heart rhythm problems (palpitations, atrial fibrillation and loss of consciousness etc), devices (pacemakers, ICDs and cardiac resynchronisation therapy), cardiac CT scanning and adult congenital heart disease.	01823 250611	01823 261316	SFT
Gosling O, Dr	General cardiology, coronary artery disease, heart failure and cardiopathies, palpitations (abnormal heart rhythms, atrial fibrillation), permanent pacemakers specialising in cardiac imaging and assessment with magnetic resonance imaging, computed tomography and ultrasound.	01823 250611	01823 261316	SFT
MacConnell, TM Dr	Coronary intervention, heart failure and coronary heart disease.	01823 250611	01823 261316	SFT
Sahebjalal, M Dr	General cardiology.	01823 250611	01823 261316	SFT
Seddon, M Dr	Coronary artery disease (including heart attacks and angina), murmurs and valvar heart problems, chest pain and breathlessness, palpitations and rhythm problems, heart failure and cardiomyopathies.	01823 250611	01823 261316	SFT
Colorectal				
Edwards, T Mr	Colorectal surgery, laparoscopic surgery and general surgery.	01823 250611	01823 261316	SFT
Hunt, L Miss	All colorectal surgery including endoscopy, general surgery, intestinal failure and faecal incontinence, inflammatory bowel disease and laparoscopic surgery.	01823 250611	01823 261316	SFT
Mackey, P Mr	All colorectal and laparoscopic surgery, hernia surgery, endoscopy, hemorrhoids and faecal incontinence.	01823 250611	01823 261316	SFT
Vickery, C Mr	Open and laparoscopic colorectal and general surgery, inflammatory bowel disease (IBD), surgery for prolapse, proctology (hemorrhoids) and endoscopy (BCSP colonoscopist).	01823 250613	01823 261316	SFT



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Dermatology				
Adams, J Dr	Cutaneous malignancy, melanoma, solar damage, eczema, psoriasis, acne and vulval disease.	01823 250611	01823 261316	
Parker, S Dr	General dermatology, inflammatory dermatoses (psoriasis, eczema, acne) and skin cancer.	01823 250611	01823 261316	RD&E TST
Varghese Dr	General dermatology, skin cancer and skin surgery.	01823 250611	01823 261316	
Wachsmuth, R Dr	General dermatology, skin cancer and skin surgery.	01823 250611	01823 261316	SFT
Ear, Nose and Throat				
Burgess, C Mr	General ENT surgery, head, neck, salivary gland disorder, thyroid and other neck lumps and sinus problems.	01823 250611	01823 261316	SFT
Chisholm, E Mr	General adult ENT surgery, sinus and nasal problems, thyroid and neck lumps.	01823 250611	01823 261316	SFT
Drysdale, AJ Mr	General ENT surgery, head and neck, salivary tumours, otology and bone anchored hearing aids.	01823 250611	01823 261316	SFT
Elderly Medicine				
Solanki, T Dr	Geriatrics and general medicine, osteoporosis, falls, funny turns and movement disorders.	01823 250611	01823 261316	SFT
Endocrinology and Diabetes				
Singhal, P Dr	Endocrinology and diabetology.	01823 250611	01823 261316	WGH
Gastroenterology				
Pugh, S Dr	General gastroenterology, endoscopy (upper GI endoscopy, colonoscopy and bowel cancer screening), hepatology, functional GI disorders and inflammatory bowel disease (IBD).	01823 250611	01823 261316	SFT
General Surgery				
Coulston, J Mr	Open hernia surgery.	01823 250611	01823 261316	SFT
Edwards, T Mr	Open hernia, laparoscopic and gallbladder surgery.	01823 250611	01823 261316	SFT
Eyers, P Mr	Laparoscopic and general surgery.	01823 250611	01823 261316	SFT
Hunter, I Mr	Open hernia surgery.	01823 250611	01823 261316	SFT
Mahon, D Mr	Laparoscopic surgery, bariatric surgery, gallbladder surgery, hernia surgery and endoscopy.	01823 250611	01823 261316	SFT
Mason, M Mr	Hernia and gallbladder surgery.	01823 250611	01823 261316	SFT
Noble, H Mr	Laparoscopic surgery, bariatric surgery, gallbladder surgery, hernia surgery and endoscopy.	01823 250611	01823 261316	SFT

