

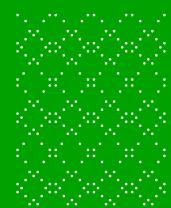
Consultant and services directory 2021/22

Nuffield Health Exeter Hospital



Working with you, for your patients.





We're building a healthier nation Working with you, for your patients Connected healthcare for your patients, at every stage of their treatment journey. Working with you, for your professional development Professional training tailored to the needs of your practice. Working with you, for your community Expert-led, evidence-based charitable community programmes available locally to support your patients.

Contents

- 04 | How to refer your patients
- **06** | Key facilities
- **10** | Consultant directory
- **22** | Associated services:
 - **22** | Health assessments
 - 23 | Physiotherapy
 - 23 | Emotional Wellbeing
 - **25** | Diagnostic imaging services
 - 25 | Pathology
 - 25 | Hospital sterile services unit
 - 25 | GP events
- **26** | Flagship programmes
- 28 | About us

Dedicated GP Liaison Officer Karen MacMillan karen.macmillan@nuffieldhealth.com 01392 575039 / 07879 800242

Nuffield Health Exeter Hospital
Wonford Road, Exeter EX2 4UG
nuffieldhealth.com/hospitals/exeter



How to refer your patients

Referring your patients for a wide range of health and wellbeing services at Nuffield Health is quick and simple. We accept the following patients:

Patients with health insurance

We have agreements with all major insurers. In most cases, a GP referral is required when patients are using health insurance. Patients will need to have their health insurance policy details and authorisation number available when booking or attending an appointment.

Patients via NHS e-Referral Service

Your patients can also be referred via the NHS e-Referral Service – formerly 'choose and book' (www.nhs.uk/referrals). You and your patients can select the most convenient time, date and place of treatment for those NHS services we currently have listed on the NHS e-Referral Service web portal.

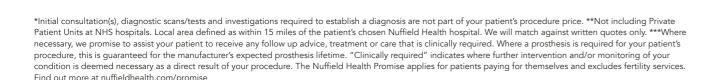
Call **08000 155020** Fax **08004 715058** Email chooseandbook@nuffieldhealth.com

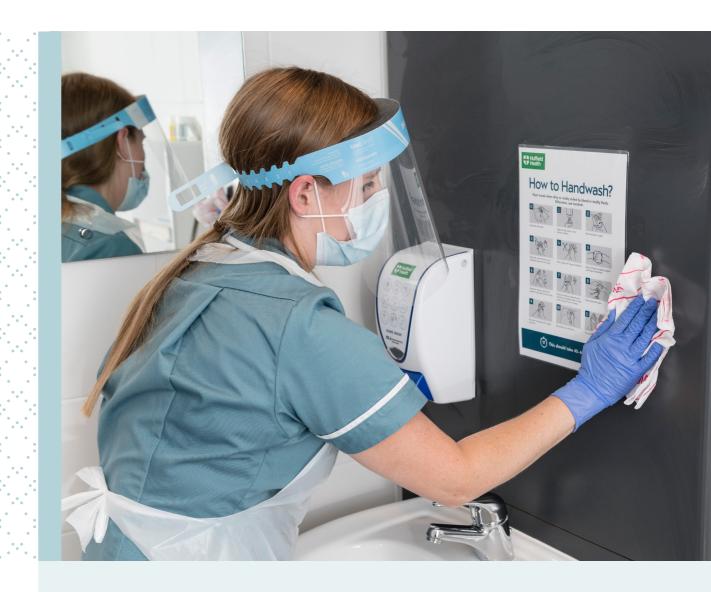
Patients who are paying for themselves

When it comes to the way in which patients pay us, transparency and clarity are key. That's reflected in the Nuffield Health Promise: our pledge to patients who are paying for their treatment themselves. What it means: a clear and transparent price for treatment, the very best in clinical care and no limits on aftercare either.

