



Swimming schedule

March 2026

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
06:30-10:20	Quiet swim	06:30-09:10	Quiet swim	06:30-11:20	Quiet swim	06:30-10:10	Quiet swim	06:30-09:10	Quiet swim	08:00-09:15	Quiet Swim	08:00-09:40	Quiet swim
10:25-11:25	NO SWIMMING - music	09:10-11:00	Fast and medium lane only - music	11:25-12:25	One lane only - music	10:25-11:25	NO SWIMMING - music	09:10-10:10	Medium and fast lane only - music	09:15-10:15	Medium and fast lane only - music	09:45-10:45	NO SWIMMING - music
11:25-12:20	Medium and fast lane only - music	11:00-14:30	Quiet swim	12:20-13:20	Medium and fast lane only - music	11:30-14:30	Quiet swim	10:25-11:25	NO SWIMMING - music	10:30-14:30	Medium lane only	10:40-16:30	Quiet swim (NO FAMILY SWIM)
12:20-13:10	Quiet swim	14:30-15:30	Medium and fast lane only	13:20-13:40	Quiet swim	14:30-15:30	Medium and fast lane only	11:20-12:35	Quiet swim	14:30-16:30	Medium and fast lane only	16:30-19:40	Quiet swim
13:10-14:10	One lane only - music	15:30-18:00	Medium lane only	13:40-14:30	Fast and medium lane only - music	15:30-18:00	Medium lane only	12:45-13:30	One lane only - music	16:30-19:40	Quiet swim		
14:30-15:30	Medium and fast lane only	18:00-18:40	Quiet swim	14:30-16:00	Medium and fast lane only	18:00-18:30	Quiet swim - no fast lane	13:40-14:20	Medium and fast lane only - music				
15:30-16:00	Medium lane only	18:40-19:40	One lane only - music	16:00-18:00	Medium lane only	18:30-19:30	One lane only - music	14:30-16:00	Family Swim - middle lane only				
16:00-18:00	Family Swim - no lane swimming	19:40-21:40	Quiet swim	18:00-18:40	Quiet swim - no fast lane	19:30-21:40	Quiet Swim	16:00-18:00	Family Swim - no lane swimming				
18:00-21:40	Quiet swim			18:40-19:40	Medium and fast lane only - music			18:00-19:00	Quiet swim - no lane swimming				
				19:40-21:40	Quiet swim			19:00-21:40	Quiet swim				

Family swim times:
 Monday to Friday 2:30pm to 6:00pm
 Saturday 10:30am to 4:30pm



Pool opening times:
 Monday to Friday 6:30am to 9:40pm
 Saturday and Sunday 8am to 7:40pm

 Quiet swim

 Aqua classes

 Wet bikes classes

 Swim school/family swim

