

# Your Data's Journey through Move Together by Nuffield Health

Move Together is here to help address barriers that teenage girls aged 11–16 face when it comes to exercise, by providing free, fun weekly movement classes.

To allow you to attend our free weekly sessions, we need you to share with us some information about you. This information is called 'personal data' and could be things like your name, email address or the name of your parent or carer. The government has written a number of laws and rules to make sure that every UK organisation looks after your data as well as possible. At Nuffield Health, we always make sure we follow these laws. This document tells you what personal data we collect about you when you take part in our Move Together programme. It also explains why we need the information and what we'll do with it.

## What personal data you may be asked to provide, why we need it and how it'll be used

- **Contact information**  
This may include your postcode, telephone number and/or email address. This information will be used to create a user account, which will enable you to book sessions through our registration portal. If you're under 13 years old, we'll require a parent/guardian to register and book sessions for you, so we may also ask for their name, postcode, telephone number and/or email address. If you are providing your parent/guardian's personal data, always make sure you asked them first.
- **Emergency contact information**  
This may include your parent/guardian's name and contact number. This information will be used to contact your parent/guardian in the event of an emergency.
- **Demographic information**  
Demographic information is statistics that describe populations and their characteristics. This may include your gender, ethnicity, and date of birth. We require your date of birth to ensure you're able to safely take part in the programme. This information is also required as it helps us understand how the programme's outcomes differ so that we can improve our programme to better serve the whole nation.
- **Health information**  
This may include questions to determine if you are safely able to take part in the Move Together programme. If you're under 13 years old, your parent/guardian will be asked to provide this information on your behalf.
- **Experiences and feedback**  
You may be asked to provide feedback that allows us to understand your current state of wellbeing and any changes that you've experienced as a result of taking part in this programme. This information also enables us to evidence the impact of Move Together at an individual and societal level. If you're under 13 years old, your parent/guardian will be asked to provide this information on your behalf.

## Fair and lawful processing

To make sure every organisation looks after your personal data as well as possible, the law requires us to show we are using your data lawfully. This is done by showing we have reason, or a 'lawful basis', to do so. We need your information in order to provide you with the free movement sessions, so we will be using your data on the basis of Article 6 (1)(a) Contract.

## Who your personal data may be shared with

- **Nuffield Health**

Your data will be shared between different Nuffield Health employees and personnel in order to deliver this programme.

- **Evidencing impact**

Your feedback will allow us to understand the impact the Move Together programme had on you and the society. Based on your feedback, we'll publish a report about Move Together programme's impact that may be shared internally or externally, to help promote the programme and communicate its impact. This report will contain no personal data and will only be based on anonymised data (data that can no longer be used to identify you).

Outside of this, we won't share your personal data with anyone unless we have your consent (permission), or the law requires this from us.

## Your rights in respect of your personal data

Rights give you powers over your personal data. This means you can:

- Ask us to see what information we have about you – you can do this by making a Subject Access Request (SAR). If you are under 18 years old, you can ask your parent or guardian to do this for you
- Ask us to correct any personal data we have about you if you think it's wrong
- Ask us to delete your personal data, but remember we won't always be able to do this
- Ask us not to use your data in certain ways.

You don't have to pay us when you ask us to do these things and we have one month to respond to you.

## How long we will keep your personal data for

There are laws and rules that tell us how long we can, and sometimes have to, keep your data. We are very serious about keeping your data safe and protected and have many rules in place to do this, so we'll keep your data in accordance with these rules. We'll keep your personal data until you reach 21 years old or 7 years from the date of the class, whichever is the latter.

## When things go wrong

At Nuffield Health, we try to make sure we follow all the laws and respect your personal data. It's important to us to learn from any feedback you wish to give us. If you ever feel like you are unhappy with anything we have done (or want to do) with your personal data, please let the Nuffield Health instructor responsible for your session know, or speak to your local Nuffield Health fitness & wellbeing club General Manager.

We also have a Nuffield Health Data Protection Officer. It's their job to make sure we follow all the laws that relate to the use of your personal data. You can contact them at [dataprotectionofficer@nuffieldhealth.com](mailto:dataprotectionofficer@nuffieldhealth.com).

## Further information

For further information about the programme, or to ask any questions, please speak with your local Nuffield Health fitness & wellbeing club.

For further information about how Nuffield Health process your data, including an overview of your rights, please see our [Child-Friendly Privacy Policy](#). You can also read the full [Privacy Policy](#) on our website and ask your parent or carer to explain anything you're unsure about

To request to exercise one of your rights in relation to your personal data, you can contact the Data Protection Officer at [dataprotectionofficer@nuffieldhealth.com](mailto:dataprotectionofficer@nuffieldhealth.com)

Should you remain unhappy, or think we are not listening, you have a right to complain to the Information Commissioner's Office on 0303 123 1113 or through their [website](#).