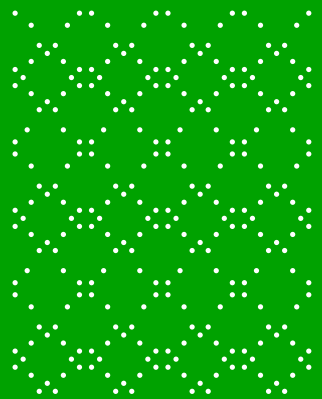


Consultant and services directory 2021/22

Nuffield Health Leicester Hospital



Working with you, for your patients.



We're building a healthier nation

Working with you, for your patients

Connected healthcare for your patients, at every stage of their treatment journey.

Working with you, for your professional development

Professional training tailored to the needs of your practice.

Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.

Dedicated GP Liaison Officers

Hollie Bell
0116 274 3830 / 0782 583 0393

Remy Redway
0116 2182556 / 0797 026 5922

leicester.education@nuffieldhealth.com

Nuffield Health Leicester Hospital

Scraptoft Lane, Leicester LE5 1HY

nuffieldhealth.com/hospitals/leicester

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How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly ‘choose and book’ (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020**
Fax **08004 715058**
Email chooseandbook@nuffieldhealth.com

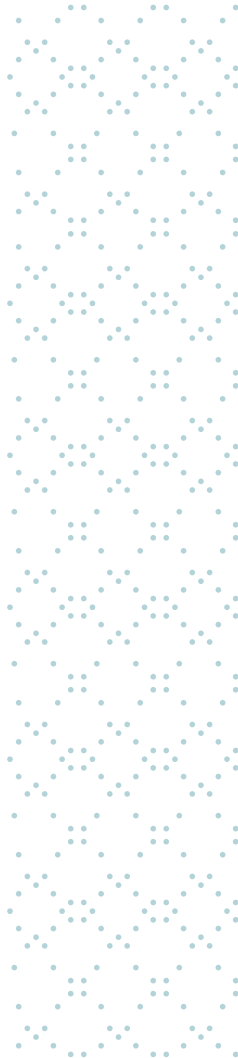
Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That’s reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ♦ The confirmed price is all your patient will ever pay*
- ♦ If they find a better price for the same procedure package, we’ll match it**
- ♦ There are no time limits on aftercare.***

There is also the option of an interest-free loan.

*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient’s procedure price. **Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient’s chosen Nuffield Health hospital. We will match against written quotes only. ***Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient’s procedure, this is guaranteed for the manufacturer’s expected prosthesis lifetime. “Clinically required” indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise.



Patient safety is our number one priority

We want to reassure you and your patients that we’ve put in place safety measures to make our hospital COVID-19 secure. We’re offering telephone and online consultations, as well as face-to-face appointments, so whether your patients’ appointment is from home or in person, they’ll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.



Key facilities at Nuffield Health Leicester Hospital

Medical cover

24hr resident medical officer.

Patient accommodation

37 en-suite bedrooms including close monitoring unit, nurse call system, free Wi-Fi, direct dial telephone, TV and radio.

Theatre and support services

- ◆ Two major operating theatres with laminar flow
- ◆ State-of-the-art endoscopy theatre.



Outpatient services

Including:

- ◆ 14 consultation rooms
- ◆ Audiology room
- ◆ Endoscopy suite
- ◆ ENT suite
- ◆ Health screening
- ◆ MRI Suite
- ◆ Nurse-led pre assessment
- ◆ On-site pathology/phlebotomy department
- ◆ On-site pharmacy
- ◆ On-site physiotherapy
- ◆ Ophthalmic suite
- ◆ Radiology department
- ◆ Satellite IVF centre
- ◆ Secure children's ward
- ◆ Treatment room/minor operations.



Consultant services and directory

NHS base – abbreviations

ADCG	Derby City General
FH	Fitzwilliam Hospital
GGH	Glenfield General Hospital
GDH	Grantham District Hospital
KGH	Kettering General Hospital
CCG	Clinical Commission Group Leicester
LGH	Leicester General Hospital
LPT	Leicestershire Partnership Trust
LP NHS T	Leicester Partnership NHS Trust
LRI	Leicester Royal Infirmary
LCH	Lincoln County Hospital
MH	Middlesex Hospital
NTC	Nottingham Treatment Centre
NUH	Nottingham University Hospital
QMC	Queens Medical Centre Nottingham
RDH	Royal Derby Hospital
SWFT	South Warwickshire NHS Foundation Trust



Visit nuffieldhealth.com/consultants to view our consultants' and surgeons' profiles.

The details for each consultant show their name, specialist area and NHS hospital.

