

Swimming Lesson Timetable

Manchester Printworks

For further information, please contact **Annika** at Annika.stilton@nuffieldhealth.com

Wednesday			
Pool	Instructor	Time	Stage
Main	Annika	18.00	Advanced SwimFit

Friday			
Pool	Instructor	Time	Stage
Main	Annika	12.00pm	Beginners SwimFit

1-2-1 private sessions available for adults only.