- The confirmed price is all your patient will ever pay*
- If they find a better price for the same procedure package, we'll match it**
- There are no time limits on aftercare.***

There is also the option of an interest-free loan.





Patient safety is our number one priority

We want to reassure you and your patients that we've put in place safety measures to make our hospital COVID-19 secure. We're offering telephone and online consultations, as well as face-to-face appointments, so whether your patients' appointment is from home or in person, they'll be in safe hands with high-quality, award-winning healthcare from experts they can trust. All our measures follow UK government and Public Health England guidance and are implemented by the Nuffield Health infection prevention team.





Key facilities at Nuffield Health Exeter Hospital

Medical cover

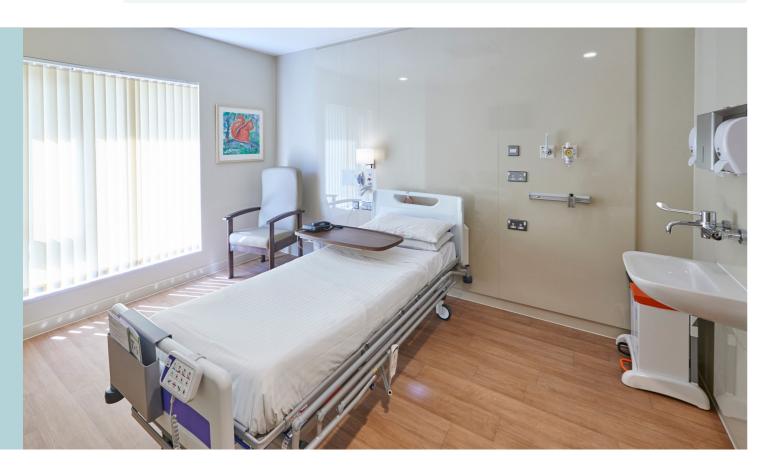
24hr resident medical officer.

Patient accommodation

41 residential patient rooms with en-suite facilities, six bedded day case unit, nurse call system, direct dial telephone, free WiFi, TV and radio.

Theatre and support services

- Two general operating theatres with laminar flow
- One hybrid cardiac cath lab/general theatre
- One endoscopy theatre
- Four bedded recovery unit
- Pathology laboratory.





Outpatient services

Including:

- 12 consulting rooms
- Three treatment rooms
- Colposcopy
- Diagnostics
- Nurse-led pre-assessment
- Obstetric scans
- MRI

- Breast screening
- Pharmacy
- Physiotherapy with gymnasium
- Digital mammography
- Colonoscopy suite
- CT Scans.

Visit our website **nuffieldhealth.com/healthcare-professionals** for more information.





Improving health and wellbeing in the South West

As the UK's largest healthcare charity*, our team of experts are working together to help people in the South West live fitter, healthier and happier lives.

- Orthopaedics
- Cardiology
- Laser eye and cataract surgery
- Urology
- Physiotherapy
- Varicose veins surgery
- Radiology including MRI
- Dermatology
- FNT

- Gynaecology
- Private GP service
- Neurology
- Rheumatology
- Robotic surgery
- MRI and CT scanning
- Hernia repair
- Endoscopy
- Cosmetic surgery.

For more information call **01392 262110** or email **exeter.enquiries@nuffieldhealth.com** or visit **nuffieldhealth.com**

*Nuffield Health is a registered charity in England and Wales (205533) and Scotland (SC041793).





Working with you, for your patient's cardiac care

If you have a patient worried about their heart, there's no need for them to wait for treatment. We can deliver rapid, convenient and high quality cardiac care in our state-of-the-art cath lab. We also offer a suite of diagnostic tests such as ECG, echocardiogram, cardiac MRI and heart rhythm monitoring.

Treatments include:

- Outpatient based advice, lifestyle and tablet treatment
- Pacemakers and electrophysiology ablation (including ablation of atrial fibrillation)
- Coronary angiograms and stent insertion
- Cardiac surgery bypass grafts, traditional or transcatheter (TAVI) valve replacement.

