

Be at the heart of  
a healthier nation



Nuffield  
Health

St Bartholomew's  
Hospital



**Nuffield Health at  
St Bartholomew's Hospital**  
West Smithfield,  
London, EC1A 7BE

Nuffield Health is a Registered Charity. Our objective is to advance, promote and maintain health and healthcare of all descriptions and to prevent, relieve and cure sickness and ill health of any kind, all for the public benefit. Registered Charity Numbers 205533 (England and Wales) and SC041793 (Scotland).

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# We are Nuffield Health

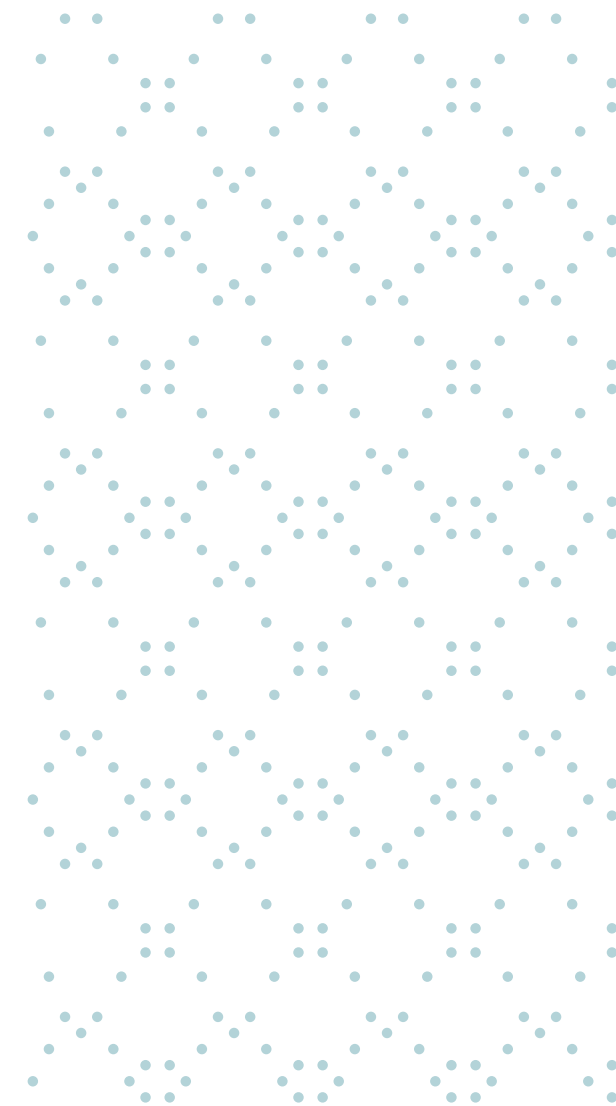
We're the UK's largest healthcare charity. For the last 60 years, we've been working to make the UK fitter, healthier, happier and stronger. All for the public benefit.

We do this through our family of award-winning hospitals, fitness and wellbeing clubs, healthcare clinics and workplace wellbeing services, which together help us achieve our vision of building a healthier nation.

As a charity, we don't answer to shareholders. We invest all our income back into our services, and into pioneering improvements in care so more people can benefit.

Most importantly, we invest in our charitable flagship activities, to help people who couldn't normally afford or access our services.

**It's all part of our mission to give everyone the care they need, and to build a healthier nation.**



31 hospitals

1,300 beds

112 fitness and wellbeing centres

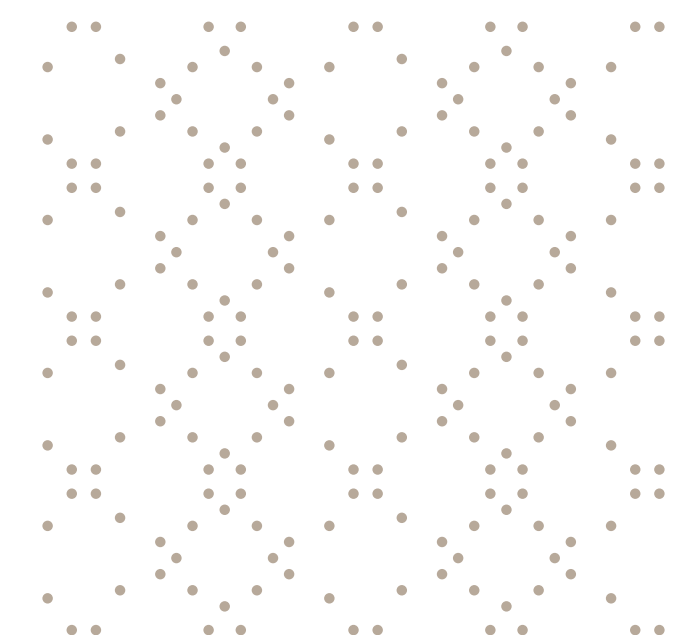
160+ workplace fitness and wellbeing centres

