

**PT  
SALE  
NOW ON**

More of our members

**REACH  
THEIR  
GOALS**

with our unique  
**PERSONAL TRAINING  
PACKAGES**

<b>Duration</b>	<b>Single Session rate</b>	<b>Block of 5</b>	<b>Block of 10</b>
1hr	£35	£170	£330
45min	£27	£130	£250

\*Saving of £2 per session

For more information contact Charlie Corfield ([charles.corfield@freshfields.com](mailto:charles.corfield@freshfields.com))

