

Pool Timetable



- Aqua Aerobics
- Swim School
- Family Swim
- Family Swim & Lessons
- Turtletots
- SwimFit

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
11am-3pm Turtletots Single lane used			11am-2pm Turtletots Single lane used	1pm-3pm Turtletots Single lane used	8am-12pm Lessons Single Lane Used	8:30am-1pm Lessons Single Lane Used
	10:30-11:15am Aqua NO pool access	10:50-11:35am Aqua NO pool access		11:00-11:45am Aqua NO pool access		
3-6pm Family Swim & Lessons Double Lane Available	3-6pm Family Swim & Lessons Double Lane Available	3-6pm Family Swim & Lessons Double Lane Available	3-6pm Family Swim & Lessons Double Lane Available	1-2pm Family Swim & Turtletots Double Lane Available	12-3pm Family Swim & Lessons Double Lane Available	1--4pm Family Swim & Lessons Double Lane Available
	6-7pm Adult Lessons Single Lane Used	6:05-6:50pm Aqua NO pool access	6-7pm Swim Fit Single Lane Used		3-5pm Lessons Single Lane Used	4-5pm Lessons Single Lane Used

The capacity of the pool will vary during 1:1 swimming lessons, times vary throughout the week.

A permanent lane will be up for clockwise lane swimming.

All family swim sessions need to be booked in advance at reception or on 01355 236 601.