100 centres with emotional wellbeing services

6 centres specialising in hospital equipment sterilisation

5 medical centres

1 diagnostic suite





# Our partnership with St Bartholomew's Hospital

Every day, people from across the world visit St Bartholomew's Hospital. It's a remarkable place, steeped in history, providing extraordinary heart and cancer care.

Now, in partnership with Barts Health NHS Trust, we're delighted to be working with St Bartholomew's Hospital to help even more patients live happier, healthier lives.

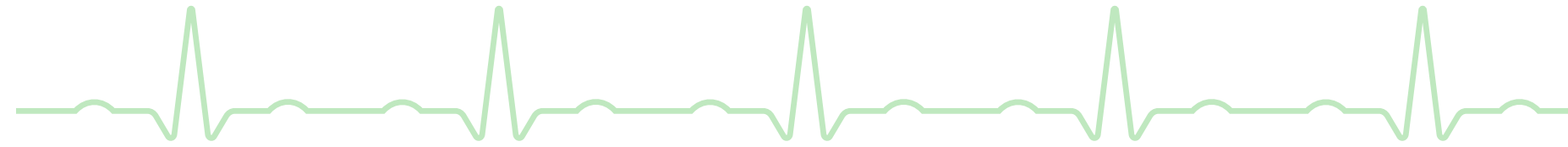
**In 2021, we'll open the doors to Nuffield Health at St Bartholomew's Hospital: the City of London's only independent hospital. It's our next step in building a healthier nation.**

## What will our new hospital offer you and your patients?

- A cardiac catheterisation lab and cardiac hybrid theatre
- Full diagnostic imaging suite including MRI, CT, ultrasound, mammography and general X-ray
- 48 inpatient and day case bedrooms
- 28 consultation rooms
- Four digital operating theatres
- Specialist intensive care beds
- Oncology day unit
- Endoscopy and minor ops theatre



# What makes us different?



## We're the UK's largest healthcare charity

Our charitable status means that we're wholly dedicated to helping people get better.

**For over 60 years, we've been trusted partners for the NHS, private medical insurers, employers and the general public, providing exceptional health and wellbeing services to the nation.**

## We're leaders in quality

We have an unrivalled award-winning and industry-leading network of health and wellbeing services.

**29 of our 31 hospitals are rated 'good' or 'outstanding' – the best quality ratings in the independent sector.**

## We support people's health and wellbeing at every stage

We're the only independent provider with wide-ranging expertise, allowing us to provide dedicated, personalised care. This ranges from personal training and health MOTs, to helping patients recover with physiotherapy or emotional wellbeing counselling, or providing hospital treatments for serious illnesses like cardiac arrhythmias and cancer. Our personalised approach means we can help everyone live the life they aspire to.

## We give back through our charitable flagship activities

Investing in charitable flagship activities is a big part of our vision to build a healthier nation. These help people at all stages of life – particularly those who couldn't normally afford or access our services.



Steve Gray, CEO of Nuffield Health & Alwen Williams, Chief Executive of Barts Health NHS Trust



