

# Children and Young People's Consultant Directory 2019.

Nuffield Health Leicester Hospital.

Nuffield Health. Specialists in you.

HealthInvestor  
Awards 2018  
**WINNER**  
Private hospital group  
of the year

Inspected and rated

**Good**


 Care Quality  
Commission

Safe	• Good
Effective	• Good
Caring	• Outstanding
Responsive	• Good
Well-led	• Good



# Children and Young People's Consultant Directory 2019.


Within our Children and Young People's Directory, you will find an overview of our core clinical services, a directory of our consultants and an easy reference guide for patients.

 **0116 2743753 or 0116 2743717**

 [leicester.enquiry@nuffieldhealth.com](mailto:leicester.enquiry@nuffieldhealth.com)

 [nuffieldhealth.com/hospitals/leicester](http://nuffieldhealth.com/hospitals/leicester)

## Postal address for referrals:

 Nuffield Health Leicester Hospital  
Scraptoft Lane  
Leicester LE5 1HY



# Discover Nuffield Health.

## Key facilities

### Medical cover

24hr resident medical officer

### Patient accommodation

37 registered rooms

### Theatre and support services

2 major operating theatres with laminar flow, state of the art endoscopy theatre.

### Outpatient services

- 14 consulting rooms
- Aches and pains clinic
- Diagnostic imaging including CT/MRI/X-ray/Ultrasound scanning
- ENT Suite
- Childrens orthopaedics
- General medicine
- Histology

- Microbiology
- Neurology
- Nurse-led pre-assessment
- On-site pathology/phlebotomy
- On-site pharmacy
- On-site physiotherapy
- Ophthalmic suite
- Optometry
- Pain management
- Podiatry
- Psychiatry
- Psychology
- Spine care specialists

The Nuffield Health Promise is our pledge to our patients who are paying for themselves. We ensure that you receive a clear and transparent price for your treatment, the very best in clinical care and with no limits on your aftercare.

### OUR PRICES ARE ALL-INCLUSIVE\*

Your confirmed price is all you'll ever pay

### WE WILL EQUAL ANY COMPARABLE PRICE\*\*

If you find a better price for the same procedure package, we'll match it

### THERE ARE NO TIME LIMITS ON YOUR AFTERCARE\*\*\*

We'll be there for as long as you need us

Timeframes indicated may vary depending on choice of Consultant, type of diagnostic investigation, and procedure package. \*Initial consultation(s), diagnostic scans/ tests and investigations required to establish a diagnosis are not part of your procedure price. \*\*Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of your chosen Nuffield Health hospital. We will match against written quotes only. \*\*\*Where necessary, we promise to assist you to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. Clinically required indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at [nuffieldhealth.com/promise](http://nuffieldhealth.com/promise).

# How to refer your patients.

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

- Self-pay
- Insured
- Children and Young People (0-18 years)

### Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

### Patients who are paying for themselves

We can provide a range of services for patients who want to self-pay for their own treatment. All our patients are covered by the Nuffield Health Price Promise and there is also the option of an interest-free loan.



Our children's services has been established for more than 20 years.

### Main referral line:

☎ 0116 2743753 or 0116 2743717

☎ 0800 3892315

✉ [leicester.enquiry@nuffieldhealth.com](mailto:leicester.enquiry@nuffieldhealth.com)

