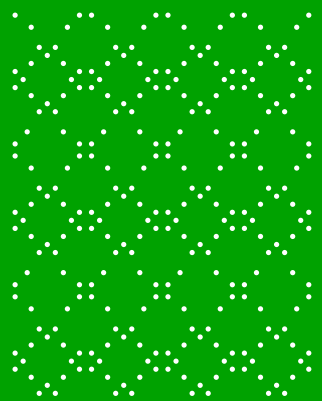


Consultant and services directory 2021/22

Nuffield Health Haywards Heath Hospital



Working with you, for your patients.



We're building a healthier nation

Working with you, for your patients

Connected healthcare for your patients, at every stage of their treatment journey.

Working with you, for your professional development

Professional training tailored to the needs of your practice.

Working with you, for your community

Expert-led, evidence-based charitable community programmes available locally to support your patients.

Dedicated GP Liaison Officer
Catherine Fleming
catherine.fleming@nuffieldhealth.com
07973 634685

Patient Bookings
nh.haywardsheath.bookings@nhs.net
01444 476777

Nuffield Health Haywards Heath Hospital
Burrell Road, Haywards Heath
West Sussex RH16 1UD
nuffieldhealth.com/hospitals//haywards-heath

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How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

Call **01444 476777**

Fax **01444 228542**

Email nh.haywardsheath.bookings@nhs.net

Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly ‘choose and book’ (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

Call **08000 155020**

Fax **08004 715058**

Email chooseandbook@nuffieldhealth.com

Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That’s reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- ◆ The confirmed price is all your patient will ever pay*
- ◆ If they find a better price for the same procedure package, we’ll match it**
- ◆ There are no time limits on aftercare.***

There is also the option of an interest-free loan.

Call **01444 849734**

Fax **01444 228542**

Email haywardsheath.enquiries@nuffieldhealth.com

*Initial consultation(s), diagnostic scans/tests and investigations required to establish a diagnosis are not part of your patient's procedure price. **Not including Private Patient Units at NHS hospitals. Local area defined as within 15 miles of the patient's chosen Nuffield Health hospital. We will match against written quotes only. ***Where necessary, we promise to assist your patient to receive any follow up advice, treatment or care that is clinically required. Where a prosthesis is required for your patient's procedure, this is guaranteed for the manufacturer's expected prosthesis lifetime. "Clinically required" indicates where further intervention and/or monitoring of your condition is deemed necessary as a direct result of your procedure. The Nuffield Health Promise applies for patients paying for themselves and excludes fertility services. Find out more at nuffieldhealth.com/promise.



Patient safety is our number one priority

We want to reassure you and your patients that we’ve put in place safety measures to make our hospital COVID-19 secure. We’re offering telephone and online consultations, as well as face-to-face appointments, so whether your patients’ appointment is from home or in person, they’ll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.



Key facilities at Nuffield Health Haywards Heath Hospital

Medical cover

24hr resident medical officer.

Patient accommodation

26 patient rooms with en-suite facilities, nurse call system, close observation unit, direct dial telephone, TV and radio, wireless internet connection.

Theatre and support services

Three operating theatres including:

- ◆ One major theatre with Howarth Exflow™ system for surgical procedures
- ◆ One major theatre for surgical procedures
- ◆ One endoscopy suite.



Outpatient and support services

Including:

- ◆ Eight consulting rooms including an ophthalmic suite
- ◆ Audiology suite, urodynamic and colposcopy facilities
- ◆ Minor surgery and varicose vein procedures
- ◆ Diagnostics and imaging including 3T MRI, fluoroscopy, ultrasound, general X-ray and digital mammography
- ◆ Nurse-led pre-operative assessments
- ◆ Physiotherapy.



Consultant and services directory

NHS base – abbreviations

ESHT	East Sussex Healthcare NHS Trust
GSTT	Guy's and St. Thomas' NHS Foundation Trust
OUH	Oxford University Hospitals NHS Foundation Trust
QVH	Queen Victoria Hospital NHS Foundation Trust
SASH	Surrey and Sussex Healthcare NHS Trust
UHS	University Hospital Southampton NHS Foundation Trust
UHSX	University Hospitals Sussex NHS Foundation Trust



Visit nuffieldhealth.com/consultants
to view our consultants' profiles.

