

## SUMMER HOLIDAY AQUA TIMETABLE FROM MONDAY 23<sup>RD</sup> JULY - SUNDAY 2<sup>ND</sup> SEPTEMBER

Monday	
Time of Lessons	Activity
11:00 – 12:00	Family Swim
16:00 – 17:30	Family Swim*

Friday	
Time of Lessons	Activity
11:00 – 12:00	Family Swim*
16:00 – 17:30	Family Swim

Tuesday	
Time of Lessons	Activity
11:00 – 12:00	Family Swim*
16:00 – 17:30	Family Swim*

Saturday	
Time of Lessons	Activity
13:00 – 13:45	Aqua Aerobics
14:00 – 17:00	Family Swim

Wednesday	
Time of Lessons	Activity
<b>09:20 – 10:05</b>	<b>Aqua Aerobics</b>
11:00 – 12:00	Family Swim*
16:00 – 17:30	Family Swim*

Sunday	
Time of Lessons	Activity
09:30 – 12:30	Family Swim

Thursday	
Time of Lessons	Activity
09:30 - 10:15	Aqua Aerobics
11:00 – 12:00	Family Swim
16:00 – 17:30	Family Swim*

### PLEASE NOTE

#### U8 Inflatable session

11.00 -12.00 please book at the Crèche as there will be limited spaces due to the holidays and no family swim in the mornings

Dates Tuesdays 14/21/28 August

#### Over 8s Fun Session

Thursday 16<sup>th</sup> August 4.00 -5.00

NO FAMILY SWIM

Morning Family Swim will be on Monday – Friday through holidays

#### Change of Aqua Aerobics time

From Wednesday 1<sup>st</sup> August 9.20 – 10.05