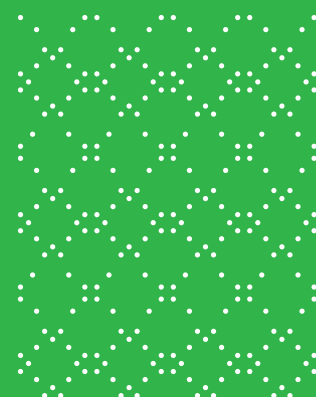


# Consultant and services directory 2021/22

Nuffield Health Newcastle Hospital



Working with you, for your patients.





# We're building a healthier nation

## Working with you, for your patients

Connected healthcare for your patients,  
at every stage of their treatment journey.

## Working with you, for your professional development

Professional training tailored to the needs  
of your practice.

## Working with you, for your community

Expert-led, evidence-based charitable  
community programmes available locally  
to support your patients.

### Healthcare Account Manager

Joanne Sterry  
joanne.sterry@nuffieldhealth.com  
0191 2125204

### Nuffield Health Newcastle Hospital

Clayton Road, Jesmond,  
Newcastle upon Tyne NE2 1JP

[nuffieldhealth.com/hospitals/newcastle](https://nuffieldhealth.com/hospitals/newcastle)





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# How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

## Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

## Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly 'choose and book' ([www.nhs.uk/referrals](http://www.nhs.uk/referrals)). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020**

Fax **08004 715058**

Email **[chooseandbook@nuffieldhealth.com](mailto:chooseandbook@nuffieldhealth.com)**

## Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That's reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ♦ The confirmed price is all your patient will ever pay\*
- ♦ If they find a better price for the same procedure package, we'll match it\*\*
- ♦ There are no time limits on aftercare.\*\*\*

There is also the option of an interest-free loan.

\*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient's procedure price. \*\*Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient's chosen Nuffield Health hospital. We will match against written quotes only. \*\*\*Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient's procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. "Clinically required" indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at [nuffieldhealth.com/promise](http://nuffieldhealth.com/promise).







## Patient safety is our number one priority

We want to reassure you and your patients that we've put in place safety measures to make our hospital COVID-19 secure. We're offering telephone and online consultations, as well as face-to-face appointments, so whether your patients' appointment is from home or in person, they'll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.

# Key facilities at Nuffield Health Newcastle Hospital

## Medical cover

24hr resident medical officer.

## Patient accommodation

27 residential patient rooms with en-suite facilities, nurse call system, direct dial telephone, TV and radio, free Wi-Fi, dedicated 8-bed day case suite.

## Theatre and support services

Three operating theatres including two major theatres with Howorth Exflow™ system and one endoscopy theatre.



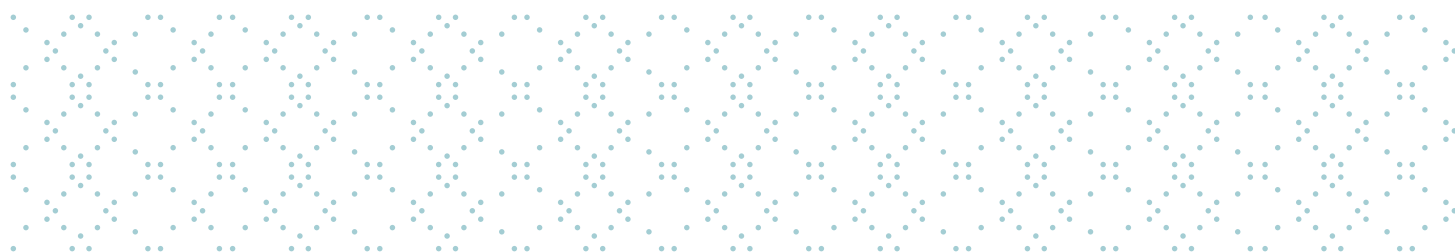




### Outpatient services

Including:

- ◆ 16 consulting rooms
- ◆ Ophthalmic suite
- ◆ Physiotherapy
- ◆ Pharmacy
- ◆ Nurse-led pre-assessment
- ◆ Diagnostics including on-site MRI, CT and mammography
- ◆ Breast care and oncology service
- ◆ Pathology.



# Consultant and services directory

## NHS base – abbreviations

<b>CMB</b>	Cumberland Infirmary
<b>D&amp;DL</b>	University Hospital of North Durham/Darlington Hospital
<b>GTH</b>	Queen Elizabeth Hospital
<b>JCUH</b>	James Cook University Hospital
<b>NCL</b>	Freeman Hospital/Royal Victoria Infirmary Hospital
<b>NRTH</b>	Northumbria/Hexham General/North Tyneside/ Wansbeck Hospitals
<b>NT&amp;H</b>	North Tees and Hartlepool
<b>RET</b>	Retired from NHS
<b>S&amp;ST</b>	Sunderland Royal Hospital/South Tyneside Hospital
<b>UHA</b>	University Hospital Ayr
<b>UHH</b>	University Hospital of Hartlepool
<b>WeGH</b>	Western General Hospital
<b>WPH</b>	Walkergate Park Hospital



Visit [nuffieldhealth.com/consultants](https://nuffieldhealth.com/consultants)  
to view our consultants' profiles.