The details for each consultant show their name, specialist area and NHS hospital.

Consultant Name	Sub-speciality	NHS Base
Audiology		
Westcott, R Mrs	Hearing tests for adults and paediatric, hearing aid provision, microsuction for ear wax removal, ear and hearing protection.	
Anaesthetics (Pain Management)		
Ward, S Dr	Back and neck pain, sciatica, spinal injections, interventional pain management, neuropathic pain, facial pain and headaches.	GSTT
Cardiology		
Blows, L Dr	General adult cardiology, ischaemic heart disease and coronary intervention.	UHSX
Dhamrait, S Dr	General adult cardiology, coronary intervention, valve disease and heart failure.	UHSX
Ellery, S Dr	General adult cardiology, heart failure, echo implantation of pacemakers and cardioverter defibrillator devices.	UHSX
Hildick-Smith, D Professor	General cardiology, ischaemic heart disease, valve disorders, rhythm problems and echocardiography.	UHSX
Gomes, A Mr	Lead Cardiac Physiologist and Advanced Echocardiography Practitioner providing general adult echocardiographic examination.	UHSX
Dermatology		
Farrant, P Dr	General medical and surgical dermatology skin cancers, hair, scalp and nail disorders and mole mapping (using FotoFinder 'Medicam 1000' videodermoscopy technology).	UHSX
Felton, J Dr	All adult and paediatric dermatology, mole mapping (using dermoscopy and AI technology), skin cancer diagnosis and (surgical) treatment, eczema and psoriasis including severe cases, acne and rosacea, sun damage and skin cancer prevention, cyst and lipoma diagnosis and (surgical) treatment, urticaria, rash and allergy skin problems and treatments.	UHSX
Dietician		
Laidlaw, C Ms	Gastroenterology, irritable bowel (FODMAP), obesity, nutritional assessments, weight loss/ malnutrition, oncology and dementia/mental health.	UHSX
Ear, Nose and Throat (ENT)		
Das, P Mr	Regional Lead for paediatric ENT, adult and paediatric advanced ear surgery, general adult and paediatric ear disorders.	UHSX
McGilligan, T Mr	Thyroid, salivary gland, nasal and sinus surgery, general adult and paediatric ENT.	UHSX
O'Connell, M Mr	General and children's ENT (including tonsillotomy), specialising in nasal and sinus diseases/surgery (including balloon sinuplasty), rhinoplasty, pinnaplasty, facial plastic surgery, ear diseases, vertigo, allergy and snoring.	UHSX
General Medicine		
Austin, M Dr	Upper and lower GI endoscopy including ERCP and EUS, general gastroenterology, hepatology, hepatobiliary, pancreatic disease and general internal medicine.	UHSX
Elkins, A Dr	Asthma and chronic obstructive pulmonary disease, cough, lung cancer breathlessness and COVID-19 recovery.	UHSX
Jackson, M Dr	Asthma and chronic obstructive pulmonary disease, cough, sleep apnoea, lung cancer, breathlessness and sleep studies.	QVH

