



Nuffield
Health

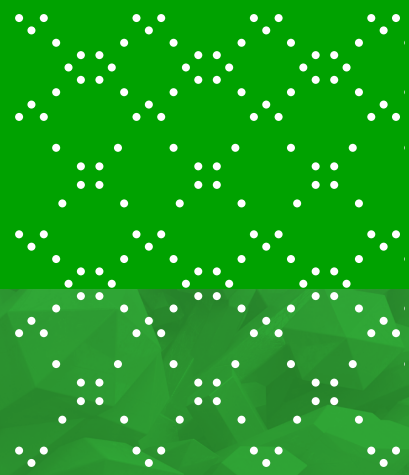
St Bartholomew's
Hospital



Consultant and services directory 2022

Nuffield Health at St Bartholomew's Hospital

Working with you, for your patients.



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We're building a healthier nation

Working with you, for your patients

Connecting health and wellbeing for your patients, at every stage of their treatment journey.

Working with you, for your professional development

Professional training tailored to the needs of your practice.

Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.

Healthcare Account Manager
barts.referrer@nuffieldhealth.com
07917 556765

**Nuffield Health at
St Bartholomew's Hospital**
38 Giltspur Street, London EC1A 7BS
nuffieldhealth.com/hospitals/st-bartholomews

Welcome

We are excited to open the doors of Nuffield Health at St Bartholomew's, our first hospital in Central London.

This unique partnership brings together the prestige and heritage of St Bart's Hospital with our unique end-to-end connected healthcare services and national coverage.

St Bartholomew's Hospital is the oldest hospital in Britain, dating back to 1123. It is an internationally renowned teaching hospital, a centre of excellence for both cardiac and cancer care and is Europe's largest specialised cardiovascular centre. This is an exciting development for London and we are proud to work alongside some of the very best consultants in the world.

By connecting up with our existing London facilities as well as our new Barbican fitness and wellbeing centre we can provide your patients with consistently excellent, personalised care in a truly first class setting.

Maxine

Maxine Estop Green
Hospital Director

St Bartholomew's Hospital is famous for being the UK's oldest hospital, a major teaching facility and a centre of excellence for cardiology and cancer.

With the launch of Nuffield Health at St Bartholomew's hospital, this partnership enables us to deliver the high-quality service and clinical standards you expect, with reassurance of access to a major teaching hospital and tertiary referral centre.

We are the only independent provider able to deliver end-to-end healthcare services, from primary care and diagnostics, in-patient and day-case treatment right through to rehabilitation and preventive care, all with the ability to offer the reassurance of a national network of services.

At Nuffield Health, we know the health and wellbeing of your patients is connected. This is a key aspect of our purpose – to build a healthier nation. Our unique range of services help your patients stay fit and healthy throughout their lives.

The Nuffield Health St Bartholomew's team

Maxine Estop Green Hospital Director



Anthony Fitzgerald Matron



How to refer your patients

Referring your patients to Nuffield Health at St Bartholomew's Hospital is quick and simple. We accept the following patients:

Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That's reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ◆ The confirmed price is all your patient will ever pay*
- ◆ If they find a better price for the same procedure package, we'll match it**
- ◆ There are no time limits on aftercare.***

There is also the option of an interest-free loan.

Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Our team will help patients book their appointment and can support with insurance claims.

You can refer patients in the following ways:

Main telephone number **0203 386 9000**
Email **nhbarts.outpatientbookings@nuffieldhealth.com**
Visit **nuffieldhealth.com/hospitals/st-bartholomews**

*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient's procedure price. **Not including Private Patient Units at NHS hospitals. Local area defined as within the City of London. We will match against written quotes only. ***Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient's procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. "Clinically required" indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise



Patient safety is our number one priority

As the first hospital to open in London following the pandemic we want to reassure you and your patients that we've put in place safety measures to make our hospital COVID-19 secure. We're offering telephone and online consultations, as well as face-to-face appointments, so whether your patients' appointment is from home or in person, they'll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government guidance and are implemented by the Nuffield Health infection prevention team.

Key facilities at Nuffield Health St Bartholomew's

Medical cover

24hr resident medical officer and resident critical care doctor.

Patient accommodation

55 residential patient rooms with en-suite facilities, nurse call system, interpretation and translation services, direct dial telephone, flat screen TV and radio, all patient rooms are Wi-Fi enabled. Seven critical care beds.

Specialising in:

- ◆ Cardiac surgery
- ◆ Oncology
- ◆ Cardiology
- ◆ Orthopaedics.



Facilities and services include:

Facilities:

- ◆ 26 consulting rooms
- ◆ Pharmacy
- ◆ Minor operations suite
- ◆ Pathology laboratory
- ◆ Two digital X-ray rooms
- ◆ 1.5 Tesla MRI (with wide bore to reduce claustrophobia)
- ◆ One endoscopy suite
- ◆ Full-field digital mammography including Tomosynthesis (3D)
- ◆ Two ultrasound suites
- ◆ Echocardiology suite
- ◆ CT suite with pioneering dual source energy technology, providing faster and more accurate scans
- ◆ Seven critical care level three beds.

Services:

- ◆ Nurse-led pre-assessment
- ◆ Access to gastrointestinal physiology service
- ◆ Fluoroscopy
- ◆ Diagnostic imaging
- ◆ Full breast screening service including rapid assessment breast clinic and mammography
- ◆ Cardiac diagnostics for outpatients and non-invasive services for cardiac outpatients (for example cardiac monitoring and ECG)
- ◆ Cardiac imaging, including complex cardiac scanning capability
- ◆ Cardiac and oncology rehabilitation pathways
- ◆ Men's and women's health services (including gynaecology and urology suite)
- ◆ Emotional wellbeing services and CBT
- ◆ Physiotherapy onsite for both inpatient and outpatient use (including onsite gym and access to our wider estate of fitness and wellbeing centres).



