
NUFFY BEAR
NURSERIES
NUFFY NURSERY
A HEALTHY START
FOR YOUR LITTLE ONES
Nuffield Health
www.nuffieldhealth.com

Welcome to the Nuffy Bear Family

When it comes to finding the right nursery for your child, you want to make sure you've made the right choice. You want to find a welcoming, nurturing environment, where children are cared for by highly skilled professionals who are as knowledgeable as they are friendly.

Above all, you want to feel happy and reassured that your little one is going to be safe and actively exploring a rich environment where they can develop their sense of curiosity during some of the most important years of their life.

Our Nursery Team

Our nursery staff team is as caring as they are passionate, embodying everything that both Nuffield Health and Nuffy Bear Day Nursery stands for. We have a stringent recruitment process, and all staff are thoroughly vetted prior to commencing employment including a DBS (Disclosure and Barring Service).

They create a safe, educational, enjoyable environment where your child can play, learn, and grow.

Our team strives for improvement in their personal development as well as the children we care for. We continually invest and develop our team to ensure we provide the best learning activities and environment for your children.



Our Nuffy Vision

All of our nurseries are regulated by Ofsted with a good or outstanding grading



Our aim is to provide a healthy start for your little ones through a happy, safe, warm, and stimulating environment.
Nuffy Bear Day Nurseries vision is that children's early years are the most important years of their lives. We strive to provide high quality childcare and education for all children that is appropriate to their individual needs.

Children's wellbeing is an essential part of the care provided for the children within the nurseries, and this is developed through activity, mindfulness, and nutrition. We pride ourselves on a 'home from home' feel and create strong bonds with each family.

My two-year-old son has been attending the nursery since Jan 2024 and settled in very quickly, thanks to all the efforts made by the team. He loves his key worker and the other staff and enjoys garden time the most. The nursery has been amazing in making him feel safe and looked after, I really can't thank the team enough.

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Child-Led Learning

Great for children's educational and developmental progress, child-led learning fosters a sense of being, belonging and becoming. As well as being a lot of fun, child-led learning feeds their creativity and imagination, encourages them to share their ideas and thoughts and constantly challenges their thinking.

"The nursery is excellent – I feel safe and comfortable leaving my son there. The staff are amazing and it's like a small loving family."
J L Crawley

Our Vision In Practice

Nuffy Bear Day Nurseries believe that children learn best when the environment reflects their interests and encourages child-led learning.

The Nurseries combine elements from a variety of educational philosophies including, Reggio, Montessori, and Steiner to create a truly unique environment in which children take the lead on their learning. Our continuous provision is bursting with loose parts, authentic, and open-ended resources.
We pride ourselves on a 'home from home' feel and create strong bonds with each family.



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Settling In

Here at Nuffy Bear Day Nursery, we'll do all we can to make this time as exciting and stress- free as possible – for parents and children alike!

Every child is different. Some will settle in quickly, whilst for others it will take a bit more time. Therefore, please allow some time in the weeks running up to starting nursery for settling in sessions. Your child's key person will liaise with you to put in place a plan that works for both you and your child, allowing you and them to build a trusting relationship with your primary carers.



My son loves coming to Nuffy Bear Cottingley. The staff are absolutely fantastic with him and his needs. Nothing is too much trouble. At the start of his nursery days, it was a worry (mum anxiety) how he would settle in. Thank goodness he had the loving care of the nursery staff who always reassured me. I'm so happy he is taken care of in a nurturing way.-KB