### Postal address for referrals:

📍 Nuffield Health Leicester Hospital  
Scraftoft Lane  
Leicester LE5 1HY

Consultant Name	Sub Speciality	Age Range
<b>Allergy Medicine</b>		
<b>Croom, A Dr</b>	Management of food hypersensitivity (including food anaphylaxis, IgE and non-IgE-mediated food allergy, food intolerance and eosinophilic oesophagitis), anaphylaxis, urticarial conditions, angioedema, seasonal and perennial allergic rhinitis, latex allergy and mast cell activation syndromes	16 - 18+
<b>Bakshi, D Dr</b>	Allergy and Immunology (Please see Paediatrics)	0 - 18+
<b>Nichani, S Dr</b>	Allergies (Please see Paediatrics)	0 - 16
<b>Anaesthetists</b>		
<b>Angadi, S Dr</b>	Anaesthetics	
<b>De-Melo, A Dr</b>	Anaesthetics	
<b>Eastley, R Dr</b>	Anaesthetics	
<b>Fox, A Dr</b>	Anaesthetics	
<b>Greiff, J Dr</b>	Anaesthetics	
<b>Jones, G Dr</b>	Anaesthetics	
<b>Jeyapalan, I Dr</b>	Anaesthetics	
<b>Breast Care</b>		
<b>Kaushik, M Miss</b>	Breast problems	16 - 18+
<b>Cardiology</b>		
<b>Thakker, P Dr</b>	All aspects of children's cardiology (Please see Paediatrics)	0 - 18+
<b>Dermatology</b>		
<b>Alexandroff, A Dr</b>	Acne, eczema, psoriasis, urticaria, hair loss treatment including diphencyprone therapy for alopecia areata, moles and dermoscopy, cryotherapy, diphencyprone immunotherapy of viral warts	0 - 18+
<b>Nichani, S Dr</b>	General children's dermatology (please see Paediatrics)	0 - 16
<b>Burd, R Dr</b>	Eczema, acne, dermatological surgery and lasers including assessment and removal of skin lesions	0 - 16
<b>Helbling, I Dr</b>	General children's dermatology including vitiligo, systemic disorders, skin cancer screening and surgery, cryotherapy and skins conditions of the genitalia	0 - 18+
<b>McKenna, J Dr</b>	General children's dermatology, mole screening, specialises in dermoscopy and surgery for moles and skin cancers	0 - 18+

Consultant Name	Sub Speciality	Age Range
<b>Ear, Nose &amp; Throat – Adult &amp; Children</b>		
<b>Banerjee, A Mr</b>	Tonsillectomy, grommets and adenoids, rhinoplasty and septoplasty, childhood ENT problems and allergies	0 - 18+
<b>Conboy, P Mr</b>	Specialises in throat diseases, head and neck lumps including thyroid and salivary gland diseases, nasal and sinus diseases as well as snoring and related problems	0 - 18+
<b>Murty, G Mr</b>	Specialising in tonsils, adenoids and grommets. Children's ENT with special interest in sinus and allergy disease and a lead clinician in voice and throat disorders	0 - 18+
<b>Rea, P Prof</b>	Tongue tie, ENT disorders in children, lead clinician for one of the UK's largest centres for investigation and treatment of dizziness	0 - 18+
<b>Uddin, F Mr</b>	All general ENT conditions including tongue tie and snoring	0 - 18+
<b>Gastroentology</b>		
<b>Bakshi, D Dr</b>	Paediatric consultant specialising in Gastroenterology (Please see Paediatrics)	0 - 18+
<b>Hand Surgery</b>		
<b>Armstrong, A Miss</b>	Hand and wrist surgery (Please see Orthopaedics)	6 - 18+
<b>Bhowal, B Mr</b>	Hand surgery (Please see Orthopaedics)	0 - 18+
<b>Patel, N Mr</b>	Hand surgery and soft tissue injuries (Please see Plastic Surgery)	0 - 18 +
<b>Ullah, A Mr</b>	General orthopaedic and trauma surgery with a specialist interest in hand and wrist surgery (Please see Orthopaedics)	0 - 18+
<b>Varma, S Mr</b>	Hand surgery (Please see Plastic Surgery)	3 - 18+
<b>Neurology</b>		
<b>Bakshi, D Dr</b>	Paediatric consultant specialising in Neurology (Please see Paediatrics)	0 - 18+
<b>Hussain, N Dr</b>	Neurology (Please see Paediatrics)	0 - 18+
<b>Neurophysiology</b>		
<b>Holder, D Prof</b>	EMG and EEG	EMG 12 - 18+ EEG 0 - 18+
<b>Ophthalmology</b>		
<b>Gottlob, I Prof</b>	Eye movement disorders, in particular nystagmus/squints	1 - 18+