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
General Surgery – <i>continued</i>				
Stewart, A Mr	Laparoscopic and open hernia surgery.	01823 250611	01823 261316	SFT
Welbourn, R Mr	Laparoscopic surgery including groin hernias and hiatus hernias, gallbladder surgery and endoscopy.	01823 250611	01823 261316	SFT
Vickery, C Mr	Open hernia surgery, gallbladder surgery, endoscopy and haemorrhoids.	01823 250611	01823 261316	SFT
General Practice				
Janssen, A Dr	General Practice including fitness to work medical assessment/basic medical assessments such as DVLA.	01823 250611	01823 261316	SFT
Gynaecology				
Naguib, A Mr	General gynaecology including prolapse, urogynaecology and all incontinence procedures, abnormal bleeding, pelvic pain and laparoscopic surgery.	01823 250611	01823 261316	SFT
Osoba, O Mr	General gynaecology including vaginal prolapse, urinary incontinence, menstrual disorders, endometriosis, uterine fibroids and laparoscopic surgery.	01823 250611	01823 261316	
Haematology				
Deepak, Mannari Dr	General haematology and haemato-oncology, venous thromboembolism prevention and management and malignant haematology.	01823 250611	01823 261316	SFT
Neurology				
Fathers, E Dr	General neurology, multiple sclerosis, epilepsy, headaches, Parkinson’s disease and myopathy.	01823 250611	01823 261316	SFT
Ramtahal, J Dr	All aspects of neurological disease, including headaches, epilepsy, Parkinson’s disease, brain tumours, multiple sclerosis, neuropathy and muscle disease.	01823 250611	01823 261316	
Witherick, J Dr	General neurology, headaches, epilepsy, Parkinson’s disease and peripheral nerve disorders.	01823 250611	01823 261316	SFT
Neurophysiology				
Alagoda, S Dr	Clinical neurophysiology, nerve conduction studies and electromyography (NCS and EMG).	01823 250611	01823 261316	SFT
Medical Oncology				
Sephton, M Dr	Non-surgical cancer treatment for breast and urological cancers.	01823 250611	01823 261316	SFT





Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Ophthalmology				
Barnes, K Mrs	Cataract surgery and general ophthalmology, eye motility disorders, strabismus and squint surgery.	01823 250611	01823 261316	SFT
Gudsoorkar, S Mr	Cataract surgery with toric, multifocal and extended depth of focus premium intraocular lenses, YAG laser capsulotomy, retinal laser, retinal diseases including macular degeneration and diabetic eye disease, ocular inflammatory diseases (uveitis), intravitreal anti-VEGF and steroid injections for macular oedema and general ophthalmology.	01823 250611	01823 261316	SFT
Hakin, K Mr	Cataract surgery, oculoplastic and lacrimal surgery, including cosmetic blepharoplasty and eyelid reconstruction.	01823 250611	01823 261316	SFT
Herbert, E Mr	Cataract surgery, retinal surgery, macular degeneration and diabetic eye disease.	01823 250611	01823 261316	SFT
Herbert, H Mrs	Cataract surgery, periocular skin cancer and reconstructive eyelid surgery, cosmetic eyelid surgery including blepharoplasty surgery to correct eyelid position and remove benign lesions/cysts, lacrimal surgery (watery eyes), sockets, orbital pathology, YAG laser and general ophthalmology.	01823 250611	01823 261316	SFT
Park, J Mr	Cataract surgery, including premium intra-ocular lens implants such as toric and extended depth of focus (multi-focal) implants, YAG laser capsulotomy, intra-vitreous injections, macular degeneration diabetic eye disease, retinal surgery and general ophthalmology.	01823 250611	01823 261316	SFT
Rattigan, S Miss	Cataract surgery, adult ophthalmology, oculomotility, squint surgery and corneal disorders.	01823 250611	01823 261316	SFT
Rossiter, J Mr	Cataract surgery including multifocal and toric premium intraocular lens implants, refractive lens exchange, YAG laser capsulotomy, glaucoma diagnosis and treatment including selective laser trabeculoplasty and general ophthalmology.	01823 250611	01823 261316	SFT
Sian, I Mr	Cataract surgery including multifocal and astigmatism correcting premium lenses, laser refractive surgery, YAG laser capsulotomy, corneal disease, corneal transplantation, pterygium surgery, dry eye disease and general ophthalmology.	01823 250611	01823 261316	SFT
Oral and Maxillofacial Surgery				
Blanco-Guzman, M Mr	Facial cosmetic, salivary glands and dentoalveolar surgery, head and neck malignancy and dental implants.	01823 250611	01823 261316	SFT
Merrick, G Mr	Surgical management of benign facial skin lesions and skin cancer of the face, head, neck and facial surgery, dental implants, head and neck cancer surgery, salivary gland surgery and wisdom teeth surgery.	01823 250611	01823 261316	SFT