# How we are building a healthier nation

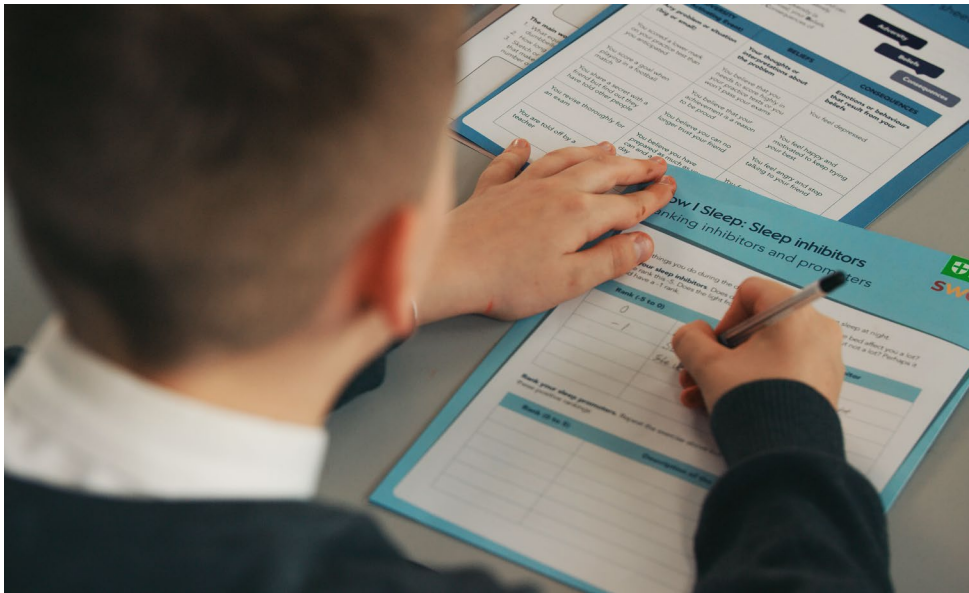
As a charity, we invest all our income back into getting the UK fitter, healthier, happier and stronger. One way we do this is through our charitable flagship activities, working closely with the NHS and other healthcare partners.

These affordable or free programmes have been developed based on customer feedback and needs, with the aim to provide services to improve the overall health and wellbeing to all that need our support.



## Recovery Plus Programme

This embodies our complete end-to-end approach to healthcare, providing patients with the support they need after their procedure in our hospital. Everything from a personal recovery programme, health check, exercise and diet advice, together with a three month membership at one of our gyms and support from a recovery coach.



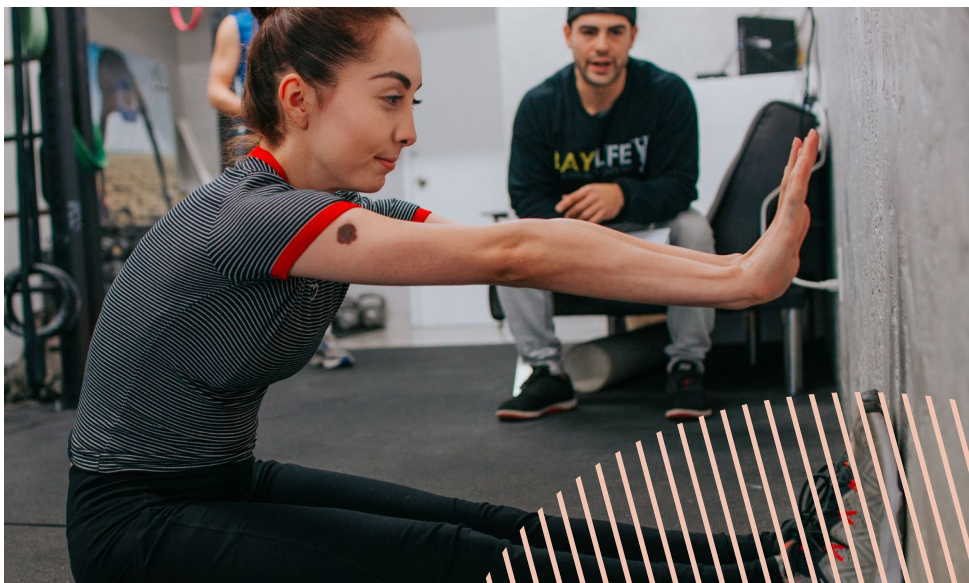
## Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme to empower children to improve their overall health and wellbeing through how they move, eat, sleep and feel. Our vision is to reach 50,000 young people by the end of 2020.



## Joint Pain Wellbeing Programme

An affordable, evidence-based 12 week programme that supports those with osteoarthritis in living a full life. This includes expert guidance and a bespoke exercise programme, which helps to relieve participants' symptoms.