What will it cost?

We have an open, transparent pricing policy where patients only pay one fixed fee per consultation, investigation or treatment. We can discuss costs in full with your patients.

To refer your patients to us for rapid high-quality cardiac care, call 01392 262110

Pioneering orthopaedic robotic-arm assisted surgery

We are leading the way in innovative orthopaedic surgery. Our expert surgeons, world renowned in their field, have completed more hip and knee replacements using the Stryker MakoTM than any other group of surgeons in the UK.

We are the only hospital in the South West to offer robotic-arm assisted surgery. The revolutionary technology allows hip and knee replacements to be inserted with greater accuracy and assists partial knee replacement, total knee replacement and total hip replacement.

Benefits for your patients include:

- Better clinical outcomes and less chance of revision
- Quicker recovery
- Less pain and discomfort
- Overall greater patient experience and satisfaction.

To find out more about call us on **01392 262110** or visit **nuffieldhealth.com/article/what-is-robotic-arm-assisted-surgery**





RDE

RDE

RDE

RDE

RDE

RDE

RDF

RDE

RDE

Telephone

01392 877111

01392 877111

01392 877111

01392 262174

01392 575322

01392 262124

Consultant and services directory

NHS base – abbreviations

DFD	Derriford Hospital
МН	Musgrove Hospital
NDH	North Devon District Hospital
RDE	Royal Devon and Exeter NHS Foundation Trust
SDHT	South Devon Healthcare Trust
SP	Somerset Partnership NHS Foundation Trust

General adult cardiology, pacing, cardiac catheterisation, echo, cardiac MR George, A Dr 01392 573322 imaging, angioplasty, congenital and valvular heart disease and pacemaker. Adult cardiology, chest pain (angina), heart rhythm irregularity (atrial fibrillation), heart valve disease, angiogram, angioplasty and stents, pacemakers, Kotecha, A Dr echocardiography (including transoesophageal), cardiac prevention, treatment 01392 262124 of high blood pressure, cholesterol, lifestyle and psychological impact of General adult cardiology, pacing, cardiac catheterisation, echo, cardiac MR Lovell, M Dr 01392 575322 imaging, angioplasty, congenital and valvular heart disease and pacemakers. General adult cardiology, pacing, cardiac catheterisation, echo, cardiac MR Ludman, A Dr 01392 575322 imaging, angioplasty, congenital and valvular heart disease and pacemakers. General adult cardiology, pacing, cardiac catheterisation, echo, cardiac MR Podd, S Dr 01392 575322 imaging, angioplasty, congenital and valvular heart disease and pacemakers. General adult cardiology, pacing, cardiac catheterisation, echo, cardiac MR Spurrell, P Dr 01392 575322 imaging, angioplasty, congenital and valvular heart disease and pacemakers. **Cardiothoracic Surgery** Dalrymple-Hay, Mitral valve surgery, atrial fibrillation surgery and minimal access surgery. 01392 575322 M Sir **Dermatology** Alnewami, Y Dr General adult dermatology including skin cancer, allergy and contact dermatitis. 01392 262180 Bower, C Dr 07838 293968 General dermatology. Cookson, H Dr General dermatology. 01392 262110 01392 262180 Goldstraw, N Dr General dermatology including skin cancer, allergy and contact dermatitis.

The details for each consultant show their name, specialist area, contact details and NHS hospital.

Oncoplastic breast surgery, mastectomy and breast reconstruction, wide local

excision, augmentation, breast reduction, axillary clearance and sentinel node.

General adult cardiology, pacing, cardiac catheterisation, echo, cardiac MR

heart valve disease, angiogram, angioplasty and stents, pacemakers,

of high blood pressure, cholesterol, lifestyle and psychological impact of

imaging, angioplasty, congenital and valvular heart disease and pacemakers.