The details for each consultant show their name, specialist area, contact details and NHS hospital.

Consultant Name	Sub-speciality	Telephone	NHS Trust
<b>Anaesthetics (Pain Management)</b>			
Wilkinson, P Dr	<b>Referral letter required in advance of appointment.</b> Chronic pain (patients aged 16+).	0191 2816131	NCL
Jones, Iain Dr	Chronic pain.	0191 2816131	NCL
<b>Cardiology</b>			
Ahmed, J Prof	General and interventional cardiology.	0191 2816131	NCL
Doig, JC Dr	General cardiology, heart failure, valve disease and rhythm disorders.	0191 2816131	NRTH
Egred, M Dr	General cardiology, heart disease and interventional cardiology.	0191 2816131	NCL
Haq, I Dr	Cardiology and heart disease.	0191 2816131	NCL
McLeod, A Dr	Cardiology and heart disease.	0191 2816131	NRTH
Purcell, I Dr	All aspects of general cardiology, interventional cardiology and coronary artery disease.	0191 2816131	NCL
Zaman, A Prof	Heart disease and percutaneous coronary intervention.	0191 2816131	NCL
<b>Dietitian</b>			
Dermody, A Ms	Works with Mr Woodcock, please see General Surgery – Bariatric Surgery.	0191 2816131	NRTH
<b>Dermatology</b>			
Hampton, P Dr	General dermatology, skin surgery including skin cancer, acne, rosacea, eczema and psoriasis, excess sweating and axillary botox.	0191 2816131	NCL
Reynolds, NJ Prof	<b>Referral letter required in advance of appointment.</b> General dermatology, eczema, psoriasis, facial dermatoses and lesions.	0191 281 6131	NCL
<b>Ear, Nose and Throat (ENT)</b>			
Carrie, S Mr	<b>Referral letter required in advance of appointment.</b> Ear disorders, nasal disorders, rhinology, throat disorders and paediatric consultation available.*	0191 2816131	NCL
Reda El Badaway, M Mr	General ENT, rhinoplasty, facial plastics and balance disorders.	0191 2816131	NCL
Issing, W Mr	Nasal disorders, rhinology, ear and nose surgery, rhinoplasty and paediatric consultation available.*	0191 2816131	NCL
Johnson, IJM Mr	Otology, hearing loss, balance disorder and paediatric consultation available.*	0191 2816131	NCL
Yates, P Mr	<b>Referral letter required in advance of appointment.</b> General ENT and paediatric consultation available.*	0191 2816131	NCL

\*Consultation only (aged 1 and over). Children under the age of 16 are unable to be operated on at Nuffield Health Newcastle Hospital.

Consultant Name	Sub-speciality	Telephone	NHS Trust
<b>Gastroenterology</b>			
Chattree, Dr A	General gastroenterology, liver and capsule endoscopy.	0191 2816131	SR&ST
Hayat, M Dr	Upper GI, lower GI and endoscopy.	0191 2816131	NRTH
Nayar, M Dr	General gastroenterology, ERCP, sigmoidoscopy, endoscopy, colonoscopy and liver.	0191 2816131	NCL
Gunn, M Dr	Anaemia, small bowel, colonoscopy, inflammatory bowel disease, functional bowel disease and dyspepsia.	0191 2816131	NCL
Nylander, D Dr	Therapeutic endoscopy, bowel screening colonoscopy including complex polypectomy, gastroscopy, Barrett's endotherapy including radiofrequency ablation and balloon assisted enteroscopy.	0191 2816131	GTH
Thompson, N Dr	Nutrition, upper GI, lower GI and endoscopy.	0191 2816131	NCL
<b>General Medicine</b>			
Guhan, A Dr	Asthma, pleural diseases, bronchoscopy and lung disease.	0191 2816131	UHA
<b>Geriatrician</b>			
Jaafar, A Dr	<b>Referral letter required in advance of appointment.</b> Falls, syncope, dizziness, orthogeriatrics, acute medicine, fatigue, general decline in health and mobility problems, geriatrics and older people medicine.	0191 2816131	NCL
<b>General Surgery – Bariatric Surgery</b>			
Woodcock, S Mr	Laparoscopic benign upper GI, bariatrics and general surgery.	0191 2816131	NRTH
<b>General Surgery – Breast Surgery</b>			
Critchley, A Mr	<b>Email Consultant referral letter unless Breast Health UK.</b> Breast Surgeon – oncoplastic surgery.	0191 2816131	NCL
Carr, M Mr	Breast surgery (patients aged 16+).	0191 2816131	NRTH
Milligan, R Mr	Breast Surgeon.	0191 2816131	GTH
<b>General Surgery – Lower Gastrointestinal</b>			
Hainsworth, P Mr	Lower GI, colorectal and hernia, inflammatory bowel disease, abdominal and pelvic sarcomas, laparoscopic and robotic surgery, transanal microsurgery and pelvic floor dysfunction.	0191 2816131	NCL
Horgan, A Prof	Lower GI, colorectal and hernia.	0191 2816131	NCL
Katory, M Mr	Colonoscopy, haemorrhoids, hernia, laparoscopic colorectal, peri-anal fistula, anal fissure, diverticular disease and sigmoidoscopy.	0191 2816131	GTH
Kelly, SB Mr	Lower GI, colonoscopy, colorectal, sigmoidoscopy and hernia. <i>Attends on an ad hoc basis.</i>	0191 2816131	NRTH
Seehra, H Mr	Lower GI, laparoscopy, colorectal, colonoscopy and gastroscopy.	0191 2816131	NRTH