Consultant and services directory

The details for each consultant show their name, specialist area and NHS hospital.



Visit nuffieldhealth.com/consultants to view our consultants' profiles.

Breast

Miss Laura Johnson

General breast surgery, breast implant associated anaplastic large cell lymphoma (BIA-ALCL), risk reducing surgery, symmetrising surgery and breast cancer in young women.

St Bartholomew's Trust

Mr Md Zaker Ullah

General breast surgery, a one-stop service for benign and malignant breast diseases, laparoscopic surgery for gall bladder, appendicectomy and hernia surgery.

St Bartholomew's Trust

Mr Jason Saunders

General breast surgery, therapeutic mastoplasty, implant and LD flap reconstruction and symmetrisation surgery (reduction, uplift or augmentation).

St Bartholomew's Trust

Miss Jennifer Hu

General breast surgery, reconstructive breast surgery, breast cancer and breast genetics.

St Bartholomew's Trust

Cardiology (cardiac imaging)

Dr Ceri Davies

Management of heart failure and advanced non-invasive cardiac imaging (cardiac MR and cardiac CT).

St Bartholomew's Trust

Dr Mark Westwood

Diagnostic cardiac imaging including cardiac MR and echocardiography.

St Bartholomew's Trust

Dr Thomas Triebel

Cardiac imaging, including cardiac CT and MR, stress echo and transoesophageal.

St Bartholomew's Trust

Cardiology

Dr Debashish Das

General cardiology, heart muscle disease, atrial fibrillation, valvular heart disease, high blood pressure, palpitations and coronary artery disease.

St Bartholomew's Trust – Barts Heart Centre

Dr Katherine von Klemperer

General cardiology, pregnancy-related cardiovascular disease, heart muscle disease, atrial fibrillation, valvular heart disease, high blood pressure and palpitations.

St Bartholomew's Trust – Barts Heart Centre

Dr Sanjeev Bhattacharyya

General cardiology, advanced heart failure, valvular heart disease and echocardiography (transthoracic, transoesophageal, stress echo, contrast and 3D).

St Bartholomew's Trust – Barts Heart Centre

Dr Denis Pellerin

General cardiology, heart failure, heart muscle disease/ cardiomyopathy and echocardiography (transthoracic, transoesophageal, stress echo, contrast and 3D).

St Bartholomew's Trust – Barts Heart Centre

Dr Simon Woldman

General cardiology, heart failure, endocarditis, collapse episodes and any other cardiac concerns.

St Bartholomew's Trust – Barts Heart Centre

Dr Costas O'Mahony

Prevention, diagnosis and treatment of heart disease and all areas of adult cardiology, with a special interest in coronary artery disease and cardiomyopathy (heart muscle disease).

St Bartholomew's Trust – Barts Heart Centre

Cardiology – Electrophysiology

Dr Martin Lowe

General cardiology and electrophysiology (maintaining heart rhythm) including pacemaker implantation, cardioversion, adult arrhythmias and atrial fibrillation.

St Bartholomew's Trust – Barts Heart Centre

Dr Anthony Chow

General cardiology and electrophysiology including pacemaker implantation, cardioversion, management of simple and complex atrial flutters.

St Bartholomew's Trust – Barts Heart Centre

Dr Mehul Dhinoja

Treatment of all heart rhythm disorders, implantation of devices like pacemakers, implantable cardioverter defibrillators (ICDs) and biventricular devices.

St Bartholomew's Trust – Barts Heart Centre

Dr Vivienne Ezzat

General cardiology and electrophysiology, heart rhythm disturbances including bradyarrhythmia and arrhythmia in patients with congenital heart disease.

St Bartholomew's Trust – Barts Heart Centre

Dr Malcolm Finlay

Ablation of atrial fibrillation, implantable cardioverter defibrillator (ICD) insertion and management, cardiac resynchronisation therapy insertion (BiVent ICD), pacemaker insertion and management.

St Bartholomew's Trust – Barts Heart Centre

Professor Ross Hunter

Arrhythmia (irregular heartbeat), atrial fibrillation, chest pain, dizziness, loss of consciousness (syncope) and palpitations.

St Bartholomew's Trust – Barts Heart Centre

Dr Oliver Segal

Ablation, implantable devices/device therapy, heart devices, pacing (cardiology), radiofrequency ablation, left atrial appendage occlusion devices and leadless pacemakers.

St Bartholomew's Trust – Barts Heart Centre

Cardiology – Electrophysiology – continued

Dr Afzal Sohaib

Heart rhythm problems, pacemaker and defibrillator implants and ablation procedures for heart rhythm disturbances.

St Bartholomew's Trust – Barts Heart Centre

Dr Neil Srinivasan

All types of arrhythmia, including fast rhythms (atrial fibrillation and atrial flutter), frequent ectopic or skipped beats, supraventricular tachycardias and slow heart rhythms.

Mid and South Essex NHS Trust

Dr Philip Moore

General cardiology, ECG interpretation, ischaemic heart disease and coronary angiography, pacemaker implantation, heart failure and CRT therapy (biventricular pacemaker implantation).

St Bartholomew's Trust – Barts Heart Centre

Dr Charlotte Manisty

General cardiac conditions including heart failure, valvular heart disease and heart murmurs, cardiomyopathy, myocarditis, angina and coronary artery disease (chest pain), high blood pressure, palpitations and pre-operative risk assessment.