Consultant Name	Sub-speciality	NHS Base
General Medicine – <i>continued</i>		
Jackson, N Dr	Gastroenterology, irritable bowel syndrome, inflammatory bowel disease, endoscopy, gastroscopy and colonoscopy.	UHSX
Jamil, K Dr	Liver disease, gastroenterology, upper and lower GI endoscopy, hepatobiliary and pancreatic disease and ERCP.	UHSX
Parnell, N Dr	Liver disease, coeliac disease and general gastroenterology.	UHSX
Sattianayagam, P Dr	General gastroenterology, inflammatory bowel disease, oesophageal disease, liver disease, pancreatobiliary disease, cancer screening, gastroscopy (OGD) and colonoscopy.	SASH
Wheatley, T Dr	Diabetes and endocrinology, metabolic bone medicine and osteoporosis, maternal medicine and menopausal endocrinology.	UHSX
General Practice		
Hum, O Dr	Women’s health, menopause, HRT and sexual health along with general GP services.	
General Surgery		
Button, M Mr	General, open hernia, vascular and aortic surgery.	UHSX
Day, A Mr	Colorectal, gastroenterology, general surgery, keyhole surgery, laparoscopy, fissures, fistulae and hernias, rectal bleeding, haemorrhoids, bowel cancer and colonoscopy.	SASH
Jaunoo, S Mr	All aspects of general, upper GI and laparoscopic surgery including hernias, gallstones, anti-reflux surgery, hiatal hernias, achalasia, gastric cancer, oesophageal cancer and upper GI endoscopy.	UHSX
Khan, M Mr	All aspects of general, upper GI and laparoscopic surgery including hernias, gallstones, anti-reflux surgery, hiatal hernias, achalasia, gastric cancer, oesophageal cancer, upper GI endoscopy and polytrauma patient follow up.	UHSX
Khera, G Mr	All aspects of general, colorectal, hernia, benign upper GI, gallstones, trauma and laparoscopic surgery, including the investigation of GI disorders via upper GI endoscopy and flexible sigmoidoscopy.	UHSX
Lamah, M Mr	General surgery and colorectal disease, upper and lower endoscopy, bowel cancer, hernia and haemorrhoids.	UHSX
Manifold, D Mr	General and gastrointestinal surgery, gallbladder surgery and hernia repair (open and laparoscopic), lumps and bumps, endoscopy, colonoscopy and anti-reflux surgery.	UHSX
Ridings, P Mr	All aspects of GI surgery especially treatment of gallstones, hernias, treatment of lumps and bumps, lipomas, skin lesions, investigation of GI disorders including upper and lower GI endoscopy.	UHSX
Salman, M Mr	General, laparoscopic, open hernia, vascular, aortic and varicose vein surgery.	UHSX
Uheba, M Mr	Laparoscopic colorectal surgery, colorectal cancer, rectal prolapse, colonoscopy, hernia surgery and non-operative treatment of haemorrhoids.	UHSX
Zammit, C Mr	Breast and endocrine surgery, benign breast disease, surgical oncology of symptomatic and screen detected cancer, thyroidectomy and parathyroid surgery (minimally invasive), and intra-operative radiotherapy.	UHSX
Geriatric Medicine		
Alexander, H Dr	Elderly medicine including osteoporosis, orthogeriatrics, falls, frailty, memory loss, dementia screening and polypharmacy.	ESHT

Consultant Name	Sub-speciality	NHS Base
Gynaecology		
Gayen, A Mr	Urogynaecology, complex pelvic floor surgery, benign gynaecology, minimal access surgery, menstrual disorders and colposcopy.	UHSX
Kalu, G Mr	Pelvic floor reconstruction, colposcopy, hysteroscopic surgery and menstrual disorders.	
Mallick, R Miss	Advanced minimal access surgery including the treatment of endometriosis and fibroids, complex laparoscopic myomectomy and hysterectomy procedures, hysteroscopic procedures both diagnostic and operative, benign gynaecology, chronic pelvic pain and pelvic neuropathy, menstrual disorders, polycystic ovarian syndrome and menopause.	UHSX
Usifo, F Mr	Advanced laparoscopic endometriosis and chronic pelvic pain surgery, advanced hysteroscopic surgery, gynaecological and early pregnancy ultrasound scanning and colposcopy.	UHSX
Wong, V Mr	Urogynaecology, complex pelvic floor surgeries, colposcopy, hysteroscopy surgeries (both diagnostic and operative), minimal access laparoscopic surgeries, benign gynaecology, menstrual disorders, menopause, polycystic ovarian disorders, urodynamics, hysterectomy, myomectomy, intrauterine device insertions and removal, diagnostic cystoscopy, incontinence surgeries and vulva disorders.	UHSX
Wykes, C Miss	General gynaecology, pre- and post-menopausal and laparoscopic hysterectomy.	SASH
Haematology		
Corbett, T Dr	Myelodysplasia, myeloproliferative disorders, leukaemia, myeloma, anaemias and other cytopenias, coagulation, thrombophilia and diagnostic haematology.	
Dalley, C Dr	General haematology including anaemia, cytopenias, clotting and thrombophilia, MGUS, malignant haematological disorders including myelodysplastic syndromes, myeloma, chronic leukaemia and myeloproliferative disorders.	UHS
Newman, J Dr	General and malignant haematology including anaemia, iron deficiency, clotting disorders including easy bruising, leukaemias, lymphomas, myeloproliferative and myelodysplastic syndromes, mast cell disorders, myeloma and diagnostic haematology.	ESHT
Medical Oncology		
Bloomfield, D Dr	Clinical oncology, uro-oncology, breast and testicular cancer.	UHSX
Creak, A Dr	Clinical oncology, neuro-oncology, acute oncology and cancer of unknown primary.	UHSX
Robinson, A Dr	Consultant clinical oncologist specialising in systemic therapies and radiotherapy treatments of urological and upper gastrointestinal malignancies.	
Nerve Conduction Studies		
Rudd, D Dr	Neurophysiology, electromyography and nerve conduction studies.	UHSX
Neurology		
Hughes, PJ Dr	General neurology with specialist interests in multiple sclerosis, neuro-immunology and headache.	
Neuropsychology		
Anderson, S Dr	Neuropsychological assessment and cognitive rehabilitation services (face-to-face and remote delivery). Services include evaluations of mild cognitive impairment, dementia, sports concussion, ADHD and cancer-related cognitive impairment.	UHSX