Consultant Name	Sub-speciality	Telephone	NHS Trust
<b>General Surgery – Upper Gastrointestinal</b>			
Hayes, N Mr	Upper GI, gallbladder, hernia and complex hernia.	0191 2816131	NCL
Hamza, Mr N	Upper GI, general and laparoscopic.	0191 2816131	NRTH
Horgan, L Mr	Upper GI, gallbladder, laparoscopic and hernia and complex hernia.	0191 2816131	NRTH
Immanuel, A Mr	<b>Referral letter required in advance of appointment.</b> Upper GI, gallbladder, hernia and endoscopy.	0191 2816131	NRTH
Sen, G Mr	Upper GI, gallbladder, hernia and hepatobiliary.	0191 2816131	NCL
White, S Prof	Laparoscopic gallbladder, hernia, liver, pancreas and biliary system and upper GI.	0191 2816131	FNCL
Woodcock, S Mr	Laparoscopic benign upper GI, bariatrics and general surgery.	0191 2816131	NRTH
<b>General Surgery – Vascular</b>			
Davey, P Mr	Vascular, varicose veins, carotid disease and peripheral arterial disease.	0191 2816131	D&DL
Vetrivel, S Mr	Vascular, varicose veins, hernia, lumps and bumps.	0191 2816131	SR&ST
Wyatt, M Mr	Varicose veins, thread veins and vascular surgery.	0191 2816131	NCL
<b>Gynaecology</b>			
Evbuomwan, I Mr	Infertility and reproduction medicine.	0191 2816131	GTH
Irons, D Mr	Menorrhagia, endometriosis and prolapse incontinence.	0191 2816131	D&DL
Metin, A Mr	Oncology, pelvic pain, colposcopy, endometriosis, keyhole surgery and ultrasound.	0191 2816131	GTH
Sproston, A Mr	Colposcopy, endometriosis, laparoscopic hysterectomy and ovarian surgery, menstrual problems, minimal access surgery and cancer diagnostics.	0191 2816131	NRTH
<b>Haematology</b>			
Tiplady, C Dr	Anaemia, clotting, malignancy and HIV counselling. <i>Attends on an ad hoc basis.</i>	0191 2816131	NRTH
<b>Medical Oncology</b>			
Azzabi, A Dr	Oncology (chemotherapy). <i>Attends on an ad hoc basis.</i>	0191 2816131	NCL
Frew, J Dr	Urology oncology.	0191 2816131	NCL
Lee, D Dr	Breast.	0191 281 6131	NCL
Pedley, I Dr	Urological, colorectal and gastrointestinal malignancies.	0191 281 6131	NCL

Consultant Name	Sub-speciality	Telephone	NHS Trust
<b>Nephrology</b>			
Srivastava, S Dr	Renal medicine.	0191 2816131	S&ST
<b>Neurology</b>			
Cleland, P Dr	Epilepsy, headache and neuromuscular.	0191 2816131	S&ST
Dorman, PJ Dr	<b>Referral letter required in advance of appointment.</b> Headaches and general neurology.	0191 281 6131	NCL
<b>Neurosurgery</b>			
Nissen, J Mr	<b>Referral letter required in advance of appointment.</b> Spinal surgery, spinal disorders, low back pain, sciatica, neck pain and brachial neuralgia.	0191 281 6131	NCL
<b>Ophthalmology</b>			
Barnes, E Mr	Oculoplastics, lid tumour and lacrimal surgery.	0191 281 6131	NCL
Figuerido, FC Prof	Cornea transplant, anterior segment disease and macular degeneration. <b>Email cons referral letter.</b>	0191 2816131	NCL
Narayanan, K Mr	Oculoplastics, cataract, lacrimal disease, ptosis correction, trichiasis correction and lid repair.	0191 281 6131	NCL
Shafiq, AE Mr	Cataracts, squints and paediatric consultation available*.	0191 281 6131	NCL
Strong, N Mr	Cataracts, squints, uveitis, glaucoma, toric lenses and multi-focal lenses.	0191 281 6131	NCL
Talks, SJ Mr	Diabetic retinopathy and macular degeneration, cataract surgery and general ophthalmology.	0191 281 6131	NCL
<b>Oral and Maxillofacial Surgery</b>			
Hawkesford, J Mr	Medicolegal only.	0191 281 6131	RET
Wilson, Mr A	Oral and maxillofacial, head and neck microvascular reconstructive surgeon.	0191 281 6131	S&ST
<b>Orthopaedics – Foot and ankle</b>			
Briggs, PJ Mr	Foot, ankle and ligament reconstruction.	0191 2816131	NCL
Devalia, K Mr	Foot and ankle.	0191 2816131	GTH
Kakwani, R Mr	Lower limb, foot and ankle.	0191 2816131	NRTH
Siddique, M Mr	Foot and ankle surgery, lower limb ligament repairs and reconstruction and ankle replacements.	0191 2816131	NCL
Torres, P Mr	<b>Referral letter required in advance of appointment.</b> Lower limb, foot and ankle.	0191 2816131	NCL
Townshend, D Mr	<b>Referral letter required in advance of appointment.</b> Lower limb, sports, foot and ankle.	0191 2816131	NRTH

