

Section 6 - Child Admission Policy - Swim

Children are only permitted to use the pool facilities during specified family swim sessions. During this time the pool will be supervised by a qualified aquatic professional, the following arrangements also apply during these sessions.

Children **under 8 years** must be accompanied in the water by a responsible person (over the age of 18) on a ratio of 1 adult to 2 children, children who are non-swimmers and unable to comfortably stand up in the water must wear armbands or other suitable buoyancy aids.

Children aged **8 to 15 years** may use the pool during family swim sessions when continuous supervision of the pool is in place. A responsible adult over the age of 18 must always be on poolside supervising the child while they use the facilities.

For strong swimmers the **N-Stars Swim Test** is available which upon completion will allow younger swimmers to use the pool with lower levels of supervision. Please speak to a member of the management team for more details.

Recommended buoyancy aids are those that fully support the child's weight in the water and remain secure in and out of the water, e.g. armbands or a float suit. Buoyancy aids that are hand held or in which the child sits are not considered appropriate.

Parents are reminded that flotation devices are no substitute for supervision and buoyancy aids carry the following warnings "Use only under competent supervision", "Will not protect against drowning", "To be worn on upper arm only" (for armbands).

Where children are **under 4 years** and not wearing a suitable buoyancy aid it is strongly recommended that they are supervised on a ratio of one adult to one child and the responsible person should remain no further than arm's length away from the child they are supervising.

Children who are not yet toilet trained must always wear swimming nappies when they are in the pool.

The Amateur Swimming Association (ASA), Royal Society for the Prevention of Accidents (RoSPA) and the Pool Water Treatment Group (PWTAG), recommend taking a baby swimming from the age of six months.

It is recommended to leave at least 2 hours after eating before taking children swimming

Children under the **age of 16** are not permitted to use the sauna or steam room at any time.

For the safety and privacy of all members and in line with the site child protection policy the taking of photographs and use of mobile phones in the changing rooms and on poolside is not permitted at any time.

For further clarification of the Child Admission Policy please feel free to speak to a member of the team.