Consultant Name	Sub Speciality	Age Range
<b>Prydal, J Mr</b>	General ophthalmology problems, keratoconus – does not see patients with squints	0 - 18+
<b>Oral &amp; Maxillofacial Surgery</b>		
<b>Ormiston, I Prof</b>	Dental, oral and maxillofacial surgery, dental extractions, orthodontic extractions, exposing and bonding of teeth, lip and tongue tie surgery	2 - 18+
<b>Orthopaedics</b>		
<b>Abraham, A Mr</b>	General children's orthopaedics, congenital, traumatic and developmental conditions, cases of chronic musculoskeletal pain are also assessed and managed	0 - 16
<b>Armstrong, A Miss</b>	Upper limbs including, shoulder, elbow, wrist and hand, sternoclavicular joint problems, shoulder instability, upper limb trauma (not acute if requires operation)	6 - 18+
<b>Ashford, R Prof</b>	Musculoskeletal tumours including assessment, oncology, lumps and bumps	2 - 16
<b>Bhatia, M Mr</b>	Foot and ankle surgery, foot and ankle sports injury, bunions, flat feet, ankle arthritis, ankle replacement, arthritis of big toe, ankle arthroscopy, cartiva plantar fasciitis, failed bunion surgery, deformity correction foot and ankle	10 - 18+
<b>Bhowal, B Mr</b>	Hand and Peripheral nerve surgery	0 - 18+
<b>Godsiff, S Mr</b>	Knee injuries	15 - 18+
<b>Kershaw, C Mr</b>	Young and middle-aged hip pain, foot problems including bunions, flat feet, children's orthopaedic problems including flat foot, walking problems, CDH, growth deformity and pain and hip, knee and foot problems in adolescence	0 - 18+
<b>Kulkarni, A Mr</b>	Elective hip pain only	16 - 18+
<b>Sell, P Mr</b>	Spinal disorders and scoliosis	2 - 18+
<b>Tandon, S Mr</b>	Children's knee injuries and ligament reconstructions. Patello-femoral problems, knee cap dislocations, chronic knee problems	10 - 18+
<b>Ullah, A Mr</b>	Hand and wrist surgery	0 - 18+
<b>Yoon, W Mr</b>	Spinal surgery including spinal deformity (Scoliosis and Kyphosis)	0 - 18+
<b>Paediatrics – See other specialities for additional paediatric services</b>		
<b>Abraham, A Mr</b>	General children's orthopaedics, medico-legal, childhood deformities, children's limb pain and children's sports injuries	0 - 18

Consultant Name	Sub Speciality	Age Range
<b>Bakshi, D Dr</b>	General paediatrics specialising in allergies, eczema, hay fever, respiratory, gastroenterology, abdominal pain, constipation, nutritional disorders migraine, joint pains, chronic fatigue syndrome developmental and behavioural issues	0 - 18
<b>Elias-Jones, A Dr</b>	Paediatrics and newborn with any paediatric or behavioural problem	0 - 18
<b>Hussain, N Dr</b>	Paediatric neurology, febrile convulsion, epilepsy, developmental delay and neuromuscular conditions	0 - 18
<b>Nathan, D Dr</b>	General paediatrics, emotional and behavioural concerns, disabilities and chronic illness	0 - 18
<b>Nichani, S Dr</b>	Paediatric dermatology, all aspects of general paediatrics, paediatric atopy, e.g. asthma, eczema and hayfever	0 - 18
<b>Patwardhan, N Mr</b>	Paediatrics surgery, hypospadias surgery, paediatric laparoscopic surgery, paediatric urology, adolescent breast surgery and minimally invasive surgery	0 - 18
<b>Rajimwale, A Mr</b>	Urology, bed wetting (Enuresis), hernia, Hydrocele, tight foreskin, Hypospadias, undescended testis, dilated kidneys, UTI, penile disorders such as megaprepucce, buried penis, penoscrotal web lower urinary tract dysfunction	0 - 18
<b>Srindhar, A Dr</b>	All aspects of general paediatrics specialising in paediatric rheumatology and MSK	0 - 18
<b>Thakker, P Dr</b>	All aspects of general paediatrics including headaches, asthma, food allergies, epilepsy, reflux and paediatric cardiology	0 - 18
<b>Pain Management</b>		
<b>Vasu, T Dr</b>	Specialising in a variety of chronic pain conditions in adults and children including spinal pain (back/neck), widespread pain, fibromyalgia, chronic regional pain syndrome, neuropathic pain, abdominal/ visceral pain and chronic headaches	
<b>Physiotherapy – Physiotherapy clinic opening times are by arrangement. Please telephone 0345 045 4845 for further information.</b>		
<b>Howe, Rachael</b>	Physiotherapy assistant – pre and post operative care	
<b>Dhariwal, Imran</b>	Specialist interest in hip scopes, manual therapy, acupuncture and exercise progression	3 - 18
<b>Gadhia, Minal</b>	Specialist interest in soft tissue injuries, acupuncture, nerve injuries and manual therapy	3 - 18
<b>Hignett, Nicky</b>	Special interest in sport and soft tissue injuries, acupuncture, exercise progression, manual therapy and breast cancer post-operative treatment	3 - 18+