Adult cardiology, chest pain (angina), heart rhythm irregularity (atrial fibrillation),

echocardiography (including transoesophageal), cardiac prevention, treatment

Consultant Name

Broomby, R Dr

Jackson, M Dr

Simpson, G Dr

Breast Surgery

Ferguson, D Mr

Cardiology

Gandhi, M Dr

Bellenger, N Prof.

Sub-speciality

heart disease.

Chronic pain management.

Chronic pain management.

Chronic pain management.

Anaesthetics (Pain Management)



10



Consultant Name	Sub-speciality	Telephone	NHS Base
Ear, Nose and Thr	oat (ENT)		
Hilton, M Mr	General adult and paediatric otolaryngology.	01392 262160	RDE
Husband, A Mr	General adult and paediatric otolaryngology.	01392 262160	RDE
Khatwa, M Mr	General adult and paediatric otolaryngology.	01392 262160	RDE
Smith, J Mr	General adult otolaryngology specialising in thyroid procedures.	01392 262160	RDE
Elderly Medicine			
Hemsley, A Dr	Physician, general internal medicine, stroke medicine and healthcare for older people and dementia screening.	01392 262174	RDE
James, M Dr	Physician and medicine for the elderly.	01392 262144	RDE
Gastroenterology			
Ahmad, T Dr	Luminal gastroenterology, including inflammatory bowel disease (IBD), functional bowel disease, coeliac disease, nutrition and hepatology.	01392 796880	RDE
General Medicine			
Ahmad, T Dr	Luminal gastroenterology, including inflammatory bowel disease (IBD), functional bowel disease, coeliac disease, nutrition and hepatology.	01392 796880	RDE
Daneshmend, T Dr	Physician and general gastroenterology.	01392 796880	RDE
Ferguson, D Mr	Open inguinal hernia repairs.	01392 262174	RDE
Hemsley, A Dr	Physician, general internal medicine, elderly medicine and stroke medicine.	01392 262174	RDE
James, M Dr	Physician and medicine for the elderly.	01392 262144	RDE
General Surgery -	- Lower Gastrointestinal		
Bethune, R Mr	Colorectal surgery, laparoscopic and open hernia repairs, haemorrhoids, anal fissure and fistulas.	01392 262183	RDE
Boorman, P Miss	Hernia repair, colorectal including surgery for haemorrhoidal disease, obstructed defecation, prolapse and incontinence.	01392 796895	RDE
Chambers, W Mr	Hernia repair, pelvic floor surgery, laparoscopic surgery and sacral nerve stimulation.	01392 262100	RDE
Daniels, I Mr	Colorectal surgery, advanced and recurrent bowel cancer, management of surgical complications, nutrition and functional restorations.	01392 796895	RDE
Gee, A Mr	Colorectal surgery, endoscopy, open and laparoscopic hernia surgery.	01392 796882	RDE

Consultant Name	Sub-speciality	Telephone	NHS Base
General Surgery -	- Upper Gastrointestinal		
Birchley, D Mr	Hernia repair.	01392 262174	RDE
Campbell, WB Prof	Hernia repair.	07492 737777	RDE
Manzelli, A Mr	Upper gastrointestinal and laparoscopic surgery specialising in gallbladders.	01392 262108	RDE
Wajed, S Mr	Upper gastrointestinal and laparoscopic surgery.	01392 796880	RDE
Gynaecology			
Liversedge, N Mr	General gynaecology (excluding cancer) colposcopy, gynaecological ultrasound, hysteroscopy, laparoscopic surgery, heavy menstrual (periods) problems, pelvic pain, prolapse and endometriosis.	01392 262108	RDE
Peyton-Jones, B Mr	General gynaecology (excluding cancer) advanced laparoscopic (keyhole) surgery, ovarian cysts, endometriosis, total and subtotal hysterectomies, gynaecological ultrasound, heavy menstrual (periods) problems, prolapse, vaginal and keyhole surgery, hysteroscopic surgery and pelvic pain.	01392 262132	RDE
Roshko, L Miss	General gynaecology.	01392 796895	RDE
Talaat, A Mr	General gynaecology, obstetrics and gynaecological oncology.	01392 262100	RDE
Taylor, M Mr	Outpatient consultations only.	01392 262180	RDE
Haematology			
Gnu, L Dr	General haematology.	01392 796 880	RDE
Todd, A Dr	General haematology.	01392 796 880	RDE
Neurology			
Ramtahal, J Dr	General neurology.	07879 220190	
Neurophysiologis	t		
Alsaleh, A Dr	Nerve conduction studies.	01392 262144	RDE
Oncology			
Hwang, D Dr	Head and neck cancer, breast cancer, consultation and prescription for chemotherapy and radiotherapy.	01392 406203	RDE