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Consultant Name	Sub-speciality	Telephone	NHS Trust
<b>Orthopaedics – Lower Limb</b>			
Al-Dadah, O Mr	Lower limb, knee arthroscopy, knee replacements, meniscus surgery, cartilage surgery, ACL and hip replacements.	0191 2816131	S&ST
Bhatnagar, S Mr	Lower limb, hips and knees.	0191 2816131	NCL
Carluke, I Mr	Lower limb, hips and knees.	0191 2816131	NRTH
Deehan, D Prof	Lower limb, hips, knees, ligament reconstruction and sports injury.	0191 2816131	NCL
Hashmi, M Mr	<b>Referral letter required in advance of appointment.</b> Lower limb, hips and knees.	0191 2816131	NCL
Holland, J Mr	<b>Referral letter required in advance of appointment.</b> Hip and knee replacements.	0191 2816131	NCL
Inman, D Mr	Lower limb, hip, knee and arthroscopic surgery. <i>Attends on an Ad Hoc basis.</i>	0191 2816131	NRTH
Joseph, J Mr	<b>Referral letter required in advance of appointment.</b> Lower limb, hips and knees.	0191 2816131	NRTH
Kramer, DJ Mr	Knee and hip replacement, knee arthroscopy and ACL reconstruction.	0191 2816131	NRTH
Longstaff, LM Mr	Lower limb, hips and knees.	0191 2816131	D&DL
Malviya, A Mr	Hip and knee replacement, pelvic osteotomy, sports hip surgery and periacetabular osteotomy.	0191 2816131	NRTH
Nita, Mr C	Joint preserving surgery, meniscal repair, partial meniscectomies, chondroplasty, micro fractures, high tibial osteotomy and distal femoral osteotomy. Soft tissue reconstruction: ACL, collateral ligament reconstruction/ augmentation and MPFL reconstruction. Joint replacement: partial and total knee replacement.	0191 2816131	CMB
O'Brien, BS Mr	Knee, sports and trauma.	0191 2816131	S&ST
Partington, P Mr	Lower limb, arthroscopic surgery, hip and knee surgery including hip and knee arthroscopy, hip impingement, hip and knee replacement and revision replacement.	0191 2816131	NRTH
Tumia, N Mr	Lower limb, toes and bunions only.	0191 2816131	GTH
Weir, D Mr	Lower limb, ligament surgery, hip and knee replacement surgery, arthroscopic surgery of knees, computer assisted knee replacement and robotic-arm assisted total knee replacement (MAKO™).	0191 2816131	NCL
<b>Orthopaedics – Spine</b>			
Fender, D Mr	Spinal deformities including scoliosis and back pain and paediatric consultation available.*	0191 2816131	NCL
Jensen, C Mr	Neck and arm pain, back and leg pain and spine.	0191 2816131	NRTH
Kasis, A Mr	Lower back pain and spine.	0191 2816131	NRTH

