



Swimming Lesson Timetable

Ealing

Fully qualified A.S.A swimming instructors to lead your child to a happy safe swim session, encouraging water confidence, stroke, skill and stamina development.

For further information, please contact **Swim Manager, Sue Long** on sue.long@nuffieldhealth.com

Day	Time	Instructor	Stage
Monday	1030-1100	Sue	Adult & Child
	1100-1130	Sue	Ducklings
	1630-1700	Roberto	Stage 2
	1700-1730	Roberto	Stage 3
	1730-1800	Roberto	Stage 5
	1800-1900	Roberto	Junior Squad Stages 8, 9 and 10
	2000-2030	Roberto	Adults – Be a Better Swimmer
	2030-2100	Roberto	Adults – Be a Swimmer
Tuesday	1630-1700	Rumen	Stage 2
	1700-1730	Rumen	Private 121 lesson
	1730-1800	Rumen	Stage 3
	1800-1830	Rumen	Stages 4 & 5
	1830-1900	Alicia	Private 121 lesson
Wednesday	1700-1730	Rumen	Private 121 lesson
	1730-1800	Rumen	Stages 2 & 3
	1800-1830	Rumen	Stage 6
	1830-1930	Rumen	Junior Squad Stages 8, 9 and 10
Thursday	1615-1645	Sue	Stages 2 & 3
	1645-1715	Sue	Ducklings/Stage 1
	1715-1745	Sue	Stage 4
	1745-1815	Sue	Private 121 lesson

Friday	1700-1730	Rumen	Stage 5
	1730-1800	Rumen	Stage 6
	1800-1830	Rumen	Stage 7
	1830-1930	Rumen	Junior Squad Stages 8, 9 and 10
Saturday	0845-0915	Alicia	Ducklings
	0915-0945	Alicia	Stage 2
	0945-1015	Alicia	Stage 3
	1015-1045	Alicia	Stage 4
	1045-1115	Alicia	Stage 5
	1115-1215	Alicia	Junior Squad Stages 8, 9 and 10
Sunday	1115-1315	Sue	Private 121 lessons
	1530-1600	Alicia	Stage 5
	1600-1630	Alicia	Stage 4
	1630-1700	Alicia	Stage 3
	1700-1730	Alicia	Stage 1
	1730-1800	Alicia	Ducklings
	1800-1830	Alicia	Private 121 lesson

July 2021