Consultant Name	Sub-speciality	Telephone	NHS Base	
Ophthalmology –	Exeter Eye Consulting Rooms			
Byles, D Mr	General ophthalmology, cataract surgery, laser eye surgery and glaucoma.	01392 495874	RDE	
Evans, S Mr	General ophthalmic surgery.	01392 262110		
Habib, N Prof	General ophthalmology, cataract surgery, laser eye surgery, paediatric ophthalmology and strabismus.	01752 702455	DFD	
Irvine, F Miss	General ophthalmic surgery and oculoplastics.	01392 690287	RDE	
Ling, R Mr	General ophthalmic surgery.	01392 829436	RDE	
Quinn, A Mr	General ophthalmology, cataract surgery, laser eye surgery, paediatric ophthalmology and strabismus.	01392 431255	RDE	
Simcock, P Mr	General ophthalmology, cataract surgery, medical and surgical retina.	01392 434141	RDE	
Smith, M Mr	General ophthalmology, cataract surgery and glaucoma.	01392 498763	RDE	
Von Lany, H Miss	General ophthalmology, cataract surgery, medical and surgical retina.	01392 690287	RDE	
Oral and Maxillof	acial Surgery			
Bowden, J Mr	Oral and maxillofacial surgery.	01392 796882	RDE	
Esson, M Mr	Oral and maxillofacial surgery, dentoalveolar surgery, oral medicine procedures, dental implantology and pre-prosthetic surgery.	01392 262132	RDE	
Orthopaedics – Lower Limb				
Eyres, K Mr	Hip and knee replacement, hip and knee revision, sports injuries, foot, ankle and limb reconstruction.	01392 262162	RDE	
Howell, J Mr	Hip surgery.	01392 262173	RDE	
Hubble, M Mr	Hip surgery.	01392 262173	RDE	
Hughes, A Mr	Foot and ankle specialist.	01392 262123	RDE	
Kassam, A Mr	Hip surgery.	01392 262173	RDE	
Mandalia, V Mr	Sports knee injuries, cartilage disorders, knee instability, patellofemoral disorders and knee replacement, including ligament injury, meniscus repair, cartilage and meniscus transplant.	01392 262124	RDE	
Middleton, S Mr	Primary knee replacement, knee arthroscopy and revision knee replacement.	01392 262176	RDE	
Phillips, J Mr	Primary knee replacement and knee arthroscopy.	01392 262123	RDE	
Sharpe, I Mr	Foot and ankle specialist.	01392 262162	RDE	
Timperley, A Prof	Hip surgery.	01392 262173	RDE	
Toms, A Prof	Primary knee replacement, knee anthroscopy and meniscus knee replacement.	01392 262100	RDE	
Waterson, B Mr	Primary knee replacement, knee arthroscopy and revision knee replacement.	01392 262176	RDE	
Wilson, M Mr	Hip replacement and hip arthroscopy. Specialises in young adults.	01392 262173	RDE	

