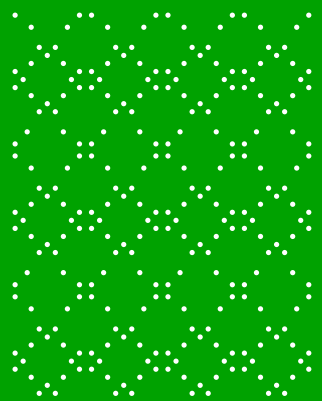


# Consultant and services directory 2021/22

Nuffield Health North Staffordshire Hospital



Working with you, for your patients.







# We're building a healthier nation

## Working with you, for your patients

Connected healthcare for your patients,  
at every stage of their treatment journey.

## Working with you, for your professional development

Professional training tailored to the needs  
of your practice.

## Working with you, for your community

Expert-led, evidence-based charitable  
community programmes available locally  
to support your patients.

### GP Liaison Officer

Emma Farley  
01782 382551  
emma.farley@nuffieldhealth.com

### Sales and Services Manager

Jacqui Worrall  
01782 382509  
Jacqui.worrall@nuffieldhealth.com

### Nuffield Health North Staffordshire Hospital

Clayton Road, Newcastle under Lyme,  
Staffordshire ST5 4DB

[nuffieldhealth.com/hospitals/  
north-staffordshire](https://nuffieldhealth.com/hospitals/north-staffordshire)

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# How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

### Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

### Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly ‘choose and book’ ([www.nhs.uk/referrals](http://www.nhs.uk/referrals)). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020**  
Fax **08004 715058**  
Email [chooseandbook@nuffieldhealth.com](mailto:chooseandbook@nuffieldhealth.com)

### Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That’s reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ♦ The confirmed price is all your patient will ever pay\*
- ♦ If they find a better price for the same procedure package, we’ll match it\*\*
- ♦ There are no time limits on aftercare.\*\*\*

There is also the option of an interest-free loan.

\*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient’s procedure price. \*\*Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient’s chosen Nuffield Health hospital. We will match against written quotes only. \*\*\*Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient’s procedure, this is guaranteed for the manufacturer’s expected prosthesis lifetime. “Clinically required” indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at [nuffieldhealth.com/promise](http://nuffieldhealth.com/promise).



## Patient safety is our number one priority

We want to reassure you and your patients that we’ve put in place safety measures to make our hospital COVID-19 secure. We’re offering telephone and online consultations, as well as face-to-face appointments, so whether your patients’ appointment is from home or in person, they’ll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.





# Key facilities at Nuffield Health North Staffordshire Hospital

## Medical cover

24hr resident medical officer.

## Patient accommodation

39 residential patient rooms with en-suite facilities.

## Theatre and support services

Three operating theatres including:

- ◆ Two with laminar flow
- ◆ One general theatre.



## Outpatient services

Including:

- ◆ 12 consulting rooms
- ◆ One treatment room
- ◆ One clinical room
- ◆ Comprehensive cardiology diagnostic services
- ◆ Imaging
- ◆ Pathology
- ◆ Pharmacy.





# Consultant and services directory

## NHS base – abbreviations

MCHT	Mid Cheshire Hospitals Trust
SFT	Stockport NHS Foundation Trust
UHNM	University Hospitals of North Midlands



Visit [nuffieldhealth.com/consultants](https://nuffieldhealth.com/consultants) to view our consultants' profiles.

The details for each consultant show their name, specialist area, contact details and NHS hospital.