## Cystic Fibrosis Exercise Programme

We work with twelve NHS Trusts to encourage children and young people with cystic fibrosis to take part in exercise. With our programme, they receive free tailored training to help improve lung function, aerobic fitness and general wellbeing.



## Relax and Restore Treatments

These are expert and safe beauty therapies for those living with cancer. Our patients have said the benefits of the treatments help reduce stress and pain whilst improving sleep patterns, at a time when they most need it.



## STAMINA Research Programme

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving androgen deprivation therapy (ADT), in partnership with Sheffield Hallam University.



“This is a truly exciting development for Nuffield Health. We are building a hospital of the future for our consultant colleagues, located in a convenient and historical part of the city. We will provide excellent facilities combined with the highest standard of care to ensure our patients can have the best possible experience.”

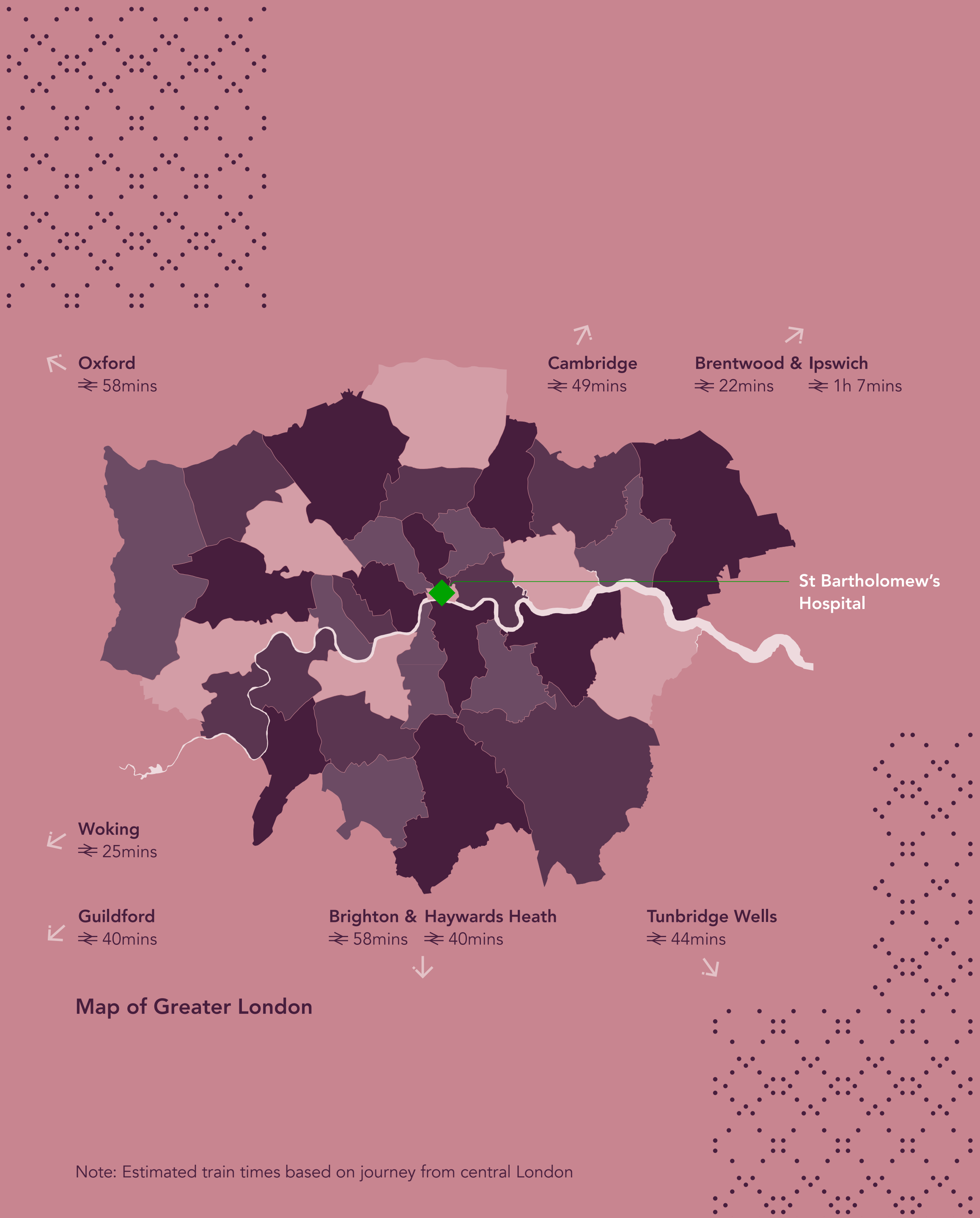
Maxine Estop, London Hospital  
Development Director, Nuffield Health





# Why work with us?

We want you to join the Nuffield Health family. Our new hospital is the only independent hospital in the City of London, and will deliver outstanding care for patients across London, the South East and beyond.