St Bartholomew's Trust – Barts Heart Centre

Cardiology – interventional

Dr Ajay Jain

Chest pain, angina, coronary artery disease, coronary angiography, coronary angioplasty, coronary stenting, heart attack risk reduction and management.

St Bartholomew's Trust – Barts Heart Centre

Dr Andrew Wragg

Cardiovascular risk assessment, hypertension investigation and treatment, cardiac screening and heart disease prevention, general cardiology and angioplasty.

St Bartholomew's Trust – Barts Heart Centre

Cardiology – interventional – continued

Dr Alexander Sirker

Keyhole diagnostic and therapeutic procedures, complex coronary interventions, treatment of bifurcation disease, calcified lesions, diseased bypass grafts, balloon and stent-based procedures.

St Bartholomew's Trust – Barts Heart Centre

Dr Paul Rees

Treating heart disease using minimally invasive stent procedures, the assessment of chest pain, high blood pressure, heart disease in diabetes and coronary angiography.

St Bartholomew's Trust – Barts Heart Centre

Professor Anthony Mathur

Management of patients who have failed conventional therapy for heart failure and angina and compassionate stem cell treatment for patients with cardiac disease.

St Bartholomew's Trust – Barts Heart Centre

Professor Charles Knight

Acute coronary syndromes, renal and cardiac disease and hypertrophic cardiomyopathy, assessment of chest pain, coronary angiography and percutaneous coronary intervention.

St Bartholomew's Trust – Barts Heart Centre

Dr Andrew Deaner

Angina, coronary artery disease, palpitations and heart failure, pregnant women with heart disease, pacemaker implants, transthoracic and transoesophageal echocardiography.

St Bartholomew's Trust – Barts Heart Centre

Dr Oliver Guttmann

Interventional cardiology, heart muscle disease (cardiomyopathy), myocarditis and general cardiology (chest pain, palpitations, high cholesterol).

St Bartholomew's Trust – Barts Heart Centre

Dr Roshan Weerackody

General interventional cardiology including diagnosis and treatment of chest pain, angina, coronary artery disease and heart attack.

St Bartholomew's Trust – Barts Heart Centre

Dr Tat Koh

Palpitations and arrhythmias, hypertension, high cholesterol, coronary heart disease, cardiovascular fitness assessment for general/vascular surgery and heart disease in women.

St Bartholomew's Trust – Barts Heart Centre

Dr Michael Ozkor

Minimally invasive interventional procedures for heart valves, transcatheter aortic valve implantation (TAVI) and complex coronary treatments.

St Bartholomew's Trust – Barts Heart Centre

Dr Daniel Jones

Treating blockages in the heart arteries, treatment of complex and calcified cases, treating damaged heart valves and managing patients with chest pain and normal coronary arteries.

St Bartholomew's Trust – Barts Heart Centre

Dr Arvinder Kurbaan

Pacing (cardiology), syncope, angioplasty, arrhythmias, interventional cardiology and coronary stenting.

St Bartholomew's Trust – Barts Heart Centre

Dr Andrew Archbold

Chest pain, breathlessness, palpitations, hypertension, coronary angiography, stenting and optimisation for non-cardiac surgery.

St Bartholomew's Trust – Barts Heart Centre

Dr Amit Bhan

Interventional cardiology, treatment of congenital heart diseases, atrial septal defect/patent foramen ovale closure and echocardiography.

St Bartholomew's Trust – Barts Heart Centre



Cardiac surgery

Mr Kulvinder Lall

Minimal access aortic valve surgery, right anterior thoracotomy aortic valve surgery, aortic valve surgery, mitral valve surgery, coronary artery surgery and surgical ablation.

St Bartholomew's Trust – Barts Heart Centre

Mr Rakesh Uppal

Adult cardiac surgery including coronary artery bypass surgery, mitral valve repair, aortic valve surgery and surgery of the aorta.

St Bartholomew's Trust – Barts Heart Centre

Mr Wael Awad

Complex cardiac surgery, minimal access aortic valve replacement, mitral valve repair, surgery of the thoracic aorta, mechanical heart support and ventricular assist devices.

St Bartholomew's Trust – Barts Heart Centre

Mr Alex Shipolini

Aortic valve replacement, coronary artery bypass, mitral valve surgery, pleural biopsy and drainage and thoracoscopy.

St Bartholomew's Trust – Barts Heart Centre

Mr David Lawrence

Lung cancer surgery, cardiac and mitral valve surgery, aortic valve surgery and total arterial revascularisation.

St Bartholomew's Trust – Barts Heart Centre

Mr Kit Wong

Coronary artery surgery, aortic and mitral valve surgery, septal myectomy for left ventricular outflow obstruction, aortic aneurysm surgery and minimally invasive surgery.

St Bartholomew's Trust – Barts Heart Centre

Mr Ben Adams

Complex aortic valve surgery, Quality and Safety Lead for Cardiac Surgery at St Bartholomew's Trust.

St Bartholomew's Trust – Barts Heart Centre

Ms Ana Lopez-Marco

Adult cardiac surgery, complex aortic surgery and aortic dissection.

St Bartholomew's Trust – Barts Heart Centre

Cardiac surgery – continued

Mr Dincer Aktuerk

Minimal access mitral valve surgery, minimal access aortic valve replacement, atrial fibrillation surgery, coronary artery bypass surgery and endoscopic vein harvest.

St Bartholomew's Trust – Barts Heart Centre

Mr Neil Roberts

Coronary artery bypass surgery, aortic valve replacement, aortic root replacement, tricuspid valve surgery, atrial fibrillation surgery and surgery for aortic aneurysms.

St Bartholomew's Trust – Barts Heart Centre

Colorectal

Mr Pasquale Giordano

General surgery, colorectal surgery, general and gastrointestinal surgery, bowel cancer, pelvic floor, haemorrhoids and minimally invasive techniques.