Consultant Name	Sub-speciality	NHS Base
Allergy Medicine		
Bakshi, D Dr	Allergy specialist in adults and children (see also Paediatrics).	NUH
Powell, R Prof	Food reactions (including food allergy/intolerances), anaphylaxis (severe allergic reactions), urticaria (hives and nettle rash), angioedema (swellings), rhinitis (runny nose, sneezing etc.), allergic conjunctivitis, insect sting allergy, drug reactions/allergy, chronic fatigue syndrome and recurrent infections.	QMC
Audiology		
Karia, P Miss	To provide audiological cover for ENT clinics consisting of basic pure tone audiometry, tympanometry, microsuction ear wax removal and foreign body removal from external auditory meatus.	
Breast Surgery		
Kaushik, M Miss	Oncoplastic Surgeon. All types of breast problems, surgery and rapid access breast clinic.	GGH
Krupa, J Mr	All types of breast problems, surgery and rapid access breast clinic.	GGH
Patel, N Mr	Reconstructive surgery, breast reconstruction and microsurgery. Treats both adults and children.	LRI
Pilgrim, S Mr	Consultant oncoplastic surgeon and rapid access breast clinic.	GGH
Sasi, W Mr	Oncoplastic breast surgery.	UHL
Valassiadou, K Ms	Breast cancer, risk-reducing breast surgery, oncoplastic breast surgery, reconstructive breast surgery, high-risk family history, partial and total breast reconstruction using own tissue (autologous).	GGH
Cardiology		
Chelliah, R Dr	General cardiology and advanced echocardiography, transthoracic echocardiogram, dobutamine and exercise stress echocardiogram, transesophageal echocardiogram, 3D echo, contrast echo, strain analysis echo and cardiac device optimization echo. This includes the assessment for coronary artery disease, structural cardiac problems and also valve disease assessment and follow-up. Patients with ischaemic heart disease, valve disease, cardiomyopathy and heart failure.	GGH
Hussien, S Dr	Coronary angioplasty, intracoronary imaging with IVUS or OCT, FFR assessment and rotablation.	GGH
Ibrahim, M Dr	Adult cardiology, arrhythmia and hypertension.	GGH
Thakker, P Dr	All aspects of children's cardiology (see also Paediatrics).	QMC
Dermatology		
Alexandroff, A Dr	General dermatology specialising in hair loss, acne, dermatitis, psoriasis, eczema, moles and skin cancers, phototherapy, cryotherapy and daylight PDT.	LRI
Helbling, I Dr	General adult and children's dermatology including vitiligo, systemic disorders, skin cancer screening and surgery, cryotherapy and skin conditions of the genitalia.	LRI

Consultant Name	Sub-speciality	NHS Base
Dermatology – continued		
Narayana, Dr K	General dermatology specialising in hair loss, acne, dermatitis, psoriasis, eczema, moles and skin cancers.	NTC
Patel, N Mr	Skin cancers and mole removals only (see Plastic Surgery for full details).	LRI
Ear, Nose and Throat – Adult and Children		
Banerjee, A Mr	Ear disease, sinus disease and nasal problems, rhinoplasty, snoring and related problems, balance problems, childhood ENT problems and allergies.	LRI
Conboy, P Mr	General ENT, head and neck surgery, rhinology, otology, otolaryngology and children's ENT including paediatric airway disease and tongue tie.	LRI
Murty, G Mr	All medical and surgical care associated with diseases of ear, nose and throat, rhinoplasty, swallowing and voice disorders, allergy and sinus disease, children's ENT with special interest in sinus and allergy disease and a lead clinician in voice and throat disorders.	LRI
Rea, P Prof	ENT surgery (except head and neck cancer) with special interest in balance disorders and vertigo, hearing loss and tinnitus, nasal and sinus disorders, ENT disorders in children, lead clinician for one of the UK's largest centres for investigation and treatment of dizziness.	LRI
Uddin, F Mr	General ENT, ear diseases, hearing loss and tinnitus, nose and sinus problems including allergy, voice, swallowing and throat disorders, neck lumps and thyroid disease, salivary gland disease, paediatric ENT and snoring problems.	LRI
Valsamakis, T Mr	Paediatric and adult nasal and sinus disorders, functional endoscopic sinus surgery (FESS), rhinoplasty, paediatric airway disorders, tonsils and adenoids, obstructive sleep apnea, drooling and secretion control, prominent ears, thyroglossal and preauricular anomalies, tongue-tie, nosebleeds, turbinectomy, polypectomy, ear pinning cosmetic surgery (pinnaplasty), adenoidectomy, deviated septum (septoplasty), antral washout, excision of skin lesion, frenotomy, adult audiology hearing aid provision, diagnostic endoscopy otoplasty (ear correction/ear repositioning), head and neck surgery and grommet insertion.	LRI
Gastroenterology		
De Caestecker, J Prof	General gastroenterology with a particular interest in oesophageal disorders, upper GI endoscopy, colonoscopy, all endoscopic therapy and oesophageal function testing.	LGH
Farrukh, A Dr	Inflammatory bowel disease (IBD), coeliac disease, peptic ulcer disease, pancreatic disease, nutrition, endoscopy assessment of acute and chronic medical problems.	
Mayberry, J Prof	General gastroenterology, internal medicine, public health, gastroscopy, oesophageal dilatation, variceal banding, flexible sigmoidoscopy, colonoscopy and polypectomy.	LGH
Robinson, R Dr	Gastroenterology, GI disease, upper and lower GI endoscopy, advanced colonoscopy and general physician.	LGH
General Physicians		
Panchal, R Dr	Respiratory medicine, asthma, chest medicine, lung cancer, lung disease, respiratory pathology, unexplained breathlessness, COPD and pneumonia.	GGH

