Pool Schedule



Aqua Classes

Swimming Lessons

Adult Swimming

Family/ Junior Swimming

| Time | Class | Lanes available | | |
|-------------|---------------------|----------------------------------|--|--|
| Monday | | | | |
| 06.30-10.30 | Adult Lane Swimming | 3 Lanes | | |
| 10.30-11.15 | Aqua | No lane swimming | | |
| 11.25-12.10 | Aqua | No lane swimming | | |
| 12.10-21.45 | Adult Lane Swimming | 3 Lanes | | |
| Tuesday | | | | |
| 06.30-10.30 | Adult Lane Swimming | 3 Lanes | | |
| 10.30-11.15 | Aqua | No lane swimming | | |
| 11.15-15.00 | Adult Lane Swimming | 3 Lanes | | |
| 15.00-18.00 | Swim School | 1 or 2 Lanes (lessons dependant) | | |
| 15.00-18.00 | Swimming Lessons | 1 or 2 Lanes (lessons dependant) | | |
| 18.00-21.45 | Adult Lane Swimming | 3 Lanes | | |
| Wednesday | | | | |
| 06.30-10.30 | Adult Lane Swimming | 3 Lanes | | |
| 10.30-11.15 | Aqua | No lane swimming | | |
| 11.15-14.00 | Adult Lane Swimming | 3 Lanes | | |
| 14.00-14.45 | Aqua | No lane swimming | | |
| 14.45-19.00 | Adult Lane Swimming | 3 Lanes | | |
| 19.00-19.45 | Aqua | 1 Lane | | |
| 19.45-21.45 | Adult Lane Swimming | 3 Lanes | | |

^{*}Please be aware that adult swimming lessons take place throughout the week and may reduce lane swimming to two lanes.

Pool Schedule



| | Aqua Classes | |
|-------------------------|------------------|--|
| | Swimming Lessons | |
| | Adult Swimming | |
| Family/ Junior Swimming | | |
| | | |
| nes available | | |

| Time | Class | Lanes available | | |
|-------------|---------------------|---------------------------------|--|--|
| Thursday | | | | |
| 06.30-15.00 | Adult Lane Swimming | 3 Lanes | | |
| 15.00-18.00 | Swim School | 1or 2 Lanes (lessons dependant) | | |
| 15.00-18.00 | Swimming Lessons | 1or 2 Lanes (lessons dependant) | | |
| 18.00-21.45 | Adult Lane Swimming | 3 Lanes | | |
| Friday | | | | |
| 06.30-10.30 | Adult Lane Swimming | 3 Lanes | | |
| 10.30-11.15 | Aqua | No lane swimming | | |
| 11.15-12.15 | Adult Lane Swimming | 3 Lanes | | |
| 12.15-13.00 | Aqua | No lane swimming | | |
| 13.00-20.45 | Adult Lane Swimming | 3 Lanes | | |
| Saturday | | | | |
| 08.00-12.00 | Adult Lane Swimming | 3 Lanes | | |
| 12.00-16.00 | Family Swim | Open Pool | | |
| 12.00-16.00 | Swimming Lessons | Open Pool | | |
| 16.00-18.45 | Adult Lane Swimming | 3 Lanes | | |
| Sunday | | | | |
| 08.00-12.00 | Adult Lane Swimming | 3 Lanes | | |
| 12.00-16.00 | Family Swim | Open Pool | | |
| 12.00-16.00 | Swimming Lessons | Open Pool | | |
| 16.00-18.45 | Adult Lane Swimming | 3 Lanes | | |