Consultant Name	Sub-speciality	NHS Base
Neurosurgery		
Critchley, G Mr	Adult neurosurgery and complex spine surgery including treatment of cervical, thoracic and lumbar degenerative conditions, cervical, thoracic and lumbar disc surgery, cranial and spinal trauma, spinal tumours, brain tumours and cerebral aneurysms.	UHSX
Hardwidge, C Mr	Degenerative spinal disorders (sciatica, cervical nerve root compression, lumbar stenosis, cervical cord compression), base of skull surgery including acoustic neuromas, trigeminal neuralgia, hemifacial spasm, Chiari malformation, syringomyelia and spinal cord surgery.	UHSX
Ophthalmology		
Gini, G Mr	General ophthalmology, cataract, glaucoma and vitreo-retinal surgery and medical retina (diabetes and macular degeneration).	UHSX
Hughes, E Mr	Small incision cataract surgery, retinal diseases and inflammatory eye disease.	UHSX
Nanavaty, M Mr	Routine and complex cataract surgery, multifocal lenses, cornea and ocular surface disease, corneal transplant, keratoconus, crosslinking, laser eye surgery, dry eyes and general ophthalmology.	UHSX
Purbrick, R Mr	Small incision cataract surgery, medical retina (including age-related macular degeneration, diabetic, retinopathy, retinal vascular diseases), and all general ophthalmology.	UHSX
Rajak, S Mr	Small incision cataract surgery, oculoplastic surgery (plastic surgery to areas around the eyes) including cosmetic and functional upper and lower eyelid blepharoplasty, drooping and malpositioned eyelids (e.g. ptosis, ectropion, entropion), eyelid tumours and eyelid ‘lumps and bumps’, lacrimal disease (watery and dry eyes) including endoscopic surgery for blocked tear duct, orbital (eye socket) disease including thyroid eye disease and trauma, general ophthalmology including acute and emergency eye conditions and glaucoma.	UHSX
Oral and Maxillofacial Surgery		
Herold, J Mr	Head and neck cancer, salivary gland disease and general oral surgery, wisdom teeth, buried roots, jaw cysts etc.	UHSX
Orthopaedics		
Bendall, S Mr	Foot and ankle surgery.	UHSX
Chowdhry, M Mr	Hip and knee surgery, comprehensive knee ligament surgery, sports injuries, meniscal repair, tendon/ligament injuries, cartilage regeneration procedures, tibial osteotomy, polytrauma, pelvic fracture fixation and knee dislocation.	UHSX
Edmondson, M Mr	Hip conditions and injuries, hip replacement and revision hip replacement, knee conditions and injuries, knee replacement, sports injuries, trauma and fracture care, enhanced recovery hip and knee replacement.	UHSX
Freeman, R Mr	Foot, ankle and trauma surgery and sports injuries.	UHSX
Gibbs, J Mr	Hip conditions and injuries, soft tissue hip surgery, enhanced recovery hip replacement and revision hip replacement, knee conditions and injuries, soft tissue knee surgery, ligament reconstruction, robotic-assisted knee replacement (partial and total) and revision knee replacement, sports injuries, trauma and fracture surgery.	UHSX
Karmani, S Mr	Spinal surgery.	UHSX
Morassi, G Mr	Spinal surgery and spinal pain management.	UHSX
Parnell, E Mr	Lower limb joint replacement with a special interest in young adult hip replacement, sports injury, particularly traumatic knee injury and instability and revision knee replacement.	UHSX
Patterson, M Mr	Hip and knee joint replacement, assessment and treatment of back pain.	UHSX
Ricketts, D Mr	Upper limb (shoulder and elbow surgery) and simple hand surgery problems.	UHSX