Note: Estimated train times based on journey from central London

## 1

### We'll make it easier to see your private patients

We're only a short walk across the courtyard from St Bartholomew's NHS Hospital.

That will make it quick and easy to see your private patients, and move seamlessly between the two hospitals.

You don't need to work for St Bartholomew's Hospital to work for us. Our proximity to London's transport networks means we are well connected to most hospitals in London.



2

## We have a range of referral pathways you can access

We're London's leading provider of corporate wellbeing services. We work with 50% of the FTSE 100 and 40% of the FTSE 250 to help their employees lead healthier, happier lives.

Every month, our GPs conduct thousands of appointments across London. And we offer a full range of clinical services in our centres and hospitals in London and the South East. Which means when you partner with us, you'll have exclusive access to a huge group of patients, with opportunities for clinics and follow-up consultations.

- ♦ Working with over 50% of the FTSE 100
- ♦ 35 fitness and wellbeing clubs in London
- ♦ 63 corporate on-site fitness and wellbeing centres in London
- ♦ More than 150 of our GPs in London who could refer to us
- ♦ More than 20,000 private consultations carried out by our GPs every year

3

## You can trust us to provide outstanding healthcare for your patients

We're relied on by the NHS, private medical insurers and employers to provide exceptional healthcare across the UK.

Nuffield Health Cambridge Hospital was the first independent recognised as 'outstanding' by the Care Quality Commission, and 29 of our 31 hospitals are rated 'good' or 'outstanding' – the best quality ratings in the independent sector.

In 2019, we were awarded 'Health Investors Private Hospital Group of the Year' – for the third time in a row, emphasising our commitment to quality healthcare.

- ♦ 29 of our 31 hospitals are rated 'good' or 'outstanding' – the best quality ratings in the independent sector
- ♦ Health Investors Private Hospital Group of the Year (2019, 2018 & 2017)
- ♦ LaingBuisson Private Hospital Group of the Year (2018 & 2017)





4

## We actively support the NHS

Every day, we look for new ways to relieve the pressure on the NHS.

And one way we can help is through cutting waiting lists in areas like cardiac, orthopaedics and non-urgent care.

With our new hospital, we'll partner with Barts Health NHS Trust and their patients to support the NHS.



5

## We'll support your practice

### Business development, digital and marketing

Our GP Liaison network will offer a programme of educational activities on site and across London.

Our expert team, supported by our experienced central department, will work with you to promote your practice and specialisms to our referral base. And we'll use our digital and marketing assets to boost your profile, and build links with more GP surgeries.

### Professional development

We'll support you in your CPD and education to help you provide even better care.

We regularly work with a range of academic institutions on health and wellbeing research, and share the outcome of these studies within our network.

### Medical societies

We're always looking to improve how we work with consultants. That's why we create a medical society for every one of our hospitals, helping us to build stronger relationships with our consultants.

### Secretarial support

You'll have access to our appointment services, and help with administration work.



# The specialties at our new hospital



## Cardiac services

Nuffield Health at St Bart's will be our flagship centre for cardiac services. You'll be able to offer patients a complete range of heart services, including:

- Comprehensive outpatient diagnostic testing, with the latest equipment
- Industry-leading interventions, carried out by the best consultants in the sector
- Industry-defining specialised rehabilitation, in state-of-the-art wellness centres

## A network of care

We know that cardiac services rely on a range of different skills and expertise. That's why we'll support your practice with a network of specialist consultants. No matter how complex your patient's condition, we're here to help you deliver the best care.

## A healthier nation

Our new cardiac services will help us build a healthier nation. We'll develop a service that's innovative, rigorous, and accessible to our patients.