Consultant Name	Sub Speciality	Age Range
<b>Horne, Anton</b>	Lower limb rehabilitation	3 - 18+
<b>James, Lynsey</b>	McKenzie spinal management, acupuncture	3 - 18+
<b>Lahiff, Daragh</b>	Hydrotherapy, musculoskeletal physiotherapy and orthopaedic	3 - 18+
<b>Mellon, Kathryn</b>	Specialist interest in orthopaedic pre and post-surgical rehab and women's health hydrotherapy	3 - 18+
<b>Seymour, Claire</b>	Specialist interest in sporting foot and ankle, exercise progression and manual therapy	3 - 18+
<b>Zimbwa, Tatenea</b>	Specialist interest in gym rehabilitation, acupuncture, sacroiliac joint dysfunction, MSK injuries and orthopaedic post-op rehabilitation	3 - 18+
<b>Plastic Surgery</b>		
<b>Offer, G Mr</b>	Prominent ear correction, excision of moles, birthmarks, scar treatments, developmental breast problems and gynaecomastia	0 - 18+
<b>Patel, N Mr</b>	Reconstructive surgery, treats both adults and children, abdominal surgery, laser, skin cancer, hand surgery and soft tissue injuries	0 - 18+
<b>Sankar, T Mr</b>	Children's dermatology in association with SK:N	0 - 18+
<b>Varma, S Mr</b>	Ear reshaping – Prominent ear correction, extra digits on hands, skin lesions, hand swellings, naevi/birthmarks	0 - 18+
<b>Psychology</b>		
<b>Fraser, S Dr</b>	Cognitive behavioural therapy (CBT) for depression, stress management, stress in the workplace, obsessive-compulsive disorder (OCD), anxieties, phobias, post-traumatic stress, attention deficit disorder (ADD), medico-legal assessments, psychotic problems, chronic fatigue, pain management, anger management, brief psychological treatments and a range of other psychological therapies for common mental health problems	11 - 18+
<b>Loumidis, K Dr</b>	Cognitive behavioural therapy, parent training, behavioural family therapy, functional analytic psychotherapy, anger, irritability and aggression, anxiety (all types, mild to severe), behavioural problems in children, body image problems, compulsive and impulsive behaviours, depression (mild to severe), eating disorders, bulimia, anorexia, jealousy, obsessive-compulsive disorder (OCD), panic disorder & agoraphobia, phobias (all types), psychosomatic problems, self-esteem problems, sexual and marital problems, stress reactions (including PTSD)	0 - 18+
<b>Robinson, E Dr</b>	Specialist in the psychological adjustment to acute and long-term physical conditions and traumatic events. Particular interest in working with people with diabetes, sexual health conditions and psycho-sexual problems. Offer assessment and intervention work for a broad range of common psychological difficulties including anxiety, depression, low self-esteem, relationship difficulties, stress, and adjustment to life events	12 - 18+