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Orthopaedics				
Bolland, B Mr	General hip and knee surgery and specialist in revision joint replacements.	01823 250611	01823 261316	SFT
Clarke, A Mr	Hand and elbow surgery.	01823 250611	01823 261316	SFT
Donaldson, O Mr	Shoulder and elbow surgery and joint replacement.	01823 250611	01823 261316	YDH
Dunkley, A Mr	Shoulder surgery and joint replacements.	01823 250611	01823 261316	SFT
Hammett, R Mr	Foot, ankle and knee surgery, arthroscopy and ankle and knee replacement.	01823 250611	01823 261316	SFT
Heal, J Mr	Hip and knee soft tissue surgery and primary and revision arthroplasty.	01823 250611	01823 261316	SFT
Kelly, A Mr	Foot, ankle and knee surgery, arthroscopy and sports injuries.	01823 250611	01823 261316	SFT
Sheridan, B Mr	Shoulder and elbow surgery and routine hand surgery.	01823 250611	01823 261316	SFT
Squires, B Mr	General hip and knee surgery and specialist in revision arthroplasty.	01823 250611	01823 261316	SFT
Stevenson, A Mr	Hips and knee surgery, specialising in primary and revision joint replacements.	01823 250611	01823 261316	SFT
Williams, J Mr	Knee surgery, primary arthroplasty, arthroscopy and sports injuries.	01823 250611	01823 261316	SFT
Plastic and Cosmetic Surgery				
Anesti, K Miss	Breast surgery, abdominoplasty, head and neck reconstruction, microsurgery, facial paralysis, skin cancer and hand surgery.	01823 250611	01823 261316	RD&E
Cawse, N Mr	Cosmetic breast surgery, abdominoplasty and other body contouring surgery, facial plastic surgery and labiaplasty.	01823 250611	01823 261316	RD&E
Gill, J Mr	Breast surgery, oncoplastic breast surgery, breast reconstruction and cosmetic breast surgery.	01823 250611	01823 261316	SFT
Hakin, K Mr	Removal of moles/skin lesions, thread veins, tattoos, facial hair (also botox and fillers) and blepharoplasty.	01823 331773		
Herbert, H Mrs	Cosmetic eyelid surgery including blepharoplasty surgery to correct eyelid position and remove benign lesions/cysts.	01823 250611	01823 261316	SFT
Palmer, J Mr	Removal of skin lesions, scar management, labiaplasty surgery, pinnaplasty and upper blepharoplasty.	01823 250612	01823 261316	RD&E
Watts, A Mr	Cosmetic breast surgery, abdominoplasty, rhinoplasty, labiaplasty, liposuction and post bariatric cosmetic surgery.	01823 250612	01823 261316	RD&E





Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
<b>Radiology</b> – <i>Please note: a GP referral letter is required prior to booking an appointment with the patient.</i>				
Balasubramaniam, K Dr	Radiology.	01823 250636	01823 261275	SFT
Burn, P Dr	Radiology.	01823 250636	01823 261275	SFT
Chaganti, Dr	Radiology.	01823 250636	01823 261275	SFT
Fox, D Dr	Radiology.	01823 250636	01823 261275	SFT
Hunter, J Dr	Radiology and specialist ultrasound.	01823 250636	01823 261275	SFT
Jones, T Dr	Radiology and breast imaging.	01823 250636	01823 261275	SFT
Karnati, G Dr	Radiology.	01823 250636	01823 261275	SFT
Brown, J Dr	Radiology	01823 250636	01823 261275	SFT
Keogan, R Dr	Radiology.	01823 250636	01823 261275	SFT
Lewis, K Dr	Radiology.	01823 250636	01823 261275	SFT
Lowe, A Dr	Radiology.	01823 250636	01823 261275	SFT
<b>Respiratory Medicine</b>				
Pepperell, JCT Dr	Respiratory medicine, chest pain, cough and breathlessness, sleep disorders and general medicine.	01823 250611	01823 261316	SFT
<b>Rheumatology</b>				
Goh, L Dr	Rheumatic diseases, inflammatory arthritis and intra-articular joint injections.	01823 250611	01823 261316	
<b>Spinal</b>				
Leung, Y Ms	Degenerative adult spinal deformity, spinal tumours and infection, spinal trauma, back pain and injection therapy.	01823 250611	01823 261316	SFT
Madhavan, P Mr	Spinal and adult deformity surgery, back pain and injection therapy.	01823 250611	01823 261316	SFT
Subramanian, A Mr	Endoscopic (key hole) spine surgery, back pain, injection therapy, degenerative spine surgery including cervical disc replacement, anterior cervical fusion, lumbar microdiscectomy, decompression and fusion, minimally invasive (small incision) spine surgery including anterior lumbar surgery, spinal deformity correction surgery and vertebroplasty.	01823 250611	01823 261316	SFT