St Bartholomew's Trust

Professor Bijendra Patel

Surgery for benign and malignant diseases of the oesophagus and stomach, laparoscopic surgery for hernia, acid reflux, gall stones and appendix.

St Bartholomew's Trust

Mr Emin Carapeti

Rectal bleed, colonoscopy, colorectal cancer, management of fissures and management of haemorrhoids, management of pilonidal sinus disease.

Fully private

Mr Michael Machesney

General surgery, laparoscopic surgery, colorectal surgery, colonoscopy and endoscopy.

St Bartholomew's Trust

Mr Piero Nastro

General surgery, colorectal surgery, minimally invasive surgery, laparoscopic colorectal resection, gallbladder surgery and laparoscopic inguinal hernia repair (TEP).

Dartford and Gravesham Trust

Dermatology

Dr Shefali Rajpopat

General dermatology, acne, skin cancer, eczema and hyperhidrosis (excessive sweating).

St Bartholomew's Trust

Dr Anshoo Sahota

General dermatology, skin surgery, skin cancer treatment, phototherapy and treatment of hyperhidrosis.

St Bartholomew's Trust

Professor Victoria Jolliffe

General dermatology including eczema, psoriasis, acute skin disorders and skin cancers, pigmented lesions, acne, hair loss (alopecia) and hair disorders.

St Bartholomew's Trust

Endocrinology

Dr Rina Davison

Diabetes and endocrine disorders, hypothyroidism, polycystic ovary syndrome (PCOS), reproductive disorders and thyroid problems.

St Bartholomew's Trust

Dr Nigel Glynn

Clinical endocrinology, diabetes, diagnosis and treatment of metabolic disorders and thyroid problems.

St Bartholomew's Trust

Dr Candy Sze

Specialist endocrine testing and treatment including pituitary hormone replacement, adrenal hormone replacement, thyroid treatment (for over and underactivity) and endocrine hypertension.

St Bartholomew's Trust

Ear, nose and throat (ENT)

Mr Nicholas Eynon-Lewis

Nose/sinus problems, throat/voice problems, ear problems and rhinoplasty.

St Bartholomew's Trust

Mr Khalid Ghufoor

General ENT, laryngology (including voice and swallowing problems), head and neck cancer surgery, thyroid disorders salivary gland surgery, airway and breathing disorders.

St Bartholomew's Trust

ENT – continued

Mr Jahangir Ahmed

General ENT, head and neck cancer surgery, thyroid nodule and thyroid cancer, laryngology, voice and complex airway procedures.

St Bartholomew's Trust

Gastroenterology

Dr Patrick Wilson

General gastroenterology, diagnosis and management of gastritis, inflammation of the bowel including Crohn's disease and ulcerative colitis, gastroscopy, endoscopy and flexible sigmoidoscopy.

St Bartholomew's Trust

Dr Yiannis Kallis

Gastroenterology, hepatology, diseases of the liver, pancreas, gallbladder and bile duct, endoscopy and liver cancer.

St Bartholomew's Trust

Professor James Lindsay

General gastroenterology, inflammation of the bowel including Crohn's disease and ulcerative colitis, gastroscopy, endoscopy and flexible sigmoidoscopy.

St Bartholomew's Trust

Dr Sudeep Tanwar

Advanced Endoscopy including colonoscopy, ERCP, removal of polyps, gastrointestinal bleeding, reflux and dyspepsia, coeliac disease and inflammatory bowel disease (IBD).

St Bartholomew's Trust

Gynaecology

Ms Charlotte Chaliha

General gynaecology, pelvic floor problems such as urinary and faecal incontinence, prolapse, perineal and vaginal pain, postpartum pelvic floor problems and recurrent urinary tract infections.

St Bartholomew's Trust

Mr Joseph Aquilina

General gynaecology, ultrasound diagnostic clinics, polycystic ovarian syndrome, menstrual disorders, pelvic pain, menopause and hormone replacement therapy (HRT).

St Bartholomew's Trust



Gynaecology – continued

Ms Jyotsna Pundir

Minimal access gynaecological surgery, polycystic ovarian syndrome, menopause management including premature menopause, sexual dysfunction, family planning and hormone replacement therapy (HRT).

St Bartholomew's Trust

Dr Rehan Khan

Women's health, general gynaecology, urinary and faecal incontinence, prolapse, perineal and vaginal pain.

St Bartholomew's Trust

Mr Ramesan Navaratnarajah

Early pregnancy care, recurrent miscarriage, endometriosis, general gynaecology, minimally invasive surgical techniques, uterine cavity imaging and gynaecological 3D ultrasound.

St Bartholomew's Trust

Haematology

Dr Frederick Chen

General haematology involving the study and treatment of blood disorders.

St Bartholomew's Trust

Interventional radiology

Dr Matthew Matson

Minimally invasive treatment of aneurysms, treatment of varicoceles, embolisation of fibroids and pelvic congestion in females and vascular radiology of endocrine disease.

St Bartholomew's Trust

Dr Mohammed Rashid Akhtar

Interventional radiology, diagnostic radiology, embolisation and ultrasound-guided injections.

St Bartholomew's Trust

Dr Alberto Antoniotti

Interventional radiology, diagnostic radiology, embolisation and ultrasound-guided injections.

St Bartholomew's Trust

Interventional radiology – continued

Dr Amr Maged Elsaadany

Interventional radiology, diagnostic radiology, embolisation and ultrasound-guided injections.

St Bartholomew's Trust

Dr Timothy Fotheringham

Interventional radiology, diagnostic radiology, embolisation and ultrasound-guided injections.