Consultant Name	Sub-speciality	Telephone	NHS Trust
<b>Orthopaedics – Upper Limb</b>			
<b>Candal-Couto, J Mr</b>	Upper limb and shoulder.	0191 2816131	NRTH
<b>Chakravarthy, JS Mr</b>	Upper limb, shoulder, elbow, carpal tunnel and Dupuytren's disease. <i>Attends on an ad hoc basis.</i>	0191 2816131	QTH
<b>Cloke, D Mr</b>	Shoulder: rotator cuff, frozen shoulder and replacement. Wrist: tendon problems. Hand: Dupuytren's disease, nerve problems and ganglia. All upper limb arthritis, instability and fractures.	0191 2816131	NRTH
<b>Dorani, B Mr</b>	Hand and wrist conditions, including tendinopathies, arthritis, compression neuropathies and Dupuytren's disease.	0191 2816131	GTH
<b>Harrison, J Mr</b>	Hand and wrist surgery – carpal tunnel, Dupuytren's disease, scaphoid nonunion, arthroscopy, arthritis and sports injuries.	0191 2816131	GTH
<b>Hinsche, A Mr</b>	Upper limb, shoulder, elbow and carpal tunnel.	0191 2816131	GTH
<b>Pooley, J Mr</b>	Upper limb, shoulder, elbow, arthroscopic surgery, joint replacement and carpal tunnel surgery.	0191 2816131	GTH
<b>Stuart, P Mr</b>	Upper limb, hand, shoulder, carpal tunnel and Dupuytren's disease. Paediatric consultation available.*	0191 2816131	NCL
<b>Venkatachalam, S Mr</b>	Upper limb, shoulder, elbow, wrist and hand, Dupuytren's disease, trigger finger and carpal tunnel.	0191 2816131	NRTH
<b>Other Healthcare Professionals</b>			
<b>Barwick, Carol</b>	Clinical Hypnotherapist specialising in fears, phobias, stress and anxiety.	0191 2816131	
<b>Catterson, P Dr</b>	Sports and exercise medicine and shockwave therapy.	0191 2816131	
<b>Sallis, I Mr</b>	Trichologist.	0191 2816131	
<b>Sutherland, C Dr</b>	<b>Referral letter required in advance of appointment.</b> Consultant Anaesthetist specialising in obstructive sleep apnoea and sleep disorders.	0191 2816131	JCUH
<b>White, T Dr</b>	Aviation medicine.	0191 2816131	
<b>Paediatrics</b>			
<b>Gabra, Mr H</b>	<b>Referral letter required in advance of appointment.</b> Paediatric Surgeon – oncology, urology, vascular, chest and neonatal.	0191 2816131	NCL
<b>Gheldere de, A Mr</b>	Children's Orthopaedic Surgeon (non-spinal paediatrics).	0191 2816131	NCL
<b>Lall, A Mr</b>	<b>Referral letter required in advance of appointment.</b> Paediatric Urologist Surgeon and hernia.	0191 2816131	NCL
<b>Strehle, EM Dr</b>	General paediatrics.	0191 2816131	NRTH

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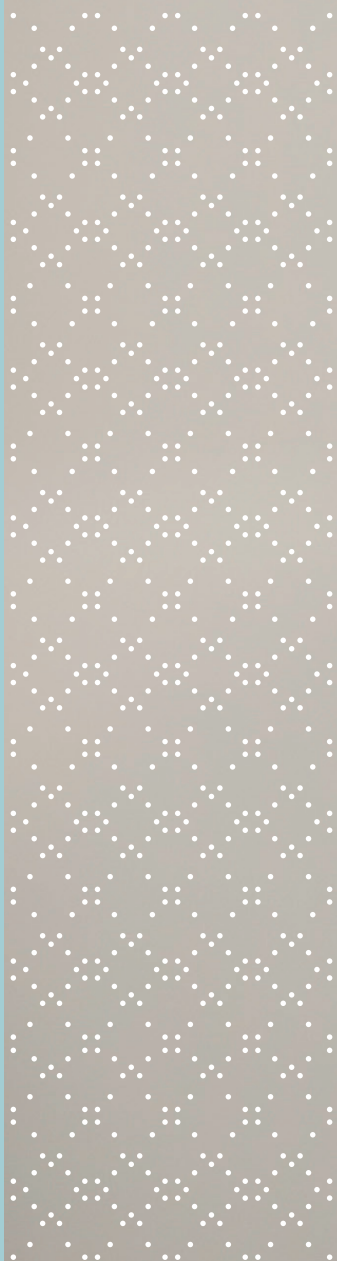
Consultant Name	Sub-speciality	Telephone	NHS Trust
<b>Physiotherapy</b> – <i>Clinic opening times are by arrangement please call 0345 045 4845 for more information.</i>			
Altunsoy, H Mrs	General musculoskeletal.	0191 2816131	
Ballantine, A-M Ms	General musculoskeletal.	0191 2816131	
Blenkinsop, L Mrs	Hand Physiotherapist.	0191 2816131	
Fletcher, J Mrs	General musculoskeletal.	0191 2816131	
Holliday, S Miss	General musculoskeletal.	0191 2816131	
Hussain, F Mrs	Ward Physiotherapist.	0191 2816131	
Kilgallon, E Mr	General musculoskeletal.	0191 2816131	
Swinburne, A Mr	Physiotherapy Manager – general musculoskeletal.	0191 2816131	
Walbank, J Mrs	General musculoskeletal.	0191 2816131	
<b>Plastic and Cosmetic Surgery</b>			
Ahmed, O Mr	General plastic and cosmetic surgery and skin cancer.	0191 2816131	NCL
Collis, N Mr	General plastic and cosmetic surgery, skin cancer, breast (developmental, cosmetic and reconstruction) and paediatric consultation available.*	0191 2816131	NCL
Hussain, M Mr	General cosmetic surgery (except facelift and rhinoplasty), skin cancer, trigger finger release, lumps and bumps.	0191 2816131	NRTH
Ragbir, M Mr	General plastic and cosmetic surgery.	0191 2816131	NCL
Rubin, P Mr	Gender re-assignment patients only.	0191 2816131	D&DL
Saleh, D Mr	General plastic and cosmetic surgery, skin cancer specialist.	0191 2816131	NCL
Williams, N Mr	General plastic and cosmetic surgery and hand reconstruction surgery.	0191 2816131	NCL
<b>Private GPs</b> – <i>Private GP's can see children from 2 years of age but they have to be referred back to their own GP for blood tests.</i>			
Hermuzi, K Dr	GP	0191 2816131	
Middleton, G Dr	GP	0191 2816131	
Singh, P Dr	GP	0191 2816131	
Swanepoel, R Dr	GP	0191 2816131	



