

Junior classes



| | UNDER 2's | 2 TO 4'S | 4 TO 7'S | 8 TO 12'S | 13 TO 15'S |
|------------------|---------------------------|----------------------------|--|---|---|
| Monday | Crèche 9am-1pm/4-7pm | Arts + Crafts 9:30-10am | Creative Make + Play 4:30-5pm | Junior Fit 5-6pm | Gym Floor 8am-8pm |
| Tuesday | Crèche 9am-1pm/4-7pm | Messy Play 9:30-10am | | Yoga 5-6pm | Yoga 5 -6pm Gym Floor 8am-8pm |
| | | | Beginner Junior Gymnastics 4:15-5:15 | Intermediate Junior Gymnastics 5:15-6:15 | Advanced Junior Gymnastics 6:15-7:15 |
| Wednesday | Crèche 9am-1pm/4-7pm | Mini Movers 10-10.45am | Creative Make + Play 5:00-5:30 TKD 5+ 5:15-6pm | TKD 5.15-6pm | TKD 5:15-6:00 Gym Floor 8am-8pm |
| | | | | Street Dance 5:00-6pm | Gym Floor 8am-8pm |
| Thursday | Crèche 9am-1pm/4-6pm | Active Games 9:30-10am | Beginner Junior Gymnastics 4:15-5:15 | Intermediate Junior Gymnastics 5:15-6:15 | |
| Friday | Crèche 9am-1pm / 4-6pm | Messy Morning 10-11am | Creative Make + Play 5-5:30pm | TKD 6.30-7.15pm 7.30-8.15pm | Gym Floor 8am-8pm |
| | | | TKD 5+ 6:30-7:15pm 7:30-8:15pm | Football Skills 5-6pm | TKD 6:30-7:30pm |
| Saturday | Crèche 9am-1pm | Arts + Crafts 9:30-10am | TKD 5+ 11:15-12:15pm 12:15- 1:15pm | Yoga 10:30-11:30am Circuits 5-6pm | Yoga 10:30-11:30am |
| | | | Street Dance 10:30-11:30 (4-6yrs) | Junior Fit 9:30-10:30am | TKD 11.15-12.15 12.15-1.15 (Adults Only) |
| | | | | Street Dance 11:30-12:30 (7+ yrs) | Gym Floor 8am-7pm |
| Sunday | Crèche Closed | Crèche Closed | Crèche Closed | Junior Gym 11+ 10:30-11:30am Circuits 5-6pm | Gym 8am-7pm Junior Gym 11+ 10:30-11:30am |