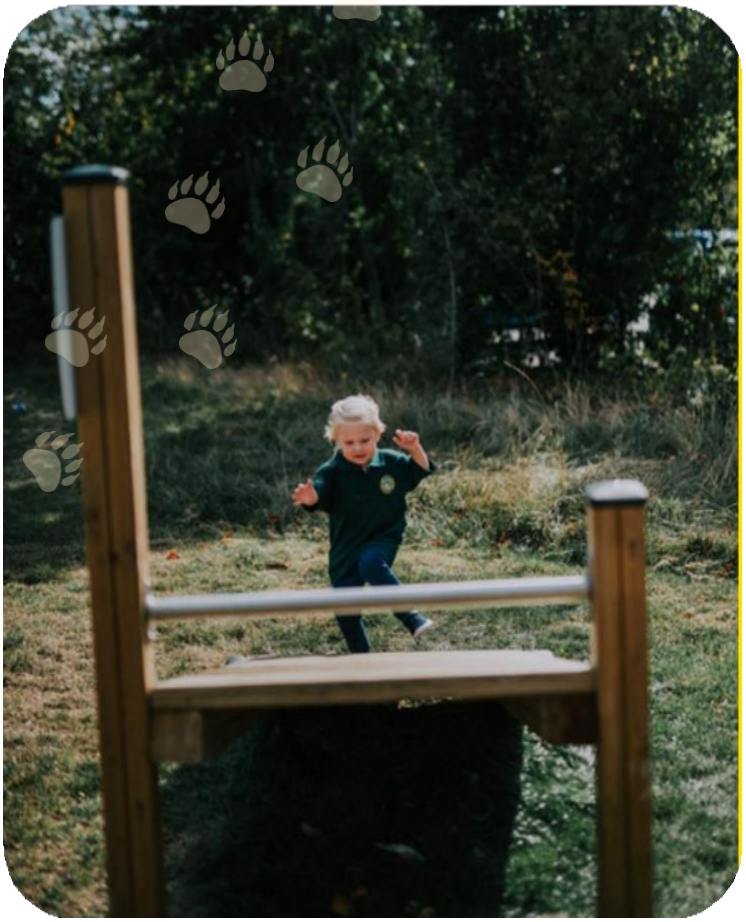


Safe, Stimulating Spaces

We have a range of fully equipped rooms by age group: Baby, Toddler and Pre-school. All rooms are filled with books, activities, toys, and equipment to stimulate and engage young minds. Outdoor space lets little one's experience play in the fresh air, whilst a range of safety measures gives you the reassurance that your child will always be looked after in a secure, safe environment.

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A Day In The Life



At Nuffy Nurseries, no two days are ever the same. That's because we believe in active play, which means we don't set stringent time schedules for the children to stick to.

Want to know what your little ones will be getting up to during the day? Take a look below...

8am- AM session begins/Arrival/self-registration/ breakfast is served, including cereal, porridge, fruit salad and scrambled eggs.

9am-The children have the opportunity to explore, learn and develop using their imaginations and curious minds. Healthy snacks are available throughout the lesson. (Children aged 3 and over have access to swimming lessons with a qualified instructor).

12pm- Lunchtime, with freshly prepared meals, including chicken and butter bean tagine with peas or sweet potato lentil and green bean tagine, braised beef in Yorkshire pudding or veggie bean chilli and fruit-topped sponge and custard or frozen mango yoghurt!

1pm-PM Session begins/the children have the opportunity to explore, learn and develop using their imaginations and curious minds. Healthy snacks are available throughout the lesson.

4pm- Light Tea is provided, for example tomato soup with wholemeal toast or crackers with cheese and veg sticks.

5pm- The children have the opportunity to explore, learn and develop using their imaginations and curious minds.

5:30pm- 6pm Home time*

*Each of our Nuffy Bear settings offer a bespoke extra- curricular timetable. These activities may range from multi- sports, French classes, yoga, and cookery sessions. Speak with your nursery manager to find out more...

Opening hours
8am -6pm Monday to Friday
Early drop and later collection times may be available



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Delicious and Nutritious Meals

We know that feeding children's appetites is just as important as feeding their minds. That's why all our meals and snacks have been designed with support from our food and beverage expert and freshly prepared – providing your little ones with the right kind of nutrition to help maintain their energy levels throughout the day.



The right recipe for healthy kids

- Menus change daily and are displayed in the nursery for your information
- The variety of meals on offer will introduce your child to new tastes and textures in a supportive, reassuring environment
- We cater for a wide range of allergies and special dietary needs. Simply let us know what your child's requirements are.

- Menus created by our food and beverage experts
- Four weekly rotation to ensure variety
- Healthy, balanced, and delicious
- Good quality, fresh and wholesome ingredients
- Menus reviewed regularly incorporating parent and child feedback





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Sleep Time

The nursery day is full of lots of opportunity for social, physical, and educational fun but the majority of babies and young children still require some time to rest and recharge. we provide cots and coracles with bedding in the baby room and sleep mats in all other rooms. We follow safe sleeping guidelines to ensure the children are safe at all times.





School Readiness

Starting school is an important milestone for every child and their parents.

We believe it's crucial to support your child's transition to school by:

- Independent in toileting
- Dress themselves
- Understand expected levels of behaviour
- Build confidence and self-esteem
- Take turns and share
- Sit for short periods
- Separate from parents / carers
- Equipped with the skills needed to communicate needs and listen to others
- Actively learn and think creatively and critically.

