

# Swimming Lesson Timetable

## Glasgow, Minerva Way

Monday		
Location	Time of Lesson	Stage
Kids Pool	16:00 – 16:30	1
	16:30 – 17:00	2
Main Pool	17:00 – 17:30	5
	17:30 – 18:30	7 (pre club)

Tuesday		
Location	Time of Lesson	Stage
Kids Pool	16:00 – 16:30	1/2
	16:30 – 17:00	3
Main Pool	17:00 – 17:30	4
	17:30 – 18:00	5/6

Wednesday		
Location	Time of Lesson	Stage
Main Pool	18:00 – 18:45	Adult Back to Basics
	19:00 – 20:00	Adult Stroke Development

Thursday		
Location	Time of Lesson	Stage
Kids Pool	10:00 – 10:30	Starfish 1&2
	10:30 – 11:00	Starfish 3,4,5& 6

Friday		
Location	Time of Lesson	Stage
Main Pool	16.00-16.30	3
	16.30-17.00	4
Kids Pool	16:30 – 17:00	4
	17:00 – 17:30	1/2
Main Pool	17:00 – 17:30	5/6
	17:30 – 18:30	Swim Club

Saturday		
Location	Time of Lesson	Stage
Main Pool	9.00-9.30	Starfish 1&2
Kids Pool	9.30-10.00	3
Main Pool	9.30-10.00	2
Kids Pool	10.00-10.30	1
Main Pool	10.00-10.30	4
Kids Pool	10.30-11.00	1/2
Main Pool	10.30-11.00	5/6
Kids Pool	11.00-11.30	Starfish 1&2
Main Pool	11.30-12.00	Starfish 3,4,5,6
	11.00-12.00	Swim Club
	12:00 – 13:00	7 (Pre Club)

Sunday		
Location	Time of Lesson	Stage
Kids Pool	10.00-10.30	1
	10.30-11.00	2
Main Pool	11.00-11.30	3
	11.30-12.00	4
	12.00-12.30	5
	12.30-13.00	6

### Private 1-2-1 sessions

Sharpen up your stroke with a series of focused lessons that are tailored to meet your individual needs.