

Swimming Timetable

Wandsworth Southside

22 July – 1 September 2019

Monday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 6.30-10.00	ADULT SWIM 6.30-10.00	ADULT SWIM 6.30-21.45
AQUA AEROBICS 10.00-11.00		
ADULT SWIM 11.00-14.30	ADULT SWIM 11.00-21.45	
FAMILY SWIM 14.30-17.00		
ADULT SWIM 17.00-21.45		

Tuesday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 6.30-14.30	ADULT SWIM 6.30-21.45	ADULT SWIM 6.30-21.45
FAMILY SWIM 14.30-17.00		
ADULT SWIM 17.00-21.45		

Wednesday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 6.30-14.30	ADULT SWIM 6.30-21.45	ADULT SWIM 6.30-21.45
FAMILY SWIM 14.30-17.00		
ADULT SWIM 17.00-21.45		

Thursday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 6.30-14.30	ADULT SWIM 6.30-21.45	ADULT SWIM 6.30-21.45
FAMILY SWIM 14.30-17.00		
ADULT SWIM 17.00-21.45		

Friday		
FAST LANE	MEDIUM LANE	SLOW LANE
ADULT SWIM 6.30-10.00	ADULT SWIM 6.30-21.45	ADULT SWIM 6.30-21.45
FAMILY SWIM 10.00-12.00		
ADULT SWIM 12.00-21.45		

Crash courses will be taking place in the slow lane from 22nd-26th of July and 5th-9th of August from 0930-1230

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22 July – 1 September 2019

Saturday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 8.00-10.15	ADULT SWIM 8.00-10.15	ADULT SWIM 8.00-19.45
Aqua 10.15-11.00		
FAMILY SWIM 11.30-13.00		
ADULT SWIM 13.00-14.30	ADULT SWIM 13.00-14.30	
FAMILY SWIM 14.30-16.00		
ADULT SWIM 16.00-19.45	ADULT SWIM 16.00-19.45	

Sunday		
FAST LANE	MEDIUM LANE	SLOW
ADULT SWIM 8.00-11.00	ADULT SWIM 8.00-11.00	ADULT SWIM 8.00-19.45
FAMILY SWIM 11.00-13.30		
ADULT SWIM 13.30-19.45	ADULT SWIM 13.30-19.45	