Consultant Name	Sub-speciality	Telephone	NHS Base	
Orthopaedics – S	ipinal			
Budd, H Mr	Spinal surgery.	01392 262181	RDE	
Clarke, A Mr	Spinal surgery.	01392 262132	RDE	
Hutton, M Mr	Spinal surgery.	01392 262132	RDE	
Khan, S Mr	Spinal surgery.	01392 262181	RDE	
Stokes O Mr	Spinal surgery.	01392 262183	RDE	
Orthopaedics – l	Jpper Limb			
Smith, C Mr	Shoulder and elbow surgery.	01392 262144	RDE	
Standley, D Mr	Upper limb surgery including hand surgery, carpal tunnel syndrome, hand arthritis, nerve conductions and Dupuytren's disease and hand pain.	01392 262124	RDE	
Stone, O Mr	Upper limb surgery including hand surgery, carpal tunnel syndrome, hand arthritis, nerve conductions and Dupuytren's disease and hand pain.	01392 262176	RDE	
Thomas, W Mr	Shoulder and elbow surgery.	01392 262162	RDE	
Physiotherapy — Clinic opening times are by arrangement. Please call 0345 0454845 for further information.				
Critchley, N Mr	Cervicogenic headaches, chronic pain management, foot and ankle biomechanics.			
Crocker, A Mrs	Women's and men's pelvic health physiotherapist specialising in continence, prolapse, obstetrics and gynaecology.			
Durrant, H Mrs	MSK outpatient physiotherapy for both spinal and peripheral care, sports rehabilitation and specialises in Pilates.			
Jehu, G Ms	Inpatient physiotherapy including orthopaedic rehabilitation, arthroplasty and arthroscopy, spinal surgery and ligament reconstruction.			
Keech, A Ms	MSK outpatient physiotherapy including spinal and peripheral Pilates and back pain management.			
Osborne, N Mrs	MSK outpatient physiotherapy with interest in holistic rehabilitation, yoga, Pilates and acupuncture trained.			
Savery, F Mrs	Inpatient physiotherapy including orthopaedic rehabilitation, arthroplasty and arthroscopy, spinal surgery and ligament reconstruction.			
Plastic and Cosmetic Surgery				
Anesti, K Miss	Plastic and reconstructive surgery.	01392 262174	RDE	
Cawrse, N Mr	Plastic and reconstructive surgery.	01392 982203	RDE	
Devaraj, V Prof	Plastic and reconstructive surgery (excluding face lifts) and specialty hand surgery.	01392 262123	RDE	
Wallace, C Mr	Plastic and reconstructive surgery.	01392 949041	RDE	
Watts, A Mr	Plastic and reconstructive surgery and specialty hand surgery.	01392 262127	RDE	



Consultant and services directory 2021/22

← CONTENTS		
		CONTENT
	\leftarrow	CONTENTS

Consultant Name	Sub-speciality	Telephone	NHS Base
Podiatry			
Hodgins, H Mrs	Podiatric assessment and treatment including sports injuries, orthopaedics, inpatients, podiatric biomechanical assessment, orthotics and nail surgery.	01392 262160	
Kavanagh Sharpe, V Mrs	General podiatry.	07526531237	
Psychiatry			
Dixon, C Dr	General psychiatric problems including anxiety, depression and bipolar affective disorders.	01392 262100	RDE
Windsor, L Dr	General psychiatry and post-natal disorders.	01392 262100	RDE
Psychology			
Barker, R Mr	Adult mental health and post traumatic stress disorder, sports psychology and legal reporting.	01392 490 848	
Radiology			
Aboelmagd, S Dr	General, musculoskeletal, gastrointestinal and thoracic radiology.	01392 262119	RDE
Anaspure, R Dr	General and musculoskeletal radiology.	01392 262119	RDE
Apsey, J Dr	General and gynaecological radiology.	01392 262119	RDE
Currie, R Dr	Breast radiology.	01392 262119	RDE
Davies, R Dr	Breast radiology.	01392 262119	RDE
Ferguson, J Dr	General, gynaecological and paediatric radiology.	01392 262119	RDE
Gellet, L Dr	General and gynaecological radiology.	01392 262119	RDE
Guinness, R Dr	General and vascular radiology.	01392 262119	RDE
Harries, S Dr	General radiology.	01392 262119	RDE
Kuruppu, D Dr	General and musculoskeletal radiology.	01392 262119	RDE
Meyer, R Dr	General radiologist (reporting only).	01392 262119	RDE
O'Donovan, E Dr	General radiologist.	01392 262119	RDE
Redfern, A Dr	General and musculoskeletal radiology.	01392 262119	RDE