Consultant Name	Sub-speciality	Telephone	NHS Trust
<b>Psychiatry</b>			
Akhtar, MJ Dr	General adult and old age.	0191 2816131	HUH
Haq, SMI Dr	Child and adult psychiatry – assessment and management of ADHD in children and adults.	0191 2816131	NCL
Singh, J Dr	Neuropsychiatrist.	0191 2816131	WPH
Westgarth, S Dr	Child and adolescent psychiatry.	0191 2816131	NCL
<b>Psychology</b>			
Blackburn, P Dr	Psychologist.	0191 2816131	GTH
Oliver-Jenkins, V Dr	Adult psychotherapy, clinical psychology, oncology, palliative care and Cognitive behaviour therapy (CBT).	0191 2816131	NCL
Moffett, M Dr	Anxiety, depression, post traumatic stress disorder, obsessive compulsive disorder and weight management. Bariatric surgery psychological assessment and post surgery support, eating disorders, general anxiety disorder and stress/worry management.	0191 2816131	NRTH
<b>Radiology</b>			
Anderson, K Dr	Abdominal, colorectal, hepatobiliary, CT, MRI, ultrasound and urology.	0191 2816131	NCL
Bhatnagar, P DR	Neuroradiology.	0191 2816131	NCL
Birchall, Dr D	MRI, neuro.	0191 2816131	NCL
Butani, Dr P	Musculoskeletal, CT, MRI, fluoroscopy and ultrasound.	0191 2816131	NRTH
Cooper, R Dr	Diagnostic musculoskeletal, GI imaging, CT calcium score, general abdomen imaging, paediatric CT, MRI and ultrasound.	0191 2816131	S&ST
Dharmadhikari, R Dr	Musculoskeletal, CT, MRI, fluoroscopy and ultrasound.	0191 2816131	NRTH
Hamilton, P Dr	Breast (ad hoc).	0191 2816131	GTH
Haslam, P Dr	Urology, interventional oncology including tumour ablation, prostate biopsies, prostate artery embolisation, interventional radiology, paediatric urology, Hickman lines, venous portacaths, MRI, CT, ultrasound and fluoroscopy.	0191 2816131	NCL
Hide, G Dr	Musculoskeletal with special interest in bone and soft tissue tumours, interventional procedures and sports imaging, paediatric musculoskeletal imaging, CT, MRI, fluoroscopy and ultrasound.	0191 2816131	NCL
Hoare, T Dr	Abdominal, colorectal and inflammatory bowel disease (IBD).	0191 2816131	NCL
Hughes, T Dr	GI imaging, CT colonography, gynaecological imaging, abdominal and pelvic ultrasound with transvaginal scanning.	0191 2816131	GTH
Karsandas, Dr A	Musculoskeletal with special interest in bone and soft tissue tumours, interventional procedures and sports imaging CT, MRI, fluoroscopy and ultrasound.	0191 2816131	NCL



Consultant Name	Sub-speciality	Telephone	NHS Trust
<b>Radiology – continued</b>			
Mitra, D Dr	Neurology, MRI and CT (ad hoc).	0191 2816131	NCL
Mcqueen, A Dr	Head, neck, CT, MRI, US and fluoroscopy.	0191 2816131	NCL
Redman, A Dr	Breast, head and neck plus abdominal imaging, paediatric imaging CT, MRI and ultrasound.	0191 2816131	GTH
Robson, R Dr	GI imaging, special interest gastric bands, general abdomen imaging, gynaecology, limited paediatric imaging CT, fluoroscopy and ultrasound.	0191 2816131	NRTH
Scott, M Dr	Abdominal and gastrointestinal imaging, paediatric imaging CT, MRI, fluoroscopy and ultrasound.		NCL
Scott, J Dr	Hepatobiliary, pancreatic, abdominal sarcoma, general abdominal and gastrointestinal imaging, CT, MRI, fluoroscopy and ultrasound.	0191 2816131	NCL
Sinha, R Dr	Musculoskeletal with special interest in bone and soft tissue tumours, interventional procedures and sports imaging CT, MRI, fluoroscopy and ultrasound.	0191 2816131	NCL
Twemlow, M Dr	Abdominal/gastrointestinal imaging including CT, colonography/virtual colonoscopy and MRI, small bowel/enterography, abdominal ultrasound, CT, MRI, ultrasound and fluoroscopy.	0191 2816131	NRTH
Thompson, W Dr	Breast MRI.	0191 2816131	NT&H
<b>Rheumatology</b>			
Lambert, CM Dr	<b>Referral letter required in advance of appointment.</b> All aspects of rheumatic diseases including connective tissue diseases and vasculitis, intra-articular steroid injections and Lyme disease. Outpatient clinic only.	0191 2816131	WEGH
<b>Urology</b>			
Dorkin, T Mr	General urology, endourology and stones, andrology and erectile dysfunction, urodynamics and reconstructive urology and female urology.	0191 2816131	NCL
Feggetter, JGW Mr	Urological medicolegal reports only. <i>Attends on an ad hoc basis.</i>	0191 2816131	None
Greene, D Prof	Endourology, prostate cancer and invasive bladder cancer, vasectomy reversal, benign prostatic diseases (lower urinary problems) and erectile dysfunction.	0191 2816131	S&ST
McEleny, K Mr	<b>Referral letter required in advance of appointment.</b> Endourology, urodynamics, female urology and scrotal problems including chronic testicular pain.	0191 2816131	NCL
Page, T Mr	Endourology, urodynamics, prostate and bladder cancer, inguinoscrotal problems, TURP and HOLEP.	0191 2816131	NCL
Thomas, D Mr	<b>Referral letter required in advance of appointment.</b> Endourology, urodynamics, prostate cancer and vasectomy reversal and female urology (not incontinence).	0191 2816131	NCL













