

Rugby

# JUNIOR

# Activities



	0-7yrs		8-12yrs	13-15yrs
<b>Monday</b>	Crèche 9-1pm 4-7pm		Junior Fit 5-6pm	
<b>Tuesday</b>	Crèche 9-1pm 4-7pm	Gymnastics 4:15-5:15pm (4-5yrs)	Tennis Skills 5:15-6:15pm	
<b>Wednesday</b>	Crèche 9-1pm 4-7pm	Street Dance 5-6pm (7+yrs)	TKD 5:15-6pm (5+yrs)	
<b>Thursday</b>	Crèche 9-1pm 4-6pm	Gymnastics 4:15-5:15pm (4-5yrs)	Gymnastics 5:15-6:15pm (6+yrs)	
<b>Friday</b>	Crèche 9-1pm 4-6pm	TKD 6:30-7:30pm (5+yrs)	Football Skills / Junior Yoga 5-6pm	
			TKD 6:30-7:30pm	
<b>Saturday</b>	Crèche 9-1pm	TKD 11:15-12:15pm 12:15-1:15pm (5+yrs)	Junior Fit 9:30-10:30am	
			TKD 11:15-12:15pm 12:15-1:15pm (5+yrs)	
		Street Dance 10:30-11:30am (4-6yrs)	Circuits 5-6pm	
<b>Sunday</b>	Crèche Closed		Circuits 5-6pm	