St Bartholomew's Trust

Dr Ounali Jaffer

Interventional radiology, diagnostic radiology, embolisation and ultrasound-guided injections.

St Bartholomew's Trust

Dr Jimmy Kyaw Tun

Interventional radiology, diagnostic radiology, embolisation and ultrasound-guided injections.

St Bartholomew's Trust

Dr Ian Renfrew

Interventional radiology, diagnostic radiology, embolisation and ultrasound-guided injections.

St Bartholomew's Trust

Nephrology

Dr Mark Blunden

Diagnosis and treatment of disorders of the kidneys and their systemic effects including electrolyte disturbances and hypertension and general medicine.

St Bartholomew's Trust

Dr Neil Ashman

Diagnosis and treatment of disorders of the kidneys and their systemic effects including electrolyte disturbances and hypertension and general medicine.

St Bartholomew's Trust

Dr Ajith James

Diagnosis and treatment of disorders of the kidneys and their systemic effects including electrolyte disturbances and hypertension and general medicine.

St Bartholomew's Trust

Nephrology – continued

Dr Benjamin Turner

General neurology, headache, notably migraine and dizziness, Multiple Sclerosis (MS) diagnosis and treatment.

St Bartholomew's Trust

Neurophysiology

Dr Bryan Youl

Electromyography (EMG) and nerve conduction studies (NCS), peripheral nerve and muscle and diagnostic clinical neurophysiology.

Royal Free London

Oncology

Dr John Conibear

Non-surgical treatments for both lung and breast cancers, chemotherapy, biological therapy, immunotherapy, radiotherapy and state of the art radiotherapy techniques.

St Bartholomew's Trust

Dr Rachel Lewis

Clinical oncology, diagnosis and management of brain and spine tumours and cancers and neuro-oncology.

St Bartholomew's Trust

Dr Virginia Wolstenholme

Breast cancer radiotherapy, breast cancer chemotherapy, melanoma treatment and non-melanoma skin cancer treatment.

St Bartholomew's Trust

Dr Sukaina Rashid

Breast cancer radiotherapy, breast cancer chemotherapy, melanoma treatment and non-melanoma skin cancer treatment.

St Bartholomew's Trust

Dr Karen Tipples

Diagnosis and treatment of prostate cancer, oncological treatment of breast cancer, breast cancer radiotherapy and breast cancer chemotherapy.

St Bartholomew's Trust

Oncology – continued

Dr Nikolaos Diamantis

Diagnosis and treatment of colorectal, oesophageal, gastric, pancreatic, liver and bile duct cancers and cancers of unknown primary (CUP).

St Bartholomew's Trust

Mr Saurabh Phadnis

Minimally invasive and open abdominal surgery, fertility preservation in gynaecological cancer and advanced stage ovarian cancer cytoreduction surgery.

St Bartholomew's Trust

Dr Sherif Raouf

Urological, lung, gynaecological and gastrointestinal cancers, including oesophagus, stomach, pancreas, liver, gall bladder, colon and anal cancers.

Barking, Havering and Redbridge University Hospital

Dr Louise Lim

Diagnosis and treatment of lung cancers, immune-oncology and management of solid tumours utilising immunotherapy.

St Bartholomew's Trust

Professor Peter Szlosarek

Skin tumours, cancer, oncology, thoracic oncological surgery, melanoma, lung cancer and mesothelioma.

St Bartholomew's Trust

Dr Alex Martin

Prostate cancer, bladder cancer, lung cancer, radiotherapy, stereotactic ablative body radiotherapy (SABR), chemotherapy, targeted therapies and immunotherapy.

West Suffolk and Addenbrooke's Hospital

Dr Constantine Alifrangis

Diagnosis and treatment of urological cancers including prostate, bladder, penile and testicular cancer.

University College London Hospital



Oral and maxillofacial

Mr Alastair Fry

Head and neck surgery, reconstruction, wisdom tooth surgery, implants, salivary gland surgery, early diagnosis and minimally invasive management of oral cancers.
Guy's and St Thomas'

Mr Mustansir Alibhai

Cancers of the face, mouth, jaw and neck, microsurgical facial reconstruction including free tissue transfer, jaw tumours, salivary gland tumours and stones and benign oral lesions.
University College London Hospital

Orthopaedics

Mr Ali Noorani

Upper limb surgery, complex sports injuries and trauma, joint preservation and management of early onset arthritis, frozen shoulder, subacromial impingement and rotator cuff tears.
St Bartholomew's Trust

Mr Sebastian Dawson-Bowling

Hip conditions, knee sports injuries, partial, total and revision knee replacement surgery, revision of failed joint replacements and complex hip joint replacement surgery.
St Bartholomew's Trust

Professor Nima Heidari

Foot and ankle surgery, including degeneration, trauma, sports injuries and lower limb reconstruction.
St Bartholomew's Trust

Mr Raghbir Khakha

Knee problems including trauma, sports injuries, arthritis and joint preservation surgery, knee osteotomy surgery, cartilage preservation, arthroscopic ligament reconstructions, partial and total knee replacement.
Guy's and St Thomas'

Mr Thomas Hester

Foot and ankle conditions, including minimally invasive surgery (arthroscopy), ligament injuries, ankle fractures, cartilage damage and bunions and heel pain.
King's College Hospital

Orthopaedics – continued

Mr Onur Berber

Hand surgery, all conditions affecting the hand, wrist and elbow as well as injuries of the upper limb.
Whittington Hospital

Mr Tony Andrade

Hip preservation surgery, hip and knee joint replacements, malrotation problems of the lower limbs and derotation osteotomies of tibiae and/or femora.
The Royal Berkshire