# How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

**Working with you, for your patients.**





## Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



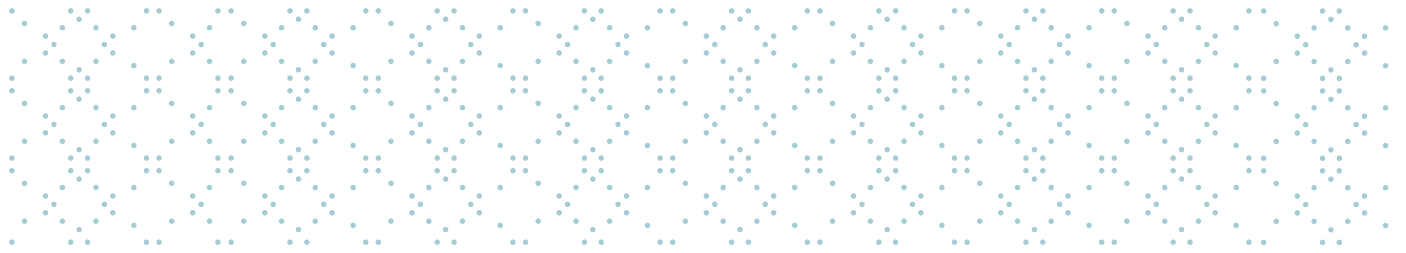
### Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

**[nuffieldhealth.com/health-assessments](https://nuffieldhealth.com/health-assessments)**





### Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

**[nuffieldhealth.com/mental-health-support](https://nuffieldhealth.com/mental-health-support)**

**Patients accessing any of our services also benefit from a 30-day free gym pass.**

### Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

**[nuffieldhealth.com/physiotherapy](https://nuffieldhealth.com/physiotherapy)**







# Associated services cont.

## Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ♦ MRI
- ♦ CT
- ♦ X-ray
- ♦ Ultrasound
- ♦ Mammography.

**[nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services](https://nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services)**

## Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

**[nuffieldhealth.com/healthcare-professionals/services/pathology](https://nuffieldhealth.com/healthcare-professionals/services/pathology)**

## Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

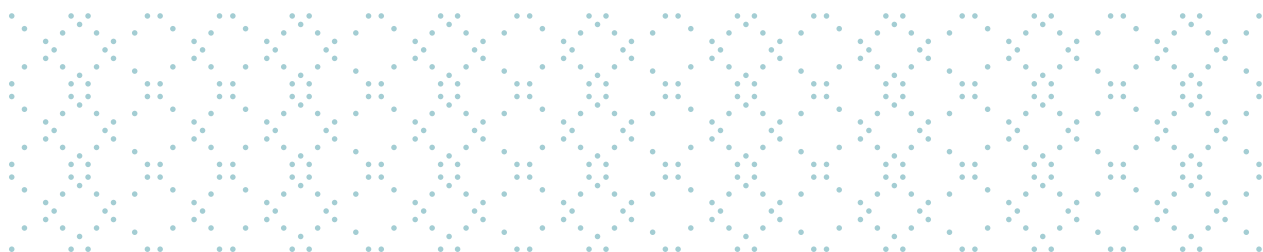
**[nuffieldhealth.com/healthcare-professionals/services/hssu](https://nuffieldhealth.com/healthcare-professionals/services/hssu)**

## Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ♦ Covering topics tailored to your needs
- ♦ Free to attend
- ♦ Delivered online
- ♦ Flexible formats that work around you.

