

Swimming at Nuffield Health Reading Fitness and Wellbeing Gym

Thursday

16:00	16:30	17:00
Stage 3/4	Ducklings	Stage 1/2
		Stage 5/6

Friday

16:00	16:30	17:00
Stage 5/6	Ducklings	Stage 3/4

Saturday

12:00-12:30		Introductory Stage 1/2
12:30-13:00		Stage 7
13:00-13:30	Stage 5/6	Ducklings
13:30-14:00	Stage 3/4	Stage 1/2
14:00-14:30	Stage 5/6	Ducklings
14:30-15:00	Stage 1/2	Ducklings