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Anaesthetics (Pain Management)				
Murally, H Dr	Pain management.	01782 382507	01782 801054	UHNM
Puttapa, A Dr	Pain management.	01782 382507	01782 801054	UHNM
Sundarajan, R Dr	Pain management.	01782 382507	01782 801054	UHNM
Audiology				
Holt, M	Audiology and balance clinic.	01782 382507	01782 801054	
Holt, P	Audiology and balance clinic.	01782 382507	01782 801054	
Cardiology				
Butler, R Dr	General and invasive and interventional cardiology.	01782 382507	01782 801054	UHNM
Gunning, M Dr	Interventional cardiology.	01782 382507	01782 801054	UHNM
Heatlie, G Dr	Cardiac imaging, echocardiography and cardiac magnetic resonance.	01782 382507	01782 801054	UHNM
Large, A Dr	General and interventional cardiology.	01782 382507	01782 801054	UHNM
Lo, T Mr	General cardiology.	01782 382507	01782 801054	UHNM
Morley-Davies, AJ Dr	Heart failure, syncope, pacing and electrophysiology.	01782 382507	01782 801054	UHNM
Patawala, A Dr	Cardiac pacing, heart failure and cardiac arrhythmia.	01782 382507	01782 801054	UHNM
Phan, T Dr	Heart rhythm disturbances (eg atrial fibrillation, ventricular tachycardia, supraventricular tachycardia, bradycardia), palpitations, blackouts, dizziness and general cardiology (eg angina, valvular heart disease).	01782 382507	01782 801054	UHNM
Cardiothoracic				
Balacumaraswami, L Mr	Cardiothoracic surgeon.	01782 382507	01782 801054	UHNM
Ridley, P Mr	Cardiothoracic surgeon.	01782 382507	01782 801054	UHNM
Clinical Oncology				
Jamil, A Dr	Chemotherapy and radiotherapy.	01782 382507	01782 801054	UHNM
Jegannathen, A Dr	Breast, lung and CUP.	01782 382507	01782 801054	UHNM
Sharma, N Dr	Oncology, other.	01782 382507	01782 801054	UHNM
Vengalil, S Dr	Urological, lung, skin, head and neck cancers.	01782 382507	01782 801054	UHNM
Woolf, D Dr	Chemotherapy, oncology and radiotherapy.	01782 382507	01782 801054	UHNM



Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Dermatology				
Byrne, JPH Dr	Dermatological diseases.	01782 382507	01782 801054	SFT
Craven, N Dr	Skin cancer management and severe cutaneous drug reactions.	01782 382507	01782 801054	MCHT
Rajkomar, V Dr	All skin conditions, including rashes (for example eczema and psoriasis), acne, hair and nail abnormalities, mole assessment and patch testing all aspects of skin surgery, including skin cancer.	01782 382507	01782 801054	SRFT
Ear, Nose and Throat (ENT)				
Hughes, RGM Mr	ENT, thyroid, head and neck.	01782 382507	01782 801054	UHNM
Rowlands, RG Mr	Otology.	01782 382507	01782 801054	UHNM
Visvanathan, V Mr	ENT surgeon with sub speciality interests in disorders of the ear, hearing and balance.	01782 382507	01782 801054	UHNM
Wilson, PS Mr	Thyroid and rhinology.	01782 382507	01782 801054	UHNM
General Medicine				
Arora, A Dr	Specialist in diseases in older people, including falls, Parkinsons disease and confusion.	01782 382507	01782 801054	UHNM
Farmer, A Dr	Irritable bowel syndrome including diarrhoea and constipation, chronic abdominal pain and gastro-oesophageal reflux disease.	01782 382507	01782 801054	UHNM
Hanna, RWF Prof	General medicine, diabetes and endocrinology.	01782 382507	01782 801054	UHNM
Hebbar, S Dr	General medicine and gastroenterology.	01782 382507	01782 801054	UHNM
Hussain, IR Dr	General respiratory medicine, asthma, lung cancer and pulmonary infection.	01782 382507	01782 801054	UHNM
Jose, B Dr	Endocrinology and diabetes.	01782 382507	01782 801054	UHNM
Kurup, A Dr	Colorectal polyps, inflammatory bowel disease, dyspepsia and capsule endoscopy.	01782 382507	01782 801054	UHNM
Nayak, A Dr	Endocrinology and diabetes.	01782 382507	01782 801054	UHNM
Sen, S Dr	All aspects of management of chronic gastrointestinal disorders.	01782 382507	01782 801054	UHNM
Sringeri, R Dr	Hepato-biliary pancreatic medicine including all forms of endoscopy.	01782 382507	01782 801054	UHNM
Varughese, G Dr	Endocrinology and diabetes.	01782 382507	01782 801054	UHNM
General Surgery				
Balaji, N Mr	Upper GI and bariatrics.	01782 382507	01782 801054	UHNM
Chervu, C Mr	Laparoscopic gallbladder repair, hernia, bariatric and upper GI endoscopy.	01782 382507	01782 801054	UHNM
Dawson, R Mr	General, colorectal, laparoscopic and hernia surgery.	01782 382507	01782 801054	UHNM