We'll offer a full range of diagnostic and interventional treatments, including:

- Angiography
- Cardiac surgery
- Electro-physiology
- Percutaneous intervention

Our diagnostic imaging services will include cardiac MRI, CT, echocardiography and exercise ECGs.

All surgical interventions will be supported by staff in our cardiac ICU.

And we'll have a special cardiac rehabilitation programme that makes the most of our network of physiotherapists, nutritionists, personal trainers, physiologists and health and wellbeing clubs across London.





### Cancer services

We will provide a wide range of cancer services, from diagnostic testing to anti-cancer treatment.

We'll help patients reach a 'new-normal' after treatment – by using our links with Maggie's cancer care centres, and offering genetic screenings via our partners.

#### Systemic Anti-Cancer Treatment (SACT)

We'll deliver SACT with help from our expert nurses and pharmacy teams. You'll have full access to a range of diagnostic and interventional services in the hospital.



### Orthopaedics

We're known for our orthopaedic, imaging and post-surgical rehabilitation services.

#### From start to finish

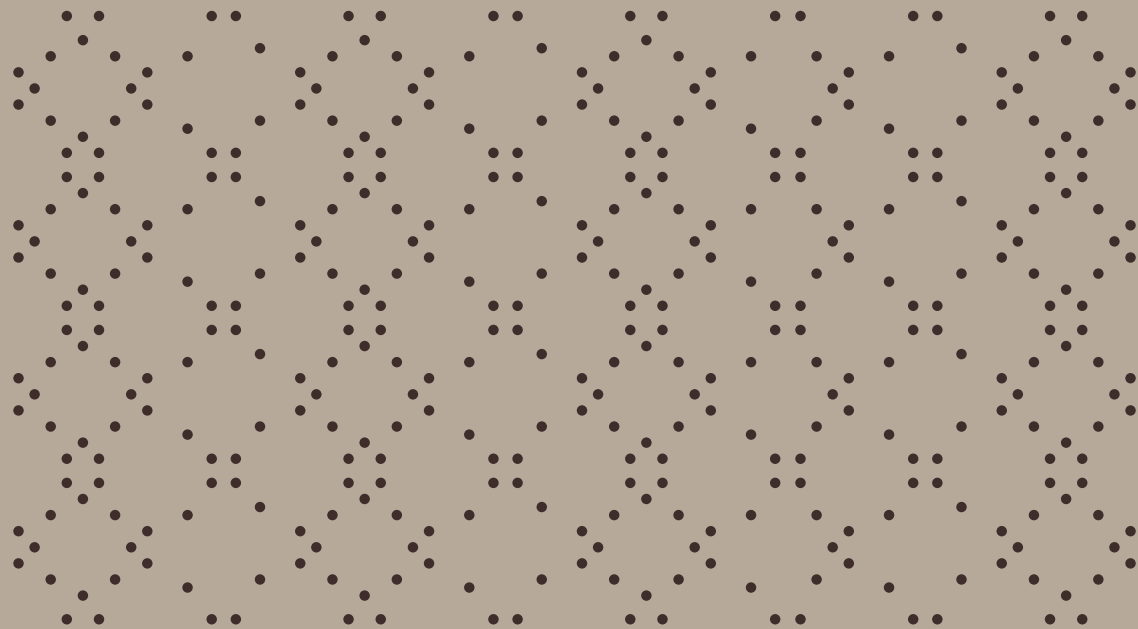
We're leaders in orthopaedic surgery in the UK. Our connected approach to healthcare means we offer expert post-surgical care and patient rehabilitation, supported by our personal training network. Your patients will be able to use all our services – like gyms – to make a pain-free recovery.

#### Orthopaedic network

Our network of surgeons has helped us to develop expert clinical approaches to treatment, imaging and rehabilitation.

### Further specialties

- General surgery
- Gynaecology
- Urology
- Vascular







# Contact us

Want to find out more about working with us?

Simply contact **Maxine Estop**  
London Hospital Development Director

 email [Enquiries.stbarts@nuffieldhealth.com](mailto:Enquiries.stbarts@nuffieldhealth.com)  
submit an enquiry online on  
[nuffieldhealth.com/hospitals/st-bartholomews](https://nuffieldhealth.com/hospitals/st-bartholomews)