

Nuffield Health Surbiton Junior Activity Timetable

11th September – 18th December (Break during half term – 23rd-27th October)

Tel: 020 8335 2900 www.nuffieldhealth.com



| Monday | Time | Location | Age | Wednesday | Time | Location | Age | Friday | Time | Location | Age |
|------------------------|-------------|------------------|-------------|---------------------------|-------------|------------------|-------------|-------------------|-------------|------------------|-------------|
| Crèche (£) | 09:00-12:00 | Crèche | 0-4 years | Crèche (£) | 09:00-12:00 | Crèche | 0-4 years | Crèche (£) | 09:00-12:00 | Crèche | 0-4 years |
| Baby Ballet & Tap (£)* | 13:45-14:30 | Studio 1 | 2-4 years | Story & Numbers (£) | 09:30-10:30 | Junior Studio | 2-4 years | Family Splash | 15:00-19:00 | Poolside | 0-15 years |
| Family Splash | 15:00-18:00 | Poolside | 0-15 years | Follow Me (£) | 10:30-11:30 | Junior Studio | 2-4 years | Junior Gym | 15:00-19:00 | Junior Gym Floor | 11-15 years |
| Junior Gym | 15:00-18:00 | Junior Gym Floor | 11-15 years | Family Splash | 15:00-18:00 | Poolside | 0-15 years | Street Dance | 16:15-17:00 | Junior Studio | 4-7 years |
| Bounce | 16:15-17:00 | Junior Studio | 4-7 years | Junior Gym | 15:00-18:00 | Junior Gym Floor | 11-15 years | Street Dance | 17:00-17:45 | Junior Studio | 8-11 years |
| Club Activate | 17:15-18:00 | Junior Studio | 8-12 years | Ballet (Pre Primary- £)* | 15:45-16:30 | Studio 1 | 5-8 years | | | | |
| Junior Fit Club | 16:15-17:00 | Junior Gym Floor | 12-15 years | Ballet (ISTD Grade 1- £)* | 16:30-17:15 | Studio 1 | 8-12 years | Saturday | Time | Location | Age |
| Junior Spin (5ft+) | 16:45-17:30 | Spin Studio | 8-15 years | Junior Move | 16:15-17:00 | Junior Gym Floor | 8-11 years | Crèche (£) | 09:00-12:00 | Crèche | 0-4 years |
| | | | | Yoga | 16:00-17:00 | Junior Studio | 4-7 years | Dance Shack(£)* | 09:00-11:00 | Junior Studio | 3-5 years |
| | | | | Yoga | 17:00-18:00 | Junior Studio | 8-11 years | Club Activate | 09:30-11:30 | Nursery | 4-7 years |
| Tuesday | Time | Location | Age | Thursday | Time | Location | Age | Club Activate | 09:30-11:30 | Nursery | 8-12 years |
| Crèche (£) | 09:00-12:00 | Crèche | 0-4 years | Crèche (£) | 09:00-12:00 | Crèche | 0-4 years | Family Splash | 10:00-18:00 | Poolside | 0-15 years |
| Arts & Crafts (£) | 09:30-10:30 | Crèche | 2-4 years | Jumping Joes (£) | 09:30-10:30 | Crèche | 2-4 years | Junior Gym | 10:00-18:00 | Junior Gym Floor | 11-15 years |
| Family Splash | 15:00-18:00 | Poolside | 0-15 years | Family Splash | 15:00-18:00 | Poolside | 0-15 years | Dance Shack (£)* | 11:00-13:00 | Junior Studio | 5-8 years |
| Junior Gym | 15:00-18:00 | Junior Gym Floor | 11-15 years | Junior Gym | 15:00-18:00 | Junior Gym Floor | 11-15 years | Dance Shack (£) * | 14:00-17:00 | Studio 2 | 9-14 years |
| Junior Fit Club | 16:30-17:15 | Junior Gym Floor | 12-15 years | Drama | 16:15-17:00 | Junior Studio | 4-7 years | Sunday | Time | Location | Age |
| | | | | Drama | 17:00-18:00 | Junior Studio | 8-11 years | Club Activate | 09:30-11:30 | Junior Studio | 4-7 years |
| | | | | Junior Fit Club | 16:15-17:00 | Junior Gym Floor | 8-11 years | Club Activate | 09:30-11:30 | Junior Studio | 8-12 years |
| | | | | Junior Fit Club | 16:15-17:00 | Junior Gym Floor | 12-15 years | Family Splash | 10:00-18:00 | Poolside | 0-15 years |
| | | | | | | | | Junior Gym | 10:00-18:00 | Junior Gym Floor | 11-15 years |

**A world of fun waiting for your children at
Nuffield Health Crèche Surbiton.**

Crèche bookings can be made 7 days in advance after 8am or between 8-9am for same day bookings.

Clear messages can be left to request your booking, leaving your child's name, age, time and date required. Calls will be returned the same day.

Please note the crèche phone will not be answered to ensure the safety of the children at peak times.

To cancel a crèche or activity session, please inform the crèche team or leave a voice mail on the answer machine 24 hours in advance of your session.

Settling in sessions are for a 30 min slots. This is free of charge when booked in advance with the sales team when joining as a member.

Crèche Policies

We ask parents and carers to provide nappies and wipes if needed and staff will change soiled nappies. Bottles, beakers and comforters should be labelled with your child's name. Milk can be given to children if formulas are already pre mixed for staff.

Parents are welcome to see a full list of policies and procedures on request.

External Activities : Pay and Book Direct

Dance Shack (£) – Book directly on 01372 805731

Ballet (£) – Book directly with Vanessa 07958 743655 or via email info@luciebenson.co.uk

Club Bookings : surbitonmanagement@nuffieldhealth.com

Junior Activity Policies

A parent or guardian must be on-site during all junior activities

Kids Parties – Coming Soon

Join in the party for children aged 1 -11 years with a choice of themes including, sports and games, disco, traditional, Bounce about, parachute play or a mix and match option.

Please ask a member of the crèche team for more details or to check availability or call us on: 020 8335 2900

Holiday Camps – Coming Soon

Look out for our holiday camps for 4-11 years