Consultant Name	Sub-speciality	NHS Base
General Surgery – All General Surgeons are based in the NHS at LRI, LGH and GGH.		
Bagul, A Mr	Endocrine and general surgery, thyroid and parathyroid surgery, lumps and bumps, hernia laparoscopic and primary repair, cholecystectomy – gallbladder surgery (laparoscopic), renal transplant and vascular access surgery and endocrine investigations.	
Bhardwaj, N Mr	General surgery including major liver, pancreatic resections along with keyhole removal of the gallbladder (laparoscopic cholecystectomy) and open and laparoscopic hernia repair.	
Bowrey, D Prof	Management of dyspepsia (indigestion) and endoscopy, acid reflux disease and its surgical management, all types of hernia surgery (open and laparoscopic), laparoscopic cholecystectomy (gallbladder surgery for gallstones), weight loss surgery (gastric banding, sleeve gastrectomy and gastric bypass surgery), oesophageal and stomach cancer surgery and nutrition and feeding.	
Dennison, A Prof	General and laparoscopic surgery, hepatobiliary and pancreatic surgery and ERCP.	
Exon, D Mr	General surgery including hernias, gallstones, laparoscopic, upper GI, dyspepsia and gastro-oesophageal reflux disease.	
Lloyd, D Prof	Laparoscopic surgery and gallstones, laparoscopic cholecystectomy, laparoscopic inguinal hernia repair, laparoscopic splenectomy, laparoscopic surgery for groin pain, sportsman's groin surgery, laparoscopic liver surgery, liver and hepatobiliary surgery and The Lloyd Release Procedure.	
Malde, D Mr	General surgery, liver cancer surgery, pancreatic surgery, gallbladder surgery, treatment of gallstones and related complications, liver cysts and acute and chronic pancreatitis.	
Norwood, M Mr	General surgery including hernias, lumps and bumps and minimally invasive (keyhole) surgery (see also General Surgery – Colorectal).	
Robertson, G Mr	General surgery, laparoscopic abdominal surgery, especially hernia repair and cholecystectomy, hepatobiliary and pancreatic surgery, upper GI endoscopy and treatment of gastroesophageal reflux and pancreatic surgery.	
General Surgery – Colorectal		
Norwood, M Mr	Colorectal surgery, minimally invasive (keyhole) surgery, bowel cancer, inflammatory bowel disease, piles, anal fissure, fistula-in-ano and pilonidal sinus, colonoscopy, change in bowel habit, rectal bleeding, anal pain and itch, THD and HALO (see also General Surgery).	
Gynaecology and Infertility		
Al-Azzawi, F Mr	Gynaecological endocrinology, menopause management, female hypo-active sexual desire disorders (FHSD), treatment for menstrual disorders, premenstrual syndrome, female hormone implant. OPD appointments only.	LRI
Aravindan, R Mrs	General gynaecology including family planning procedures, hysteroscopy, colposcopy, hysterectomy, myomectomy, ultrasound scanning (gynaecological), laparoscopy, endometrial ablation, laparoscopic sterilisation, vaginal procedures, utero vaginal prolapse and runs the Monday evening Women's Health Clinic.	LRI
Chattopadhyay, S Mr	General gynaecology, including, management of menstrual disorders, pelvic pain, menopausal problems, endometriosis, colposcopy, hysteroscopy, laparoscopy (keyhole procedure) for treatment of ovarian cysts in addition to total laparoscopic hysterectomy and open hysterectomy procedures. Specialises in surgical treatment of endometrial (womb) cancer, cervical cancer, ovarian cancer and vulval cancer.	LGH
Davies, Q Mr	Gynaecological oncology procedures, colposcopy, general gynaecological procedures and total laparoscopic (keyhole) hysterectomy.	LRI



Consultant Name	Sub-speciality	NHS Base
Gynaecology and Infertility		
Gelbaya, T Mr	General gynaecology, menstrual disorders, recurrent miscarriage, female sterilisation, infertility, endometriosis, polycystic ovaries (PCOS), menopause, pelvic pain, dyspareunia, fibroid uterus, ovarian cyst, prolapse and keyhole surgery.	LRI
Scudamore, I Mr	General gynaecological procedures (not colposcopy or urodynamic investigations), obstetrics, infertility, all obstetric and gynaecological ultrasounds, assisted conception in conjunction with CARE Fertility (Nottingham), laparoscopic surgery, recurrent miscarriage, early pregnancy complications, hysterectomy, benign ovarian pathology, myomectomy, prolapse surgery and reversal of sterilisation.	LGH
Teo, R Mr	Urogynaecology, prolapse and incontinence surgery and general gynaecology.	LRI
Hand Surgery		
Armstrong, A Miss	Hand surgery (see also Orthopaedics).	LGH
Dias, J Prof	Hand surgery (see also Orthopaedics).	LRI
Patel, N Mr	Hand surgery and soft tissue injuries (see also Plastic Surgery).	LRI
Ullah, A Mr	Hand and wrist surgery (see also Orthopaedics).	LGH LRI
Varma, S Mr	Hand surgery (see also Plastic Surgery).	LRI
Neurology		
Simpson, B Dr	Headaches, blackouts and funny turns, epilepsy, Parkinson's disease, tremor, dystonia, botulinum toxin injection therapy, movement disorders, Alzheimer's disease, memory disorders, pain disorders, multiple sclerosis, stroke, peripheral nerve disorders, muscle disease, genetics conditions, sleep disorders, neuro-immunology, neuromuscular disorders and neuro-ophthalmology.	LGH
Neurophysiology		
Holder, D Prof	EMG.	MH
Roper-Knight, W Mrs	EEG.	MH
Ophthalmology		
Banerjee, S Mr	Cataract surgery, accommodative and multifocal IOL, retinal diseases, age-related macular degeneration, retinal detachment, IOL-VIP, Lucentis®, Avastin® and Ozurdex® injections.	LRI
Berry-Brincat, A Ms	Oculoplastics: eyelid, lacrimal, reconstructive, anterior orbit, thyroid eye disease, artificial eye and socket surgery, general ophthalmology, dry eyes and blepharitis	LRI
Deane, J Mr	Cataract surgery, glaucoma, laser treatment for diabetes and macular degeneration.	LRI
Karwatowski, W Mr	General ophthalmology procedures and glaucoma (not retinal detachment surgery).	LRI



