



# Nuffield Health Newcastle Hospital.

## Newsflash

GP & Practice Colleagues Issue 25 - 2015

## Welcome.

Welcome to the latest edition of Newsflash, our information update for the GP network in the North East.

Inside you will see the range of Choose and Book Services which we offer, providing fast access for your patients and also helping to release some of the waiting list pressure for our NHS hospital colleagues in the region.

I would also like to remind you of our GP Education Programme held at the hospital. Our events are well attended and contribute towards your CPD.

All events are advertised on the Nuffield Health Newcastle Hospital website. We hope that you can join us.

### Graham Chapman

Hospital Director,  
Nuffield Health Newcastle Hospital



## To refer patients.

Send your named/unnamed referral direct to us and we will contact your patient.

☎ **0191 2125232 / 2125233**

☎ **0191 2811379**

✉ Newcastle.enquiries  
@nuffieldhealth.com

Our directory of Consultants can be found online at **nuffieldhealth.com/healthcare-professionals**

## Latest News.

### Meet our Consultant

**Mr Santosh Venkatachalam**  
**MBBS, MS (Orth), DNB (Orth)**  
**FRCS (Orth)**

Mr Venkatachalam is an Orthopaedic Surgeon specialising in Shoulder, Elbow, Wrist and Hand Surgery.

#### Common problems dealt with include:

**Shoulder:** Rotator cuff tears, arthritis, Impingement, shoulder dislocations/ subluxations (instabilities), sports injuries, fractures, stiffness (frozen shoulders), trauma

**Elbow:** ligament injuries (instabilities), tennis/ golfers elbow, trapped nerve at the elbow (cubital tunnel syndrome), arthritis, loose bodies, biceps/ triceps problems, sports injuries, trauma

**Wrist/ Hand problems:** ligament injuries ( instabilities), arthritis, scaphoid problems, small joint arthritis, Rheumatoid arthritis, carpal tunnel syndrome, trigger finger, Dupuytren's contracture, DeQuervain's tenosynovitis, thumb base arthritis, trauma



**Mr Santosh Venkatachalam**  
Orthopaedic Surgeon,  
Nuffield Health Newcastle Hospital

### Sports related upper limb injuries

Mr Venkatachalam was selected for a National training number in Northern Deanery and he trained as a registrar in various hospitals in the North East. He was awarded two prestigious upper limb specialist units at Wrightington Hospital and Northern General Hospital Sheffield.

Mr Venkatachalam has also been awarded visiting fellowships from national organisations such as British Elbow and Shoulder Society (BESS) and British Orthopaedics Sports Traumatology Arthroscopy Association (BOSTAA).

He has visited and interacted with internationally renowned shoulder surgeons in San Antonio (Texas, USA), San Diego (California, USA), Lyon (France) and Nice (France) through these fellowships.

Mr Venkatachalam is actively involved in research, training of junior doctors, allied health professionals (nurses, physiotherapists) and education for general practitioners in the region and nationally. He is also a faculty in various regional/ national courses for FRCS Orthopaedics, shoulder arthroscopy and arthroplasty courses.

In his spare time he enjoys spending time with his young family as well as playing badminton and travelling.

## Referring to Nuffield Health Hospitals.

To refer to a Nuffield Health Hospital please use the contact details on the front of this Newsflash or use our Clinic and Services Directory.

For Choose and Book treatment, please contact the Nuffield Health Choose and Book Contact Centre:

☎ **08000 155 020**

☎ **08452 803 251**

✉ chooseandbook  
@nuffieldhealth.com

## Recovery Plus.

Recovery Plus is our flagship recovery programme, available to our private patients for a number of Orthopaedic and Gynaecological procedures. Recovery Plus is free of charge and an optional addition which can form part of your patient's recovery programme, including a 12 week membership at a local Nuffield Health Fitness & Wellbeing Gym, and a Fitness Coach.

Visit [nuffieldhealth.com/recoveryplus](http://nuffieldhealth.com/recoveryplus)

### The Nuffield Health Promise

Our prices are all-inclusive.\*

We will equal any comparable price.\*\*

There are no time limits on your aftercare. \*\*\*

The Nuffield Health Promise is our unique pledge to patients who are paying for themselves.



## Nuffield Health Newcastle Hospital is a Choose and Book provider.

Nuffield Health Newcastle Hospital has been offering a wide range of Choose and Book procedures for a number of years.

Patients receiving treatment at Nuffield Health can expect the same standards of personal service and professional care as fee paying guests.

Patients referred through the NHS are not charged for their treatment or food, but they will be charged for any extras such as telephone calls, newspapers, magazines and visitors meals as with most NHS facilities.

The average outpatient appointment times are three weeks and treatment can take place from six weeks. Patients will see the same Consultant throughout the journey of their care.

### Some of the services available include:

Orthopaedic Hip and Knee clinic, Shoulder and Elbow Clinic

Gastroenterology clinic

Hernia clinic

Vasectomy clinic

All treatments are done at local tariff therefore referring to Nuffield Health Newcastle Hospital will cost no more than referring to the NHS.

## GP Learning Programme.

Our free GP Learning Programme is a great way to fulfil your CPD requirements.

For information on events taking place at Nuffield Health Newcastle Hospital please visit our website, telephone **0191 281 6131** or email [kayleigh.lowes@nuffieldhealth.com](mailto:kayleigh.lowes@nuffieldhealth.com)



## Facts at a glance.

Information on our latest Infection Control or Patient Satisfaction statistics can be found on our website at [nuffieldhealth.com](http://nuffieldhealth.com)

### Contact Us:

☎ **0191 281 6131**

✉ [Newcastle.enquiries@nuffieldhealth.com](mailto:Newcastle.enquiries@nuffieldhealth.com)

\* Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your procedure price.

\*\* Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of your chosen Nuffield Health hospital. We will match against written quotes only.

\*\*\* Where necessary, we promise to assist you to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. Clinically required indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services.