Consultant Name	Sub-speciality	Telephone	NHS Base		
Radiology – contir	nued				
Ricketts, J Dr	General and gastrointestinal radiology.	01392 262119	RDE		
Rogers, P Dr	General radiologist.	01392 262119	RDE		
Silver, D Dr	General and musculoskeletal radiology.	01392 262119	RDE		
Spiers, A Dr	General and musculoskeletal radiology.	01392 262119	RDE		
Thomas, R Dr	General, GI, urology, ENT and cardiac radiology.	01392 262119	RDE		
Respiratory Medicine					
Halpin, D Prof	Respiratory medicine.	01392 201178	RDE		
Rheumatology					
Brown, M Dr	General rheumatology including soft tissue rheumatism, osteoarthritis and inflammatory arthritis, connective tissue disease, joint and soft tissue injections and osteoporosis advice.	01392 262181	RDE		
Mascarenhas, R Dr	General rheumatology.	01392 262132	RDE		
Urology					
Evans, H Mr	General adult urology.	01392 262110	RDE		
Goldstraw, M Mr	General adult urology, prostate conditions both benign and malignant, raised PSA and robotic surgery.	01392 262180	RDE		
Vascular Surgery					
Birchley, D Mr	Vascular surgery.	01392 262174	RDE		
Campbell, WB Prof	Vascular surgery (varicose veins).	07492 737777	RDE		











At Nuffield Health hospitals, we put patients' safety first in a COVID-19 secure environment. We have a dedicated team of experts your patients can trust, offering a range of award-winning healthcare services.

Working with you, for your patients.





Associated services

Connected health is a key aspect of our patient focus. From diagnosis and monitoring, to treatment and recovery and then beyond to ensure patients get well and stay well.



Health assessments

Whether patients want a broad outline of their health, or have something more specific in mind, our health assessments provide a comprehensive overview and cover key health concerns like diabetes, heart health, cancer risk and emotional wellbeing.

- Results given straight away
- Personalised report with test results and next steps
- 30-day free gym pass to start the journey towards improved health
- Quick and easy referrals (if needed)
- Patients now have the option to have an online health assessment including at home pathology testing.

nuffieldhealth.com/health-assessments

Emotional wellbeing

We offer a range of flexible, effective psychological therapies that can help improve and maintain mental health, and any therapy we offer will be tailored to the unique needs of your patients. Our full range of emotional wellbeing services are also available remotely.

An initial telephone assessment with one of our mental health professionals takes 30 minutes and can typically be arranged within 24 hours, giving your patients rapid access to advice and reassurance. Following this, a mental health professional will recommend the most appropriate service, from Cognitive Behavioural Therapy, guided therapy or self-help online.

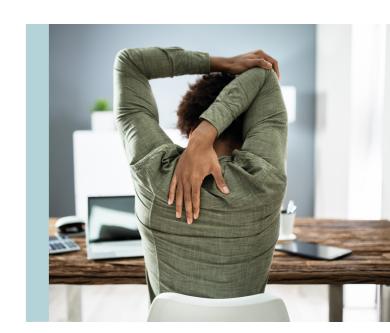
nuffieldhealth.com/mental-health-support

Patients accessing any of our services also benefit from a 30-day free gym pass.

Physiotherapy

Our hospital is home to a specialist physiotherapy centre, providing a full range of musculoskeletal services delivered by quality practitioners using leading-edge technology. Our team are listed in the physiotherapy section of this directory.

nuffieldhealth.com/physiotherapy













Associated services cont.

