

Nuffield Health Swimming Adult Group Classes – Stoke Poges

We offer both group options and private lessons:

Day	Time	Teacher
Wednesday – Adult Group Beginner	18:45 – 19:30	Alex
Wednesday – Adult Group Improver	19:30 – 20:15	Alex
Thursday – Adult Group Beginner	18:45 – 19:30	Alex
Thursday – Adult Group Improver	19:30 – 20:15	Alex

For these lessons session are brought in sets of 10 at the following prices:

Non- Members: £145

Members £120

Private lessons have differing availability depending on which day you are looking to have your lessons. These sessions are brought in packs of 5 or 10 at the following prices and last for a duration of 30 minutes.

To book contact adani.lovin@nuffieldhealth.com