Consultant Name	Sub-speciality	NHS Base
Ophthalmology – continued		
Kumar, P Mr	General ophthalmology, cataract surgery, macular degeneration and retinal disease.	LRI
Prydal, J Mr	Cataract surgery particularly in the presence of other diseases or refractive problems, diseases of the eye surface (cornea and conjunctiva), corneal transplant surgery, conjunctivitis, dry eyes and collagen cross linkage for keratoconus.	LRI
Sampath, R Mr	General ophthalmology, small incision cataract surgery and cosmetic eyelid surgery (see also Plastic Surgery).	LRI
Sarodia, U Mr	General ophthalmology including cataract surgery, glaucoma management with both routine and complex glaucoma surgery.	LRI
Savant, V Mr	Cataract and refractive surgery, toric and multifocal implants, corneal transplants, collagen cross linkage, cornea and external eye disease.	LRI
Oral and Maxillofacial Surgery		
Kassam, K Mr	Exposure and bond of canines, exposure of buried teeth, oral biopsies, dentoalveolar surgery, wisdom teeth extractions, jaw cyst enucleation, sublingual gland removal, temporomandibular joint surgery, facial skin cancer surgery, diagnosis and management of head and neck swellings/cancer, tongue-tie release, cosmetic facial surgery including botox.	LRI
Orthopaedics – Upper Limb		
Abraham, A Mr	General children's orthopaedics, medicolegal, childhood deformities, children's limb pain and children's sports injuries.	LRI
Armstrong, A Miss	Upper limb surgery, shoulder, elbow, wrist and hand surgery (see also Hand Surgery).	LGH
Boyd, K Mr	Knee surgery including knee replacement, arthroscopy, sports injuries, shoulder and ankle surgery.	LGH
Dias, J Prof	Hand, shoulder and arm surgery.	LRI
Pandey, R Mr	Shoulder and elbow surgery (including arthroscopic surgery), foot and ankle surgery, trauma, sports injuries and joint arthroplasty.	LRI LGH
Orthopaedics – Foot and Ankle		
Bhatia, M Mr	Foot and ankle surgery, bunion surgery, lesser toe deformity correction, Morton's neuroma, hallux rigidus, rheumatoid foot reconstruction, ankle arthroscopy, sports injuries, Achilles, peroneal, tibialis posterior reconstruction, deformity correction, midfoot and hindfoot fusions, arthroscopic ankle fusions and ankle replacement.	LGH
Boyd, K Mr	Knee surgery including knee replacement, arthroscopy, sports injuries, shoulder and ankle surgery.	LGH
Mangwani, J Mr	Foot and ankle surgery including bunion correction, hallux rigidus, hammer and claw toes, rheumatoid foot, tendon surgery including tibialis posterior, Achilles tendon and peroneal tendon, sports injuries, midfoot and hindfoot fusions, arthroscopic ankle surgery including ankle fusion, total ankle replacement, general adult and children's trauma.	LGH
Taylor, G Mr	General orthopaedic and trauma surgery with special interest in shoulder, foot, ankle and knee surgery and arthroscopy.	LGH

Consultant Name	Sub-speciality	NHS Base
Orthopaedics – Hip and Knee		
Ashford, R Prof	Musculoskeletal tumours including assessment, surveillance and surgery, hip and knee replacements and knee arthroscopy.	LRI LGH
Boyd, K Mr	Knee surgery including knee replacement, arthroscopy, sports injuries, shoulder and ankle surgery.	LGH
Chatterji, U Mr	Knee surgery, sports knee surgery, ACL reconstruction, knee replacement surgery, hip replacement and knee arthroscopy.	UHL
Davison, J Mr	Knee replacement, knee arthroscopy, chondroplasty, meniscectomy for meniscus tear, hip replacement and trauma reconstruction.	LGH
Esler, C Mr	Knee surgery, sports knee surgery, ACL reconstruction, knee replacement surgery, hip replacement, knee arthroscopy, fracture management and arthroscopy.	LGH
Ghosh, A Mr	Hip pain, knee pain, arthritis, cartilage problem, hip replacement, knee replacement, partial knee replacement, ligament repair, ACL, sports injury, meniscus tear, painful joint replacement, key hole surgery, arthroscopy, knee ‘giving away’ and hip fracture.	LGH
Godsiff, S Mr	Knee replacement, ACL reconstruction, arthroscopy, sports knee injury management and advice.	LGH
Hutchings, S Mr	Total hip replacement, total knee replacement, knee arthroscopy, complex lower limb trauma, fractures and soft tissue injuries.	LGH
Korim, M Mr	Hip and knee replacements, arthroscopy, osteoarthritis, soft tissue injuries and sports injuries.	LRI LGH
Kulkarni, A Mr	Hip and knee surgery, hip replacement, SuperPATH® hip replacement, knee surgery, knee arthroscopy and trauma, knee replacement and hip arthroscopy.	LRI
Shah, K Mr	Total hip replacement, total knee replacement, knee and soft tissue injuries. NHS Patients only.	SWFT
Smith, R Mr	Total hip replacements and total knee replacements. NHS Patients only.	KGH
Tandon, S Mr	Sports knee injuries, ligament reconstruction, minimally invasive knee surgery, partial and total joint replacement, arthroscopic surgery, patellar problems, knee cap dislocation and fracture management.	
Taylor, G Mr	General orthopaedic and trauma surgery with special interest in shoulder, foot, ankle and knee surgery and arthroscopy.	LGH
Orthopaedics – Spinal		
Braybrooke, J Mr	General orthopaedics and spinal, decompression, spinal discectomies, instrumented fusions, kyphoplasties and is also part of the Spine Care Specialists Group.	LRI
Gabbar, O Mr	Lumbar spine disorders, spinal surgery, back pain, sciatica, spinal infection, spinal tumour, neck surgery, cervical pathology, neck pain, microdiscectomy and minimally invasive spinal surgery. Part of the Spine Care Specialist Group.	LGH
Yoon, W Mr	All spinal problems including lumbar spine disorders, spinal surgery, back pain, sciatica, spinal infection, spinal tumour, neck surgery, cervical pathology, neck pain, microdiscectomy and minimally invasive spinal surgery, early onset scoliosis children and adult.	LGH

