

Autumn Term 2018/19



| Monday - Pauline | |
|------------------|--------------|
| | |
| | |
| 4.00 - 4.30 | Stage 5 |
| 4.30 - 5.00 | Stage 3 |
| 5.00 - 5.30 | Stage 6 |
| 5.30 - 6.00 | Stage 4 |
| Monday - Sally | |
| 3.30 - 4.00 | Stage 2/3 |
| 4.00 - 4.30 | Stage 2 |
| 4.30 - 5.00 | Stage 3 |
| 5.00 - 5.30 | Stage 4/5 |
| 5.30 - 6.00 | Stage 6 |
| 6.00 - 6.45 | Junior Squad |
| Monday - Lee | |
| 4.00 - 4.30 | Stage 4 |
| 4.30 - 5.00 | Stage 3 |
| 5.00 - 5.30 | Stage 5 |
| 5.30 - 6.00 | Stage 6 |

| Tuesday - Pauline | |
|-------------------|-----------|
| 3:30 - 4:00 | Stage 4 |
| 4.00 - 4.30 | Stage 3 |
| 4.30 - 5.00 | Stage 5 |
| 5.00 - 5.30 | Stage 5/6 |
| Tuesday - Sally | |
| 3:30 - 4:00 | Stage 1 |
| 4.00 - 4.30 | Stage 2 |
| 4.30 - 5.00 | Stage 3 |
| 5.00 - 5.30 | Stage 3 |
| 5.30 - 6.00 | Stage 5 |

| Wednesday - Mandy | |
|-------------------|-----------|
| 4.00-4.30 | Stage 1 |
| 4.30 -5.00 | Stage 2/3 |
| Wednesday - Sally | |
| 3.30 - 4.00 | Stage 5 |
| 4.30 - 5.00 | Stage 6 |

| Thursday - Sally | |
|------------------|---------|
| 3.30-4.00 | Stage 3 |
| 4.00-4.30 | Stage 4 |
| 4.30 - 5.00 | Stage 7 |
| | |
| Thursday - Dawn | |
| 3.45 - 4.15 | Stage 1 |
| 4.15 - 4.45 | Stage 2 |
| 4.45 - 5.15 | Stage 3 |
| 5:15 - 5:45 | Stage 4 |

| Friday - Elaine | |
|-----------------|----------------|
| 9.00 - 9.30 | Parent & Baby |
| 9.30 - 10.00 | Pre school |
| 10.00 - 10.30 | 18 - 36 months |
| 10.30 - 11.00 | Pre School |
| 11:00 - 11:30 | Pre-School |

| Friday - Mandy | |
|----------------|------------|
| 3:30 - 4:30 | Stage 1 |
| 4.00 - 4.30 | Stage 2 |
| 4.30 - 5.00 | Stage 3 |
| 5.00 - 5.30 | Stage 4 |
| 5.30 - 6.00 | Stage 5 |
| Friday - Grant | |
| 5:30 - 6:00 | Stage 5 |
| 6.00 - 6.45 | Lifesaving |

| Saturday - Karen | |
|------------------|-----------|
| 9.00 - 9.30 | Stage 1 |
| 9.30 - 10.00 | Stage 2 |
| 10.00 - 10.30 | Stage 3/4 |
| 10.30 - 11.00 | Stage 3 |