**[nuffieldhealth.com/healthcare-professionals/events-for-gps](https://nuffieldhealth.com/healthcare-professionals/events-for-gps)**



## Associated services cont.

### Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 113 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

### Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 200 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

[247.nuffieldhealth.com](https://247.nuffieldhealth.com)

To find your local fitness and wellbeing centre, visit [nuffieldhealth.com/fitness](https://nuffieldhealth.com/fitness)





### Nuffield Health Gosforth Fitness & Wellbeing Centre

Gosforth Park Way, Newcastle upon Tyne NE12 8ET  
0191 2130070 [nuffieldhealth.com/gyms/gosforth](https://nuffieldhealth.com/gyms/gosforth)

## 40% FITNESS AND WELLBEING CENTRE DISCOUNT

We are offering a **40% discount to all NHS staff** including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

[nuffieldhealth.com/NHS](https://nuffieldhealth.com/NHS)

# Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



## COVID-19 Rehabilitation Programme

Our newly launched unique programme has been developed in collaboration with NHS Trusts.

Following a suspected or confirmed COVID-19 diagnosis, patients can refer themselves onto the programme which offers a unique blend of physical and emotional support. The 12-week plan is led by clinical specialists, and is tailored to an individual's rehabilitation needs.

[nuffieldhealth.com/covidrehab](https://nuffieldhealth.com/covidrehab)



Visit our website [nuffieldhealth.com/healthcare-professionals](https://nuffieldhealth.com/healthcare-professionals) for more information.





### STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.

### Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life.



### Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

### Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.

### Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on [nuffieldhealth.com](https://nuffieldhealth.com) to learn more.

To refer your patients visit [nuffieldhealth.com/healthcare-professionals/patient-referrals](https://nuffieldhealth.com/healthcare-professionals/patient-referrals)

We are  
the UK's  
largest  
healthcare  
charity\*



For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

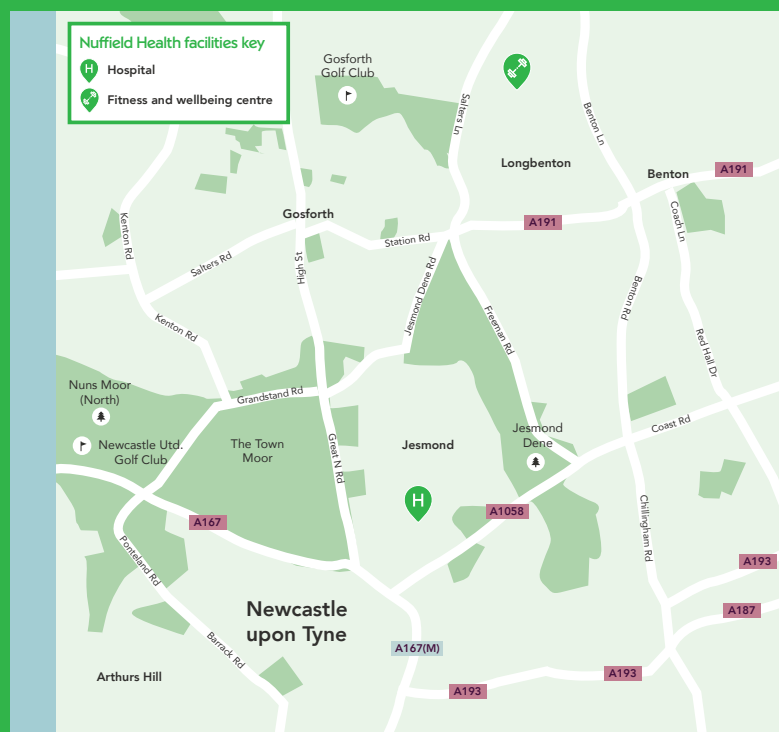
The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

[nuffieldhealth.com/covidrehab](https://nuffieldhealth.com/covidrehab)

As ever, in good times and bad, we're committed to our vision of building a healthier nation.

## Nuffield Health facilities in the area



## Key department contacts

### Customer services

Call **0191 2125215** | **0191 2125274**  
or **0300 131 1421** then please press Option 1  
[newcastle.enquiries@nuffieldhealth.com](mailto:newcastle.enquiries@nuffieldhealth.com)

### Outpatient appointments

Call **0191 2125232**  
[newcastle.appointments@nuffieldhealth.com](mailto:newcastle.appointments@nuffieldhealth.com)  
**Secure NHS:** [nh.newcastle.appointments@nhs.net](mailto:nh.newcastle.appointments@nhs.net)

### Inpatient bookings

Call **0191 2125227**  
or **0191 2125228** or **0191 2125259**

### Hospital switchboard

Call **0191 2816131**

### Healthcare Account Manager

Call **0191 2125204**  
[joanne.sterry@nuffieldhealth.com](mailto:joanne.sterry@nuffieldhealth.com)

### MRI

Call **0191 2816411**

### X-ray/CT/Ultrasound

Call **0191 2125251**

### General fax number

Fax **0191 2811379**



**Nuffield Health Newcastle Hospital**

Clayton Road, Jesmond, Newcastle upon Tyne NE2 1JP



Call **0191 2816131**