Consultant Name	Sub-speciality	NHS Base
Paediatrics		
Abraham, A Mr	General children’s orthopaedics, medicolegal, childhood deformities, children’s limb pain and children’s sports injuries.	LRI
Bakshi, D Dr	General paediatrics, allergies, eczema, hay fever, abdominal pain, constipation, nutritional disorders, migraine, joint pains, chronic fatigue syndrome, developmental issues and behavioural issues.	NUH
Bhavsar, H Dr	General paediatrics, gastro-oesophageal reflux disease, inflammatory bowel disease, intractable constipation, dietary intolerances including cow’s milk protein intolerance, recurrent abdominal pains, coeliac disease and growth faltering, gastrointestinal pathology, liver disease, chronic diarrhoea, motility disorder, nutrition, obesity, pancreatic disease, colonoscopy and endoscopy through the ileocecal valve.	LRI
Bilolikar, H Dr	General paediatrics, paediatric allergy such as milk, nut and food allergy testing, asthma, eczema and hay fever treatments including oral desensitization, tuberculosis and congenital hypothyroidism.	KGH
Hussain, N Dr	Paediatric neurology, febrile convulsion, epilepsy, developmental delay and neuromuscular conditions.	LRI
Nathan, D Dr	General paediatrics, emotional and behavioural concerns, disabilities and chronic illness.	NUH
Nichani, S Dr OBE	Paediatric dermatology, all aspects of general paediatrics, paediatric atopy, eg asthma, eczema and hayfever.	LRI GGH
Patwardhan, N Mr	Paediatrics surgery, hypospadias surgery, paediatric laparoscopic surgery, paediatric urology, adolescent breast surgery and minimally invasive surgery.	LRI
Rajimwale, A Mr	Urology, bed wetting (eneuresis), hernia, hydrocele, tight foreskin, hypodpadias, undescended testis, dilated kidneys, UTI, penile disorders such as megaprepuce, buried penis, penoscrotal and web lower urinary tract dysfunction.	LRI
Sridhar, A Dr	All aspects of general paediatrics, specialises in paediatric rheumatology and MSK.	LRI
Thakker, P Dr	All aspects of general paediatrics including headaches, asthma, food allergies, epilepsy, reflux and paediatric cardiology.	QMC
Pain Management		
Bhayani, S Dr	Pain arising from degenerative joint disorder including shoulder osteoarthritis, knee, hip osteoarthritis and rheumatoid arthritis. Specialises in the radiofrequency treatment of genicular nerves and peripheral nerves to reduce the pain arising from the painful joints. Nerve block injection, cooled and conventional radiofrequency treatment (RF Treatment), Botox injections for migraine, Platelet Rich Plasma injections (PRP)	LGH
Buczowski, P Dr	Anaesthetics (pain management) and spinal disorders.	ADCG
Kamel, Y Dr	Anaesthetics and pain management.	LGH
Malik, D Dr	Assessment and management of chronic back and neck pain including lumbar, sacroiliac joint pain, cervical pain, assessment and management of neuropathic pain, assessment and management of joint pain, pain management, lumbar spine disorders, osteoarthritis, rheumatoid arthritis, sports injury, complex regional pain syndrome, cervical spondylolysis, spondylolisthesis multidisciplinary chronic pain management, including radiofrequency and ultrasound guided pain interventions.	



Consultant Name	Sub-speciality	NHS Base
Plastic Surgery		
Kassam, K Mr	Facelift (rhytidectomy), neck lift, skin cancer surgery, head and neck surgery, facial surgery, brow lift, blepharoplasty (eyelid reshaping), Botox, frenotomy (tongue tie).	
Kaushik, M Miss	Breast augmentation and reduction (see also Breast Surgery).	GGH
Krupa, J Mr	Breast augmentation and reduction.	GGH
Offer, G Mr	Facial skin cancer, facial reconstruction, all types of breast surgery including gynaecomastia, rhinoplasty, blepharoplasty, ear pinning, facelift, MACS lift, body contouring, abdominoplasty, liposuction, body lifts and arm and thigh lifts.	LRI
Patel, N Mr	Reconstructive surgery, breast reconstruction and microsurgery, cosmetic surgery, abdominal surgery, skin cancer, hand surgery and soft tissue injuries.	LRI
Pilgrim, S Mr	Breast augmentation and reduction (see also Breast Surgery).	GGH
Sampath, R Mr	Oculoplastics (cosmetic eyelid surgery). See also Ophthalmology.	LRI
Sankar, T Mr	Children's dermatology aged 3+, breast augmentation, uplift, reduction and breast augmentation using fat transfer, male breast surgery, gender re-assignment breast surgery, liposuction, rhinoplasty, non surgical facial rejuvenation, laser resurfacing, skin tightening, muscle relaxing injections and skin fillers.	KGH
Varma, S Mr	Abdominoplasty, arm and thigh reduction, breast enlargement, reduction, reconstruction and uplift, ear reshaping, blepharoplasty, hand surgery, liposuction, rhinoplasty, skin cancer (see also Hand Surgery) breast augmentation, tummy tuck, facelift, eyelid surgery, nasal reshaping and setback of ears.	LRI
Yii, N Mr	Specialist in skin cancer surgery, biopsies and excision of skin lesions.	LRI
Podiatry		
Jogia, R Mr	General podiatry and podiatric surgery, biomechanics of the lower limb and the management of diabetic feet.	LPT
Psychology		
Cooley, R Dr	Anxiety, OCD, phobias, social anxiety, panic attacks, depression, low mood, work-related stress, trauma or post traumatic stress. Perinatal mental health including birth trauma, postnatal depression, bonding and attachment, birth phobia, loss, abortion and infertility. Couples therapy and relationship difficulties including affairs, betrayals, issues with intimacy and sex, separation and divorce. Grief therapy, bereavement and loss. Emotional adjustment to acute and chronic physical health problems, self harm, confidence and self-esteem, personality disorders and anger management.	
Fraser, S Dr	Cognitive behavioural therapy (CBT) for depression, stress management, stress in the workplace, obsessive compulsive disorder (OCD), anxieties, phobias, post traumatic stress, attention deficit disorder (ADD), medicolegal assessments, psychotic problems, chronic fatigue, pain management, anger management, brief psychological treatments and a range of other psychological therapies for common mental health problems.	
Laher, A Dr	Extensive experience in the psychological assessment and treatment of adults with common mental health problems including anxiety, depression and physical health difficulties. Specialises in the psychological adjustment to chronic health conditions (eg chronic pain), psychological trauma and adjustment following accident or personal injury, workplace well-being (including work-related stress and discrimination issues) and relationship difficulties. Also trained in cognitive-behavioural therapy (CBT).	RDH

