

# Swimming Lesson Timetable

## Rugby

Monday		
Instructor	Time of Lesson	Stage
Sam	16:30	1 / 2
	17:00	3

Friday		
Instructor	Time of Lesson	Stage
Lucas	4pm	Ducklings
	4.30pm	Stage 1
	5pm	Stage 2
	5.30pm	Stage 3

Tuesday		
Instructor	Time of Lesson	Stage
Rachel	11.30am	Parent and Child
	12pm	Ducklings
Sam	4.30pm	Ducklings
Val	4.30pm	Stage 1/2
	5pm	Stage 4/5
Sam	5pm	Stage 3

Saturday		
Instructor	Time of Lesson	Stage
Hannah	9am	Stage 5
Sam	9am	Ducklings
Hannah	9.30am	Stage 2
Sam	9.30am	Stage 3
Hannah	10am	Ducklings
Sam	10am	Ducklings
Hannah	10.30am	Stage 3
Sam	10.30am	Stage 2
Hannah	11am	Ducklings
Sam	11am	Stage 1

Wednesday		
Instructor	Time of Lesson	Stage
Rachel	4.30pm	Ducklings
	5pm	Stage 1
Hannah	5pm	Stage 2
	5:30pm	Stage 3
Rachel	5.30pm	Stage 3
	6pm	Stage 4

Thursday		
Instructor	Time of Lesson	Stage
Rachel	4.30pm	Stage 2
	5pm	Stage 3
	5.30pm	Stage 4
	6pm	Stage 5
Hannah	6pm	Stage 5
Rachel	6.30pm	Stage 6
Hannah	6.30pm	Stage 7

Sunday		
Instructor	Time of Lesson	Stage
Sian	3.30pm	Parent and Child