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
General Surgery – continued				
Farmer, M Mr	Colorectal surgery.	01782 382507	01782 801054	UHNM
Garimella, V Mr	Colorectal surgery.	01782 382507	01782 801054	UHNM
Kirby, R Prof	General surgery, specialist breast surgery, endoscopy and hernias.	01782 382507	01782 801054	UHNM
Narayanan, S Mr	Breast disease, diagnosis and management including breast reconstruction.	01782 382507	01782 801054	UHNM
Priest, O Mr	Upper gastrointestinal and laparoscopic surgery.	01782 382507	01782 801054	UHNM
Rao, V Mr	Upper gastrointestinal, general, laparoscopic and bariatric surgery.	01782 382507	01782 801054	UHNM
Soumian, S Mr	Breast disease, diagnosis and management including breast reconstruction.	01782 382507	01782 801054	UHNM
Varghese, P Mr	Colorectal surgery.	01782 382507	01782 801054	UHNM
General Practice				
Anderson, C Dr	General practice.	01782 382507	01782 801054	NHS GP
Merron, J Dr	General practice.	01782 382507	01782 801054	NHS GP
Gynaecology				
Annappa, M Ms	Pelvic floor disorders, menstrual irregularities and other gynaecology conditions.	01782 382507	01782 801054	UHNM
El’Gizawy, Z Mr	Endometriosis and pelvic pain, laparoscopic surgery, menstrual disorders, fibroids, benign gynaecology, fertility disorders and general gynaecology.	01782 382507	01782 801054	UHNM
Indusekhar, R Miss	General gynaecology, menopause and HRT.	01782 382507	01782 801054	UHNM
Kodampur, M Mr	General gynaecology, colposcopy and gynaecological oncology.	01782 382507	01782 801054	UHNM
Misra, G Mr	Laparoscopy, hysteroscopy, endometriosis, benign abdominal and vaginal surgery and subfertility.	01782 382507	01782 801054	UHNM
O’Mahony, FM Miss	General gynaecology and urogynaecology.	01782 382507	01782 801054	UHNM
Raut, N Mr	General gynaecology, abdominal and vaginal surgery, laparoscopy, hysteroscopy and endometrosis.	01782 382507	01782 801054	UHNM
Haematology				
Ferguson, P Dr	Consultant haematologist, specialising in general haematology, lymphoid and myeloid malignancies.	01782 382507	01782 801054	UHNM
Neurology				
Abraham, R Dr	General neurology.	01782 382507	01782 801054	UHNM
Al’araji, Dr A	Headache, epilepsy, stroke and movement disorders with a special interest in multiple sclerosis and mimics.	01782 382507	01782 801054	UHNM
Davies, B Dr	General neurology including epilepsy, Parkinson’s disease and a sub-specialist interest in headache disorders especially migraine, cluster headaches, trigeminal neuralgia, IIH and spontaneous intracranial hypertension.	01782 382507	01782 801054	UHNM
Moor, Dr C	General neurology.	01782 382507	01782 801054	UHNM





Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Neurophysiology				
Hashmi, E Dr	Neurophysiology.	01782 382507	01782 801054	UHNM
Ophthalmology				
Bowyer, J Mr	Oculoplastics, lacrimal and orbital disease.	01782 382507	01782 801054	UHNM
Gillow, JT Mr	Macular degeneration, bespoke cataract surgery and glaucoma.	01782 382507	01782 801054	UHNM
Pherwani, A Miss	Microincision cataract surgery, cornea and external eye disease.	01782 382507	01782 801054	UHNM
Oral and Maxillofacial Surgery				
Malins, T Mr	Oral, head and neck surgery.	01782 382507	01782 801054	UHNM
Orthopaedics				
Ahmed, EB Mr	General, spinal trauma, spinal deformity, back pain and cervical spine.	01782 382507	01782 801054	UHNM
Ali, A Mr	Foot and ankle surgery.	01782 382507	01782 801054	UHNM
Brown, MF Mr	Outpatient management of spinal disorders and spinal injections for pain relief.	01782 382507	01782 801054	UHNM
Dos Remedios, I Mr	Trauma, hip and knee.	01782 382507	01782 801054	UHNM
Griffiths, D Mr	Knee surgery.	01782 744118	01782 801054	UHNM
Hamad, A Mr	General, spinal trauma, spinal deformity, back pain and cervical spine.	01782 744118	01782 801054	UHNM
Jasani, V Mr	General, spinal trauma, spinal deformity, back pain and cervical spine.	01782 411218	01782 801054	UHNM
Kathuria, V Mr	Shoulder surgery including arthroscopic.	01782 411218	01782 801054	UHNM
Konduru, S Mr	Lower back pain and degenerative disorders of lumbar and cervical spine, general spine, spinal fractures and tumours.	01782 382507	01782 801054	UHNM
Lim, J Mr	Hip and knee.	01782 382507	01782 801054	UHNM
McClelland, D Mr	Shoulder and elbow.	01782 382507	01782 801054	UHNM
Mehta, S Mr	Shoulder, elbow, hand and wrist.	01782 382507	01782 801054	UHNM
Miller, D Mr	Upper limb injuries, rotator cuff tears and impingement related problems, shoulder arthroscopy, sports injuries (shoulder) and shoulder replacements.	01782 382507	01782 801054	UHNM
Neal, NC Mr	Hand surgery.	01782 382507	01782 801054	UHNM
Patel, A Mr	Hip and knee.	01782 382507	01782 801054	UHNM
Rees, RJ Mr	Foot, ankle and knee surgery.	01782 382507	01782 801054	UHNM
Rouholamin, N Mr	Spinal surgery – specialises in spinal injections, lumbar and cervical surgery and more complex procedures including spinal deformity, spinal tumours and trauma.	01782 382507	01782 801054	UHNM

Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Orthopaedics – continued				
Smith, KD Mr	Hand surgery.	01782 382507	01782 801054	UHNM
Tzerakis, N Mr	Neurosurgery and spinal surgery.	01782 382507	01782 801054	UHNM
Wade, R Mr	Knee and shoulder surgery.	01782 382507	01782 801054	UHNM
Youseff, B Mr	Hip and knee.	01782 382507	01782 801054	UHNM
Paediatrics				
Basharat, F Dr	Epilepsy and neurology.	01782 382507	01782 801054	UHNM
Singh, R Dr	Epilepsy and neurology.	01782 382507	01782 801054	UHNM
Physiotherapy – physiotherapy clinic opening times are by arrangement. Please call 0345 045 4845 for further information.				
Gould, V Ms	Physio Manager, inpatient and outpatient, gen physio, Pilates, spinal, sport injuries, mobilisation manipulation and rehabilitation.	See above.		
Plastic and Cosmetic Surgery				
Huq, S Mr	Breast enlargement, abdominoplasty, liposuction and carpal tunnel.	01782 382507	01782 801054	UHNM
Ismail, A Mr	Aesthetic breast surgery, body contouring, liposuction, post weight loss surgery, skin surgery and skin cancer surgery.	01782 382507	01782 801054	UHNM
Prinsloo, DJ Mr	Abdominoplasty, breast reconstruction, facelift, brow lift, liposuction and rhinoplasty.	01782 382507	01782 801054	UHNM
Psychiatry				
Briscoe, J Dr	General adult psychiatry.	01782 382507	01782 801054	
Chandiramani, K Dr	General adult psychiatry and psychotherapy.	01782 382507	01782 801054	
Radiology				
Abdelmoteleb, M Dr	Chest, abdomen and staging scans.	01782 382504	01782 432645	UHNM
Bajwa, S Dr	Breast imaging (including screening).	01782 382504	01782 432645	UHNM
Clark, A Dr	Abdomen, chest, gynaecology, pelvis, prostate, urology and CT staging scans.	01782 382504	01782 432645	UHNM
Datta, P Dr	Musculoskeletal including CT, fluoroscopy and ultrasound guided injections.	01782 382504	01782 432645	UHNM
Gaba, S Dr	Musculoskeletal and spinal diagnostic imaging and intervention utilising MRI, CT, fluroscopy and ultrasound (including X-ray, CT and ultrasound guided joint injections).	01782 382504	01782 432645	UHNM
George, C Dr	Abdomen, chest, prostate and urology.	01782 382504	01782 432645	UHNM
Jadun, C Dr	Brain, sinus, soft tissue neck, mandible and maxilla, IAMs, spines and CT, fluoroscopy and ultrasound guided injections.	01782 382504	01782 432645	UHNM
Khan, N Dr	Paediatric plus general abdominal, chest, pelvis and CT staging scans.	01782 382504	01782 432645	UHNM