Consultant Name	Sub-speciality	NHS Base
Psychology – continued		
Loumidis, K Dr	Cognitive behavioural therapy, counselling, medicolegal reports, individual psychotherapy and common mental health problems (anxiety, depression, eating disorders, PTSD and OCD).	
Robinson, E Dr	Specialist in the psychological adjustment to acute and long term physical conditions and traumatic events. Particular interest in working with people with diabetes, sexual health conditions and psycho-sexual problems. Offer assessment and intervention work for a broad range of common psychological difficulties including anxiety, depression, low self-esteem, phobias, PTSD, OCD, relationship difficulties, stress, and adjustment to life events. Trained in a number of psychological approaches including CBT, person centred therapy, psychodynamic therapy and EMDR (level 1 and 2).	LRI
Psychiatry		
Arora, A Dr	General adult psychiatry, depression and anxiety related disorders, medicolegal work, bipolar disorder and assessment for therapy and counselling.	LGH
Davies, S Dr	Child and adolescent psychiatry. Specialist interest in working with children and young people with a wide range of difficulties, providing assessment, ongoing support and treatment for depression, anxiety, obsessive compulsive disorder, attention deficit hyperactivity disorder (ADHD), autism spectrum disorder (ASD) and Bipolar.	LPT
McConnechie, M Dr	General adult psychiatry, mood disorders (depression and bipolar disorders), anxiety related disorders, psychotic disorders, personality disorder, medicolegal work, assessment for therapy and counselling (CBT).	LPT
Subramaniam, H Dr	Specialist skills in assessment of memory problems (dementia), cognitive dysfunction and neuro-psychiatric syndromes.	GGH
Physiotherapy – Clinic opening times are by arrangement. Please call 0116 274 3730 for further information.		
Gadhia, Minal	Special interest in antenatal and postnatal physiotherapy including symphysis pubis dysfunction, diastasis recti, visceral mobilisation and womens health.	
Horne, Anton	Lower limb rehabilitation.	
Howe-Webster, Rachel	Physiotherapy assistant – pre and post op care.	
James, Lynsey	The McKenzie Method spinal management, acupuncture and vestibular rehabilitation.	
Mellon, Kathryn	Inpatient physiotherapist specialising in orthopaedic pre- and post-surgical rehabilitation, women's health and aquatic therapy.	
Seymour, Clare	Special interest in sporting foot and ankle, exercise progression and manual therapy.	
Sharma, Gaurav	Musculoskeletal gym rehabilitation.	
Radiology – Main Diagnostic referral line 0116 2743742 Fax 0116 216 7608		
Adair, W Dr	Vascular, abdominal and whole body CT.	LRI
Al-Attar, M Dr	Breast imaging including breast intervention, breast MRI and CT for staging of breast cancer.	GGH
Bajaj, A Dr	Cardiothoracic imaging, CT, MRI, ultrasound for abdominal and gynaecology.	



