



My Benefits

Healthcare Scheme – Summary of Costs 2026

Membership Level	Your Monthly Contribution	Estimate of tax due per month basic-rate taxpayer (20%)	Estimate of tax due per month higher-rate taxpayer (40%)
Cover for yourself only	Nil (Nuffield Health pays for this)	£12.08	£24.17
Cover for yourself and your partner	£60.42	£12.08	£24.17
Cover for yourself and your child(ren)	£30.21	£12.08	£24.17
Cover for yourself, your partner and your child(ren)	£90.63	£12.08	£24.17