Diagnostic imaging services

We have comprehensive imaging capabilities including:

- MRI
- CT
- X-ray
- Ultrasound
- Mammography
- DXA.

nuffieldhealth.com/healthcareprofessionals/diagnostic-and-specialistservices

Pathology

We have a national, integrated laboratory testing service with a network of fully accredited laboratories around the country. Linked by a nationwide pathology IT platform, hospitals can provide accurate lab reports with a quick turnaround and feedback on outcomes backed by a wealth of data.

nuffieldhealth.com/healthcareprofessionals/services/pathology

Hospital sterile services unit (HSSU)

Our HSSU offers a bespoke decontamination service for re-useable surgical instruments from seven purpose built units throughout England. Our team can offer advice on decontamination for your surgery.

nuffieldhealth.com/healthcare-professionals/services/hssu

Working with you, for your professional development

Whatever your professional interests or goals, we're on hand to support you at every step. Your dedicated GP liaison can develop a bespoke CPD-accredited educational programme for all the HCPs in your practice:

- Covering topics tailored to your needs
- Free to attend
- Delivered online
- Flexible formats that work around you.

nuffieldhealth.com/healthcareprofessionals/events-for-gps

CONTENTS

Working with you, for your community

Our flagship programmes are a range of free or subsidised services, which address unmet health and wellbeing needs in local communities. Designed to help people get well, stay well and live well through the different stages of their lives.



STAMINA Research

The world's largest clinical research programme into how supported exercise can help men living with prostate cancer and receiving Androgen Deprivation Therapy, in partnership with Sheffield Hallam University.



Cystic Fibrosis Programme

Supporting young children living with cystic fibrosis to take part in exercise through our free tailored programmes.

Schools Wellbeing Activity Programme (SWAP)

A free six-week wellbeing programme empowering children to improve their overall health and wellbeing.



Meet Our Experts events

As a charity, we run regular sessions with the support of our on-site experts, giving members and non-members a chance to learn about health and fitness. These events cover everything from injury prevention to skin care.

Search 'Our Impact' on **nuffieldhealth.com** to learn more.



To refer your patients visit

nuffieldhealth.com/healthcare-professionals/patient-referrals

for more information.

Visit our website nuffieldhealth.com/healthcare-professionals

26 27



We are the UK's largest healthcare charity*

For over 60 years, our team of experts have been working together to make the nation fitter, healthier, happier and stronger. Today, our purpose remains the same: to build a healthier nation. We're proud we are able to invest all our income back into this vision – whether that's through outstanding day-to-day services, or by pioneering improvements in care so more people can benefit: our customers and patients always come first.

The COVID-19 pandemic has presented all of us with new challenges, and our purpose of building a healthier nation has never been more important. In 2020 and 2021, we proudly made our 31 hospitals available to the NHS, and so far, we've treated over 270,000 NHS patients during the pandemic.

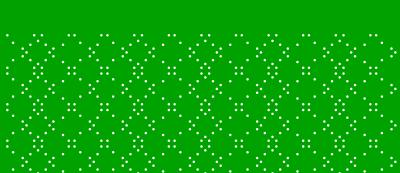
In addition to treating patients during their illness, our unique connected healthcare offering enables us to support their recovery and rehabilitation requirements. Working in collaboration with the NHS, we've developed a new COVID-19 Rehabilitation Programme that offers a blend of physical therapy and emotional support. This free 12-week programme is delivered virtually for the first six weeks and the remainder is in a selection of our 113 fitness and wellbeing centres.

nuffieldhealth.com/covidrehab

As ever, in good times and bad, we're committed to our vision of building a healthier nation.



How to find us





Key department contacts

CardiologyCall **01392 262110**

Cosmetic surgery
Call 01392 262110

Customer services
Call 01392 262110

Health screening Call 03452 302040

PathologyCall **01392 262165**

Physiotherapy Call **0345 0454845**

RadiologyCall **01392 262119**

Reception Call **01392 276591**