Pain medicine

Dr Stephen Humble

Spinal interventional techniques, regional anaesthesia, neuropathic pain management, musculoskeletal and joint pain, neck pain, steroid joint injections and cancer pain.
Imperial College

Palliative care/pain medicine

Dr David Feuer

End of life care, pathophysiology, diagnosis and treatment of malignant intestinal obstruction, palliative care and pain relief for all patients at any stage of their illness.
St Bartholomew's Trust

Respiratory medicine

Dr David Simcock

General medicine and allergy specialist.
St Bartholomew's Trust

Dr Runa Ali

General medicine and allergy specialist.
St Bartholomew's Trust

Rheumatology

Dr Gagandeep Takhar

Rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, osteoarthritis, connective tissue disease, osteoporosis, gout, soft tissue rheumatology and hypermobility.
Chelsea and Westminster Hospital

Spinal

Mr Wai Yoon

All spinal problems including lumbar spine disorders, spinal surgery, back pain, sciatica, spinal infection, spinal tumour, neck surgery, cervical pathology, neck pain, microdiscectomy and minimally invasive spinal surgery.
University Hospitals of Leicester

Sports and exercise medicine

Dr Shabaaz Mughal

Sports injuries, musculoskeletal pain and injuries, diagnostic musculoskeletal ultrasound, football medicine, complex sports hip and groin injuries, ligament and tendon problems and non-operative management of knee and ankle injuries.
Fully private

Thoracic

Mr Kelvin Lau

Diagnosis and surgical management of lung cancer, treatment of lung nodules, pleural effusion and navigation bronchoscopy.
St Bartholomew's Trust

Ms Henrietta Wilson

Minimally invasive thoracic surgery, lung cancer, thymoma, thymic carcinoma, myasthenia gravis, navigational bronchoscopy and lung preservation surgery.
St Bartholomew's Trust

Urology

Mr Ben Lamb

Urological cancers, symptoms of prostatism, urinary tract infections (UTI), testicular lumps and testicular pain and blood in the urine (haematuria) or semen (haematospermia).
Addenbrooke's Hospital

Mr Prabhakar (Prabs) Rajan

General urological conditions, surgery for prostate cancer and surgery for advanced testicular cancers.
University College London Hospital

Mrs Chi-Ying Li

Andrology and infertility, general urology, reconstructive and uro-oncology.
St Bartholomew's Trust

Urology – continued

Mr Oliver Wiseman

Management of urinary stone disease, treatment of men with infertility, treatment of kidney stones, metabolic investigation of patients with kidney stones and minimally invasive surgery.
Addenbrooke's Hospital

Mr Kasra Saeb-Parsy

Urology, endo-urology, stone disease, urological cancer, urological surgery and men's health.
Addenbrooke's Hospital

Professor John Kelly

Treatment and management of prostate cancer, bladder cancer and urological cancers.
University College London Hospital

Professor Christof Kastner

Assessment and treatment of benign and cancerous prostatic disease and benign obstruction of the urinary flow by the prostate.
Addenbrooke's Hospital

Mr Nimish Shah

General urology, laser treatment for stones, lithotripsy, laparoscopic urology, urological cancers, bladder and kidney stone disease.
Addenbrooke's Hospital

Vascular

Mr Harpaul Flora

Varicose veins and thread veins, injection sclerotherapy, carotid artery disease, aneurysm treatment and screening, peripheral arterial disease and hyperhidrosis or excessive sweating.
St Bartholomew's Trust

Mr Constantinos Kyriakides

Varicose vein disease, laser vein surgery, venous flares and leg ulcers, carotid disease and stroke, aortic aneurysms and dissections, diabetic and peripheral vascular disease, axillary and palmar hyperhidrosis.
St Bartholomew's Trust





How your patients feel tomorrow starts today



We are proud to open the first hospital in London following the pandemic. At Nuffield Health at St Bartholomew's we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, including university teaching consultants, offering a range of award-winning healthcare services.

Working with you, for your patients.



Associated services

We know the health and wellbeing of your patients is connected, and that's why their healthcare should be too. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



Recovery Plus

When you refer a patient to us their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when clinically appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

To find out more visit
nuffieldhealth.com/recoveryplus

Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referral process to university teaching consultants
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

To find out more visit
nuffieldhealth.com/health-assessments

Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

To find out more visit
nuffieldhealth.com/mental-health-support



Patients accessing any of our services also benefit from a 30-day free gym pass.





Associated services cont.

Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ Two digital X-ray rooms
- ◆ Cardiac diagnostics for outpatients and non-invasive services for cardiac outpatients (for example cardiac monitoring and ECG)
- ◆ Men's and women's health services (including gynaecology and urology suite)
- ◆ Diagnostic imaging
- ◆ Full breast screening service including rapid assessment breast clinic and mammography
- ◆ Two ultrasound suites
- ◆ 1.5 Tesla MRI (with wide bore to reduce claustrophobia)
- ◆ Echocardiology suite
- ◆ CT suite with pioneering dual source energy technology, providing faster and more accurate scans
- ◆ Cardiac imaging, including complex cardiac scanning capability
- ◆ Gastrointestinal physiology service.

To find out more visit
nuffieldhealth.com/hospitals/st-bartholomews

Pathology

We have exclusive access to the pathology services at The Barts Health NHS Trust, enabling us to access the world-class multidisciplinary team (MDT) discussion platform.

To find out more visit
nuffieldhealth.com/healthcare-professionals/services/pathology

Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated healthcare account managers can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Free to attend
- ◆ Delivered online
- ◆ Flexible formats that work around you.

For more information contact
barts.events@nuffieldhealth.com



Associated services cont.