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Parent Partnership

Naturally, you want to know how your child is getting on whilst you're away from them during the day. That's why we have a range of key measures to keep you in the loop:



- An assigned key worker for your child Access
- to our online platform 'Family' with messaging service and notifications throughout the day
- Online learning journal – highlighting your child's development and interests Feedback
- on a daily basis
- Parents evenings
- Newsletters
- Events such as craft sessions and stay and plays

Nursery Essentials

Please bring a bag containing:



- A couple of sets of clothes including underwear and socks (pack more if toilet training and a spare pair of shoes just in case!)
- Wipes, nappy cream, and nappies if required
- Seasonal coat or jacket
- Wellies
- Hat, gloves, and a scarf s in colder months
- Sun hat in summer months
- Prescription medicine with the original named label if required
- A comforter if required
- Formula/breast milk if required

You are welcome to store items at nursery for ease but please ensure that all your items are labelled with your child's name
Remember to dress your child in comfortable clothing that you don't mind getting wet or dirty.

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Swim with Nuffy

As part of a family of UK-wide health and fitness clubs, there's no better place for your child to learn how to swim.

That's why, at Nuffy Bear Day Nursery, we offer term time swimming lessons once a week for children aged three to five years old, with a fully qualified Swim England swimming instructor.

Our Nuffy Bear swim lesson will support your child with:

- Gain water confidence
- Stay safe in the water
- Learn a skill for life
- Fun, friendly instructors
- Gain Swim England certificates.



Swim England





Testimonials

Nuffy Bear has been such a great experience for my son. The staff are exceptional and have gone above and beyond to cater for his needs and help him with his areas for development. He loves going and can't wait to arrive every morning.
~LS

Had a lovely experience so far with Nuffy Bear Nursery. Our daughter loves attending and has developed great relationships with staff. She is happy to go in each day and we get lots of communication from staff and photos of her progress.
~EC

My son has attended Nuffy Bear Day Nursery for nearly two years. The care and attention taken to support both my son and me is outstanding. They are a group of brilliant professionals who go above and beyond to make the children's experience varied and exciting every day. Would highly recommend to anyone looking for a nursery.
~ER

Nuffy Bear has been absolutely amazing, been bringing my children for the last 6 years and wow what a difference it has made to my children's confidence and attitude.
~CM

My son has been attending Nuffy Bear since 2 years old. English is his second language and cannot praise the staff enough for supporting his journey. He is now fluent in English thanks to great care and support at Nuffy Bear. He was a bit shy at the beginning as well but after couple of months he came out of his shell. Didn't have any problems with the nursery at all! The staff is always friendly and helpful! Meals are healthy and tasty! Great variation of food is offered on a daily basis! Really recommend the nursery!
~KF

Scan the QR code to read more of our day nursery reviews or visit www.daynurseries.co.uk

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Choosing The Right Nursery

Leaving your child in the care of other people is never easy. However, the reassurance that comes from selecting the right nursery can make the process much easier.



National Children's Services Manager Nuffield Health provides top tips to consider when picking a nursery.

• All nurseries will be able to provide you with a tour of the facilities. Look out for happy and engaged children, plenty of fun, games and educational resources, entry systems, cleanliness, and professional, friendly staff.

• A nursery should be a dependable and familiar place for children. Ask questions about staff turnover to give you an indication of stability within the team and reassurance that your child will have a consistent key worker.

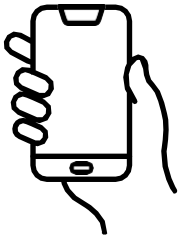
• If your child is having mealtimes at nursery find out all you can about the food that is provided. Is it nutritionally balanced? Where is it prepared? Can they accommodate children with food allergies? This way you can feel confident that your child is enjoying the same level as nutrition as they would at home and that their dietary requirements are being met.

• It is important that children have access to an outdoor space to encourage them to be active. Check that the nursery has either its own outdoor space, or easy access to outdoor space nearby, that your child can enjoy.

• Check its Ofsted rating. An Ofsted rating takes into account factors such as standards of care, safety, the nursery environment, and child development and can provide a snapshot of a nursery and further information.

Book a Tour

To ask us a question, find out more or enquire about available places at your local Nuffy Bear Nursery, complete our online enquiry form or contact us by phone



Visit www.nuffieldhealth.com/nursery

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