

Activity Schedule

Junior Programme Classes

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Family Classes							
AM			10:35-11:00 Parent and Baby Mini Yoga Express Studio 2				
PM	16:00-16:30 Family Circuits 16:30-16:45 Family Abs Studio 1 Age 8+	14:00-15:00 Mummy Fit Studio 1 *Book Via Mummy Fit	16:00-16:30 Family Rig 16:30-16:45 Family Abs Gym Floor Age 8+		13:00-15:30 Waterbabies Kids Pool * Book via Waterbabies	13:00-13:30 Family Circuits 13:30-14:00 Family Abs Studio 1 Age 8+	15:00-18:00 Waterbabies Kids Pool * Book via Waterbabies
Age 8-12 Kids Only Classes							
AM							
PM	17:00-18:00 Kids Yoga Studio 2 19:00-20:00 Team HuubJuniors (11+) Kids Pool	17:00-18:00 Street Dance Studio 2	16:30-17:00 Kids Aqua Kids Pool				
Age 13-16 Teen Only Classes							
AM						08:50-09:30 Group Cycle Cycle Studio	
PM			17:00-18:00 Group Cycle Cycle Studio	17:00-18:00 Group Cycle Cycle Studio			

- All classes can be booked at reception and class times listed are inclusive of sign in and set up time.
 - The parent/guardians of children age 8-12 years must remain on site at all times.
 - The same parent/guardian must drop off and pick up the child from a kids only class.
 - Minimum of three participants for a class to run.