

# Nuffield Health Surbiton Junior Activity Timetable

(Break during half term)

Tel: 020 8335 2900 [www.nuffieldhealth.com](http://www.nuffieldhealth.com)



Monday	Time	Location	Age
Crèche (£)	09:00-15:00	Crèche	0-5 years
Baby Ballet & Tap (£)*	13:45-14:30	Junior Studio 1	2-4 years
Bounce	16:00-17:00	Junior Studio 2	4-8 years
Family Splash	12:15-15:30	Small Pool	0-15 years
Family Splash	15:00-18:00	Main Pool	0-15 years
Junior Gym	09:00-18:00	Junior Gym	11-15 years
Junior Spin (5ft+)	16:30-17:15	Spin Studio	8-15 years

Tuesday	Time	Location	Age
Crèche (£)	09:00-15:00	Crèche	0-5 years
Family Splash	09:00-16:00	Small Pool	0-15 years
Family Splash	15:00-18:00	Main Pool	0-15 years
Junior Gym	09:00-18:00	Junior Gym Floor	11-15 years
Karate (£)	17:15-19:15	Junior Studio 1	contact direct

Wednesday	Time	Location	Age
Crèche (£)	09:00-15:00	Crèche	0-5 years
Family Splash	12:15-13:00	Small Pool	0-15 years
Family Splash	14:30-16:00	Small Pool	0-15 years
Family Splash	15:00-18:00	Main Pool	0-15 years
Junior Fit	16:00-16:45	Studio 2/or gym floor	8-11years
Junior Circuits	16:45-17:30	Studio 2/or gym floor	12-15years
Junior Gym	09:00-18:00	Junior Gym	11-15 years
Ballet (Pre Primary- £)*	15:45-16:30	Junior Studio 1	5-8 years
Ballet (ISTD Grade 1- £)*	16:30-17:15	Junior Studio 1	8-12 years
Yoga	16:00-17:00	Adult Studio 1	4-8years
Karate (£)	19:00-20:00	Junior Studio1	contact direct

Thursday	Time	Location	Age
Crèche (£)	09:00-15:00	Crèche	0-5 years
Family Splash	09:00-13:30	Small Pool	0-15 years
Family Splash	15:00-18:00	Main Pool	0-15 years
Junior Gym	09:00-18:00	Junior Gym Floor	11-15 years
Karate (£)	17:15-19:15	Junior Studio 1/2	contact direct
Karate (£)	19:30-20:30	Junior Studio 1/2	contact direct

## External Activities : Pay and book direct

**Dance Shack (£)** – Book directly on 01372 805731

**Ballet (£)** – Book directly with Vanessa 07958 743655 or via email [info@luciebenson.co.uk](mailto:info@luciebenson.co.uk)

**Karate(£)** – Jack Shoden Martial Art (£) [Admin@shoden.club](mailto:Admin@shoden.club)

Jack 07763780832

**Club Bookings :** [surbitonmanagement@nuffieldhealth.com](mailto:surbitonmanagement@nuffieldhealth.com)

Green highlighted areas are at a cost

Yellow / Grey Highlighted areas are part of the Junior membership which is price banded

5-10yrs £15.50

11-15yrs £21.00



Friday	Time	Location	Age
Crèche (£)	09:00-15:00	Crèche	0-5 years
Family Splash	09:00-13:00	Small Pool	0-15 years
Family Splash	15:00-16:00	Small Pool	0-15 years
Family Splash	18:00-20:00	Small Pool	0-15 years
Family Splash	15:00-20:00	Main Pool	0-15 years
Junior Gym	09:00-19:00	Junior Gym	11-15 years
Street Dance	16:15-17:00	Junior Studio 1	4-8 years
Street Dance	17:00-17:45	Junior Studio 1	8-11 years

Saturday	Time	Location	Age
Crèche (£)	09:00-15:00	Crèche	0-5 years
Club Activate	09:30-10:30	Junior Studio 2	5-8 years
Club Activate	10:30-11:30	Junior Studio 2	8-12 years
Dance Shack(£)*	09:00-11:00	Junior Studio 1	3-5 years
Family Splash	10:00-18:00	Poolside	0-15 years
Junior Gym	10:00-18:00	Junior Gym	11-15 years
Dance Shack (£)*	11:00-13:30	Junior Studio 1	5-8 years
Dance Shack (£) *	14:00-17:00	Studio 2	9-14 years

Sunday	Time	Location	Age
Club Activate	09:30-11:30	Junior Studio 1/2	4-8years
Club Activate	10:30-11:30	Junior Studio 1/2	8-12 years
Family Splash	10:00-18:00	Poolside	0-15 years
Junior Gym	10:00-18:00	Junior Gym	11-15years

## Crèche Policies

Crèche bookings can be made 10 days in advance after 8am or between .

We ask parents and carers to provide nappies and wipes if needed and staff will change soiled nappies. Bottles, beakers and comforters should be labelled with your child's name. Milk can be given to children if formulas are already pre mixed for staff.

To cancel a crèche or activity session, please inform the crèche team or call 24 hours in advance of your session.

Settling in sessions are for a 30 min slots. This is free of charge when booked in advance with the sales team when joining as a member.

Parents are welcome to see a full list of policies and procedures on request.

Please ask a member of the crèche team for more details or to check availability or call us on: 020 8335 2900



## Junior Activity Policies

Junior activity bookings can be made 8 days in advance after 8am by contacting our main reception desk. Majority of the junior activities are for members only and included in the junior membership fees.

**A parent or guardian must be on-site during all junior activities**

**Kids Parties –[www.Lazerlions.co.uk](http://www.Lazerlions.co.uk)**

Join in the party for children aged 3-11 years with a choice of themes including, Dodgeball, Circus disco ,creature courage with our party partners Call:07800861767 email [info@LAZERLIONS.CO.UK](mailto:info@LAZERLIONS.CO.UK)

Look out for our holiday camps for 5-11 years

We will be running a full day camp throughout Summer.