Consultant Name	Sub-speciality	Telephone	Fax	NHS Base
Radiology – continued				
Kularatne, U Dr	Musculoskeletal including CT, fluoroscopy and ultrasound guided injections.	01782 382504	01782 432645	UHNM
Raza, S Dr	Cardiac, oncological and thoracic.	01782 382504	01782 432645	UHNM
Tony, G Dr	Musculoskeletal including CT, fluoroscopy and ultrasound guided injections.	01782 382504	01782 432645	UHNM
Wells, D Dr	Interventional and embolisation, abdomen, chest, pelvis, and CT staging scans.	01782 382504	01782 432645	UHNM
Rheumatology				
Menon, A Dr	Inflammatory arthritis, connective tissue diseases, osteoporosis and non-inflammatory musculoskeletal conditions.	01782 382507	01782 801054	UHNM
Putchakayala, K Dr	Early inflammatory arthritis, osteoporosis, fibromyalgia and osteoarthritis.	01782 382507	01782 801054	MCHT
Urology				
Fernando, H Mr	General urology and adult inguinoscrotal surgery, screening for urological cancers, urinary stone disease, kidney and upper tract urothelial cancer, laser surgery for renal stones, robotic and upper tract surgery.	01782 382507	01782 801054	UHNM
Golash, A Mr	General urology, laparoscopic robotic surgery, testicular problems, prostate problems and kidney cancer.	01782 382507	01782 801054	UHNM
Gommersall, L Mr	Urological oncology, male and female voiding dysfunction including overactive bladder syndrome, prostatic surgery including laser prostatectomy, scrotal surgery, circumcision and andrology including erectile dysfunction.	01782 382507	01782 801054	UHNM
Luscombe, CJ Mr	General urology, prostate cancer, testicular and foreskin problems and minor paediatrics urology (consultation only for paediatrics).	01782 382507	01782 801054	UHNM
Nair, B Mr	General urology.	01782 382507	01782 801054	UHNM
Vascular Surgery				
Calderwood, R Mr	Vascular surgery.	01782 382507	01782 801054	UHNM
Pherwani, A Mr	Vascular surgery.	01782 382507	01782 801054	UHNM

← CONTENTS







## How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

**Working with you, for your patients.**





# Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



## Recovery Plus

When you refer a patient to us their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

[nuffieldhealth.com/recoveryplus](https://nuffieldhealth.com/recoveryplus)

## Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

[nuffieldhealth.com/health-assessments](https://nuffieldhealth.com/health-assessments)

## Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

[nuffieldhealth.com/physiotherapy](https://nuffieldhealth.com/physiotherapy)

Patients accessing any of our services also benefit from a 30-day free gym pass.

## Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

[nuffieldhealth.com/mental-health-support](https://nuffieldhealth.com/mental-health-support)







## Associated services cont.

### Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ MRI
- ◆ CT
- ◆ X-ray
- ◆ Ultrasound
- ◆ Mammography.

[nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services](https://nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services)

### Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

[nuffieldhealth.com/healthcare-professionals/services/pathology](https://nuffieldhealth.com/healthcare-professionals/services/pathology)

### Oncology

We have an on-site expert oncology team covering varying treatments and specialties

From diagnostic testing, care planning to treatment. We can provide your patients individualised care in the privacy of their own en-suite bedroom in a professional environment.

### Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

[nuffieldhealth.com/healthcare-professionals/services/hssu](https://nuffieldhealth.com/healthcare-professionals/services/hssu)

### Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Free to attend
- ◆ Delivered online
- ◆ Flexible formats that work around you.

[nuffieldhealth.com/healthcare-professionals/events-for-gps](https://nuffieldhealth.com/healthcare-professionals/events-for-gps)





## Associated services cont.

### Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 113 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

### Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 200 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

[247.nuffieldhealth.com](https://247.nuffieldhealth.com)

To find your local fitness and wellbeing centre, visit [nuffieldhealth.com/gyms](https://nuffieldhealth.com/gyms)



### Nuffield Health Stoke Fitness & Wellbeing gym

George Eastham Avenue, Trentham Lakes North, Stoke, ST4 4TU  
01782 330077 [nuffieldhealth.com/gyms/stoke](https://nuffieldhealth.com/gyms/stoke)

### 40% FITNESS AND WELLBEING CENTRE DISCOUNT

We are offering a **40% discount to all NHS staff** including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

[nuffieldhealth.com/NHS](https://nuffieldhealth.com/NHS)





# Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



COVID-19 REHABILITATION

## COVID-19 Rehabilitation Programme

Our newly launched unique programme has been developed in collaboration with NHS Trusts.

Following a suspected or confirmed COVID-19 diagnosis, patients can refer themselves onto the programme which offers a unique blend of physical and emotional support. The 12-week plan is led by clinical specialists, and is tailored to an individual's rehabilitation needs.

[nuffieldhealth.com/covidrehab](https://nuffieldhealth.com/covidrehab)



Visit our website [nuffieldhealth.com/healthcare-professionals](https://nuffieldhealth.com/healthcare-professionals) for more information.



STAMINA

## STAMINA Research

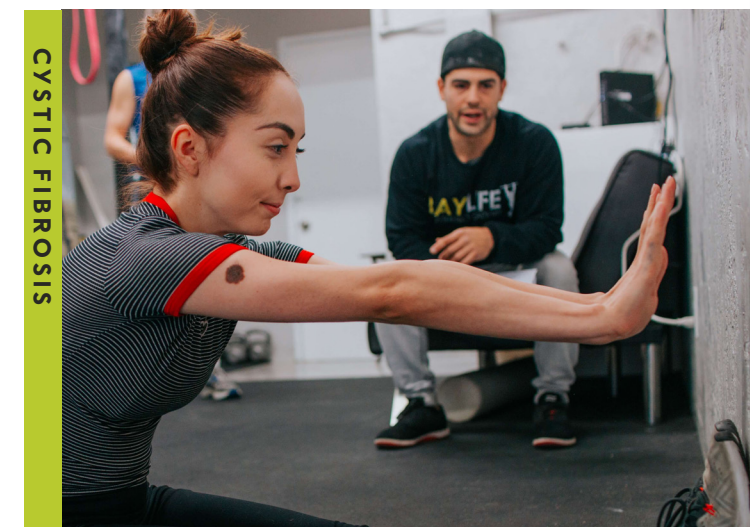
The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.

## Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life.



JOINT PAIN



CYSTIC FIBROSIS

## Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

## Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.

## Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on [nuffieldhealth.com](https://nuffieldhealth.com) to learn more.

To refer your patients visit [nuffieldhealth.com/healthcare-professionals/patient-referrals](https://nuffieldhealth.com/healthcare-professionals/patient-referrals)

# We are the UK's largest healthcare charity\*

We are the UK's largest healthcare charity. For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

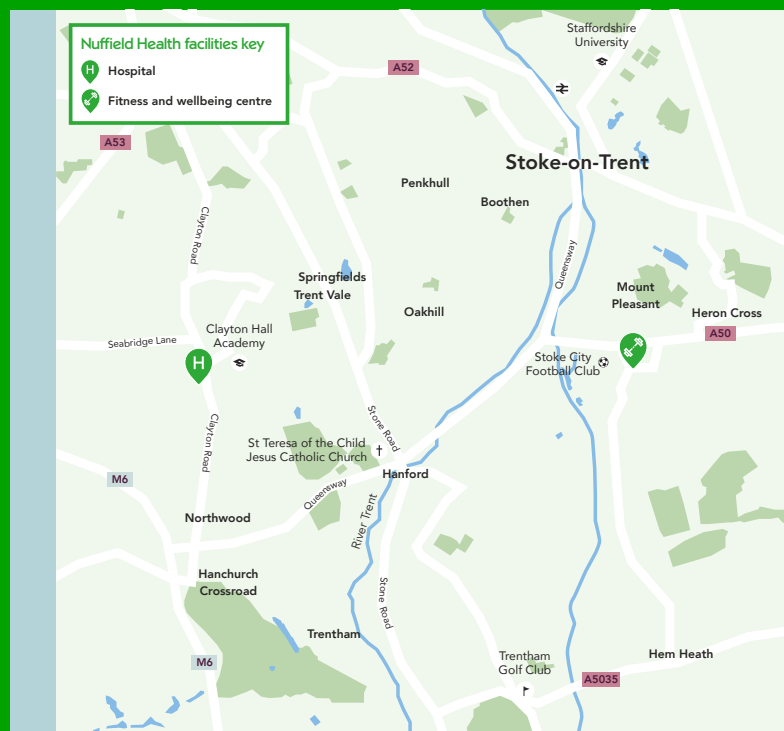
In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

[nuffieldhealth.com/covidrehab](https://nuffieldhealth.com/covidrehab)

As ever, in good times and bad, we're committed to our vision of building a healthier nation.



## Nuffield Health facilities in the area



## Key department contacts

### Customer services

Call **01782 382 551**

[customerservice.enq@nuffieldhealth.com](mailto:customerservice.enq@nuffieldhealth.com)

### Inpatient bookings

Call **01782 382 505** | Fax **01782 801 054**

[northstaffstheatrebookings@nuffieldhealth.com](mailto:northstaffstheatrebookings@nuffieldhealth.com)

### NHS booking enquiries

Call **01782 382 505** | Fax **01782 801 054**

[northstaffs.nhs@nuffieldhealth.com](mailto:northstaffs.nhs@nuffieldhealth.com)

### Outpatient clinic bookings

Call **01782 382 507** | Fax **01782 801 054**

[clinic.bookings@nuffieldhealth.com](mailto:clinic.bookings@nuffieldhealth.com)

### Outpatient office

Call **01782 382 510** | Fax **01782 801 114**

### Pathology

Call **01782 382 502** | Fax **01782 432 634**

### Pharmacy

Call **01782 382 511** | Fax **01782 801 071**

### Physiotherapy

Call **0345 045 4845** | Fax **01782 801 054**

### Radiology department

Call **01782 382 504** | Fax **01782 432 645**

[northstaffs.radiologydept@nuffieldhealth.com](mailto:northstaffs.radiologydept@nuffieldhealth.com)

### Reception/main switchboard

Call **01782 625 431**



**Nuffield Health North Staffordshire Hospital**

Clayton Road, Newcastle under Lyme, Staffordshire ST5 4DB



Call **01782 382507**