









Nstars Crèche timetable – Monday 24th February – Sunday 5th April





Mondays

9-10:30	Studio time	
10:30-1	Crèche room	
4:45-6	Multi-sports	
6-7:15	Science club	






Tuesdays

9-1	Crèche room	
4:45-5:30	Team games	
5:30-6	Bootcamp	
5:30-6:30	Climbing Wall	
6-7	Multi-sports	
7-7:15	Quizzes and wordsearches	




Wednesdays

9-10:30	Studio time	
10:30-1	Crèche room	
4:45-6	Multi-sports	
6-7:15	Science club	

Thursdays

9-1	Crèche room	
4:45-5:30	Multi-sports	
5:30-6	Bootcamp	
6-6:30	Messy fun	
6:30-7:15	Games night	

Fridays






9-10	Crèche room	
10-11:30	Studio time	
11:30-1	Crèche room	

Saturdays

Please note on Saturday 7th March and Saturday 4th April, we will be following our Super Saturday timetable

8-9	Messy fun	
9-10	Multi-sports	
10-11	Bootcamp	
11-12	Messy fun	
11-12	Climbing Wall	
12-1	Multi-sports	
12-1	Gym Fitness	

Sundays

9-10	Messy fun	
9:45-10:45	Gym Fitness	
10-10:45	Team games	
11-12	Bootcamp	
12-1	Messy fun	



Mini stars is based around babies and toddlers. In the crèche room, we run our sessions around free play and craft activities



Our junior programme is available for children age 3+

During these times, under 3's can attend however there will be no specific activities for them



Super star activities are sessions especially for our 8+ members

How to book

We have a ten days in advance booking system in which parents can ring/email and book a slot for their child working on a first come first serve basis. In order to avoid disappointment, it is best to follow this system. Sessions are bookable on the hour, quarter past, half past and quarter to starting from 30 minutes to 4 hours. If it is a busy time and your child has not got the slot you desired, this will be due to following the Ofsted ratios.

Booking system

Monday at 8pm – Ring/email to book for 10 days' time Friday

Tuesday at 8pm – Ring/email to book for 10 days' time Saturday

Wednesday at 8pm – Ring/email to book for 10 days' time Sunday

Thursday at 8pm – Ring/email to book for 10 days' time Monday

Friday at 8pm – Ring/email to book for 10 days' time Tuesday

Saturday at 8pm – Ring/email to book for 10 days' time Wednesday

Sunday at 8pm – Ring/email to book for 10 days' time Thursday

To book, email nstarsmk@nuffieldhealth.com or phone 01908 298819