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
<b>Spinal – continued</b>				
Thavarajah, D Mr	Degenerative spine surgery (discectomy, decompression, fusion), minimally invasive spinal surgery, anterior lumbar spine surgery, cervical disc replacement, vertebroplasty and spinal injections.	01823 250611	01823 261316	SFT
Thorpe, P Mr	Spinal and adult deformity surgery, back pain, injection therapy, spinal medicolegal work and motion preservation and minimally invasive surgery.	01823 250611	01823 261316	SFT
<b>Urology</b>				
Jones, R Mr	Male lower urinary tract symptoms and prostate surgery (Rezum, UroLift, bipolar TURP and HoLEP), urodynamics. Female incontinence, stone disease, urological cancers and peno-scrotal surgery.	01823 250611	01823 261316	SFT
Vennam, R Mr	Female urology, urodynamics, endourology, urological cancer, male lower urinary tract symptoms, and stone disease.	01823 250611	01823 261316	SFT
<b>Vascular Surgery</b>				
Coulston, J Mr	Vascular surgery, endoluminal and sclerotherapy treatments of varicose veins and leg thread veins.	01823 250611	01823 261316	SFT
Eyers, P Mr	Vascular surgery, endoluminal and sclerotherapy treatments of varicose veins and leg thread veins.	01823 250611	01823 261316	SFT
Hunter, I Mr	Vascular surgery, endoluminal and sclerotherapy treatments of varicose veins and leg thread veins.	01823 250611	01823 261316	SFT
Stewart, A Mr	Vascular surgery, endoluminal and sclerotherapy treatments of varicose veins and leg thread veins.	01823 250611	01823 261316	SFT











## How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

**Working with you, for your patients.**





# Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



## Recovery Plus

When you refer a patient to us their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when clinically appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

[nuffieldhealth.com/recoveryplus](https://nuffieldhealth.com/recoveryplus)

## Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

[nuffieldhealth.com/health-assessments](https://nuffieldhealth.com/health-assessments)

## Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

[nuffieldhealth.com/physiotherapy](https://nuffieldhealth.com/physiotherapy)

Patients accessing any of our services also benefit from a 30-day free gym pass.

## Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

[nuffieldhealth.com/mental-health-support](https://nuffieldhealth.com/mental-health-support)







## Associated services cont.

### Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ MRI
- ◆ X-ray
- ◆ Ultrasound
- ◆ Mammography.

[nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services](https://nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services)

### Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

[nuffieldhealth.com/healthcare-professionals/services/pathology](https://nuffieldhealth.com/healthcare-professionals/services/pathology)

### Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

[nuffieldhealth.com/healthcare-professionals/services/hssu](https://nuffieldhealth.com/healthcare-professionals/services/hssu)

### Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Free to attend
- ◆ Delivered online
- ◆ Flexible formats that work around you.

[nuffieldhealth.com/healthcare-professionals/events-for-gps](https://nuffieldhealth.com/healthcare-professionals/events-for-gps)





## Associated services cont.

### Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 113 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

### Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 200 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

[247.nuffieldhealth.com](https://247.nuffieldhealth.com)

To find your local fitness and wellbeing centre, visit [nuffieldhealth.com/gyms](https://nuffieldhealth.com/gyms)



### Nuffield Health Taunton Fitness & Wellbeing centre

153-156 East Reach, Taunton, Somerset TA1 3HT  
01823 476806 [nuffieldhealth.com/gyms/taunton](https://nuffieldhealth.com/gyms/taunton)

### 40% FITNESS AND WELLBEING CENTRE DISCOUNT

We are offering a **40% discount to all NHS staff** including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

[nuffieldhealth.com/NHS](https://nuffieldhealth.com/NHS)





# Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



COVID-19 REHABILITATION

## COVID-19 Rehabilitation Programme

Our newly launched unique programme has been developed in collaboration with NHS Trusts.