Consultant Name	Sub-speciality	NHS Base
Orthopaedics – continued		
Rogers, BA Prof.	Hip conditions and injuries, hip replacement and revision hip replacement, knee conditions and injuries, knee replacement and revision knee replacement, sports injuries, trauma and fracture care, enhanced recovery hip and knee replacement.	UHSX
Williams, C Mr	All aspects of hand and wrist surgery including elbow conditions such as nerve entrapment and epicondylitis, special interest in joint replacement and nerve compression syndromes, all types of hand and wrist trauma.	UHSX
Paediatrics		
Kanumakala, S Dr	Endocrinology and diabetes with a special interest in childhood obesity and cholesterol problems.	UHSX
Physiotherapy – Physiotherapy clinic opening times are by arrangement. Please call 01444 476772 for further information.		
Bannister, S Mr	Paediatric MSK, outpatient all areas including sports injuries, rehabilitation and Pilates.	
Letheren, A Mr	MSK Advanced Lead Practitioner, acupuncture and rehabilitation.	
Petty, J Mr	Outpatient all areas including sports injuries and rehabilitation.	
Pullen, J Mrs	Outpatient all areas including sports injuries, womens health, acupuncture, rehabilitation, ergonomics assessment and Pilates.	
Smith, K Ms	Outpatient all areas including sports injuries and rehabilitation.	
Thorne-Jones, K Mrs	Outpatient all areas including sports injuries, acupuncture, rehabilitation, ergonomics assessment and Pilates.	
Plastic and Cosmetic Surgery		
Banwell, P Mr	Plastic surgery, breast surgery (cosmetic and reconstructive), body contouring, skin leasions, tags, lipomas cancerous and non-cancerous.	UHSX QVH
Parkhouse, N Mr	Aesthetic and reconstructive plastic surgery of the face, breast and trunk, dermatologic surgery and skin tumours.	
Psychiatry		
Hindler, C Dr	Depressive illness, anxiety disorders, obsessive-compulsive disorder, phobias, alcohol misuse/other addictions, schizophrenia, bipolar affective disorder, eating discorders, psychosomatic illnesses, personality disorders, post-traumatic stress disorder, adjustment disorders, postnatal disorders and occupational mental health.	
Psychology		
Tudhope, G Ms	Anxiety, stress and trauma, relationships, intimacy and alcohol.	
Radiology		
Christou, A Dr	Breast.	UHSX
Francis, I Dr	ENT and general.	QVH
Good, C Dr	Neuroradiology.	UHSX
Jeswani, T Dr	MSK.	UHSX
Koumellis, P Dr	Neuroradiology.	UHSX