Consultant Name	Sub Speciality	Age Range
<b>Psychiatry</b>		
<b>Davies, S</b>	Child and Adolescent Psychiatrist specialising in depression, anxiety, obsessive compulsive disorder, Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD) and self harm	
<b>Khoosal, D Dr</b>	General Psychiatry, psychosexual and gender issues, anxiety and depression, traumatic disorders, transcultural psychiatry, medico-legal work and employment issues	12 - 18+
<b>Nambi, N Dr</b>	Children, adolescents and families with issues such as ADHD, anxiety, depression, school problems, Post-Traumatic Stress Disorder (PTSD), Obsessive Compulsive Disorder (OCD) Autism, Cognitive Behavioural Therapy (CBT) and a wide spectrum of mental health issues	
<b>Radiology – Main Diagnostic referral line 0116 2743742 Fax 01162766436</b>		
<b>Bhatt, R Dr</b>	Musculoskeletal imaging	12 - 18+
<b>Rennie, W Dr</b>	Musculoskeletal imaging	6 - 18+
<b>Rickett, A Dr</b>	General children's radiology including ultrasound, MRI, CT, isotopes, plain radiography, body imaging, neurology, head and neck and musculoskeletal	0 - 16
<b>Respiratory Medicine</b>		
<b>Bakshi, D Dr</b>	Respiratory (Please see Paediatrics)	0 - 18+
<b>Nichani, S Dr</b>	Respiratory (Please see Paediatrics)	0 - 18+
<b>Rheumatology</b>		
<b>Durrani, M Dr</b>	Clinical interests and expertise are in back pain, inflammatory arthritis, soft tissue rheumatism, connective tissue disease, bone conditions, muscle disorders and osteoarthritis	16 - 18+
<b>Sridhar, A Dr</b>	All aspects of general paediatrics, specialises in paediatric rheumatology, MSK (Please see Paediatrics)	0 - 18+
<b>Urology</b>		
<b>Patwardhan, N Mr</b>	Paediatric surgery, hypospadias surgery, paediatric laparoscopic surgery, paediatric urology, adolescent breast surgery and minimally invasive surgery (Please see Paediatrics)	0 - 18+
<b>Vascular</b>		
<b>McCarthy, M Mr</b>	Vascular and endovascular surgery, varicose veins clinic and surgery (Outpatients) (Surgery only)	3 - 18+ 16 - 18+

## Notes.

## Notes.

[illegible]

## Associated Services.

### Local Fitness & Wellbeing Club

The most important thing to us is getting your patients fit and healthy with our network of fitness experts and cutting-edge facilities. Our gyms have a huge range of facilities and services available and gives you access to our on-site experts including Personal Trainers and Physiotherapists, plus regular Health MOTs.

Our local Fitness & Wellbeing Club is:

 **Nuffield Health Leicester Fitness & Wellbeing Club**  
1 Byford Way  
Leicester LE4 0DZ  
 **0116 2612333**

### Health assessments

Nuffield Health offers a wide range of health assessments to give you and your patients a comprehensive health overview. Available across the UK, visit our website or call 03452 302040 to find out more.

### Recovery plus

Recovery Plus is Nuffield Health's flagship recovery programme available free of charge to our private patients at Nuffield Health hospitals.


Recovery Plus brings together a spectrum of healthcare services across Nuffield Health's Hospitals and Fitness & Wellbeing Gyms, and provides your patients with the support they need to get well and stay healthy after their procedure.

Recovery Plus embodies Nuffield Health's complete end-to-end approach to healthcare. It is an optionally enhanced recovery pathway that starts after our patients have finished their postoperative care.

### Physiotherapy

Our hospital is home to one of Nuffield Health's specialist physiotherapy centres, providing a full range of musculoskeletal services delivered by quality practitioners using leading edge technology.