Following a suspected or confirmed COVID-19 diagnosis, patients can refer themselves onto the programme which offers a unique blend of physical and emotional support. The 12-week plan is led by clinical specialists, and is tailored to an individual's rehabilitation needs.

[nuffieldhealth.com/covidrehab](https://nuffieldhealth.com/covidrehab)



Visit our website [nuffieldhealth.com/healthcare-professionals](https://nuffieldhealth.com/healthcare-professionals) for more information.



STAMINA

## STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.

## Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life.



JOINT PAIN



CYSTIC FIBROSIS

## Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

## Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.

## Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on [nuffieldhealth.com](https://nuffieldhealth.com) to learn more.

To refer your patients visit [nuffieldhealth.com/healthcare-professionals/patient-referrals](https://nuffieldhealth.com/healthcare-professionals/patient-referrals)



# We are the UK's largest healthcare charity\*

For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

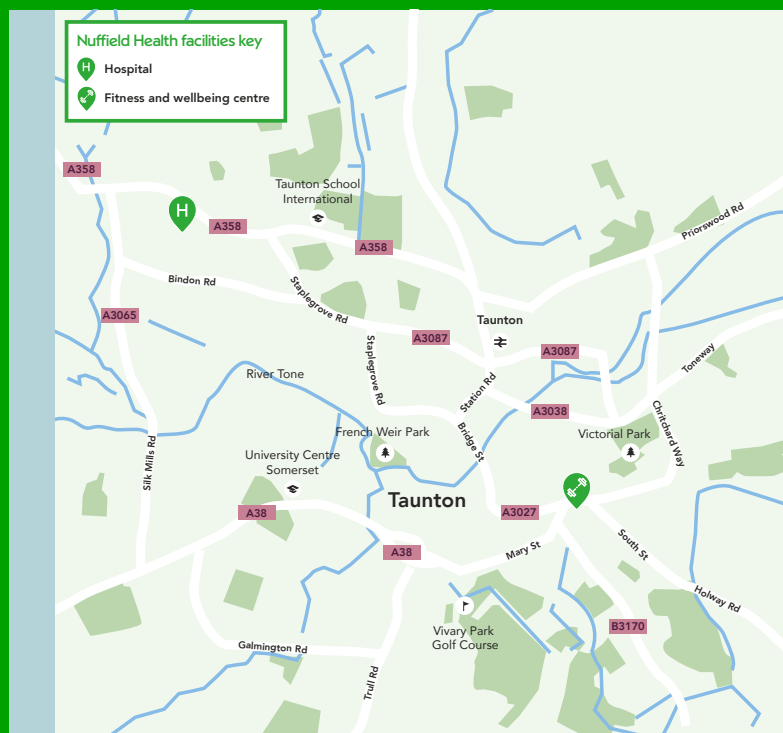
The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

[nuffieldhealth.com/covidrehab](https://nuffieldhealth.com/covidrehab)

As ever, in good times and bad, we're committed to our vision of building a healthier nation.

## Nuffield Health facilities in the area



## Key department contacts

### New patient enquiries

Call **0300 1311418** | Fax **01823 261316**  
[taunton.enquiries@nuffieldhealth.com](mailto:taunton.enquiries@nuffieldhealth.com)

### Inpatient bookings

Call **01823 250615** | Fax **01823 261316**  
[somersetbookings@nuffieldhealth.com](mailto:somersetbookings@nuffieldhealth.com)

### Bariatrics

Call **01823 215714** | Fax **01823 277064**  
[support@personalweightloss.co.uk](mailto:support@personalweightloss.co.uk)

### Outpatient appointments

Call **01823 250611** | Fax **01823 261316**  
[somersetbookings@nuffieldhealth.com](mailto:somersetbookings@nuffieldhealth.com)

### Pathology

Call **01823 250625** | Fax **01823 261286**

### Physiotherapy

Call **01823 250608** | Fax **01823 261311**

### Radiology

Call **01823 250636** | Fax **01823 261275**  
[taunton.radiology@nuffieldhealth.com](mailto:taunton.radiology@nuffieldhealth.com)

### Reception

Call **01823 286991**



**Nuffield Health Taunton Hospital**  
Staplegrove Elm, Taunton, Somerset TA2 6AN



Call **01823 286991**