Physiotherapy and rehabilitation

Our physiotherapy team at Nuffield Health St Bart's are highly skilled and experienced clinicians. We are dedicated to helping your patients get back to their best whilst providing education and lifestyle advice to enable them to sustain the improvement. Our physiotherapists are members of the Chartered Society of Physiotherapy and registered with the Health Professions Council. Your patients can feel safe and assured in the knowledge that they are in the hands of experts.

Our expertise

Your patients will be seen by our physiotherapy team before their surgery, during the early post-operative recovery and as an outpatient for ongoing support and rehabilitation. We work closely with our orthopaedic surgeons, oncologists and cardiologists to encourage successful long-term outcomes.

Our services

Physiotherapy can offer assessment and treatment for a range of muscle, joint and nerve conditions or injuries in our outpatient clinics. We have strong links with our local fitness and wellbeing centres where our personal trainers support ongoing exercise and rehabilitation.



Nuffield Health at St. Bartholomew's offers comprehensive multi-disciplinary rehabilitation for cardiac and cancer patients that makes the most of our network of physiotherapists, nutritionists, and emotional wellbeing services.

- ◆ Specialist physiotherapy input to pre-assessment clinics
- ◆ Post-operative physiotherapy for cardiac, orthopaedic, oncology and general surgery patients
- ◆ Multidisciplinary cardiac and cancer rehabilitation across in and outpatient pathways
- ◆ Orthopaedic physiotherapy during early, middle and late stage rehabilitation
- ◆ Musculoskeletal physiotherapy for sport injuries, back and neck pain, rheumatological conditions, pelvic pain/dysfunction and chronic pain
- ◆ Complimentary access to our fitness and wellbeing centres.



To find out more contact the **physiotherapy team** on 0203 386 9002 or visit nuffieldhealth.com/physiotherapy



Associated services cont.

Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 114 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

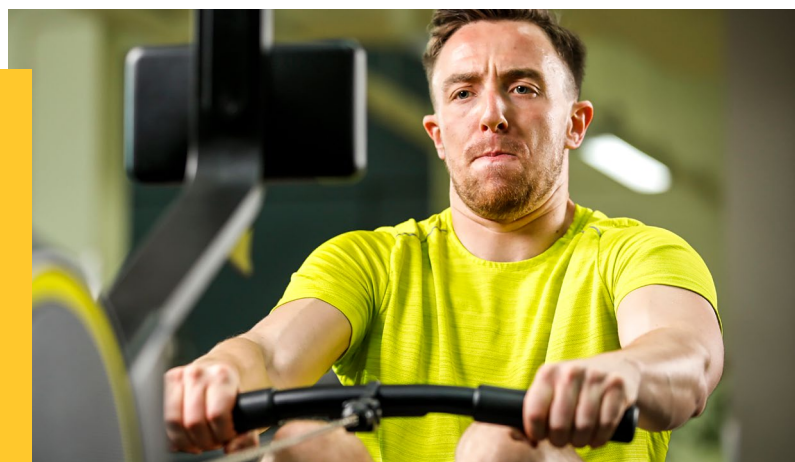
Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 350 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

247.nuffieldhealth.com



To find your local fitness and wellbeing centre, visit nuffieldhealth.com/fitness



40% FITNESS AND WELLBEING CENTRE DISCOUNT

We are offering a **40% discount to all NHS staff** including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