Consultant Name	Sub-speciality	NHS Base
Radiology		
Christou, A Dr	Breast.	UHSX
Francis, I Dr	ENT and general.	QVH
Good, C Dr	Neuroradiology.	UHSX
Jeswani, T Dr	MSK.	UHSX
Koumellis, P Dr	Neuroradiology.	UHSX
Lewis, G Dr	GI, oncology and interventional radiology.	UHSX
McNally, E Dr	MSK.	OUH
Mytafidis, A Dr	Breast.	UHSX
Ostlere, S Dr	MSK.	OUH
Poitelea, M Dr	Neuroradiology.	UHSX
Simpson, E Dr	Urology, general and gynaecological.	UHSX
Thompson, G Dr	MSK.	OUH
Thompson, P Dr	Urology and GI.	UHSX
Vundavalli, R Dr	Neuroradiology.	UHSX
Rheumatology		
Al-Hussaini, A Dr	Arthritis, inflammatory arthritis and spondylitis, back pain, fibromyalgia, osteoporosis, acupuncture for soft tissue rheumatics and back pain.	
Hajela, V Dr	Non-specific musculoskeletal pain, diagnostic dilemmas, inflammatory arthritis, connective tissue diseases, joints and soft tissue injections, gout and fibromyalgia.	UHSX
Stuart, B Dr	All forms of arthritis including rheumatoid arthritis and osteoarthritis, connective tissue diseases, soft tissue problems and crystal arthritis.	UHSX
Urology		
Alanbuki, A Mr	Urological oncology (kidney, prostate, bladder and penis), stone disease, male and female general urology, minimally invasive prostate surgery and laser, laparoscopy, vasectomy, vasectomy reversal and andrology.	UHSX
Coker, C Mr	General urology, urological cancers, urinary stone disease, bladder dysfunction, urodynamics, benign prostate disease, prostate laser surgery, urological diagnostics, male sterilisation and reversal.	UHSX
Larner, T Mr	Bladder cancer, laser prostate surgery, prostate cancer and general urology, laparoscopic surgery, kidney cancer and bladder pain syndrome.	UHSX
Nawrocki, J Mr	Prostate disease, laser prostate surgery, upper urinary tract disorders, vasectomy reversal, urodynamics, diseases of the bladder, scrotal problems (including hydrocoeles, epididymal cysts, testis cancer), foreskin problems, prostatitis, kidney and bladder stones, UTIs, haematuria and all general urology.	UHSX
Symes, A Mr	General urology, urinary tract stone disease, endourology, benign prostatic enlargement, prostate cancer, bladder cancer, recurrent UTIs, bladder pain, laser prostatectomy, UroLift® procedure and vasectomies.	UHSX
Zakikhani, P Mr	General urology, recurrent UTIs, urinary tract stone disease, endourology, benign prostatic enlargement, prostate cancer, laser prostate surgery, bladder cancer, UroLift® procedure, vasectomies and bladder pain syndrome.	UHSX





How patients feel tomorrow starts today



At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

Working with you, for your patients.



Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



Recovery Plus

When you refer a patient to us their treatment doesn't end once they leave the hospital. Our end-to-end approach to complete healthcare brings together a wide range of healthcare services across our hospitals, fitness and wellbeing centres and clinical services. Recovery Plus is an optional enhanced recovery programme available to our private patients free of charge when clinically appropriate.

- ◆ Dedicated recovery coach after discharge
- ◆ Health check with personalised exercise and diet advice
- ◆ Three month membership to our fitness and wellbeing centres.

nuffieldhealth.com/recoveryplus

Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- ◆ Results given straight away
- ◆ Personalised report with test results and next steps
- ◆ Quick and easy referrals (if needed)
- ◆ Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy

Patients accessing any of our services also benefit from a 30-day free gym pass.

Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

nuffieldhealth.com/mental-health-support





Associated services cont.

Diagnostic imaging services

We have comprehensive imaging capabilities including:

- ◆ MRI
- ◆ CT
- ◆ X-ray
- ◆ Ultrasound
- ◆ Mammography.

nuffieldhealth.com/healthcare-professionals/diagnostic-and-specialist-services

Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcare-professionals/services/pathology

Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

nuffieldhealth.com/healthcare-professionals/services/hssu

Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- ◆ Covering topics tailored to your needs
- ◆ Free to attend
- ◆ Delivered online
- ◆ Flexible formats that work around you.

nuffieldhealth.com/healthcare-professionals/events-for-gps



Associated services cont.

Local Nuffield Health fitness and wellbeing centres

Keeping your patients safe and healthy is our number one priority. Our unique expertise operating our hospitals safely across the UK has enabled us to ensure our fitness and wellbeing centres are as safe as possible for your patients. Our network of 113 centres across the UK offer a huge range of facilities and services including swimming, group exercise for all abilities and on-site experts including chartered personal trainers and physiotherapists. Patients accessing any of our services also benefit from a 30-day free gym pass.