Consultant Name	Sub-speciality	NHS Base
Radiology – Continued		
Bhatt, R Dr	Musculoskeletal imaging, X-ray, ultrasound guided musculoskeletal and spinal interventional procedures and radiological assessment of sports injuries and treatment.	LGH
Elabassy, M Dr	Gastrointestinal, oncology, abdominal, pelvic, CT colonograms and bowel and genitourinary imaging, ultrasound, MRI and CT.	LRI
Harieaswar, S Dr	Head and neck, orbits, sinuses, temporal bones, maxillofacial (CT and MRI), neck, thyroid, salivary glands, ultrasound and fine needle aspiration.	LRI
Hoosein, M Dr	Breast imaging CT, MRI and ultrasound, mammography, breast intervention including biopsies, vacuum excisions and wire localisations GU radiology.	GGH
Jeyapalan, K Dr	Musculoskeletal Radiology, X-ray and ultrasound guided musculoskeletal interventional procedures.	GGH
Kandiyil, N Dr	Vascular, radiology and ultrasound.	LRI
Khan, I Dr	X-ray and ultrasound guided musculoskeletal and spinal interventional procedures, diagnostic services (lumps and bumps etc).	LRI
Maliyakkal, A Dr	X-ray and ultrasound guided musculoskeletal and spinal interventional procedures.	GGH
Rao, P Dr	Cardiothoractic radiology, CT, MRI and vascular radiology .	GGH
Rees, Y Dr	General, gastrointestinal and genitourinary.	LGH
Rennie, W Dr	Musculoskeletal radiology. X-ray and ultrasound guided musculoskeletal and spinal interventional procedures, sports injuries, diagnostic services (lumps and bumps etc) and ankylosing spondylitis.	LRI
Rickett, A Dr	General children's radiology including ultrasound, MRI, CT, isotopes, plain radiography, body imaging, neurology, head and neck and musculoskeletal.	LRI
Shah, A Dr	Musculoskeletal radiology X-ray and ultrasound guided musculoskeletal and spinal interventional procedures.	GGH
Syed, A Dr	Musculoskeletal radiology X-ray and ultrasound guided musculoskeletal and spinal interventional procedures.	LRI
Vaidhyanath, R Dr	Head and neck, orbits, sinuses, temporal bones, maxillofacial (CT and MRI), neck, thyroid, salivary glands, ultrasound and fine needle aspiration.	LRI
Van Wattingen, M Dr	Neuroradiology, CT and MRI.	LRI
Verma, R Dr	Gastrointestinal, oncology, abdominal, pelvic and genitourinary imaging, ultrasound, MRI and CT.	GGH
Respiratory Medicine		
Panchal, R Dr	Respiratory medicine, asthma, chest medicine, lung cancer, lung disease, respiratory pathology, unexplained breathlessness, COPD and pneumonia.	GGH

Consultant Name	Sub-speciality	NHS Base
Rheumatology		
Durrani, M Dr	Clinical interests and expertise are in back pain, inflammatory arthritis, soft tissue rheumatism, connective tissue disease, bone conditions, muscle disorders and osteoarthritis.	LGH LRI
Francis, J Dr	Osteoporosis, metabolic bone diseases, gout, crystal arthritis, back pain, neck pain, inflammatory arthritis and performs joint and soft tissue epidural injections.	LRI
Hassan, W Dr	Inpatient and outpatient, rheumatological problems including inflammatory arthritis, spinal problems including neck and lower back pain, shoulder pain, soft tissue rheumatic problems and connective tissue disorders such as Raynaud's, lupus and scleroderma, day-case procedures including joint and soft tissue injections and epidural injection.	LRI
Moorthy, A Dr	Early arthritis, lower back pain and sciatica, neck, shoulder and wrist pain, soft tissue rheumatism, ultrasound examination of joints, ultrasound guided joint injections, aspirations of joints and bursa cysts, epidural injections, various joint injections, supra scapular nerve block injection, carpal tunnel injection, chronic widespread pain, gout and osteoporosis, arthritis and aches and pains clinic.	LGH LRI
Samanta, A Dr	Rheumatoid arthritis, connective tissue disease, inflammatory conditions, sports injuries, musculoskeletal problems, back pain, osteoarthritis, osteoporosis, tendinitis, muscle injuries, lumbar, caudal and spinal epidurals, paravertebral joint injections, carpal tunnel injections, nerve blocks, joint injections, aspiration and joint manipulations, soft tissue injections including injections of tendon sheaths, bursa and epicondylar injections.	LRI
Sports Injury		
Abraham, A Mr	General children's orthopaedics, medicolegal, childhood deformities, children's limb pain and children's sports injuries.	LRI
Godsiff, S Mr	Knee replacement, ACL reconstruction, arthroscopy, sports knee injury management and advice.	LGH
Korim, M Mr	Hip and knee replacements, arthroscopy, osteoarthritis, soft tissue injuries and sports injuries.	LRI LGH
Lloyd, D Prof	Laparoscopic surgery for groin pain, sportman's groin surgery and the Lloyds release surgery.	LRI LGH
Mangwani, J Mr	Foot and ankle surgery including bunion correction, hallux rigidus, hammer and claw toes, rheumatoid foot, tendon surgery including tibialis posterior, Achilles tendon and peroneal tendon, sports injuries, midfoot and hindfoot fusions, arthroscopic ankle surgery including ankle fusion, total ankle replacement, general adult and children's trauma.	LGH
Pandey, R Mr	Shoulder and elbow surgery (including arthroscopic surgery), foot and ankle surgery, trauma, sports injuries and joint arthroplasty.	LRI LGH
Singh, H Dr	Upper limb disorders including neck pain, shoulder pain, frozen shoulder, rotator cuff disorders, elbow pain, tennis elbow, golfer's elbow, wrist pain and lower back pain. Lower limb disorders including foot pain, ankle pain, shin splints and pain, knee pain, anterior knee pain, hip pain and buttock pain.	LGH
Tandon, S Mr	Sports knee injuries, ligament reconstruction, minimally invasive surgery, partial and total joint replacement, arthroscopic surgery, patellar problems, knee cap dislocation and fracture management.	LRI LGH