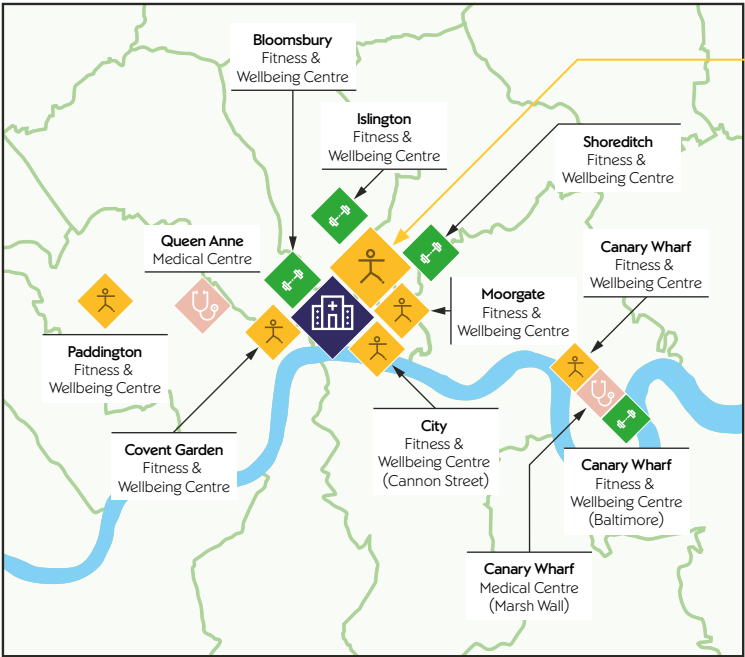
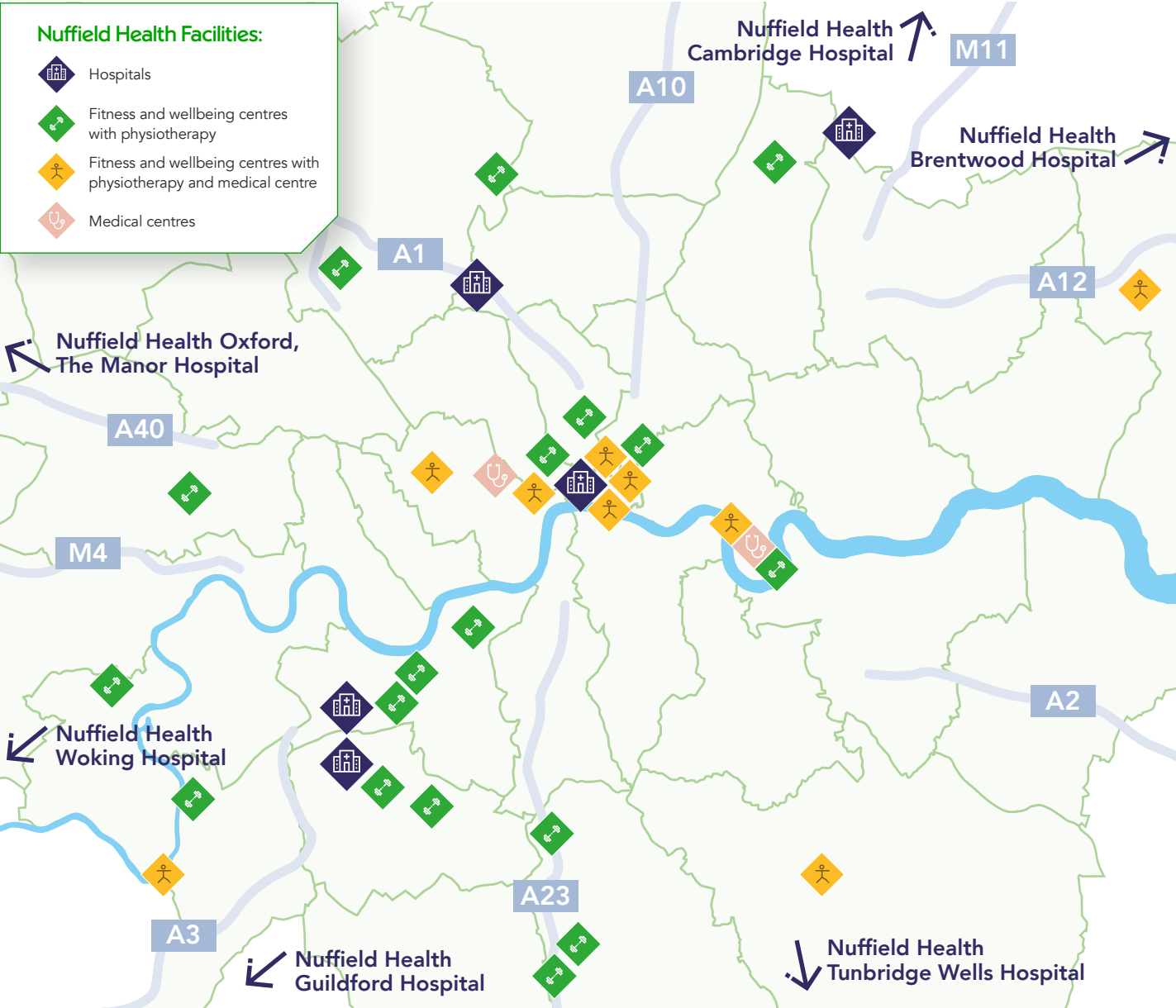
nuffieldhealth.com/NHS



Visit our website nuffieldhealth.com/hospitals/st-bartholomews for more information.

Introducing London's first health and wellbeing campus

Our connected healthcare in Central London



Barbican Medical, Fitness and Wellbeing Centre

The newly transformed Barbican medical, fitness and wellbeing centre offers your patients outstanding provision of health and wellbeing. Delivering our full range of healthcare services and benefiting from a multimillion pound renovation, the site includes 20 clinic rooms, the latest technogym fitness equipment, specialist rehabilitation areas, swimming pool and an indoor running track all under one roof.

Supported by an additional 6 hospitals across the home counties.

Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



COVID-19 REHABILITATION

COVID-19 Rehabilitation Programme

This unique programme has been developed in collaboration with NHS Trusts.

Following a suspected or confirmed COVID-19 diagnosis, patients can refer themselves onto the programme which offers a unique blend of physical and emotional support. The 12-week plan is led by clinical specialists, and is tailored to an individual's rehabilitation needs.

To find out more visit
nuffieldhealth.com/covidrehab



Visit our website nuffieldhealth.com/hospitals/st-bartholomews for more information.



STAMINA

STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.

Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life.



JOINT PAIN

Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.



CYSTIC FIBROSIS

To learn more visit
nuffieldhealth.com/about-us/our-impact

If your patients would benefit from any of our flagship programmes refer them to us by visiting
nuffieldhealth.com/healthcare-professionals/patient-referrals

We are the UK's largest healthcare charity*

For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation.

We do this through our network of 37 award-winning hospitals, 114 fitness and wellbeing centres, 4 medical centres and over 150 corporate healthcare sites.

We're proud to be able to invest all our income back into this purpose. Nuffield Health at St Bartholomew's, is the next step for us to deliver our purpose. By connecting our existing London facilities as well as our new Barbican Fitness & Wellbeing Centre, we can provide your patients with outstanding healthcare.

From preventative care and wellbeing, right through to recovery and rehabilitation – we're on hand every step of the way.

How to find us

City Thameslink – 5 min walk

Barbican – 5 min walk

Crossrail at Farringdon – 9 min walk
(coming soon)

London Bridge – 15 min public transport

Liverpool Street – 16 min public transport

Canary Wharf – 28 min public transport



Key department contacts

Main telephone number
0203 386 9000

**For all appointment
or booking enquiries**
including radiology or
physiotherapy

use option 1

**For any treatment
enquiries or
Inpatient enquiries**

use option 2

**For any payment
enquiries**

use option 3



Nuffield Health at St Bartholomew's Hospital
38 Giltspur Street, London EC1A 7BS



nuffieldhealth.com/hospitals/st-bartholomews