Nuffield Health 24/7

For members looking to workout at a time and place which suits them, we have developed our brand-new digital wellness platform, Nuffield Health 24/7. Offering over 200 on-demand workouts from heart pumping HIIT, to relaxing yoga, there's something for everybody and every ability. We've also created clinically led programmes across healthy hip, knee and spine from our expert physiotherapists. Your health is on demand, with Nuffield Health 24/7.

247.nuffieldhealth.com

To find your local fitness and wellbeing centre, visit nuffieldhealth.com/gyms



Nuffield Health Crawley Fitness & Wellbeing Centre

Crabbet Park, Turners Hill Road, Crawley RH10 4ST
01293 884488 nuffieldhealth.com/crawley



Nuffield Health Crawley Central Fitness & Wellbeing Centre

Unit 3, Crawley Leisure Park, Ifield Avenue, West Green, Crawley RH10 8LR
01293 608000 nuffieldhealth.com/crawley-central

**40% FITNESS AND
WELLBEING CENTRE
DISCOUNT**

We are offering a **40% discount to all NHS staff** including GPs and practice staff to recognise their hard work and commitment. Please call your local Nuffield Health fitness and wellbeing centre to enquire about membership.

nuffieldhealth.com/NHS



Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



COVID-19 REHABILITATION

COVID-19 Rehabilitation Programme

Our newly launched unique programme has been developed in collaboration with NHS Trusts.

Following a suspected or confirmed COVID-19 diagnosis, patients can refer themselves onto the programme which offers a unique blend of physical and emotional support. The 12-week plan is led by clinical specialists, and is tailored to an individual's rehabilitation needs.

nuffieldhealth.com/covidrehab



Visit our website nuffieldhealth.com/healthcare-professionals for more information.



STAMINA

STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.

Joint Pain Programme

An affordable, evidence-based 12-week course helping people with osteoarthritis to live a full life.



JOINT PAIN



CYSTIC FIBROSIS

Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.

Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on nuffieldhealth.com to learn more.

To refer your patients visit nuffieldhealth.com/healthcare-professionals/patient-referrals

We are the UK's largest healthcare charity*

We are the UK's largest healthcare charity. For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

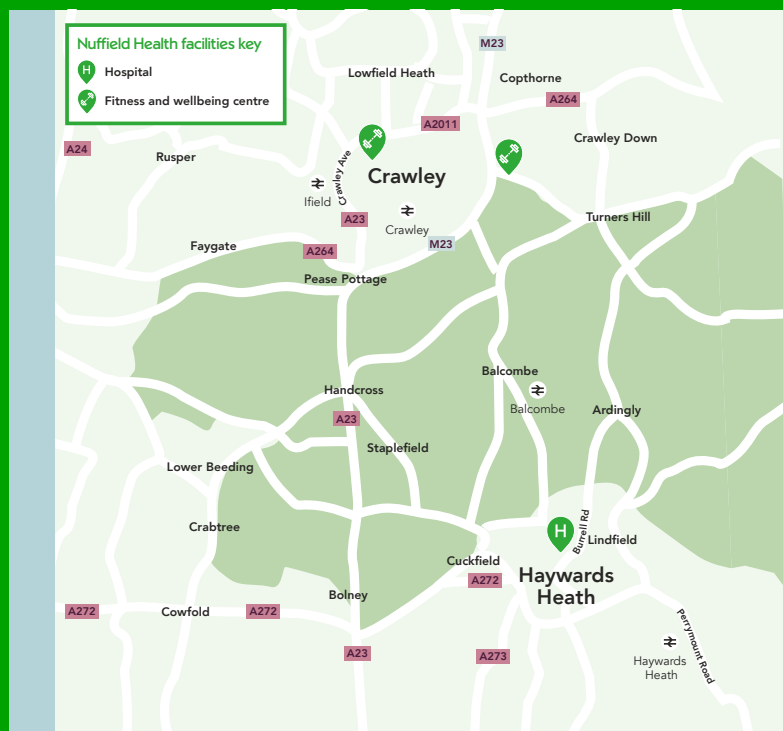
The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

nuffieldhealth.com/covidrehab

As ever, in good times and bad, we're committed to our vision of building a healthier nation.

Nuffield Health facilities in the area



Key department contacts

Hospital Director

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