Our team at this hospital are listed in the Physiotherapy section of this directory or alternatively please contact:

 **03452 302040**

### Diagnostic imaging services


Nuffield Health has comprehensive imaging capabilities delivered through our 31 hospitals. We provide a wide range of imaging modalities including MRI, CT, X-ray, Ultrasound, Mammography and DXA. Nuffield Health Radiology is a consultant-led service, ensuring that your referral will be reported by an experienced radiologist.


### Radiology Manager:


Rebecca Mushambi

Current diagnostic services available Nuffield Health Leicester Hospital includes:

- MR
- ICT
- General X-ray
- Ultrasound: General
- Ultrasound: Obs/Gynae
- Mammography
- On-site Pathology
- Colposcopy

 **0116 2743742**

 **0116 2766436**

 **rebecca.mushambi@nuffieldhealth.com**





### Pathology


Nuffield Health has a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide Pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and report on outcomes backed by a wealth of data. All pathology requests/referrals require a referral from a clinician.

### Pathology Manager:

Amrik Singh

 **0116 2743754**

 **0116 2460891**


 **amrik.singh@nuffieldhealth.com**

### Hospital sterilisation services unit

Nuffield Health Hospitals Sterile Services Unit (HSSU) is a division of Nuffield Health offering a bespoke decontamination service for re-useable medical devices (surgical instruments) from six purpose built units throughout England, with access to fully supported and expert mobilization and transition planning.

### Business Development Manager HSSU:

Annette Barratt

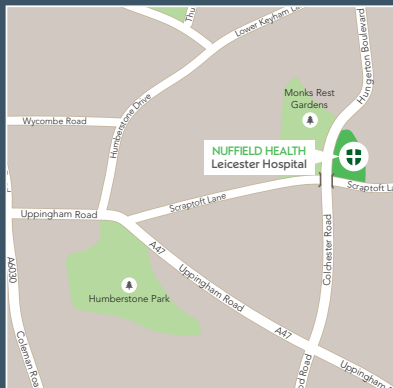
 **07917 194706**



# Nuffield Health Leicester Hospital.

## Key department contacts

Department	Telephone	Fax	Email Address
Children and Young People	0116 2769401	0800 3892315	sue.hill@nuffieldhealth.com caroline.taylor@nuffieldhealth.com
GP and Health Professional Enquiries	0116 2743751		hollie.bell@nuffieldhealth.com
Hospital Director	0116 2743704		sharon.foskett@nuffieldhealth.com
Inpatient Bookings and Customer Services	0116 2743707 0116 2743713	0800 3892315	leicester.enquiry@nuffieldhealth.com
Main Reception	0116 2769401	0800 3892315	leicester.enquiry@nuffieldhealth.com
Matron	0116 2743702		wendy.wagg@nuffieldhealth.com
MRI	0116 2743801	0116 2743802	leicester.enquiry@nuffieldhealth.com
New Treatment Enquiries	0116 274 3755	0800 3892315	leicester.enquiry@nuffieldhealth.com
NHS e-Referral	0800 0155020	0845 2803251	chooseandbook@nuffieldhealth.com
Outpatients Department	0116 2743717 0116 2743753	0800 3892315	leicester.enquiry@nuffieldhealth.com
Pathology	0116 2743754	0116 2460891	leicester.pathology@nuffieldhealth.com
Physiotherapy	0345 045 4845 0116 274 3730	0116 2461076	nicola.hignett@nuffieldhealth.com
Radiology	0116 274 3742	0116 276 6436	rebecca.mushambi@nuffieldhealth.com



-  **0116 2743753 or 0116 2743717**
-  **0800 3892315**
-  **leicester.enquiry@nuffieldhealth.com**
-  **nuffieldhealth.com/hospitals/leicester**
-  **Nuffield Health Leicester Hospital**  
Scraftoft Lane  
Leicester LE5 1HY

### Nuffield Health Registered Office:

Epsom Gateway, 2 Ashley Avenue, Epsom, Surrey KT18 5AL  
 A Registered Charity Number: 205533 (England & Wales), a Charity  
 Registered in Scotland Number: SC041793 and a Company Limited  
 by Guarantee Registered in England Number 576970

**Nuffield Health. Specialists in you.**