Consultant Name	Sub-speciality	NHS Base
Urology		
Khan, M Prof	General urology, stones, prostate cancer, BPH, laser surgery and vasectomy reversal.	LGH
Mellon, J Prof	General adult urological procedures – prostate disease, suspected prostate cancer, haematuria, blood in urine, prostate assessment, vasectomy and medicolegal work.	LGH
Rai, J Mr	Specialise in female urology, genitourethral reconstruction and male incontinence, vasectomy, circumcisions, kidney stones treatment, urodynamics and prostate surgery.	LGH
Summerton, D Prof	Specialist in general urology including prostate disease, benign cancer, bladder function, scrotal problems, surgical andrology (including Peyronie's disease, erectile dysfunction, penile implants, circumcision, BXO, urethral surgery and reconstruction, penile cancer), vasectomy and vasectomy reversal.	LGH
Vascular		
Davies, R Mr	Varicose veins (minimally invasive treatment), thread vein treatment (microsclerotherapy), leg cramps (claudication), leg ulcers, amputation prevention, critical limb ischaemia (gangrene), diabetic foot ulceration, aortic aneurysm, popliteal, entrapment syndrome, thoracic outlet syndrome (cervical rib) and stroke prevention (carotid endarterectomy).	
McCarthy, M Prof	Vascular and endovascular surgery, varicose veins clinic and surgery.	LRI
McMahon, G Mr	Varicose veins, abdominal aortic aneurysms, carotid artery disease, peripheral arterial disease, carotid doppler and varicose vein stripping.	
Rayt, H Mr	Vascular malformations, carotid surgery and stroke prevention, diabetic foot disease, aortic aneurysm, peripheral arterial disease, claudication, varicose veins, leg ulcers and thoracic outlet syndrome.	LRI
Weight Loss Surgery		
Bowrey, D Prof	The management of dyspepsia (indigestion) and endoscopy, acid reflux disease and its surgical management, all types of hernia surgery (open and laparoscopic), laparoscopic cholecystectomy (gallbladder surgery for gallstones), weight loss surgery (gastric banding, sleeve gastrectomy, gastric bypass surgery), surgery for oesophageal and stomach cancer, nutrition and feeding.	LRI
Exon, D Mr	Weight loss surgery (gastric banding, sleeve gastrectomy, gastric bypass surgery), including hernias, gallstones, laparoscopic surgery, upper GI surgery and gastro-oesophageal reflux disease.	LRI





How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

Working with you, for your patients.



Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



Recovery Plus

When you refer a patient to us their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when clinically appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

nuffieldhealth.com/recoveryplus

Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy

Patients accessing any of our services also benefit from a 30-day free gym pass.

Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

nuffieldhealth.com/mental-health-support





Associated services cont.

Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ MRI
- ◆ CT
- ◆ X-ray
- ◆ Ultrasound
- ◆ Mammography.

nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services

Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcare-professionals/services/pathology

Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

nuffieldhealth.com/healthcare-professionals/services/hssu

Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Free to attend
- ◆ Delivered online
- ◆ Flexible formats that work around you.

nuffieldhealth.com/healthcare-professionals/events-for-gps



Associated services cont.

Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 113 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 200 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

247.nuffieldhealth.com

To find your local fitness and wellbeing centre, visit nuffieldhealth.com/fitness



Nuffield Health Leicester Fitness & Wellbeing Centre

1 Byford Way, Leicester LE4 0DZ
0116 261 2333 nuffieldhealth.com/gyms/leicester

40% FITNESS AND WELLBEING CENTRE DISCOUNT

We are offering a **40% discount to all NHS staff** including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

nuffieldhealth.com/NHS



Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



COVID-19 REHABILITATION

COVID-19 Rehabilitation Programme

Our newly launched unique programme has been developed in collaboration with NHS Trusts.

Following a suspected or confirmed COVID-19 diagnosis, patients can refer themselves onto the programme which offers a unique blend of physical and emotional support. The 12-week plan is led by clinical specialists, and is tailored to an individual's rehabilitation needs.

nuffieldhealth.com/covidrehab



Visit our website nuffieldhealth.com/healthcare-professionals for more information.



STAMINA

STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.

Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life.



JOINT PAIN



CYSTIC FIBROSIS

Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.

Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on nuffieldhealth.com to learn more.

To refer your patients visit nuffieldhealth.com/healthcare-professionals/patient-referrals

We are the UK's largest healthcare charity*

For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

nuffieldhealth.com/covidrehab

As ever, in good times and bad, we're committed to our vision of building a healthier nation.

Nuffield Health facilities in the area



Key department contacts

Children and young people

Call **0116 274 3740** | Fax **0800 389 2315**
caroline.taylor@nuffieldhealth.com

Hospital director – Tony Yates

Call **0116 274 3704**
sharon.foskett@nuffieldhealth.com

GP and health professional enquiries

Call **0116 274 3830**
leicester.education@nuffieldhealth.com

Inpatient bookings

Call **0116 274 3707** or **0116 274 3713**

Matron – Heather Wood

Call **0116 274 3807**
heather.wood@nuffieldhealth.com

MRI

Call **0116 274 3801** | Fax **0116 227 1334**
leicester.mri@nuffieldhealth.com

New treatment enquiries

Call **0300 131 1416** | Fax **0800 389 2315**
leicester.enquiry@nuffieldhealth.com

NHS e-Referral

Call **0800 015 5020** | Fax **0845 280 3251**
chooseandbook@nuffieldhealth.com

Outpatient department

Call **0116 274 3717** or **0116 274 3753**
 Fax **0800 389 2315**
lei.cliniccoordinators@nuffieldhealth.com

Pathology

Call **0116 274 3754** | Fax **0116 216 7617**
pathology.leicester@nuffieldhealth.com

Physiotherapy

Call **0345 045 4845** or **0116 274 3730**
 Fax **0116 227 1377**

Radiology

Call **0116 274 3742**
 Fax **0116 216 7608**
leicester.radiology@nuffieldhealth.com

Reception

Call **0116 276 9401** | Fax **0800 389 2315**
lei.cliniccoordinators@nuffieldhealth.com
nh.leicester.salesandservices@nhs.net



Nuffield Health Leicester Hospital
 Scraptoft Lane, Leicester LE5 1HY



Call **0116 276 9401**