

Notification of Change. Important information. Here's how your trust benefits are changing.



Nuffield Health Employee Healthcare Scheme

We've made some changes to your trust benefits, which will apply when your benefits renew on 1 January 2026.

This is a summary of some of the main changes. Please read it alongside your Nuffield Health Employee Healthcare Scheme Handbook and registration certificate, together these set out the full terms and conditions of your benefits. We've included the relevant sections to make it easy for you to find them in your scheme handbook.

Scheme Handbook

Here's how your Scheme Handbook has changed.

Table of benefits

Cancer treatment

Cash benefit for post-surgery bras

We have changed the name of this cash benefit from Cash benefit for mastectomy bras to Cash benefit for post-surgery bras. You can now claim this cash benefit following an eligible operation on your breast for cancer.

Definitions

Cancer

We have updated our definition of cancer to clarify that a diagnosis must be based on laboratory testing or radiological imaging.

What isn't payable

Exclusion 1 Accident and Emergency treatment

We've updated the wording of this exclusion to make it clearer.

Hospital admissions or treatment received within 24 hours of admission are not payable if the admission follows, and is related to, a visit to an NHS or private A&E department, urgent care centre, walk-in clinic, or a GP consultation.

However, your benefits may pay for inpatient treatment after you've been in hospital for 24 hours.

Exclusion 5 Allergies, allergic disorders or food intolerance

We've changed the exception to this exclusion. We now pay for tests to identify the exact allergen or food involved in the diagnosis of a suspected allergy or food intolerance.

Exclusion 7 Birth control, conception and sexual problems

We've added a new exception to this exclusion. We will now pay for treatment of acute conditions that are causing pain or discomfort during sex.

Exclusion 10 Cosmetic, reconstructive or weight loss treatment

We've added a new exception to this exclusion. We will now pay for the removal of healthy tissue when it is medically necessary and part of treatment for an acute condition. The treatment must follow clinical best practice in the UK.